



MINISTRY OF AYUSH COMPILED MEDIA REPORT
01 Feb, 2025

 **Total Mention 88**

 Print	Financial	Mainline	Regional	Periodical
12	N/A	7	5	N/A

 Online

76

 Print

No	Newspaper	Headline	Edition	Pg
1.	The Times of India	GROUP WORKOUTS MAKE FITNESS FUN	Bengaluru	8
2.	The Times of India	UT owes GMCH Rs2cr for treatments under Ayushman	Chandigarh	2
3.	The New Indian Express	SITTING FORWARD WRIST STRETCH	Chennai + 1	2
4.	The Hans India	Sonia's remarks on President reflect dynastic arrogance: Kishan Reddy	Hyderabad	5
5.	Punjab Express	Ayushman Yojana: Rs450 cr of private hospitals stuck again, IMA warns to stop treatment from Feb 3	Chandigarh	8
6.	The Morning Standard	Fit Bit	Delhi	2
7.	The Pioneer	MGNREGS: 220.11 crore person days of employment generated	Hyderabad	8
8.	Amar Ujala	7 saal main swasth par sarkaari kharach 19% bada	Chandigarh	9
9.	Amar Ujala	Ilaaj band karne par adi IMA Sarkaar ne 3 februry ki bulai bethak	Chandigarh	6
10.	Punjab Kesari	Formation of new state executive of Indian Yoga Association, proposal passed for formation of Yoga C...	Jaipur	9
11.	Rashtradoot	A proposal was passed to set up a Yoga Commission in the state	Jaipur	3
12.	Mid Day (Gujarati)	A 4-year degree course in Ayurveda and Yogic Science will now start in Maharashtra	Mumbai	2

After a pandemic-induced lull, group workouts and sociable sports are gaining popularity in Bengaluru

Mini.Thomas@timesofindia.com

Hugh Loren's journey into mountain biking began three years ago, but his genuine passion for the sport blossomed a year later.

He recalls his initial year as a solitary journey, trying to figure out where to bike, what bike to buy, and even understand how to get the basics right. The 35-year-old from Mangaluru relied primarily on YouTube tutorials and independent research.

A pivotal moment arrived when he joined an established mountain biking group in Avalahalli. Hugh, who later specialised in Enduro Mountain Biking, acknowledges how this small but supportive community transformed his cycling experience.

Hugh emphasises the value of group riding. "Riding alongside more skilled cyclists accelerates one's learning curve. Being part of a collective also helps establish clear objectives," he says.

Over the past two years, he has taken part in four competitions. His cycling adventures have taken him across India and Nepal, with plans to compete more extensively throughout Asia. He credits his progress and self-assurance in the sport to the supportive cycling community that offered him direction and encouragement.

Play is essential not just for kids but also for adults. After a pandemic-induced lull, group workouts and sociable sports are gaining popularity in Bengaluru. They allow you to make friends, socialise and get fitter, both physically and mentally. "An activity like climbing as a group activity, helps improve collaboration skills, build local and micro networks that people can connect with and promotes collective mental health," says 50-year-old Sohan Gipfel, a weekend recreational climber and founder of Bangalore Climbing Initiatives, a platform for the climbing community.

The element of risk is quite high in climbing and being part of a group gives one a sense of security. "We create little networks which come handy. The police and the forest officers sometimes reach out to us for rescue operations," he says. Sohan recalls an instance wherein a few people got stranded in Ramanagara due to heavy rainfall, leaving them unable to exit the area. "Someone contacted us for assistance, explaining their predicament in the dark. Since we were familiar with the locality, we provided remote guidance over the telephone, helping them navigate their way to safety," he says.

The Pickleball phenomenon
Pickleball has emerged as a new sporting activity in the city, garnering a dedicated following amongst sports enthusiasts. The versatile paddle sport can be played both indoors and outdoors, requiring

GROUP WORKOUTS MAKE FITNESS FUN



Group workouts make fitness fun and keep you motivated. Exercising with others pushes you to do your best while building friendships and a sense of community. The energy, expert guidance, and variety help you stay consistent, reduce stress, and enjoy the journey to a healthier you.

Hadil Hakim
TRAINER AT HUX GYM
BY CULT

"I attend the Etram Dance Academy in Whitefield on weekends, and it's always a great experience. Group workouts not only keep me active but also introduce me to people of all ages and backgrounds, each bringing their own unique energy. The lively atmosphere makes every session fun and engaging. Unlike individual workouts, which can sometimes feel boring, dancing with a group keeps me motivated and excited to show up every week. It's a perfect blend of fitness, socialising, and pure enjoyment!"

Merin Kuruvilla
TEAM LEAD AT
MOKINSEY & CO



minimal infrastructure. Players need only oversized table tennis paddles and specialised Wiffle balls to participate. This racket

"When pursuing outdoor adventure sports, it's essential to first connect with experienced enthusiasts and join their community before diving in. Going solo can be dangerous and unsafe. Being part of a group not only accelerates your learning curve but also enhances the overall experience, making it more enjoyable and entertaining."

Hugh Loren | MOUNTAIN BIKER

Group classes offer a great opportunity to meet new friends, and over time, these connections can grow into strong, healthy relationships. Plus, the fun and lively atmosphere make group classes even more enjoyable.

Bodeddula Pragathi
FITNESS
ENTHUSIAST

Adventure sports like mountain biking and whitewater kayaking are typically group activities. Although participants perform individually, having trustworthy companions is crucial, as they provide essential support during challenging situations. The camaraderie developed with fellow enthusiasts creates strong bonds. These relationships not only offer inspiration but also foster healthy competition, helping everyone improve their skills in their chosen sport.

Manik Taneja | WHITewater KAYAK
INSTRUCTOR AND MOUNTAIN BIKER



hikers years ago, leading to political controversy and blame-shifting rather than addressing the core issues, he adds.

Recreational pursuits, he says, face resistance even in cities like Bengaluru. "The city lacks designated spaces for outdoor recreation, which is vital for the population's psychological wellbeing," he says, adding, "The closure of spaces like Turahalli in the city centre prevents younger generations from developing an appreciation for natural environments."

The situation reflects a need for comprehensive policies that balance conservation with controlled public access, recognising both environmental protection and human recreational needs.

"Together we can do things which we cannot do individually. We all have different jobs, different experiences and come from different backgrounds, but we are quite capable when we come together as a group."

Sohan Gipfel | FOUNDER OF BANGALORE CLIMBING INITIATIVES, A PLATFORM FOR THE CLIMBING COMMUNITY



Psychological benefits of group exercise and sports include enhanced social connectedness, lowered social isolation, opportunities to learn interpersonal communication, greater sense of belongingness to the peer group, better development of empathy, compassion and a sense of gratitude and wholesome personality development.

Dr Nitin Anand | ADDITIONAL PROFESSOR OF
CLINICAL PSYCHOLOGY, NIMHANS

sport combines aspects of tennis, badminton and table tennis. Sam Sancheti, co-founder of GoRally, who aims to make recreational sports accessible to everyone, emphasises the social nature of Pickleball, which he describes as "a sport that brings people together."

The sport welcomes newcomers with no prior racket sport experience. It attracts participants across age groups and genders, particularly appealing to senior citizens and middle-aged individuals seeking fitness and social interaction through sports.

Pickleball is the world's fastest growing sport, says Sam. "It's now the number one recreational sport in the US. Post Covid it has completely taken off in a world where people want a non-contact, very inclusive, very community led sport."

Balance conservation and recreation needs

Sohan says places like the US, Europe, Jordan, Oman, Israel, and even Nepal maintain well-established hiking infrastructure. The absence of proper policies in India became evident when a tragic forest fire claimed lives of Chennai

Group activities are enjoyable and special because they form the bedrock upon which all communities are created. They foster mutual trust, shared challenges, and a sense of collective accomplishment—rock climbing embodies each of these qualities. Whether it's puzzle solving on how to get up a rock face, trusting your team to keep you safe as you climb, encouraging each other through challenges that feel simultaneously possible and impossible, or celebrating a successful climb; the friendships built through such shared experience is unique and always memorable.

Saurabh Chauhan | FOUNDER MEMBER, THE CLIMBING PROJECT
(ROCK CLIMBING NON-PROFIT)

The Times of India • 01 Feb • Ministry of Ayush
UT owes GMCH Rs2cr for treatments under Ayushman

2 • PG

191 • Sqcm

92817 • AVE

46.88K • Cir

Top Right

Chandigarh

UT owes GMCH ₹2cr for treatments under Ayushman

Shimona.Kanwar
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Chandigarh: The UT owes Rs 2 crore to Government Medical College and Hospital (GMCH), Sector 32, for the treatment of Ayushman Bharat beneficiaries.

This payment is part of the amount due for services rendered under the Ayushman Bharat Pradhan Mantri Jan Arogya Yojana (PM-JAY), which provides free inpatient services to eligible families. Dr Suman Singh, director of health services, UT, confirmed that the money was received and will be disbursed soon.

The situation is similar for other states like Punjab and Haryana. While Haryana made partial payments, Punjab is yet to clear its full balance, amounting to Rs 5 crore for services rendered at GMCH.

Prof GP Thami, the medical superintendent, stated that the secretaries of both states have been informed about the status of these pending payments, but there is no indication of a resolution in near future. The delay in payments even forced GMCH to suspend treatment for Punjab's Ayushman Bharat beneficiaries temporarily.

Furthermore, Dr BR Am-

DUES ON PB, HRY

- The situation is similar for Punjab and Haryana
- Haryana has made partial payments, but Punjab is yet to clear its full balance, amounting to Rs 5 crore

bedkar State Institute of Medical Sciences, Mohali, is also reported to have pending payments for Ayushman beneficiaries. Officials from the institution clarified that this issue lies with state authorities and not the hospital management.

Ayushman Bharat scheme, launched to provide free healthcare services to low-income families, covers inpatient services up to Rs 5 lakh, including major surgeries, chemotherapy, and other critical treatments. The scheme has proven to be a lifeline for many, enabling patients who previously had to sell their land or property for medical expenses to access essential treatments without incurring debt.

A doctor at PGI said, "The delay in payments continues to strain healthcare institutions, which are forced to bear the financial burden."

The New Indian Express • 01 Feb • Ministry of Ayush

SITTING FORWARD WRIST STRETCH

2 • PG

657 • Sqcm

866938 • AVE

246.4K • Cir

Top Right

Chennai • Bengaluru

FITBIT

SITTING FORWARD WRIST STRETCH

This is a joint freeing exercise that is performed seated in Vajrasana (Thunderbolt Pose), which allows for a extended reach from the hands to the floor, increasing extension at the elbow joint. This position allows engagement of the forearm muscles, intensifying the stretch along the wrists. Here, the position involves a slight forward bend, allowing the hands to rest on the floor.

STEPS

- Sit in Dandasana for a few breaths.
- Inhale, bend the right leg at the knee. Place the right foot close to the buttocks, exhale. Inhale. Raise buttocks off the floor to place the right foot under it.
- Repeat the same with the left leg. Bring the left foot under the buttocks, with toes touching and heels apart.
- Ensure knees are together with backs straight in Vajrasana.
- Bring your arms parallel to the ground, palms on the floor with the fingers pointing out.
- Exhale, bend with the torso resting the tops of your palms on the floor in front of your knees.
- Stay here for 6-8 deep breaths.
- Release from the forward bend, bring the hands back to the knees. Exhale, stretch the leg out in front, one after the other, back in Dandasana, hands sides of your body.
- Relax in Staff Pose Hands Back, taking a little gap between the legs.

LIMITATIONS

- Students who have injuries to the knees, wrists, shoulders, elbows, hips or spine, or undergone a recent surgery to knees, hips, ankles, shoulders or spine, or arthritis of the shoulders, hips or knees, severe pain on ankles, knees, wrist joints, shoulders, or carpal syndrome, should avoid this.

BENEFITS

- Helps open the lower back and spinal muscles.
- Promotes the overall health of arms and wrists.
- Offers relief for individuals at the initial stage of arthritis of the wrists or elbows.
- Relieves cervical spondylosis, mild frozen shoulders, tendonitis, fibromyalgia or rheumatoid arthritis.
- Beneficial for athletes in sports like tennis, golf, baseball, or weight lifting.
- Aids in recovering from a sports injury related to the arms and shoulders.
- Counteracts strain from prolonged desk work.
- Promotes better ergonomics by maintaining flexibility and reducing the risk of repetitive strain injuries (RSI).
- Enhances strength and flexibility of muscles of neck, shoulders, arms, wrists and fingers.
- Those who find it challenging to sit in Vajrasana can follow the pose seated on a chair, bed or any other preferred position.
- Excellent stretch for writers, typists, gamers, artists, artisans, teens, or whose work involves wrist and finger movements. Aids with carpal tunnel issues related to the elbows, wrists, and arms.
 - Included in warm-up or peak pose yoga sequences.
 - Helps women during menopause, easing and relaxing the arms and wrists.



By N Elumalai, PhD Scholar (Yoga Science) at
Meenakshi Academy of Higher Education & Research, Chennai

The Hans India • 01 Feb • Ministry of Ayush

Sonia's remarks on President reflect dynastic arrogance: Kishan Reddy

5 • PG

171 • Sqcm

51407 • AVE

390.49K • Cir

Bottom Left

Hyderabad

Sonia's remarks on President reflect dynastic arrogance: Kishan Reddy

HANS NEWS SERVICE
HYDERABAD

TELANGANA BJP condemned the remarks of Congress MP Sonia Gandhi on President Droupadi Murmu on Friday.

Taking to social media handle X, Union Minister G Kishan Reddy said that Congress had opposed President Droupadi Murmu's candidature, referring to her as a "rubber stamp" and Sonia Gandhi had mocked her as a "poor lady".

Further, Congress has repeatedly tried to run down the President and her capabilities solely because she belongs to a tribal community.



"This privileged, dynastic, and arrogant mindset is an insult to both the highest constitutional office and India's tribal community. Attacking a woman president who rose from the grassroots

is not only degrading; it's disgraceful," he said.

Meanwhile, Telangana State BJP Mahila Morcha chief Dr Shilpa Reddy condemned Sonia Gandhi's comments on President Droupadi Murmu. Sonia Gandhi's remarks about the President exemplify vulgar politics. Comments such as "boring" and "rubber stamp" attack on our democracy. It is intolerable to belittle the position of the President and insult a tribal woman. Sonia Gandhi should apologise immediately for undermining democratic values," she said.

"Over the past ten years, the Narendra Modi government has driven the country

towards development, implementing various welfare schemes for the poor, women, farmers, and tribal communities. Programmes like Ujjwala Yojana, Har Ghar Jal, Pradhan Mantri Awas Yojana, and Ayushman Bharat have benefited millions. In her speech in the Lok Sabha, the President outlined the welfare programmes initiated for the benefit of the state, the country, and its people. The Bharatiya Janata Party demands that Sonia Gandhi and Rahul Gandhi apologise to President Droupadi Murmu immediately. Otherwise, we warn that they will face the backlash of the people," Shilpa Reddy cautioned.

Punjab Express • 01 Feb • Ministry of Ayush

Ayushman Yojana: Rs450 cr of private hospitals stuck again, IMA warns to stop treatment from Feb 3

8 • PG

577 • Sqcm

115393 • AVE

348.98K • Cir

Top Left

Chandigarh

Ayushman Yojana: ₹450 cr of private hospitals stuck again, IMA warns to stop treatment from Feb 3

RAJENDRA KHATRY
PUNJAB EXPRESS BUREAU
Chandigarh, January 31

Rs 450 crore of private hospitals treating patients under Ayushman Yojana in Haryana are again stuck with the government according to sources.

The Indian Medical Association (IMA), Haryana has warned that if the pending amount is not paid by February 2, then 700 hospitals across the state will stop treatment from February 3, according to IMA Haryana State President Dr. Mahavir P Jain. In the year 2018, the government started the Ayushman Yojana.

Under this, needy and poor people are given free treatment up to Rs 5 lakh every year. Ayushman Bharat Yojana includes everything from regular check-up to surgery. Under the Ayush-



man Yojana, about 1300 hospitals are listed in the state. Out of these, about 600 are private hospitals. About 1.2 crore people of the state are registered in this scheme.

IMA President Dr. Jain said that the decision to stop the services

provided under the Ayushman Bharat scheme has been taken because the state government has been delaying payments for months due to which hospitals are unable to manage their expenses. The outstanding payments of hospitals should

be released immediately.

The IMA said that this matter was raised in a meeting before Chief Minister Nayab Singh Saini and he also ordered immediate release of funds. But till now the hospitals have not received the pending dues.

IMA Haryana Secretary Dr. Dharendra K Soni said that even in the bills sent by the CMO, deductions are made at the headquarters level.

Secondly, the IMA has to wait even for this amount for many months. The government should find a permanent solution for this, the IMA said. The main demands of the Haryana IMA are that the pending amount should be paid in full, there should be no cut in the amount approved from the districts, 2 thousand crore rupees should be reserved annually for Ayushman

Yojana in the annual budget, the shortcomings in TMS Portal 2 should be removed and roster system should be made for payment.

According to Haryana Chief Minister Nayab Singh Saini under the Ayushman Yojana, the state government has already released a sum of toll January 26 last, Rs 760 crores released to hospitals, but Rs 200 crores more will be paid soon, said CM Saini.

Chief Minister Nayab Singh Saini said that under the Ayushman scheme, about Rs 760 crore has been released to the concerned hospitals till January 26 last and the remaining about Rs 200 crore will also be released soon.

The Chief Minister assured that no payment of any hospital related to Ayushman Yojana will be stopped.

The Morning Standard • 01 Feb • Ministry of Ayush

Fit Bit

2 • PG

608 • Sqcm

291968 • AVE

300K • Cir

Middle Right

Delhi

FITBIT

SITTING FORWARD WRIST STRETCH

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STEPS

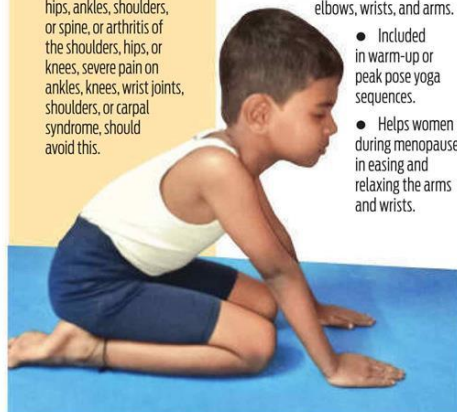
- Sit in Dandasana for a few breaths.
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- Repeat the same with the left leg. Bring the left foot under your buttocks, with toes touching and heels apart.
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- Stay here for eight deep breaths.
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By N Elumalai, PhD Scholar (Yoga Science) at
Meenakshi Academy of Higher Education & Research, Chennai

The Pioneer • 01 Feb • Ministry of Ayush
MGNREGS: 220.11 crore person days of employment generated

8 • PG

188 • Sqcm

63841 • AVE

275K • Cir

Bottom Left

Hyderabad

MGNREGS: 220.11 crore person days of employment generated

PNS ■ NEW DELHI

Around 220.11 crore person days of employment has been generated under the Mahatma Gandhi National Rural Employment Guarantee Scheme (MGNREGS) till January 10 in 2024-25, the Economic Survey released on Friday said.

The survey report, which was tabled in Parliament by Finance Minister Nirmala Sitharaman, said 308.9 crore person days of employment was generated in 2023-24, 293.8 crore person days were generated in 2022-23, while

363.3 crore person days were generated in 2021-22. In the COVID-19 pandemic year of 2020-21, 389.1 crore person days of employment was generated.

The report added that multiple efficiency reforms have been introduced to fully utilise the scheme, which includes geotagging before, during and after the work is done.

It said 99.98 per cent payments were made through the National Electronic Fund Management System, wages were transferred under DBT and Aadhaar-based payment has been enabled for 96.3 per



cent of the total active workers.

Around 99.23 per cent of total successful transactions for wage beneficiaries was processed through the Aadhaar Payment Bridge

employment scheme, has evolved into a durable rural asset creation programme for sustainable livelihood diversification.

The scheme has been converged with various initiatives, including NutriGardens with the National Rural Livelihood Mission (NRLM), fodder farms with the Department of Animal Husbandry and Dairying (DAHD), horticulture with the Ministry of Agriculture, medicinal plantations with the Ministry of Ayush, gram panchayat buildings with the Ministry of Panchayati Raj,

community sanitary complexes with the SBM-Grameen, construction of anganwadi centres with the Ministry of Women and Child Development, promoting sericulture plantations with the Ministry of Textiles, supporting rubber plantations with the Rubber Board (Ministry of Commerce), promoting aquaculture in ponds and farm ponds with the Department of Fisheries, rural roads with the Pradhan Mantri Gram Sadak Yojana and all-weather roads with the Border Roads Organisation (BRO) for border areas.

Amar Ujala • 01 Feb • Ministry of Ayush
7 saal main swasth par sarkaari kharach 19% bada

9 • PG

335 • Sqcm

246589 • AVE

368.8K • Cir

Top Right

Chandigarh

सात साल में स्वास्थ्य पर सरकारी खर्च 19% बढ़ा



स्वास्थ्य क्षेत्र को मजबूती देने के लिए सालाना सरकारी खर्च में इजाफा हो रहा है। बीते सात साल में स्वास्थ्य पर सरकारी खर्च में 19 फीसदी वृद्धि हुई। 2015 से 2022 के बीच खर्च में सरकार का हिस्सा 29 से बढ़कर 48 फीसदी हो गया है।

2016 से 2022 के बीच पूंजीगत खर्च के हिस्से में स्वास्थ्य बुनियादी ढांचे पर



व्यय में वृद्धि हुई है।

आयुष्मान योजना के तहत लाभार्थी परिवार को सालाना पांच लाख रुपये तक का स्वास्थ्य बीमा देने से मरीजों ने 1.25 लाख करोड़ से अधिक की बचत की है। इस योजना के तहत 2018 से अब तक करीब 8 करोड़ से ज्यादा लाभार्थियों ने इलाज कराया है। आयुष्मान भारत

48%

तक पहुंचा सरकारी खर्च 2022 में, 29 फीसदी था 2015 में

डिजिटल मिशन के तहत 72.81 करोड़ मरीजों के आयुष्मान भारत स्वास्थ्य खाते बनाए गए हैं, जहां उनका चिकित्सा रिकार्ड ऑनलाइन सुरक्षित रखा है।

- वित्तीय वर्ष 2022 में कुल स्वास्थ्य खर्च 9.04 लाख करोड़ रुपये रहा जो जीडीपी का करीब 3.8 फीसदी रहा है। वर्तमान स्वास्थ्य खर्च 7.89 लाख करोड़ और पूंजीगत व्यय 1.15 लाख करोड़ रुपये है।
- आयुष्मान भारत ने 40 फीसदी कमजोर आबादी को स्वास्थ्य कवरेज दिया है। 15 जनवरी तक 40 लाख से अधिक वरिष्ठ नागरिक भी इस योजना में पंजीयन करा चुके हैं। प्रधानमंत्री मुफ्त डायलिसिस योजना जैसी अन्य पहलों से 25 लाख मरीजों को लाभ हुआ है।
- भारत के स्वास्थ्य क्षेत्र में एआई तकनीक को अपनाने की काफी संभावनाएं हैं। 2023 से भारत में 34 फीसदी स्वास्थ्य सेवा संगठन एआई योजनाओं का संचालन कर रहे हैं और 16 फीसदी ने अपनी जेनरेटिव एआई पहल को उत्पादन में स्थानांतरित किया।

Amar Ujala • 01 Feb • Ministry of Ayush

Ilaaj band karne par adi IMA Sarkaar ne 3 februry ki bulai bethak

6 • PG

459 • Sqcm

338635 • AVE

368.8K • Cir

Middle Right

Chandigarh

आयुष्मान योजना

इलाज बंद करने पर अड़ी आईएमए सरकार ने 3 फरवरी को बुलाई बैठक

जनवरी में 166 करोड़ जारी, 300 करोड़ बाकी, मुख्य प्रधान सचिव लेंगे बैठक

चंडीगढ़। हरियाणा सरकार के आश्वासन के 5 दिन बाद भी आयुष्मान योजना के तहत निजी अस्पतालों की पूरी राशि जारी नहीं हुई है। आईएमए हरियाणा 3 फरवरी से योजना के तहत इलाज बंद करने के फैसले पर अडिग है। वहीं, आनन फानन में सरकार ने आईएमए हरियाणा को बैठक के लिए बुलाया है। 3 फरवरी को दोपहर बाद मुख्यमंत्री नायब सिंह सैनी के मुख्य प्रधान सचिव राजेश खुल्लर डाक्टरों के साथ बैठक करेंगे। इस बैठक के बाद ही आईएमए अपना अगला फैसला लेगी।

वहीं, जनवरी माह में अभी तक कुल 166 करोड़ ही जारी हो पाए हैं, जबकि अभी भी करीब 300 करोड़ बकाया है। आईएमए की हड़ताल की चेतावनी के बाद से पांच दिनों में ही 107 करोड़ रुपये जारी किए जा चुके हैं। 27 फरवरी को मुख्यमंत्री नायब सिंह सैनी ने दावा किया था कि आयुष्मान योजना के तहत 26 जनवरी तक 760 करोड़ रुपये का भुगतान संबंधित



हर बार निजी अस्पतालों को पैसे मांगने पड़ते हैं, जबकि इसके लिए ठोस व्यवस्था होनी चाहिए। अक्टूबर के बाद से ही राशि बकाया है। आयुष्मान अथॉरिटी के पास बजट की कमी है, जिसके चलते हर बार निजी अस्पतालों को परेशानी झेलनी पड़ती है।

अस्पतालों को किया जा चुका है और बचे हुए लगभग 200 करोड़ का भुगतान भी जल्द कर दिया जाएगा। ब्यूरो

जनवरी में दी गई राशि

तिथि	केस	जारी राशि	तिथि	केस	जारी राशि
9	14,509	16.34	25	19,373	17.03
10	769	.73	26	33,387	34.50
14	10,491	11.38	28	25,920	23.82
15	1,841	1.68	29	17,581	17.92
16	12,841	12.46	30	15,517	16.10
22	9,858	10.80	कुल	1,66,636	166.10
24	4,549	3.95	(नोट: राशि करोड़ों में)		

-डॉ. अजय महाजन, पूर्व प्रधान आईएमए हरियाणा

Punjab Kesari • 01 Feb • Ministry of Ayush

Formation of new state executive of Indian Yoga Association, proposal passed for formation of Yoga C...

9 • PG

90 • Sqcm

4509 • AVE

370.92K • Cir

Middle Right

Jaipur

इंडियन योग एसोसिएशन की नवीन राज्य कार्यकारिणी का गठन राज्य में योग आयोग के गठन को लेकर प्रस्ताव पारित

जयपुर, 31 जनवरी (ब्यूरो): भारत के सभी योग संगठनों के समुच्चय एवं योग के मुख्य संगठन इंडियन योग एसोसिएशन की राजस्थान कार्यकारिणी की बैठक का आयोजन राष्ट्रीय महासचिव एवं आयुष मंत्रालय भारत सरकार की गवर्निंग कॉन्सिल के सदस्य सुबोध तिवारी की अध्यक्षता में बप्पा रावल सभागार में हुआ। बैठक में संपूर्ण राजस्थान के योग विशेषज्ञ एवं कार्यकारी समिति के सदस्य सम्मिलित हुए।

इस मौके पर संयुक्त सचिव हिमांशु पालीवाल ने गत बैठक के प्रस्तावों का अनुमोदन करवाते हुए अभी तक की यात्रा पर प्रकाश



डाला। महासचिव सुबोध तिवारी ने संगठन की कार्ययोजना एवं अपेक्षाओं पर प्रकाश डालते हुए मार्गदर्शन प्रदान किया। सर्वसम्मति से महेश शर्मा अध्यक्ष, योगाचार्य डा. काराम वरिष्ठ उपाध्यक्ष, डॉ. हनवंत सिंह एवं मेघसिंह उपाध्यक्ष, डॉ. दीपेंद्र सिंह सचिव, हिमांशु पालीवाल संयुक्त सचिव, दीक्षा जामवाल कोषाध्यक्ष के रूप में मनोनीत हुए। राज्य कार्यकारिणी के अन्य

दायित्वों में समन्वयक लीगल डॉ. हेमराज चौधरी, सदस्यता डॉ. बोणा मूंदड़ा, आयोजन शिवानी वर्मा, प्रकाशन एवं रिसर्च डॉ. पूर्णेंद्र एवं डॉ. गुनीत मोंगा, प्रचार योगी मनीष को प्रदान किए गए। इंदिरा डांगी एवं करतार सिंह को सदस्य के रूप में मनोनीत किया गया। सर्वसम्मति से राजस्थान योग आयोग के गठन का प्रस्ताव पास कर सरकार के पास भेजने के लिए सभा ने निर्णय किया।

Rashtradoot • 01 Feb • Ministry of Ayush

A proposal was passed to set up a Yoga Commission in the state

3 • PG

45 • Sqcm

44409 • AVE

999.38K • Cir

Top Center

Jaipur

राज्य में योग आयोग के गठन को लेकर प्रस्ताव किया पारित

जयपुर। भारत के सभी योग संगठनों के समुच्चय एवं योग के मुख्य संगठन इंडियन योग एसोसिएशन की राजस्थान कार्यकारिणी की बैठक का आयोजन राष्ट्रीय महासचिव एवं आयुष मंत्रालय भारत सरकार की गवर्निंग कॉन्सिल के सदस्य सुबोध तिवारी की अध्यक्षता में बप्पा रावल सभागार में हुआ। बैठक में संपूर्ण राजस्थान के योग विशेषज्ञ एवं कार्यकारी समिति के सदस्य सम्मिलित हुए।

सर्वप्रथम संयुक्त सचिव हिमांशु पालीवाल ने गत बैठक के प्रस्तावों का अनुमोदन करवाते हुए अभी तक की यात्रा पर प्रकाश डाला। महासचिव सुबोध तिवारी ने संगठन की कार्ययोजना एवं अपेक्षाओं पर प्रकाश डालते हुए मार्गदर्शन प्रदान किया।

Mid Day (Gujarati) • 01 Feb • Ministry of Ayush

A 4-year degree course in Ayurveda and Yogic Science will now start in Maharashtra

2 • PG

95 • Sqcm

76056 • AVE

389.96K • Cir

Bottom Right

Mumbai

મહારાષ્ટ્રમાં હવે ૪ વર્ષનો આયુર્વેદ અને યોગિક સાયન્સનો ડિગ્રી કોર્સ શરૂ થશે

મહારાષ્ટ્ર સરકારે આ વર્ષે પહેલી વખત ૪ વર્ષના બેચલર ઓફ નેચરોપથી એન્ડ યોગિક સાયન્સ (BNYS) નો અભ્યાસક્રમ શરૂ કરવાની જાહેરાત કરી છે. મેડિકલ એજ્યુકેશન એન્ડ પ્રોફેશનલ ડેવલપમેન્ટ (MEDD) એ કોલ્કાત્તુરમાં એક નવી સરકારી કોલેજને મંજૂરી આપી છે. આ કોલેજમાં BNYSની ૬૦ સીટ હશે. એ ઉપરાંત સાતારા અને છત્રપતિ સંભાજનગરમાં પણ બે પ્રાઈવેટ કોલેજ શરૂ કરવાની યોજના છે. અત્યારના ૨૦૨૪-૨૫ના એકેડેમિક વર્ષમાં મોડું થયું હોવા છતાં રાજ્ય સરકારે રસ ધરાવતા વિદ્યાર્થીઓ માટે એડ્મિશન આપવાનો નિર્ણય લીધો છે.

મહારાષ્ટ્ર સરકારે BNYSને પ્રોફેશનલ જાહેર કર્યો છે એટલે મહારાષ્ટ્ર કોમન એન્ટ્રન્સ એક્ઝામ (MAH CET) સેલ દ્વારા એડ્મિશનની પ્રોસેસ આયોજિત કરવામાં આવશે. આ કોર્સમાં PCB સાથે HSC પાસ કર્યું હોય અને NEET-UG 2024ની પરીક્ષા આપી હોય એવા જ વિદ્યાર્થીને એડ્મિશન આપવામાં આવશે. મહારાષ્ટ્રમાં નેચરોપથી એન્ડ યોગિક સાયન્સમાં ડિગ્રીમાં કોર્સ ઉપલબ્ધ છે, પણ હવે ડિગ્રી કોર્સની શરૂઆત કરવામાં આવી છે.

મહારાષ્ટ્ર યુનિવર્સિટી ઓફ હેલ્થ સાયન્સિસ (MUHS) સંલગ્ન ઈન્સ્ટિટ્યૂટના માધ્યમથી આ કોર્સ ઓફર કરશે. લોન્ગાવલાના કેવલ્કામ યોગ ઈન્સ્ટિટ્યૂટ અને આયુર્વેદના એક્સપર્ટ્સ દ્વારા એનો અભ્યાસક્રમ તૈયાર કરવામાં આવ્યો છે. આ કોર્સની ડિગ્રી મેળવ્યા બાદ મોડર્ન મેડિસિનમાં પ્રેક્ટિસ નથી કરી શકાતી એટલે એનો સમાવેશ આયુષની અંદર કરવામાં આવ્યો છે.

Online Coverage

No	Portal Name	Headline (Incorporated with URL)	Reach
1.	Msn India	CISF and Patanjali Ayurvedic College collaborate to promote health through natur. ..	733.9M
2.	News18 Hindi	Budget 2025: Union Health Ministry Budget Up By 11%, Ayushman Bharat Allocat ed R...	152.8M
3.	Hindustan Times	Selenium in blood, hair samples of Buldhana villagers: ICMR report	124.6M
4.	Dainik Bhaskar	बरडीह में पांच दिनी योग शिविर का समापन	66.5M
5.	Dainik Bhaskar	योग एसोसिएशन : महेश शर्मा बने प्रदेश कार्यकारिणी में अध्यक्ष	66.5M
6.	हिन्दुस्तान(Live Hindustan)	80 फीसदी लोग प्राथमिक स्वास्थ्य देखभाल के लिए आयुर्वेद पर निर्भर : प्रो जीएस तो...	64.8M
7.	अमर उजाला (Amar ujala)	Budget 2025: सरकार ने पेश किया 50 लाख करोड़ रुपये का बजट, जानिए किस मंत्रालय को ...	63.8M
8.	अमर उजाला (Amar ujala)	Rewari News: एम्स में आयुष विभाग की ओपीडी मई में शुरू होगी	63.8M
9.	The Hindu	Healthcare gets an infrastructure and insurance boost	35.9M
10.	The Economic Times	Budget: Ayush ministry allocated Rs 3,992.90 crore	28.7M
11.	Dailyhunt	Centrally-sponsored Schemes Budget 2025: PM Awas Yojana, Jal Jeevan Missio n, oth...	18.6M
12.	Dailyhunt	Budget 2025-26: Duty cuts on life-saving drugs, medical tourism among top highli. ..	18.6M
13.	Dailyhunt	Budget 2025: Union Health Ministry Budget Up By 11%, Ayushman Bharat Allocat ed R...	18.6M
14.	Dailyhunt	Budget 2025: Union Health Ministry sees around 11% hike in budgetary allocation	18.6M
15.	Dailyhunt	CISF and Patanjali Ayurvedic College collaborate to promote health through natur. ..	18.6M
16.	The Financial Express	Budget 2025: Health sector gets Rs 99,859 crore; allocation jumps by 9.8 percent	16.2M
17.	The Financial Express	Health Budget 2025: Nirmala Sitharaman announces launch of 200 cancer daycar e ce...	16.2M
18.	ThePrint	Union Health Ministry sees around 11 pc hike in budgetary allocation	11.3M
19.	Etvbharat	Budget: Ayush Ministry Allocated Rs 3,992.90 Crore	11.2M
20.	Business Standard	Budget: Govt ups allocation for Ayush ministry by 14% to Rs 3,992.90 crore	8.1M
21.	Latestly	India News Budget: Ayush Ministry Allocated Rs 3,992.90 Crore	7.8M
22.	IBC24 News	बजट: आयुष मंत्रालय को 3,992.90 करोड़ रुपये का आवंटन	7.3M
23.	Janta Se Rishta	उडुपी में SDM कॉलेज के नए शैक्षणिक भवन का उद्घाटन	3.8M

24.	Deccan Chronicle	Industry Leaders React to Union Budget 2025	2M
25.	The Hans India	SDM College's new academic building inaugurated in Udupi	1.7M
26.	The Hans India	Nivam Ayurvedic Wellness Centre opened in Gachibowli	1.7M
27.	Devdiscourse	Boost in Funding: Ayush Ministry's Budget Increased by 14.15%	1.2M
28.	The Week	Union Budget 2025: From cancer daycare centres to insurance cover for gig work er...	888.3K
29.	Down to Earth	Budget 2025-26: Duty cuts on life-saving drugs, medical tourism among top highli. ..	818.6K
30.	ThePrint	बजट: आयुष मंत्रालय को 3,992.90 करोड़ रुपये का आवंटन	483.1K
31.	ThePrint	केंद्रीय स्वास्थ्य मंत्रालय के बजटीय आवंटन में लगभग 11 प्रतिशत की बढ़ोतरी	483.1K
32.	Orissa Post	Budget 2025: Union Health Ministry sees around 11% hike in budgetary allocation	474.1K
33.	Press Trust of India	Budget: Ayush ministry allocated Rs 3,992.90 crore	200.1K
34.	News Drum	Budget: Ayush ministry allocated Rs 3,992.90 crore	158.4K
35.	News Drum	Union Health Ministry sees around 11 pc hike in budgetary allocation	158.4K
36.	HT Syndication	Selenium in blood, hair samples of Buldhana villagers: ICMR report	119.8K
37.	Bio Spectrum	How India is Pulling In European Life Sciences Sector	108.7K
38.	Navjeevan Express	Experts deliberate on strategies for expanding India's AYUSH sector in the glob...	40.9K
39.	Press Note	Mahesh Sharma Appointed President of the State Executive of the Yoga Associati on	33K
40.	Press Note	योग एसोसिएशन की प्रदेश कार्यकारिणी में महेश शर्मा अध्यक्ष बने	33K
41.	Contentmediasolution.com	Union Budget 2025: Reaction from Experts	6.8K
42.	Mediabulletins.com	Union Budget 2025: Reaction from Experts	4.7K
43.	Caas India	Health Budget 2025 : सरकार की घोषणाएं स्वास्थ्य क्षेत्र में फूकेगी जान	N/A
44.	Narmadasamay	होम्योपैथी डॉक्टर नरेंद्र कुमार जैन हुए सेवानिवृत्त सेवानिवृत्ति पर हुई अनूठी पह...	N/A
45.	Hindi News Agency	उत्तराखण्ड लाइव 01-02-25	N/A
46.	The Mobi World	Union Budget 2025: Reaction from Experts	N/A
47.	OB News	Budget: Ayush ministry allocated Rs 3,992.90 crore	N/A
48.	The Mobi World	Budget: Ayush ministry allocated Rs 3,992.90 crore	N/A
49.	Rediff.com	Health budget up by 11%, daycare cancer centres announced	N/A
50.	Sanvidhan	American Neuroscientist Dr. Tony Nader & Ayurvedacharya Dr. Sadanand Deshm uk...	N/A

51.	Onlinemediacafe.com	Union Budget 2025: Reaction from Experts	N/A
52.	Business News This Week	Union Budget 2025: Reaction from Experts	N/A
53.	Business Daily	Union Budget 2025: Reaction from Experts	N/A
54.	Biz News Desk	Union Budget 2025: Reaction from Experts	N/A
55.	Daily World Hindi	बजट: आयुष मंत्रालय को 3,992.90 करोड़ रुपये का आवंटन	N/A
56.	उद्योग का अनुमान	बजट: आयुष मंत्रालय को 3,992.90 करोड़ रुपये का आवंटन	N/A
57.	BharatKi Baat	Union Health Ministry"s budget allocation increases by approximately 11 percent...	N/A
58.	BharatKi Baat	Ayush ministry allocates Rs 3,992.90 crore in budget for health and wellness ini...	N/A
59.	News Capital	Union Budget 2025-26मां क्या मंत्रालयने केटवुं अलैट क्षणव्युं? ज़ाएो तमाम माडिती	N/A
60.	Lenden News	सरकार ने पेश किया 50 लाख करोड़ का बजट, जानिए किसको कितना फंड	N/A
61.	Daily World Hindi	केंद्रीय स्वास्थ्य मंत्रालय के बजटीय आवंटन में लगभग 11 प्रतिशत की बढ़ोतरी	N/A
62.	Tender Detail	Construction Of 50 Bedded Integrated Ayush Hospital At Sawai Madhopur (Phase -I) ...	N/A
63.	Tender Detail	Tender For Construction Of 50 Bedded Integrated Ayush Hospital At Sawai Madh opur...	N/A
64.	Next Gen Consultancy	Next Gen Consultancy	N/A
65.	Local Business News	Ankura Hospital for Women and Children.	N/A
66.	Right Column Media	Ankura Hospital for Women and Children.	N/A
67.	Marketing News Online	Marketing News Online	N/A
68.	उद्योग का अनुमान	केंद्रीय स्वास्थ्य मंत्रालय के बजटीय आवंटन में लगभग 11 प्रतिशत की बढ़ोतरी	N/A
69.	BharatKi Baat	Union Health Ministry experiences approximately 11% increase in budget allocatio ...	N/A
70.	Medindia	Union Budget 2025 for Health: Major Healthcare Reforms	N/A
71.	Bw Health Care World	Strengthening Healthcare: Budget 2025"s Vision For Accessible & Affordable ...	N/A
72.	Deshbandhu	विभागों के कानून-दांव पेंच समझ रहे शासकीय अधिवक्ता	N/A
73.	Government of Sikkim	Awareness Programme on Adolescent Health and AYUSH System and Mental he alth prog...	N/A
74.	The Hans India	SDM College"s new academic building inaugurated in Udupi	N/A
75.	Nyay Parikrama News	श्री धनवंतरी आयुर्वेदिक कॉलेज एवं अस्पताल, चंडीगढ़ को भारत सरकार के आयुष मंत्राल...	N/A
76.	Daily Uttarakhand	एसडीआरएफ ने प्रयागराज स्थित उत्तराखंड पैवेलियन का निरीक्षण किया	N/A