Government of India
Ministry of Ayush
सत्यमेव जयते

MINISTRY OF AYUSH COMPILED MEDIA REPORT
11 Jan, 2025

Total Mention 99

Print	Financial	Mainline	Regional	Periodical
8	N/A	6	2	N/A

Online
91

Print

No	Newspaper	Headline	Edition	Pg
1.	The Times of India	Maintain a fitness calendar, set goals: Make your resolutions last	Bengaluru	16
2.	The Daily Guardian	Delhi High Court seeks Patanjali's response on Dabur's fresh injunction plea over 'disparaging' Chya...	Delhi	10
3.	The Morning Standard	Transformative Health Trends 2025	Delhi	12
4.	The Morning Standard	Fit Bit	Delhi	2
5.	The New Indian Express	TADASANA GOOLF CHAKRA (STANDING ANKLE ROTATION)	Bengaluru	2
6.	The New Indian Express	TADASANA GOOLF CHAKRA	Chennai	2
7.	Dina Malar	New High to Organic Items	Chennai	12
8.	Dainik Bhaskar	Ayurved-Homeopathy ke doctor alopathy se karte the ilaaj	Delhi	12

The Times of India • 11 Jan • Ministry of Ayush

Maintain a fitness calendar, set goals: Make your resolutions last

16 • PG | 365 • Sqcm | 625349 • AVE | 2.27M • Cir | Bottom Left | Bangalore Times

Bengaluru

Experts recommend scheduling time into your calendar to help you keep your resolution, like blocking off a specific period every morning or evening

Experts say January can be a good time to reflect on self-improvement, but let's acknowledge it – it takes effort to make resolutions stick. Here are some tips on how to make those resolutions stick.

BREAK MAJOR GOALS INTO SMALLER TARGETS

Psychologist Lynn Bufka suggests being realistic about any resolutions. "It's easy to say that you want to lose 50 pounds and thus, will never eat dessert again. It might be more helpful to say, you're only going to have dessert on the weekends and for special occasions," she says. Once you start hitting these smaller goals, the bigger one might not seem so daunting.

FOCUS ON WHAT YOU GAIN

Focusing on what the resolution is helping you to accomplish in the long run– rather than what you are being deprived of – can be a powerful way to reframe your thinking, experts say.

CONSISTENTLY REVIEW YOUR PROGRESS

To better keep resolutions, Tamara Russell of the British Psychological Society suggests reviewing each week what has and hasn't worked. "Keep refining and don't be afraid to adjust and fine-tune what you are doing. Study your own behaviour like a scientist," she says.

AP

A great resolution might be, 'I will be less judgmental with myself'. Research shows that the more we develop self-compassion, the more compassionate we can become towards others

– Tamara Russell of the British Psychological Society

JOIN A GROUP, SEEK SUPPORT

Change is difficult, so don't expect perfection or the best results immediately. There will inevitably be times when it feels impossible to keep your resolution or you want to give up. Involving others in your efforts, both for support and to hold yourself accountable, may help. Someone who decides to start exercising more, for example, might find it useful to join a running group or find a gym class with friends, to make training less of a chore.

The Daily Guardian • 11 Jan • Ministry of Ayush

Delhi High Court seeks Patanjali's response on Dabur's fresh injunction plea over 'disparaging' Chya...

10 • PG | 332 • Sqcm | 33177 • AVE | N/A • Cir | Middle Left

Delhi

Delhi High Court seeks Patanjali's response on Dabur's fresh injunction plea over 'disparaging' Chyavanprash ads

TDG NETWORK
NEW DELHI

The Delhi High Court in the case Dabur India Limited v. Patanjali Ayurved observed and has sought response of Patanjali Ayurved on a fresh injunction petition filed by Dabur in its suit wherein it alleged that the former was running disparaging advertisements against its Chyavanprash product.

Last year, on December 24, Summons in the writ were issued along with the notice on Dabur's application seeking ad interim injunction against the advertisements.

In the present matter, a fresh injunction application was filed by Dabur wherein it alleged that after issuance of summons, Patanjali ran 6,182 advertisements against its product in last one week.

The counsel, Senior Advocate Sandeep Sethi appearing for Dabur submitted before the bench of Justice Mini Pushkarna that Patanjali, in the advertisements, claims that its product is made using more than 51 herbs whereas only 47 herbs have been used.

However, while denying the submissions made by Senior Advocate Sandeep Sethi, Mehta stated that all the ingredients which are used in Patanjali's product are as per prescribed formula and fit for human consumption.

The counsel, Senior Advocate Sandeep Sethi appearing for Dabur stated that Patanjali was using mercury in the product which is not fit for consumption of children.

It was also submitted before the court that Patanjali advertisement specifically refers to Dabur's product made with using 40 herbs as 'ordinary.'

Senior Advocate Sandeep Sethi also drew court's attention to Dabur's product which states that it is made using 40 plus herbs.

Sethi also submitted before the court that Patanjali's reference to the product made using 40 herbs clearly refers to Dabur who is the market leader in the product having more than 60% of the market share.

He also stated that, 'They refer to us as ordinary. They make a market leader ordinary.'

Senior Advocate Sandeep Sethi stated that there being disparagement carried out by Patanjali by calling Dabur as ordinary as if to show that the former is the only one who follows the books and not the latter.

It has also been alleged by him that there was misrepresentation on Patanjali's part to show false number of herbs used in its product.

On the other hand, the counsel, Senior Advocate Jayant Mehta appearing for Patanjali raised strong objection to the second interim injunction application.

However, while denying the submissions made by Senior Advocate Sandeep Sethi, Mehta stated that all the ingredients which are used in Patanjali's product are as per prescribed formula and fit for human consumption.

The court while considering the facts and circumstances of the case observed and has issued notice on the second interim injunction application and sought Patanjali's response.

Accordingly, the court listed the matter for further consideration on January 20, 2025.

The Morning Standard • 11 Jan • Ministry of Ayush

Transformative Health Trends 2025

12 • PG | 1239 • Sqcm | 594718 • AVE | 300K • Cir | Bottom Left

Delhi

TRANSFORMATIVE HEALTH TRENDS 2025

Health will become more personalised and accessible, with innovations across nutrition, paediatrics, dermatology, cardiology, and mental health. From tailored nutrition plans to AI-driven diagnostics, these advancements will focus on holistic care, early detection, and sustainable choices, promoting overall well-being. **Darshita Jain** speaks to experts about the trends in 2025

Healthy eating

DR Y RAJYALAKSHMI DEVI, PhD FOOD & NUTRITION, DDM, CHIEF DIETICIAN & SENIOR CLINICAL NUTRITIONIST AT KIMS - LIVLIFE

As we move into 2025, the world of nutrition continues to evolve, driven by advancements in science, sustainability, and personalised approaches. One key trend gaining traction is 'personalised nutrition through genetic testing'. With the rise of accessible genetic testing, individuals will have tailored nutrition plans based on their unique genetic makeup, microbiome, and lifestyle, helping optimise health outcomes. Another growing focus is 'functional foods for mental health', which emphasises the connection between the gut and brain. Probiotics, prebiotics, and adaptogens like *ashwagandha* and lion's mane mushrooms will become popular for reducing stress, improving sleep, and enhancing mental clarity. Plant-friendly diets will also remain a priority, emphasising sustainable food choices like plant-based and lab-grown alternatives and carbon-labelled products to highlight their environmental impact. The 'food as medicine' approach will continue to grow, focusing on anti-inflammatory foods and ingredients that help manage chronic diseases such as diabetes and cardiovascular issues. Tech-enhanced nutrition through wearables and apps will track biomarkers like glucose levels and nutrient absorption, offering real-time feedback for diet optimisation. Zero-waste and upcycled foods, like banana peel flour and beet pulp crackers, will reflect a commitment to reducing food waste. Diet trends like Microbiome Diet 2.0 and Flexitarian 2.0 will emerge, emphasising personalised gut health and ethical eating. In 2025, the emphasis will be on balance, hydration, and mindful food choices, prioritising quality and sustainability for overall well-being.

Mental health

RADHIKA ACHARYA, CONSULTANT CLINICAL PSYCHOLOGIST, DECCAN HOSPITAL, SOMAJIGUDA

AFTER the pandemic, mental health challenges became more prominent, leading to several key innovations, especially with the use of technology. The shift toward integrating digital tools into mental health programs has made interventions more accessible and effective. Combining technology with a human-centred approach has become crucial, as AI plays a significant role in diagnosing, analysing data, and guiding clinicians in treatment planning. Tools like chatbots and AI-powered apps offer immediate emotional support, helping reduce distress and improve overall well-being. As we move into 2025, the focus will continue to be on building resilience, emphasising its importance for long-term mental health success. Support groups, such as those for ADHD or schizophrenia, have gained more recognition, helping professionals facilitate meaningful connections and offer targeted support. Overall, technology remains a powerful enabler, working alongside human care to drive better outcomes in mental health.

Child wellness

DR VITTAL KUMAR KESIREDDY, CONSULTANT & IN CHARGE - DEPARTMENT OF PAEDIATRICS, CARE HOSPITALS, BANJARA HILLS

IN 2025, pediatric healthcare is set to undergo some exciting changes to improve outcomes and care. One key trend is using artificial intelligence (AI) for earlier detection of conditions like autism and ADHD. Using data from wearable devices, AI-powered tools help spot developmental delays sooner, enabling timely interventions. Telemedicine continues to grow, offering virtual mental health services that make support more accessible, especially for families in remote areas. Preventive care is also becoming more personalised, using genetic data to create tailored wellness programmes for children. On the treatment side, gene therapy is advancing for rare genetic disorders like Duchenne muscular dystrophy and spinal muscular atrophy, while immunotherapy, including CAR T-cell therapy, is improving paediatric cancer care. Vaccines are evolving too, with new RSV vaccines for infants and improved combination vaccines to reduce the number of injections while enhancing immunity. Precision medicine and digital tools are transforming how chronic conditions like ADHD and diabetes are managed, offering more personalised and effective treatments. These innovations are a shift towards more personalised, holistic care for children in 2025.

The Morning Standard • 11 Jan • Ministry of Ayush

Fit Bit

2 • PG | 601 • Sqcm | 288677 • AVE | 300K • Cir | Middle Right

Delhi

FITBIT

TADASANA GOOLF CHAKRA

(STANDING ANKLE ROTATION)

This is a foot and ankle exercise performed while standing on one leg in the Standing Wind Release Pose with hands on the waist, making it a balance-focused yoga practice. It is particularly beneficial for beginners or individuals with limited mobility, improving joint health and flexibility in the lower body. The practice focuses on ankle joints.

STEPS

- Begin in Tadasana with feet hip-width apart, hands on the waist, and take a couple of deep breaths.
- Roll the shoulders back, stretch the spine, broaden the chest, and keep the chin parallel to the floor. Ensure the head, neck, and back are aligned.
- Shift your weight onto the right foot. Inhale and bend the left knee, lifting the foot so the knee aligns with the hips, forming an L-shape.
- Once stable in the Standing Wind Release Pose with hands on the waist, begin rotating the ankle.
- Slowly rotate the left foot clockwise from the ankle, moving it through a full range of motion while avoiding rapid or jerky movements.
- Engage the core muscles to stabilise the body and maintain balance. Avoid leaning excessively in any direction.
- Perform around 10 slow and steady rotations clockwise, then repeat the same number of rotations anticlockwise. Sync movements with the breath, inhale during upward motion and exhale during downward motion.
- After completing rotations with the left foot, switch to the right leg and repeat the process.
- Conclude by returning to Mountain Pose with palms facing forward.

BENEFITS

- Stretches and strengthens ankle muscles, joints, and the feet and toes.
- Improves blood circulation to the feet.
- Strengthens the ankles, calves, and knee joints.
- Relieves cramps and varicose vein discomfort.
- Suitable for pregnant women, seniors, children, athletes, and dancers.
- Prepares muscles and joints for more advanced poses.
- Promotes breath awareness and calmness of mind.
- Enhances posture, digestion, and overall confidence.
- Supports recovery of injured ankles or post-surgery (with precautions) conditions.
- Included in therapy yoga for hip replacement recovery and back pain relief.

LIMITATIONS

- Avoid if you have injuries to the ankles, knees, or feet, recent hip or abdominal surgeries, weak bones, fibromyalgia, severe arthritis, or vertigo.
- Pregnant women should take appropriate precautions.
- Seniors can perform this exercise against a wall or using a chair for support.

By N Elumalai, PhD Scholar (Yoga Science) at Meenakshi Academy of Higher Education & Research, Chennai

The New Indian Express • 11 Jan • Ministry of Ayush

TADASANA GOOLF CHAKRA (STANDING ANKLE ROTATION)

2 • PG | 617 • Sqcm | 617154 • AVE | 177.8K • Cir | Top Right | City Express

Bengaluru

FITBIT

TADASANA GOOLF CHAKRA
(STANDING ANKLE ROTATION)

This is a foot and ankle exercise performed while standing on one leg in the Standing Wind Release Pose with hands on the waist, making it a balance-focused yoga practice. It is particularly beneficial for beginners or individuals with limited mobility, improving joint health and flexibility in the lower body. The practice focuses on ankle joints.

STEPS

- Begin in Tadasana with feet hip-width apart, hands on the waist, and take a couple of deep breaths.
- Roll the shoulders back, stretch the spine, broaden the chest, and keep the chin parallel to the floor. Ensure the head, neck, and back are aligned.
- Shift your weight onto the right foot. Inhale and bend the left knee, lifting the foot so the knee aligns with the hips, forming an L-shape.
- Once stable in the Standing Wind Release Pose with hands on the waist, begin rotating the ankle.
- Slowly rotate the left foot clockwise from the ankle, moving it through a full range of motion while avoiding rapid or jerky movements.
- Engage the core muscles to stabilise the body and maintain balance. Avoid leaning excessively in any direction.
- Perform 8-10 slow and steady rotations clockwise, then repeat the same number of rotations anticlockwise. Sync movements with the breath, inhale during upward motion and exhale during downward motion.
- After completing rotations with the left foot, switch to the right leg and repeat the process.
- Conclude by returning to Mountain Pose with palms facing forward.

BENEFITS

- Stretches and strengthens ankle muscles, joints, and the feet and toes.
- Improves blood circulation to the feet.
- Strengthens the ankles, calves, and knee joints.
- Relieves cramps and varicose vein discomfort.
- Suitable for pregnant women, seniors, children, athletes, and dancers.
- Prepares muscles and joints for more advanced poses.
- Promotes breath awareness and calmness of mind.
- Enhances posture, digestion, and overall confidence.
- Supports recovery for injured ankles or post-surgery (with precautions).
- Included in therapy yoga for hip replacement recovery and back pain relief.

LIMITATIONS

- Avoid if you have injuries to the ankles, knees, or feet, recent hip or abdominal surgeries, weak bones, fibromyalgia, severe arthritis, or vertigo.
- Pregnant women should take appropriate precautions.
- Seniors can perform this exercise against a wall or using a chair for support.

By N Elumalai, PhD Scholar (Yoga Science) at
Meenakshi Academy of Higher Education & Research, Chennai

The New Indian Express • 11 Jan • Ministry of Ayush

TADASANA GOOLF CHAKRA

2 • PG | 652 • Sqcm | 860013 • AVE | 246.4K • Cir | Top Right

Chennai

FITBIT

TADASANA GOOLF CHAKRA

(STANDING ANKLE ROTATION)

This is a foot and ankle exercise performed while standing on one leg in the Standing Wind Release Pose with hands on the waist, making it a balance-focused yoga practice. It is particularly beneficial for beginners or individuals with limited mobility, improving joint health and flexibility in the lower body. The practice focuses on ankle joints.

STEPS

- Begin in Tadasana with feet hip-width apart, hands on the waist, and take a couple of deep breaths.
- Roll the shoulders back, stretch the spine, broaden the chest, and keep the chin parallel to the floor. Ensure the head, neck, and back are aligned.
- Shift your weight onto the right foot. Inhale and bend the left knee, lifting the foot so the knee aligns with the hips, forming an L-shape.
- Once stable in the Standing Wind Release Pose with hands on the waist, begin rotating the ankle.
- Slowly rotate the left foot clockwise from the ankle, moving it through a full range of motion while avoiding rapid or jerky movements.
- Engage the core muscles to stabilise the body and maintain balance. Avoid leaning excessively in any direction.
- Perform 8-10 slow and steady rotations clockwise, then repeat the same number of rotations anticlockwise. Sync movements with the breath, inhale during upward motion and exhale during downward motion.
- After completing rotations with the left foot, switch to the right leg and repeat the process.
- Conclude by returning to Mountain Pose with palms facing forward.

BENEFITS

- Stretches and strengthens ankle muscles, joints, and the feet and toes.
- Improves blood circulation to the feet.
- Strengthens the ankles, calves, and knee joints.
- Relieves cramps and varicose vein discomfort.
- Suitable for pregnant women, seniors, children, athletes, and dancers.
- Prepares muscles and joints for more advanced poses.
- Promotes breath awareness and calmness of mind.
- Enhances posture, digestion, and overall confidence.
- Supports recovery for injured ankles or post-surgery (with precautions).
- Included in therapy yoga for hip replacement recovery and back pain relief.

LIMITATIONS

- Avoid if you have injuries to the ankles, knees, or feet, recent hip or abdominal surgeries, weak bones, fibromyalgia, severe arthritis, or vertigo.
- Pregnant women should take appropriate precautions.
- Seniors can perform this exercise against a wall or using a chair for support.

By N Elumalai, PhD Scholar (Yoga Science) at Meenakshi Academy of Higher Education & Research, Chennai

Dina Malar • 11 Jan • Ministry of Ayush

New High to Organic Items

12 • PG	63 • Sqcm	54259 • AVE	882.2K • Cir	Bottom Center

Chennai

Dainik Bhaskar • 11 Jan • Ministry of Ayush
Ayurved-Homeopathy ke doctor alopathy se karte the ilaaj

12 • PG | 1401 • Sqcm | 630250 • AVE | 92.28K • Cir | Top Center

Delhi

मरीजों की जान से खिलवाड़ • ये डॉक्टर 3-10 सालों से मरीजों का इलाज कर रहे थे

आयुर्वेद-होम्योपैथी के डॉक्टर एलोपैथी से करते थे इलाज, कंपाउंडर समेत 6 गिरफ्तार

भास्कर न्यूज | सूरत

सूरत में फर्जी डिग्रीधारी डॉक्टरों के पकड़ाने का सिलसिल रुक नहीं रहा। इस बार सचिन जीआईडीसी में बिना एलोपैथी डिग्री के प्रैक्टिस कर रहे पांच डॉक्टरों को पुलिस ने गिरफ्तार किया है। ये डॉक्टर पिछले तीन से दस सालों से मरीजों का इलाज कर रहे थे। या यह कह सकते है कि इंडस्ट्रियल क्षेत्र में श्रमिक मरीजों के जीवन से खेल रहे थे। सचिन जीआईडीसी के शीवनगर तलंगपुर रोड से विभिन्न क्लीनिकों की जांच के दौरान पटेल क्लीनिक, धरम पॉली क्लीनिक,ओम शिव क्लीनिक, प्रिंस क्लीनिक और डॉ. आर.डी. दुबे क्लीनिक पर छापे मारे गए। इस छापेमारी के दौरान यह पता चला कि इन डॉक्टरों के पास मान्य चिकित्सा डिग्री नहीं होने के बावजूद वे नियमित प्रैक्टिस कर रहे थे।

जांच के दौरान पुलिस ने 21,743 रुपए की दवाइयां और चिकित्सा उपकरण बरामद किए। सचिन जीआईडीसी पुलिस इंस्पेक्टर केए गोहिल ने बताया कि इन डॉक्टरों के अलावा कंपाउंडर भानुप्रताप को गिरफ्तार किया था। सुबह 8 बजे क्लीनिक खोलने के समय ही डॉक्टर पार्थ देबनाथ के आने से पहले पुलिस ने रेड की थी। जिसके बाद डॉक्टर क्लीनिक पर नहीं आया। शुक्रवार को दोपहर 3.30 बजे वो सामने से आ गया। इंडस्ट्रियल क्षेत्र में मरीजों के जीवन को खतरे में डालने वाले आरोपियों में 24 से 66 उम्र के पांच डॉक्टरों शामिल है।

किसके पास कौन सी डिग्रीः एलोपैथी का इलाज करने के लिए डिग्री नहीं है

1. **राकेश पटेलः** बीएचएमएस डॉक्टर की डिग्री के साथ एलोपैथी का इलाज कर रहा था।
2. **कमलेश पटेलः** बीएएमएस डॉक्टर की डिग्री के साथ एलोपैथी का इलाज कर रहा था।
3. **वीरेंद्र गुप्ताः** बीएचएमएस डॉक्टर की डिग्री के साथ एलोपैथी का इलाज कर रहा था।
4. **पार्थ देवनाथः** बीईएमएस डॉक्टर की डिग्री के साथ एलोपैथी का इलाज कर रहा था।
5. **राजदेव दुबेः** बीईएमएस डॉक्टर की डिग्री के साथ एलोपैथी का इलाज कर रहा था।
6. **भानुप्रतापः** कंपाउंडर के रूप में पार्थ देवनाथ की क्लीनिक पर लंबे समय से काम कर रहा था।

तीन साल पहले 66 वर्षीय राजदेव ने दोबारा से शुरू की थी प्रैक्टिस

पुलिस की कार्रवाई में गिरफ्तार 66 वर्षीय राजदेव ने तीन साल पहले ही दोबारा से प्रैक्टिस शुरू की थी। उसके पास बीईएमएस डिग्री है जो उसने साल 1993 में वलसाड के राजीव गांधी कॉलेज से प्राप्त की थी। उसके बाद से उसने प्रैक्टिस शुरू की थी। इस दौरा अपने बच्चों को भी उसने डॉक्टरी की पढ़ाई करवाई और उन्हें डॉक्टर बनवाया। राजदेव ने प्रैक्टिस बंद कर दी थी। लेकिन तीन साल पहले उसने दूसरी शादी की। उसकी 25 वर्षीय पत्नी गर्भवती है। दूसरी शादी करने के बाद दोबारा से प्रैक्टिस शुरू की।

Online Coverage

No	Portal Name	Headline (Incorporated with URL)	Reach
1.	News18	Mumbai Metro Lines 7 And 2A Get Nod For Full-Speed Operations	152.8M
2.	Hindustan Times	Mumbai Metro lines get green light for full-speed operations	124.6M
3.	Dainik Bhaskar	भोपाल में आयुष का टेंडर दिलाने के नाम पर ठगी: 1.25 करोड़ रुपए हड़पे; संविदा पर पदस...	66.5M
4.	News18 Hindi	मैग्नेटिक थेरेपी कई बीमारियों से दिला सकती है निजात! अलग-अलग समस्या के लिए हैं अ...	43.6M
5.	Times Now News	Mumbai Metro Lines 7 and 2A, Crucial for Easing Congestion, Get Approval for Ful...	35.4M
6.	Dailyhunt	Mumbai: Metro Line 7 (Red) And Line 2A (Yellow) Receive CCRS Safety Certificatio...	18.6M
7.	Dailyhunt	Mumbai Metro News: 7 And 2A Metro Lines Get Clearance For Full-Speed Operations	18.6M
8.	Dailyhunt	Mumbai Metro Line 7, 2A now ready to operate at full speed 18 months after launc...	18.6M
9.	Dailyhunt	Mumbai Metro Lines 7 And 2A Get Nod For Full-Speed Operations	18.6M
10.	Prokerala.com	Mumbai Metro Lines 7 and 2A get nod for full-speed operations	13M
11.	Dinamalar	ஆயுஷ் மருத்துவ படிப்பில் காலியிடம்: சேர மாணவர்களுக்கு அழைப்பு	11.9M
12.	ThePrint	Mumbai metro lines 7, 2A get CCRS certification for full-speed operations	11.3M
13.	Business Standard	Mumbai metro lines 7, 2A get CCRS certification for full-speed operations	8.1M
14.	Latestly	Mumbai Metro Lines 7 and 2A Get CCRS Nod for Full-Speed Operations	7.8M
15.	Latestly	Metro Lines 7 and 2A Get Nod for Full-Speed Operations	7.8M
16.	Jagran English	Mumbai Metro News: 7 And 2A Metro Lines Get Clearance For Full-Speed Operations	7.7M
17.	Mid-Day	Mid-Day Top News at this hour: Ram Lalla's first anniversary, Mumbai Metro's new...	7.5M
18.	Mid-Day	Mumbai metro lines 7 and 2A receive CCRS nod for full-speed operations	7.5M
19.	Mid-Day	Mumbai metro lines 7 and 2A receive CCRS nod for full-speed operations	7.5M
20.	ABP Live	Prataprao Jadhav On Buldhana Hair Fall : केस गळतीच्या संख्येत वाढ, आरोग्य पथ बों...	7.1M
21.	Free Press Journal	Mumbai: Metro Line 7 (Red) And Line 2A (Yellow) Receive CCRS Safety Certificatio...	6.4M
22.	Free Press Journal	MP: Firecrackers Brought For 1st Anniversary Of Ayodhya Ram Mandir"s Consecrati...	6.4M
23.	Daijiworld	Mumbai Metro Lines 7 and 2A get nod for full-speed operations	3M

24.	Curly Tales	Metro Lines 7 & 2A In Mumbai Get Safety Certification; Now Running At Full S...	2.1M
25.	News9 Live	Mumbai Metro Line 7, 2A now ready to operate at full speed 18 months after laun c...	1.4M
26.	Saamana	Mumbai Metro Line – 7 आणि 2A या दोन्ही मार्गांवर पूर्ण गतीने संचालनासाठी CCRS कड...	1.2M
27.	Social News XYZ	Mumbai Metro Lines 7 and 2A get nod for full-speed operations	415.2K
28.	HindusthanPost	Haryana तील पानीपत युद्धाला २६४ वर्ष पूर्ण होणार; पानीपतमध्ये जागवल्या जाणार मरा...	293.7K
29.	Press Trust of India	Mumbai metro lines 7, 2A get CCRS certification for full-speed operations	200.1K
30.	Sakshipost EN	Mumbai Metro Lines 7 and 2A get nod for full-speed operations	160.8K
31.	News Drum	Mumbai metro lines 7, 2A get CCRS certification for full-speed operations	158.4K
32.	My Mahanagar	Mumbai Metro : मुंबई मेट्रोने गाठला महत्त्वाचा टप्पा, मार्गिक 7 आणि 2 एला सीसीआर...	158.1K
33.	Lokmattimes.com	Mumbai Metro Lines 7 and 2A get nod for full-speed operations	94.3K
34.	Bhaskar Live	Mumbai Metro Lines 7 and 2A get nod for full-speed operations	46.5K
35.	Tennews.in	Mumbai Metro Lines 7 and 2A get nod for full-speed operations	9.1K
36.	Divya Bharat	Mumbai Metro Lines 7 And 2A Get Nod For Full-Speed Operations – News18	8.9K
37.	News Grid	आयुष विभाग का टेंडर दिलाने के नाम पर महिलाकर्मी ने हड़पे सवा करोड़	N/A
38.	Carawan	LEFT OUT Muslim Presence Lowest on Permanent, Ad Hoc Commissions	N/A
39.	Yes Punjab	Mumbai Metro Lines 7 and 2A get nod for full-speed operations	N/A
40.	Express Media Service	एच एम पी वी से लड़ने को आयुष विभाग बना रहा काढ़ा	N/A
41.	GalliNews	Full Speed Me Daudegi Ab Mumbai Metro 2A Aur 7 Line Ki Metro Trains, 80 Kmp h Ka ...	N/A
42.	कुल्लू टुडे	वीलिंग मे बालकों के अधिकारों व संरक्षण अधिनियम, योजनाओं पर जागरुकता शिविर का आयो...	N/A
43.	Trc News	आयुष विभाग का टेंडर दिलाने के नाम पर महिलाकर्मी ने हड़पे सवा करोड़ January 11, 202...	N/A
44.	Sakshi Khabar	आयुष विभाग का टेंडर दिलाने के नाम पर महिलाकर्मी ने हड़पे सवा करोड़	N/A
45.	Sarvam News	आयुष विभाग का टेंडर दिलाने के नाम पर महिलाकर्मी ने हड़पे सवा करोड़ News Desk On Ja...	N/A
46.	Hello Mumbai News	Mumbai Metro Lines 7 & 2A Get Safety Certificate for Full-Speed Operations,F...	N/A
47.	Kranti Beej	आयुष विभाग का टेंडर दिलाने के नाम पर महिलाकर्मी ने हड़पे सवा करोड़	N/A
48.	Janmorcha	आयुष विभाग का टेंडर दिलाने के नाम पर महिलाकर्मी ने हड़पे सवा करोड़	N/A
49.	Dangaltoday	आयुष विभाग का टेंडर दिलाने के नाम पर महिलाकर्मी ने हड़पे सवा करोड़	N/A
50.	Vishleshan	आयुष विभाग का टेंडर दिलाने के नाम पर महिलाकर्मी ने हड़पे सवा करोड़	N/A
51.	Mplive24	आयुष विभाग का टेंडर दिलाने के नाम पर महिलाकर्मी ने हड़पे सवा करोड़	N/A

52.	Voice Of Rights Hindi News Portal	आयुष विभाग का टेंडर दिलाने के नाम पर महिलाकर्मी ने हड़पे सवा करोड़	N/A
53.	Sameera	आयुष विभाग का टेंडर दिलाने के नाम पर महिलाकर्मी ने हड़पे सवा करोड़	N/A
54.	Moomal Art News	आयुष विभाग का टेंडर दिलाने के नाम पर महिलाकर्मी ने हड़पे सवा करोड़	N/A
55.	Globalherald.news	आयुष विभाग का टेंडर दिलाने के नाम पर महिलाकर्मी ने हड़पे सवा करोड़	N/A
56.	Redalertnews.in	आयुष विभाग का टेंडर दिलाने के नाम पर महिलाकर्मी ने हड़पे सवा करोड़	N/A
57.	Khulasa	आयुष विभाग का टेंडर दिलाने के नाम पर महिलाकर्मी ने हड़पे सवा करोड़	N/A
58.	Statebreaking	आयुष विभाग का टेंडर दिलाने के नाम पर महिलाकर्मी ने हड़पे सवा करोड़	N/A
59.	Satyaexpress	आयुष विभाग का टेंडर दिलाने के नाम पर महिलाकर्मी ने हड़पे सवा करोड़	N/A
60.	Ayush India News	आयुष विभाग का टेंडर दिलाने के नाम पर महिलाकर्मी ने हड़पे सवा करोड़	N/A
61.	Rajdhanihulchal	आयुष विभाग का टेंडर दिलाने के नाम पर महिलाकर्मी ने हड़पे सवा करोड़	N/A
62.	Samachar Pradesh Hindi News Portal	आयुष विभाग का टेंडर दिलाने के नाम पर महिलाकर्मी ने हड़पे सवा करोड़	N/A
63.	Samay Jagat	आयुष विभाग का टेंडर दिलाने के नाम पर महिलाकर्मी ने हड़पे सवा करोड़	N/A
64.	Daily World	Mumbai Metro Lines 7 and 2A get nod for full-speed operations -Agencies | Nation...	N/A
65.	Marathijagran	Mumbai Metro लाईन्स 7, 2A ला फुल-स्पीड ऑपरेशन्ससाठी मिळाले CCRS प्रमाणपत्र	N/A
66.	The Munsif Daily	Mumbai Metro Lines 7 and 2A Get Nod for Full-Speed Operations	N/A
67.	Today India News	Mumbai Metro Lines 7 and 2A get nod for full-speed operations	N/A
68.	Nation Press	Mumbai Metro Lines 7 and 2A Approved for Full-Speed Operations	N/A
69.	Newspoint	Mumbai Metro Lines 7 and 2A get nod for full-speed operations	N/A
70.	Mumbai Press News	Mumbai Metro Lines 7 and 2A get nod for full-speed operations	N/A
71.	Today News 24	Mumbai Metro Lines 7 and 2A Get CCRS Nod for Full-Speed Operations	N/A
72.	Sakshi Post	Mumbai Metro Lines 7 and 2A get nod for full-speed operations	N/A
73.	India Online Mart	Mumbai Metro Lines 7 and 2A get nod for full-speed operations	N/A
74.	Thefreedompress	Mumbai Metro Lines 7 and 2A get nod for full-speed operations	N/A
75.	Thenewsindia	कलेक्टर ने मेडिकल मोबाईल यूनिट को दिखाई हरी झंडी	N/A
76.	The Top Ten News	उत्तराखण्ड आयुर्वेद विश्वविद्यालय ने पिछले एक वर्ष में भगंदर रोग से ग्रसित 182 ल...	N/A
77.	BharatKi Baat	BSF introduces beautician program for women near Jammu's international border.	N/A
78.	BharatKi Baat	CM Adityanath directs officials to operate buses from all UP districts to Prayag...	N/A

79.	BharatKi Baat	Mumbai Metro Lines 7 and 2A receive CCRS certification for full-speed operations ...	N/A
80.	लीजेंड न्यूज़	महाकुंभ 2025: साधु संतों के लिए आयुर्वेद व होम्योपैथिक के 20 अस्थाई अस्पताल तैय...	N/A
81.	Jk Updates	Direct Recruitment National Institute of Sowa Rigpa NISR	N/A
82.	Newsr	Mumbai metro lines 7 and 2A receive CCRS nod for full-speed operations	N/A
83.	The Kashmir Pulse	Pulwama celebrates 10th International Yoga Day with enthusiasm	N/A
84.	OB News	MP: Firecrackers Brought For 1st Anniversary Of Ayodhya Ram Mandir's Consecr atio...	N/A
85.	The Mobi World	MP: Firecrackers Brought For 1st Anniversary Of Ayodhya Ram Mandir"s Consecr ati...	N/A
86.	New India	विश्वविद्यालय में स्थापित किया जाएगा होम्योपैथी शोध केन्द्र	N/A
87.	Express Media Service	परंपरागत एवं आधुनिक चिकित्सा में समन्वय की जरूरत (लेखक - ललित गर्ग/ईएमएस)	N/A
88.	Newspoint	MP: Firecrackers Brought For 1st Anniversary Of Ayodhya Ram Mandir"s Consecr ati...	N/A
89.	TaxGuru	Aorom Herbotech's herbal cigarettes not medicinal products: GST AAAR Gujarat	N/A
90.	Pharmabiz.com	Dr D Ramanathan wins Dhanwanthari Award for his contributions to Ayurveda	N/A
91.	True Hunt	2000 Street Food Vendors To Join In FSSAI Swachha Aahar Sankalp	N/A