





Government of India
Ministry of Ayush

सत्यमेव जयते

MINISTRY OF AYUSH COMPILED MEDIA REPORT 12 Feb, 2025 – 13 Feb, 2025

 **Total Mention 233**

 Print	Financial	Mainline	Regional	Periodical
16	1	12	2	1
 Online				

217

 Print

No	Newspaper	Headline	Edition	Pg
1.	Mint	NHA plans U-WIN integration with immunity scheme	Hyderabad	2
2.	The Times of India	Homeopathy panel chief's appointment junked by SC	Delhi	15
3.	The Morning Standard	Is doing Zumba enough or should I do other exercises for a more balanced routine	Delhi	2
4.	The Morning Standard	Fit Bit	Delhi	2
5.	The New Indian Express	SUKHASANA NECK ROTATION	Chennai	2
6.	The New Indian Express	Homoeopathy commission chief told to step down	Chennai	11
7.	The New Indian Express	SUKHASANA NECK ROTATION (EASY POSE NECK ROTATION)	Bengaluru	2
8.	Punjab Express	Ayush Ministry Social Justice Dept to boost healthcare of elderly and fight social abuse	Chandigarh	6
9.	The Pioneer	Ayush Ministry, social justice department sign MoU for senior citizens	Chandigarh + 2	4
10.	Political & Business Daily	Ayush Ministry, Social Justice Dept to boost healthcare of senior citizens	Bhubaneshwar	7
11.	The Daily Guardian	Supreme Court quashes appointment of chairperson of National Commission for Homeopathy	Delhi	10
12.	Deccan Chronicle	Ayush ministry signs MoU for well-being of sr citizens	Chennai	4
13.	The Asian Age	Ayush ministry signs MoU for well-being of sr citizens	Delhi	4
14.	Business Today	PM's Mission: India's Strategic Battle Against Obesity	National	59
15.	Jansatta	Bujurgon ke kalyan ko Ayush Mantralya v samajik nayaye vibhag mein samjhuta	Delhi	8
16.	Virat Vaibhav	Ayush Ministry and samajik nayaye vibhag ke beech hua karat	Delhi	4

Mint • 13 Feb • Ministry of Ayush
NHA plans U-WIN integration with immunity scheme

2 • PG

173 • Sqcm

43303 • AVE

45K • Cir

Top Right

Hyderabad

NHA plans U-WIN integration with immunity scheme

Priyanka Sharma

priyanka.sharma@livemint.com

NEW DELHI

The National Health Authority (NHA) has asked the health ministry to integrate the Universal Immunization Win (U-WIN) platform with the Unified Health Interface (UHI).

This is similar to the approach adopted for CoWIN when vaccination slots were booked during the covid epidemic and will help people discover vaccination services. Efforts are being made to book vaccination slots using any mobile application, such as Paytm and PhonePe.

UHI is a component of the Ayushman Bharat Digital Mission (ABDM) that has been developed as an open network to enable interoperability across digital health services. UHI enables healthcare providers across multiple digital platforms to be discoverable to people using any UHI-enabled end-user application.

"UHI integration will further strengthen the immunization ecosystem as these services can be made available to citizens across many consumer applications. This would not only impact the 74 million beneficiaries registered on U-WIN, but also expand access for unregistered beneficiaries through other ABDM-enabled solutions, aiding the programme's adoption. In this regard, it is



U-WIN ensures real-time vaccination tracking.

AP

highly recommended that U-WIN, the national immunization programme, becomes UHI-enabled," Kiran Gopal Vaska, joint secretary, NHA, said in a letter on 10 February to the health ministry, seen by *Mint*.

U-WIN is a major technological tool of the health ministry for ensuring real-time vaccination tracking and improving immunization coverage for eligible beneficiaries such as pregnant women, infants and children. Till 31 January, UWIN had created 955,000 Ayushman Bharat health accounts (ABHAs) and linked 240,000 vaccination records from 19,184 health facilities across all states and Union Territories.

"In order to further expand the citizens access to the U-WIN, it is proposed that U-WIN integrates with UHI," Vaska said.

For an extended version of this story, go to livemint.com.

The Times of India • 13 Feb • Ministry of Ayush
Homeopathy panel chief's appointment junked by SC

15 • PG

65 • Sqcm

266605 • AVE

4.69M • Cir

Top Center

Delhi

Homeopathy panel chief's appointment junked by SC

New Delhi: Supreme Court on Wednesday quashed appointment of Dr N K Khurana as the chairperson of National Commission for Homeopathy (NCH), who is six months shy of completing his four-year term, finding that he did not meet the eligibility criteria and indicted AYUSH secretary for declaring Khurana eligible, reports **Dhananjay Mahapatra**.

The appointment of Khurana, whose term was to end in July this year, was set aside by a single judge bench of Karnataka HC but he continued in the post as the single judge's decision was reversed by a division bench of the HC. On the appeal filed by Dr Amaragouda L Patil, an unsuccessful contender for the chairman's post, a bench of Justices Dipankar Datta and Manmohan said the then AYUSH secretary, without any material, had in 2021 misled the selection committee that Khurana had the required experience when in reality he did not.

Ordering Khurana to step down from the post in a week, the bench asked govt to initiate a fresh process for selection of chairperson for NCH.

The Morning Standard • 13 Feb • Ministry of Ayush

Is doing Zumba enough or should I do other exercises for a more balanced routine

2 • PG

277 • Sqcm

132938 • AVE

300K • Cir

Middle Center

Delhi



MISS-FIT
Wanitha Ashok

Wanitha Ashok is a Fit India Movement ambassador and celebrity fitness coach

Is doing Zumba enough or should I do other exercises for a more balanced routine?

Zumba is a good cardiovascular workout that helps burn calories while you are having fun. It's essential to incorporate other exercises to ensure a well-rounded fitness routine.

Aim to do 2-3 Zumba classes a week with at least one day of rest in between. Incorporate 2-3 sessions of strength training exercises targeting all major muscle groups. Include static stretching and other flexibility exercises post workout every day. You can even consider swapping one Zumba class with a yoga or Pilates session.

For strength training, incorporate body weight and external resistance training using various props to build strength, muscle mass, and bone density. They help tone the body.

Yoga and Pilates are good flexibility exercises which help joints move in a full range of motion and keep the muscles supple and elongated which prevents injuries.

Include core strengthening exercises to improve overall core strength and stability. Incorporating functional training exercises, such as squats, lunges, or step-ups, can help improve overall functional fitness.

ASK AN EXPERT

The Morning Standard • 13 Feb • Ministry of Ayush

Fit Bit

2 • PG

608 • Sqcm

291735 • AVE

300K • Cir

Middle Right

Delhi

FITBIT

SUKHASANA NECK ROTATION

(EASY POSE NECK ROTATION)

This is a variation of neck exercises done while seated in Sukhasana (Easy Pose). This can be included as part of warm-up routine before moving into the variations of Easy Pose, or as part of cooling down routine, after intense shoulder and neck exercises. At the beginner level, this practice can be included in therapeutic yoga to help release neck stiffness. As it can be done anywhere, anytime, this simple exercise can help reduce the heaviness or stiffness at the neck and shoulders caused due to long hours at the desk, and even for those whose profession demands constant stretching of the cervical neck.

STEPS

- Start the practice seated on the floor or chair in Easy Pose.
- Bring your awareness to your breath, and stay here as you lengthen your spine for about three to four breaths.
- Rest your palms firmly on your knees, or adopt Gyan Mudra, placing your hands on your respective knees.
- Gently exhale and rotate your neck anticlockwise five to seven times. Pause for one or two seconds, then repeat the rotation clockwise five to seven times.
- Ensure the movement is slow and smooth, without jerks. If you experience any discomfort while rotating, hold that position for a moment and breathe deeply.
- This will help release any tightness or stiffness. You may wish to repeat this movement to fully relax that part of your neck or shoulder.
- To release, stop the rotation, and bring the head back to neutral position.
- Continue with other variations to fully release any tightness or stiffness in your neck and shoulders.

BENEFITS

- Stretches and strengthens neck and shoulder muscles, improving flexibility.
- Stretches the spine, preventing back stiffness.
- Helps prevent sudden jerk-related pains.
- Consistent practice helps the practitioners identify areas of stiffness.
- Addresses the root causes of neck stiffness or pain.
- This pose can be therapeutic for those confined to bed due to illness.
- This pose provides relief from shoulder and upper back soreness.
- Soothes those recovering from sports injuries in the shoulders, arms, neck, or lower back.
- With coordinated breathing this practice enhances relaxation, synchronising mind and body.
- Reduces stiffness, increasing awareness of the neck, shoulders, upper back, and arms.
- This practice helps calm the mind by releasing physical tension and pain in the body.
- With increased physical ease, breathing automatically improves, positively influencing the nervous system.
- Better circulation helps rejuvenate spinal nerves, leading to positive signals being sent to the brain.

LIMITATIONS

- Practitioners with recent injury or surgery to their neck or shoulders, should avoid this practice.
- Those who find sitting difficult, especially seniors or individuals with arthritis, take it easy with this pose.
- Individuals with conditions such as severe shoulder or neck pain should consult a yoga instructor before attempting this pose, or avoid it.



By N Elumalai, PhD Scholar (Yoga Science) at
Meenakshi Academy of Higher Education & Research, Chennai

The New Indian Express • 13 Feb • Ministry of Ayush

SUKHASANA NECK ROTATION

2 • PG

663 • Sqcm

875766 • AVE

246.4K • Cir

Top Center

Chennai

FITBIT

SUKHASANA NECK ROTATION

(EASY POSE NECK ROTATION)

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STEPS

- Start the practice seated on the floor or chair in Easy Pose.
- Bring your awareness to your breath, and stay here as you lengthen your spine for about 3-4 breaths.
- Place the palms firmly on the knees or do Gyan Mudra, placing your hands on respective knees.
- Gently exhale, and rotate the neck in one direction, let's say in anticlockwise for at least 5-7 times. Take 1-2 seconds pause and then repeat clockwise for again 5-7 times.
- Ensure the movement is slow, without jerks. While rotating if you find any discomfort, then hold that position for sometime, and breathe deep.
- This will help release the tightness or stiffness. You may want to repeat this again, to completely feel relaxed with that part of the neck or shoulder.
- To release, stop the rotation, and bring the head back to neutral position.
- Continue with the practice of other variations to completely free the neck and shoulders from any kind of tightness or stiffness.

BENEFITS

- Stretches and strengthens the muscles around the neck and shoulders; brings flexibility.
- Stretches the spine avoiding the stiffness in the back.
- Helps avoid sudden jerk-related pains.
- Repeated practise helps students understand where the stiffness is.
- Root causes of stiffness or pain in the neck can be addressed.
- Therapeutic for those students who are sick and need to spend most of their time in bed.
- Can help relax the shoulders and upper back due to soreness.
- Those who are recovering from a sports injury in the shoulders, arms, neck or even lower back would find this practice soothing.
- When coordinated with proper breathing can be relaxing to the mind too, bringing mind and body in sync.
- When the stiffness reduces, it brings awareness to the neck, shoulders, upper back and arms.
- The mind is also calmed down as the body is being released from the tightness or pain.
- More the physical body feels at ease, breathing also automatically improves, which has a direct impact on the nerves.

LIMITATIONS

- Students with any recent injury or surgery at the neck or shoulders, avoid this practice.
- Those who are not able to sit, especially seniors, or having issues related to arthritis, should take it easy.
- Those with any physical conditions like extreme shoulders or neck pain, should get the guidance of a yoga expert before practising it or avoid the pose.



By N Elumalai, PhD Scholar (Yoga Science) at
Meenakshi Academy of Higher Education & Research, Chennai

The New Indian Express • 13 Feb • Ministry of Ayush
Homoeopathy commission chief told to step down

11 • PG

156 • Sqcm

206396 • AVE

246.4K • Cir

Bottom Center

Chennai

Homoeopathy commission chief told to step down

SUCHITRA KALYAN MOHANTY

@ New Delhi

THE Supreme Court on Wednesday directed the chairperson of the National Commission for Homoeopathy, Dr Anil Khurana, to step down from his post, after noting that the appointment was not in accordance with law.

Setting aside a Karnataka High Court order, a two-judge SC bench comprising Justices Dipankar Datta and Manmohan, directed Dr Khurana to leave the office in a week.

“The respondent (Dr Khurana) shall step down from the office of the chairperson from a week from today to enable him to complete his assignment, however without taking any policy decision involved with finances. Fresh process shall be initiated for appointment of the office of chairperson expeditiously,” the bench said.

The SC passed the order after hearing a plea filed by Dr Amaragouda L Patil challenging Dr Khurana’s appointment.

The New Indian Express • 13 Feb • Ministry of Ayush SUKHASANA NECK ROTATION (EASY POSE NECK ROTATION)

2 • PG

605 • Sqcm

605080 • AVE

177.8K • Cir

Top Right

City Express

Bengaluru

FITBIT

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- Students with any recent injury or surgery at the neck or shoulders should avoid this practice.
- Those who are not able to sit (especially seniors) or having issues related to arthritis, should take it easy.
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By N Elumalai, PhD Scholar (Yoga Science) at
Meenakshi Academy of Higher Education & Research, Chennai

Punjab Express • 13 Feb • Ministry of Ayush

Ayush Ministry Social Justice Dept to boost healthcare of elderly and fight social abuse

6 • PG

693 • Sqcm

138678 • AVE

348.98K • Cir

Middle Center

Chandigarh

Ayush Ministry, Social Justice Dept to boost healthcare of elderly and fight social abuse

The Ministry of Ayush and the Department of Social Justice and Empowerment (DoSJE) on Wednesday signed a Memorandum of Understanding (MoU) at the national capital, to improve the well-being of senior citizens and address the growing concern of substance abuse.

The strategic partnership seeks to implement Ayush-based interventions to promote geriatric healthcare and combat substance abuse.

As part of the MoU, both Ministries committed to working together on various initiatives, including awareness programmes, capacity-building for service providers and the establishment of geriatric health and de-addiction units under Ayush autonomous bodies.

“Geriatric healthcare and substance abuse are critical areas that require special focus, especially as we face



an ageing population and growing concerns around addiction. This collaboration between the Ministry of Ayush and the Department of Social Justice and Empowerment represents a significant step towards addressing these challenges. By leveraging the

holistic approach of Ayush systems alongside social welfare initiatives, we aim to empower our senior citizens and those affected by substance abuse,” said Prataprao Jadhav, Union Minister of State (IC), Ministry of Ayush.

Union Minister of State,

Ministry of Social Justice and Empowerment, Shri B L Verma, underlined “the development of elderly-specific training modules, treatment protocols, yoga training programmes, sharing of preventive and curative practices, etc., under the MoU”.

These programmes “will go a long way in enabling our senior citizens to lead a healthy life,” he said.

The key objectives include developing cooperation, convergence, and synergy between the Ministry of Ayush and DoSJE to foster innovative initiatives for promoting the health of senior citizens, reducing the demand for drugs, addressing substance abuse, and aiding mental rehabilitation.

Further, the MoU will encourage research in the areas of geriatric health, substance abuse, and mental health, with a focus on exploring the therapeutic benefits of traditional healthcare practices.

The MoU marks a significant milestone in India’s healthcare journey, combining the strengths of both Ayush systems and social justice initiatives to create a healthier and more inclusive society.

IANAS

The Pioneer • 13 Feb • Ministry of Ayush

Ayush Ministry, social justice department sign MoU for senior citizens

4 • PG

309 • Sqcm

185464 • AVE

268.96K • Cir

Middle Center

Chandigarh • Bhubaneshwar • Delhi

Ayush Ministry, social justice department sign MoU for senior citizens

PIONEER NEWS SERVICE ■
NEW DELHI

Ministry of Ayush and Department of Social Justice and Empowerment signed a MoU on Wednesday to improve the well-being of senior citizens and address the growing concern of substance abuse. This strategic partnership seeks to implement Ayush-based interventions to promote geriatric healthcare and combat substance abuse, Union Ayush Minister Prataprao Jadhav said. He said the Memorandum of Understanding (MoU) is a pioneering step to develop cooperative initiatives for health promotion among senior citizens and those affected by substance abuse.



Photo: File photo

"Geriatric healthcare and substance abuse are critical areas that require special focus, especially as we face an ageing population and growing concerns around addiction," Jadhav said.

This collaboration between the Ministry of Ayush and the Department of Social Justice and Empowerment (DoSJE) represents a significant step towards addressing these chal-

lenges.

"By leveraging the holistic approach of Ayush systems alongside social welfare initiatives, we aim to empower our senior citizens and those affected by substance abuse," the Minister stated.

While addressing the gathering, Union Minister of State for Social Justice and Empowerment B L Verma, said, "Under the visionary leadership of Prime Minister Narendra Modi, our government has taken several steps to ensure the welfare of our senior citizens.

The signing of the MoU with the Ministry of Ayush will benefit our senior citizens in a big way.

"The development of elderly-specific training modules, treat-

ment protocols, yoga training programs, sharing of preventive and curative practices, etc, under the MoU will go a long way in enabling our senior citizens to lead a healthy life. By joining hands with the Ministry of Ayush, I am sure that together we can provide comprehensive services to the community," Verma said.

By leveraging the strengths of Ayush systems, both ministries committed to working together on various initiatives, including awareness programmes, capacity-building for service providers and the establishment of geriatric health and de-addiction units under Ayush autonomous bodies.

Key objectives of the MoU include developing coopera-

tion, convergence and synergy between the Ministry of Ayush and DoSJE to foster innovative initiatives for promoting the health of senior citizens, reducing the demand for drugs, addressing substance abuse and aiding mental rehabilitation. This will be achieved through the generation of awareness and capacity-building of service providers using Ayush systems. It also includes encouraging research in the areas of geriatric health, substance abuse and mental health, with a focus on exploring the therapeutic benefits of traditional healthcare practices and supporting additional activities for health promotion tailored to both the geriatric population and individuals affected by substance abuse.

Political & Business Daily • 13 Feb • Ministry of Ayush
Ayush Ministry, Social Justice Dept to boost healthcare of senior citizens

7 • PG

187 • Sqcm

46783 • AVE

125K • Cir

Middle Left

Bhubaneshwar

Ayush Ministry, Social Justice Dept to boost healthcare of senior citizens

NEW DELHI, FEB 12

THE Ministry of Ayush and the Department of Social Justice and Empowerment (DoSJE) on Wednesday signed a Memorandum of Understanding (MoU) at the national capital, to improve the well-being of senior citizens and address the growing concern of substance abuse.

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grammes, capacity-building for service providers and the establishment of geriatric health and de-addiction units under Ayush autonomous bodies.

"Geriatric healthcare and substance abuse are critical areas that require special focus, especially as we face an ageing population and growing concerns around addiction. This collaboration between the Ministry of Ayush and the Department of Social Justice and Empowerment represents a significant step towards addressing these challenges. By leveraging the holistic approach of Ayush systems alongside social welfare initiatives, we aim to empower

our senior citizens and those affected by substance abuse," said Prataprao Jadhav, Union Minister of State (IC), Ministry of Ayush.

Union Minister of State, Ministry of Social Justice and Empowerment, Shri B L Verma, underlined "the development of elderly-specific training modules, treatment protocols, yoga training programmes, sharing of preventive and curative practices, etc., under the MoU".

These programmes "will go a long way in enabling our senior citizens to lead a healthy life," he said.

The key objectives include developing cooperation, convergence, and

synergy between the Ministry of Ayush and DoSJE to foster innovative initiatives for promoting the health of senior citizens, reducing the demand for drugs, addressing substance abuse, and aiding mental rehabilitation.

Further, the MoU will encourage research in the areas of geriatric health, substance abuse, and mental health, with a focus on exploring the therapeutic benefits of traditional healthcare practices.

The MoU marks a significant milestone in India's healthcare journey, combining the strengths of both Ayush systems and social justice initiatives to create a healthier and more inclusive society. —PTI

The Daily Guardian • 13 Feb • Ministry of Ayush
Supreme Court quashes appointment of chairperson of National
Commission for Homeopathy

10 • PG

235 • Sqcm

23477 • AVE

N/A • Cir

Bottom Left

Delhi

Supreme Court quashes appointment of chairperson of National Commission for Homeopathy

TDG NETWORK
NEW DELHI

The Supreme Court in the case Dr. Amaragouda L Versus Union Of India And Ors observed and has allowed a civil appeal filed challenging the appointment of Dr. Anil Khurana as the chairperson of the National Commission for Homeopathy.

The bench comprising of Justice Dipankar Datta and Justice Manmohan was hearing the present matter.

The bench in the case held that the of Dr. Anil Khurana as the chairperson of the National Commission for Homeopathy was not in accordance with the law and directed Dr. Khurana to leave the office within a week.

The court in its order stated:

‘The Respondent shall stepdown from the office of Chairperson forthwith. By forthwith, we mean a week

from today to enable him to complete his assignment however without taking any policy decision involved with finances. Therefore, the fresh process shall be initiated for appointment of the office of chairperson expeditiously and the benefits received by the 3rd Respondent are not touched. However, fruit of benefit shall go to him on the basis of service rendered him as chairperson.’

Background of the Case:

The petitioner filed a writ petition before the Karnataka High Court, wherein challenging the appointment of Dr. Khurana and appointment of Dr. K.R. Janardanan Nair as the President of the Medical Assessment and Rating Board of the National Commission for Homeopathy.

The petitioner, who was an applicant for both posts, challenged the appointments on grounds that the

two Respondents did not possess the requisite experience required under Section 4(2) and Section 19 of the National Commission for Homeopathy Act, 2020, respectively.

The section 4(2) of the National Commission for Homeopathy Act, 2020 defines the qualification of Chairman and read as: ‘The Chairperson shall be a person of outstanding ability, proven administrative capacity and integrity, possessing a postgraduate degree in Homeopathy from a recognized University and having experience of not less than twenty years in the field of Homeopathy, out of which at least ten years shall be as a leader in the area of healthcare delivery, growth and development of Homeopathy or is education.’

Therefore, the term ‘leader’ means the Head of a Department or the Head of an Organisation. Justice N S San-

jay Gowda of the High Court upheld the appointment of Nair but allowed the challenge to the appointment of Dr. Khurana for lacking the years of experience required.

Further, it has been stated that, ‘In order to be the Chairperson of the National Commission for Homeopathy, a person should have 20 years’ experience in the field of Homeopathy and out of these 20 years, he should have been a Head of the Department or the Head of an Organisation in the area of Healthcare delivery, growth and development of Homeopathy or its education.’

It being only in respect of the period when Dr. Anil Khurana worked as the Director General (in-charge) from August 2017 to April 2018 and as the Director General from July 2019 to till 2021, can he be considered as a leader, as envisaged under the provisions of the Act.

Deccan Chronicle • 13 Feb • Ministry of Ayush
Ayush ministry signs MoU for well-being of sr citizens

4 • PG

185 • Sqcm

326165 • AVE

1.15M • Cir

Bottom Center

Chennai

Ayush ministry signs MoU for well-being of sr citizens

DC CORRESPONDENT
NEW DELHI, FEB. 12

The ministry of Ayush and the department of Social Justice and Empowerment (DoSJE) on Wednesday signed a memorandum of understanding (MoU) to improve the well-being of senior citizens and address the growing concern of substance abuse.

Union minister for Ayush Prataprao Jadhav said that this strategic partnership seeks to implement Ayush-based interventions to promote geriatric healthcare and combat substance abuse.

Mr Jadhav noted that MoU is a pioneering step to develop cooperative initiatives for health promotion among senior citizens and those affected by substance abuse.

“Geriatric healthcare

▶ **MINISTER NOTED** that MoU is a pioneering step to develop cooperative initiatives for health promotion among senior citizens and those affected by substance abuse

and substance abuse are critical areas that require special focus, especially as we face an ageing population and growing concerns around addiction,” the Ayush minister said and mentioned that this collaboration between the Ayush ministry and DoSJE represents a significant step towards addressing these challenges. “By leveraging the holistic approach of Ayush systems alongside social welfare initiatives, we aim to empower our senior citizens and those affected by substance abuse,” Mr Jadhav said.

While addressing the gathering, the Union minister of state for social justice and empowerment B.L. Verma, said, “Under the visionary leadership of Prime Minister Narendra Modi, our government has taken several steps to ensure the welfare of our senior citizens. The signing of the MoU with the ministry of Ayush will benefit our senior citizens in a big way.”

“The development of elderly-specific training modules, treatment protocols, yoga training programs, sharing of preventive and curative practices, etc, under the MoU will go a long way in enabling our senior citizens to lead a healthy life. I am sure that together we can provide comprehensive services to the community,” Mr Verma said.

The Asian Age • 13 Feb • Ministry of Ayush
Ayush ministry signs MoU for well-being of sr citizens

4 • PG

191 • Sqcm

133415 • AVE

389.96K • Cir

Middle Center

Delhi

Ayush ministry signs MoU for well-being of sr citizens

AGE CORRESPONDENT
NEW DELHI, FEB. 12

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Business Today • 13 Feb • Ministry of Ayush PM's Mission: India's Strategic Battle Against Obesity

59 • PG

543 • Sqcm

232569 • AVE

975K • Cir

Inside Page (Magazine only)

National

FOCUS HEALTHCARE

PM's Mission: India's Strategic Battle Against Obesity



India stands at a pivotal crossroads in its struggle against obesity, a burgeoning public health crisis that threatens not only individual well-being but also the nation's economic and social fabric. Recognizing the severity of the issue, Prime Minister Narendra Modi Ji has spearheaded initiatives advocating for a 10% reduction in edible oil consumption, underscoring the necessity of dietary awareness. Yet, the challenge of obesity extends far beyond personal responsibility; it is a systemic issue demanding structural reform, public health initiatives, and the revival of time-honoured Ayurvedic wisdom.

This silent epidemic, left unchecked, risks undermining India's productivity, overburdening healthcare resources, and compromising the future generations' well-being. Thus, addressing obesity necessitates a multidimensional strategy—one that integrates stringent policy interventions with Ayurveda's holistic approach to health and nutrition.

CHILDHOOD OBESITY: A TICKING TIME BOMB

Particularly alarming is the escalation of childhood obesity, which poses long-term health consequences that will reverberate across generations. The proliferation of energy-dense, nutrient-poor fast food, coupled with increasingly sedentary lifestyles and excessive screen time, has resulted in deleterious dietary habits among children. By 2026, an estimated 14 million Indian children will be classified as overweight, rendering them susceptible to chronic diseases such as diabetes, cardiovascular conditions, and metabolic disorders in adulthood.

The role of education in reversing this trend cannot be overstated. Parents, educators, and policymakers must prioritize nutritional literacy and physical activity, instilling lifelong habits that promote well-being. Schools should integrate structured health curricula that emphasize mindful eating and encourage active lifestyles, thereby fostering a culture of health-consciousness from an early age.

POLICY REFORMS IN FOOD PROCESSING AND THE RESTAURANT INDUSTRY

To counteract obesity's meteoric rise, the government must exercise regulatory oversight over the food industry, particularly in restaurant chains and food processing units. Among the most pressing concerns

is the widespread use of oxidized refined oils—by products of repeated frying—which generate harmful compounds detrimental to public health.

Why is this reform imperative? The consumption of degraded oils has been linked to:

- Elevated LDL cholesterol, exacerbating the risk of cardiovascular disease
- Impaired kidney function, fatty liver disease and Cancerous and malignant growths
- Increased obesity prevalence and metabolic disorders
- Hypertension and other chronic conditions

To mitigate these risks, the government should mandate that food establishments:

1. Utilize only fresh, nutritionally beneficial oils.
2. Reduce oil content in food preparation by at least 10%.
3. Prohibit the reuse of fried oils, which degrade into carcinogenic substances.

Implementing such measures would not only enhance public health but also alleviate the economic burden posed by obesity-related illnesses.

THE ECONOMIC TOLL OF OBESITY

Obesity is not merely a health challenge—it imposes significant economic costs. The Lancet reports that obesity-related diseases account for billions of dollars in healthcare expenditures and lost productivity globally. In India, the economic ramifications are particularly severe, as obesity contributes to:

- Diminished workplace efficiency due to lethargy and reduced cognitive function
- Increased absenteeism linked to obesity-related ailments
- Escalating healthcare expenditures, straining an already burdened medical infrastructure

Preventative strategies—such as dietary regulations, public awareness initiatives, and workplace wellness programs—are demonstrably more cost-effective than the exorbitant expenses associated with treating obesity-related diseases. A national framework emphasizing prevention, rather than post-diagnosis intervention, is therefore indispensable.

AYURVEDA: THE INDIGENOUS ANSWER TO OBESITY

While contemporary medicine grapples with obesity through pharmaceutical interventions and surgical procedures, India's own ancient tradition—Ayurveda—offers a holistic, sustainable solution. Unlike transient diet fads, Ayurveda advocates for long-term well-being through personalized nutrition, mindful eating, and natural remedies.

Nutritional Guidance Based on Prakriti (Body Constitution)

Ayurveda classifies individuals into three

doshas Vata, Pitta, and Kapha, each governing different metabolic processes. Obesity is often linked to an imbalance in Kapha dosha, which results in sluggish digestion and excessive fat accumulation. To counteract this, Ayurvedic principles recommend:

- Consuming light, warm, and easily digestible foods
- Avoiding heavy, greasy, and excessively sweet items
- Incorporating metabolism-boosting spices such as turmeric, ginger, and black pepper

The Power of Ayurvedic Herbs in Weight Management

Ayurveda prescribes numerous herbs renowned for their metabolic and digestive benefits.

- Triphala – A potent detoxifier that enhances digestion and aids in fat metabolism
- Guggulu – Regulates cholesterol levels and reduces adipose tissue accumulation
- Methi (Fenugreek) – Helps control blood sugar and curb cravings

Daily Ayurvedic Rituals for Weight Management

Simple lifestyle modifications rooted in Ayurveda can significantly enhance metabolic efficiency

- Drinking warm water with lemon and honey each morning to stimulate digestion
- Practicing yoga and pranayama to improve circulation and reduce stress-induced overeating
- Maintaining consistent meal timings to support digestive health and energy balance

A CALL FOR HOLISTIC REFORM: THE PATH FORWARD

Under the astute leadership of Prime Minister Narendra Modi Ji India is uniquely positioned to address this crisis through a synergistic approach that blends policy innovation with its rich Ayurvedic heritage. The government must take decisive steps to regulate the food industry, ensuring that citizens are not unwittingly exposed to harmful, oxidized oils and excessive trans fats. Implementing stringent quality standards in food production and restaurant operations is an urgent necessity.

The fight against obesity is not merely a battle for physical health—it is a struggle to preserve national productivity, economic stability, and the well-being of future generations. The time for passive observation has passed. India must rise to the occasion, wielding a dual arsenal of modern regulatory frameworks and the ancient, time-tested principles of Ayurveda. Only through such a comprehensive strategy can the nation reclaim its health and forge a path toward a more vibrant, sustainable future.

By: Monica B Sood



Jansatta • 13 Feb • Ministry of Ayush

Bujurgon ke kalyan ko Ayush Mantralya v samajik nayaye vibhag mein samjhuta

8 • PG

143 • Sqcm

96812 • AVE

223.14K • Cir

Middle Center

Delhi

बुजुर्गों के कल्याण को आयुष मंत्रालय व सामाजिक न्याय विभाग में समझौता

जनसत्ता ब्यूरो
नई दिल्ली, 12 फरवरी।

आयुष मंत्रालय और सामाजिक न्याय एवं अधिकारिता विभाग ने वरिष्ठ नागरिकों की स्वास्थ्य सेवा को बेहतर बनाने और मादक पदार्थों के सेवन से निपटने के लिए बुधवार को एक समझौता ज्ञापन (एमओयू) पर हस्ताक्षर किए।

केंद्रीय आयुष मंत्री प्रतापराव जाधव ने कहा कि इस रणनीतिक साझेदारी का उद्देश्य वृद्धों की स्वास्थ्य सेवा को बेहतर बनाने और मादक द्रव्यों के सेवन से निपटने के लिए आयुष-आधारित उपायों को लागू करना है। जाधव ने कहा कि बुजुर्गों की स्वास्थ्य सेवा

और मादक पदार्थों की लत, दो महत्वपूर्ण क्षेत्र हैं जिन पर विशेष ध्यान देने की आवश्यकता है, खासकर जब हम बुजुर्ग अवस्था की तरफ बढ़ रही आबादी और नशे की लत को लेकर बढ़ती चिंताओं का सामना कर रहे हैं।

इस अवसर पर केंद्रीय सामाजिक न्याय एवं अधिकारिता राज्य मंत्री बीएल वर्मा ने कहा कि प्रधानमंत्री नरेंद्र मोदी के दूरदर्शी नेतृत्व में हमारी सरकार ने वरिष्ठ नागरिकों के कल्याण को सुनिश्चित करने के लिए कई कदम उठाए हैं। आयुष मंत्रालय के साथ समझौता ज्ञापन पर हस्ताक्षर होने से हमारे वरिष्ठ नागरिकों को बड़े पैमाने पर लाभ मिलेगा।

Virat Vaibhav • 13 Feb • Ministry of Ayush
Ayush Ministry and samajik nayaye vibhag ke beech hua karat

4 • PG

65 • Sqcm

78196 • AVE

625K • Cir

Middle Center

Delhi

आयुष मंत्रालय व सामाजिक न्याय विभाग के बीच हुआ करार

वैभव न्यूज़ ■ नई दिल्ली

आयुष मंत्रालय और सामाजिक न्याय एवं अधिकारिता विभाग ने वरिष्ठ नागरिकों की स्वास्थ्य सेवा को बेहतर बनाने और मादक पदार्थों के सेवन से निपटने के लिए बुधवार को एक समझौता ज्ञापन (एमओयू) पर हस्ताक्षर किए। केन्द्रीय आयुष मंत्री प्रतापराव जाधव ने कहा कि इस रणनीतिक साझेदारी का उद्देश्य वृद्धों की स्वास्थ्य सेवा को बेहतर बनाने और मादक द्रव्यों के सेवन से निपटने के लिए आयुष-आधारित उपायों को लागू करना है। केन्द्रीय आयुष मंत्री

प्रतापराव जाधव ने कहा, बुजुर्गों की स्वास्थ्य सेवा और मादक पदार्थों की लत, दो महत्वपूर्ण क्षेत्र हैं जिन पर विशेष ध्यान देने की आवश्यकता है, खासकर जब हम बुजुर्ग अवस्था की तरफ बढ़ रही आबादी और नशे की लत को लेकर बढ़ती चिंताओं का सामना कर रहे हैं। इस अवसर पर केन्द्रीय सामाजिक न्याय एवं अधिकारिता राज्य मंत्री बी एल वर्मा ने कहा, प्रधानमंत्री नरेन्द्र मोदी के दूरदर्शी नेतृत्व में हमारी सरकार ने वरिष्ठ नागरिकों के कल्याण को सुनिश्चित करने के लिए कई कदम उठाए हैं।

Online Coverage

No	Portal Name	Headline (Incorporated with URL)	Reach
1.	Msn India	2.7 lakh private hospital Ayushman claims "bogus"	733.9M
2.	Hindustan Times	SC quashes appointment of NCH chairman	124.6M
3.	Indian Express	Big Snan today, entire Mela area out of bounds for vehicles	90.9M
4.	ABP Live	नेशनल होमियोपैथी कमीशन के अध्यक्ष की नियुक्ति सुप्रीम कोर्ट ने की रद्द, कहा- 1 स...	85.9M
5.	Dainik Bhaskar	एप्टीट्यूड टेस्ट पास शिक्षक ही करेंगे आयुर्वेद मेडिकल कॉलेजों का निरीक्षण	66.5M
6.	Dainik Bhaskar	आयुष अस्पताल के लिए 45 लाख मंजूर, दो साल बाद काम शुरू, 6 माह में बन कर तैयार होग...	66.5M
7.	Dainik Bhaskar	यूनानी चिकित्सा शिविर में 556 मरीजों का इलाज	66.5M
8.	Dainik Bhaskar	योग निरोग रहने की प्राचीन चिकित्सा प्रणाली: हवा सिंह	66.5M
9.	Dainik Bhaskar	आर्य कॉलेज में हुआ सूर्य नमस्कार अभ्यास	66.5M
10.	हिन्दुस्तान(Live Hindustan)	आयुर्वेदिक अस्पतालों का शीघ्र होगा अपना भवन	64.8M
11.	हिन्दुस्तान(Live Hindustan)	Seminar on Integral Humanism and Developed India-2047 at Kashi Vidyapeeth	64.8M
12.	हिन्दुस्तान(Live Hindustan)	उदघाटन के पांच माह बाद आज से शुरू हो जाएगा पंचकर्म केंद्र	64.8M
13.	The Times of India	On Jaipur doc's plaint, Ayush ministry orders probe into ayurvedic diabetes med	64.4M
14.	The Times of India	2.7 lakh private hospital Ayushman claims "bogus"	64.4M
15.	The Times of India	No Ayush certificate? No GST relief on herbal smoke sticks	64.4M
16.	The Times of India	No Ayush certificate? No GST relief for herbal smoke sticks	64.4M
17.	अमर उजाला (Amar ujala)	Mandi News: एसडीएम इलेवन को 15 रनों से पराजित कर विजेता बना आयुष विभाग	63.8M
18.	अमर उजाला (Amar ujala)	Jammu News: डिजिटल तकनीक से यूनानी चिकित्सा को सुलभ बनाने पर जोर	63.8M
19.	अमर उजाला (Amar ujala)	Kathua News: बदलते मौसम में सर्दी-जुकाम और बुखार से बचाव के लिए बरतें सावधानी	63.8M
20.	Dainik Jagran	पार्किंसन बीमारी का योग से इलाज संभव! बन सकता है कारगर विकल्प, आयुष मंत्रालय ने ...	40.5M
21.	The Hindu	SC orders removal of chairperson of National Commission for Homoeopathy	35.9M
22.	Dailyhunt	School assembly news headlines [13 February 2025]: Thought for the Day and m ore	18.6M
23.	Dailyhunt	MoU signed to boost geriatric healthcare, combat substance abuse	18.6M
24.	Dailyhunt	SC orders removal of chairperson of National Commission for Homoeopathy	18.6M
25.	Dailyhunt	Droupadi Murmu Inaugurates International Conference on Unani Medicine in New Del...	18.6M
26.	Dailyhunt	10 Exciting Career Prospects for Ayurveda Graduates	18.6M

27.	Dailyhunt	Innovations in Unani medicine key to boost its global acceptability: President M...	18.6M
28.	Dailyhunt	".And said you made the madman Paatil the president of Thane"; Pawar shared ". ..	18.6M
29.	Dailyhunt	India leading the world in healthcare, production of medicines in Unani system: ...	18.6M
30.	Dailyhunt	Maha Kumbh 2025: 133 Ambulances Deployed, 43 Hospitals Put on High Alert in Pray...	18.6M
31.	Dailyhunt	Magh Purnima: 133 ambulances deployed, 43 hospitals put on high alert	18.6M
32.	Medical Dialogues	President Murmu inaugurates International Conference on Unani Medicine	16M
33.	Prokerala.com	Ayush Ministry, Social Justice Dept to boost healthcare of elderly and fight soc...	13M
34.	Prokerala.com	Innovations in Unani medicine key to boost its global acceptability: President M...	13M
35.	ThePrint	SC orders removal of chairperson of National Commission for Homoeopathy	11.3M
36.	ThePrint	Nearly 74 cr Ayushman Bharat health records created: Govt tells RS	11.3M
37.	Etvbharat	SC Orders Removal Of Chairperson Of National Commission For Homoeopathy	11.2M
38.	Business Standard	Ayush ministry, social justice dept sign MoU for senior citizens' welfare	8.1M
39.	Asianet News Hindi	महाकुंभ में श्रद्धालुओं की सुरक्षा, क्या है योगी सरकार का खास इंतज़ाम?	8.1M
40.	Latestly	India News SC Orders Removal of Chairperson of National Commission for Homoeop...	7.8M
41.	Latestly	⚡ Ministry, Social Justice Dept Partner To Boost Healthcare of Elderly and ...	7.8M
42.	Latestly	Ministry of Ayush, DoSJE Sign MoU To Improve Well-Being of Senior Citizens, Ad dr...	7.8M
43.	Latestly	Business News Thiru. MA. Subramanian, Minister for Health and Family Welfare, ...	7.8M
44.	IBC24 News	वरिष्ठ नागरिकों के कल्याण के लिए आयुष मंत्रालय व सामाजिक न्याय विभाग के बीच समझौ...	7.3M
45.	The Tribune India	Thiru. MA. Subramanian, Minister for Health and Family Welfare, Government of Ta...	7M
46.	The Tribune India	Mental illness cases high in metro cities: Minister in Parl	7M
47.	Free Press Journal	Nashik: Hemlata Patil, Ranjana Borade Join Shinde Sena Ahead Of Civic Polls	6.4M
48.	PIB	International Conference organised by Central Council for Research in Unani Med i...	5.4M
49.	PIB	Ministry of Ayush and Department of Social Justice & Empowerment Sign a Mem o...	5.4M
50.	PIB	133 Ambulances, including 7 River and 1 Air Ambulance, deployed for Pilgrims on ...	5.4M

51.	The Hindu Business Line	BEML aims to boost exports: CMD Shantanu Roy	5M
52.	Daijiworld	Ayush Ministry, Social Justice Dept to boost healthcare of elderly and fight soc...	3M
53.	Ani News	Thiru. MA. Subramanian, Minister for Health and Family Welfare, Government of Ta...	1.9M
54.	The Statesman	MoU signed to boost geriatric healthcare, combat substance abuse	1.7M
55.	The Hans India	Ayush Ministry, Social Justice Dept to boost healthcare of elderly and fight soc...	1.7M
56.	The Hans India	Innovations in Unani medicine key to boost its global acceptability: President M...	1.7M
57.	News9 Live	School assembly news headlines [13 February 2025]: Thought for the Day and m ore	1.4M
58.	Current Affairs 2023	President of India Inaugurates International Conference on Unani Medicine	1.4M
59.	Devdiscourse	Ministry of Ayush and DoSJE Join Forces to Enhance Geriatric Healthcare and C omb...	1.2M
60.	Devdiscourse	Ayush and Social Justice Ministries Unite for Senior Health & Substance Abus...	1.2M
61.	Devdiscourse	Supreme Court Orders Ouster of Homoeopathy Chief Over Improper Appointment	1.2M
62.	Organiser	Mahakumbh 2025: 133 ambulances deployed on land, water and air for Magh Pur nima ...	1.2M
63.	Deccan Herald	SC orders removal of chairperson of National Commission for Homoeopathy	1.14M
64.	Deccan Herald	SC orders removal of chairperson of National Commission for Homoeopathy	1.14M
65.	The Begusarai	बेगूसराय : गिरिराज सिंह ने कहा- 'PM मोदी ने भारत की सांस्कृतिक धरोहर को..'	929.3K
66.	Dainik Bhaskar	New Delhi News: महाराष्ट्र में हाइब्रिड रिसर्च सेंटर खोलने की नहीं है कोई योजना	926.1K
67.	Dainik Bhaskar	New Delhi News: आयुष मंत्रालय और सामाजिक न्याय एवं अधिकारिता मंत्रालय के बीच हुआ...	926.1K
68.	Down to Earth	As told to Parliament (February 11, 2025): Nearly 6 million EVs in India, minist...	818.6K
69.	Daily Excelsior	India leading world in terms of education, healthcare, production of medicines i...	717.7K
70.	Northeast Now	Arunachal Jobs : NEIAFMR Pasighat Recruitment 2025	709.5K
71.	Inext Live	Lucknow News: लखनऊ के राजकीय आयुर्वेद महाविद्यालय एवं अस्पताल में नहीं मिल रहीं ...	641.5K
72.	Inext Live	जल, थल और नभ में एंबुलेंस तैनात	641.5K
73.	Prabhasakshi: Hindi News	माघ पूर्णिमा में श्रद्धालुओं की हिफाजत के लिए जल-थल-नभ में 133 एंबुलेंस तैनात	524K
74.	ThePrint	वरिष्ठ नागरिकों के कल्याण के लिए आयुष मंत्रालय व सामाजिक न्याय विभाग के बीच समझौ...	483.1K
75.	Social News XYZ	Ayush Ministry, Social Justice Dept to boost healthcare of elderly and fight soc...	415.2K
76.	Social News XYZ	Innovations in Unani medicine key to boost its global acceptability: President M...	415.2K
77.	Live Vns	नशा मुक्त भारत के लिए आयुष और सामाजिक न्याय एवं अधिकारिता विभाग के बीच समझौता	382.1K

78.	NagalandPost	India leading world in terms of education, healthcare: Prez	315.4K
79.	News on AIR	Ministry of Ayush & Social Justice Dept Sign MoU to Boost Senior Citizen Car...	314.3K
80.	Press Trust of India	SC orders removal of chairperson of National Commission for Homoeopathy	200.1K
81.	Press Trust of India	Ayush ministry, Social Justice dept sign MoU to improve well-being of senior cit...	200.1K
82.	Press Trust of India	SC orders removal of chairperson of National Commission for Homoeopathy	200.1K
83.	Press Trust of India	Thiru. MA. Subramanian, Hon"ble Minister for Health and Family Welfare, Govern m...	200.1K
84.	Press Trust of India	Thiru. MA. Subramanian, Hon"ble Minister for Health and Family Welfare, Govern m...	200.1K
85.	Sakshipost EN	Ayush Ministry, Social Justice Dept to boost healthcare of elderly and fight soc...	160.8K
86.	Sakshipost EN	Innovations in Unani medicine key to boost its global acceptability: President M...	160.8K
87.	News Drum	Important cases heard by Supreme Court on February 12	158.4K
88.	News Drum	Ayush ministry, Social Justice dept sign MoU to improve well-being of senior cit...	158.4K
89.	News Drum	SC orders removal of chairperson of National Commission for Homoeopathy	158.4K
90.	5 Dariya News	Droupadi Murmu Inaugurates International Conference on Unani Medicine in New Del...	120.5K
91.	HT Syndication	SC quashes appointment of NCH chairman	119.8K
92.	Ians	Ayush Ministry, Social Justice Dept to boost healthcare of elderly and fight soc...	116.7K
93.	Bio Spectrum	Ministry of Ayush inks MoU to enhance geriatric healthcare and combat substance ...	108.7K
94.	Orissa Diary	Ministry of Ayush, Social Justice Dept Join Hands for Elderly Care & De-Addi...	100.9K
95.	Orissa Diary	President Droupadi Murmu Inaugurates International Conference on Innovation in U...	100.9K
96.	Lokmatimes.com	Ayush Ministry, Social Justice Dept to boost healthcare of elderly and fight soc...	94.3K
97.	Lokmatimes.com	Thiru. MA. Subramanian, Minister for Health and Family Welfare, Government of Ta...	94.3K
98.	Lokmatimes.com	Innovations in Unani medicine key to boost its global acceptability: President M...	94.3K
99.	Daily Chhattisgarh	वरिष्ठ नागरिकों के कल्याण के लिए आयुष मंत्रालय व सामाजिक न्याय विभाग के बीच समझौ...	72K
100.	New Kerala	Ayush and Social Justice Ministries Unite for Elder Care	72K
101.	New Kerala	President Murmu Highlights Unani Medicine Global Innovation Potential	72K
102.	The News Room	Innovations in Unani medicine key to boost its global acceptability: President M...	62.3K



103.	WebIndia123	Thiru. MA. Subramanian, Minister for Health and Family Welfare, Government of Ta...	61.9K
104.	Etemaad English	President Droupadi Murmu Inaugurates the two-day International Conference on Una...	57.4K
105.	Eventfaqs	Yoga National Conclave 2025: Exploring Modern Trends in Yoga and Integrated Medi...	52.3K
106.	Bhaskar Live	Ayush Ministry, Social Justice Dept to boost healthcare of elderly and fight soc...	46.5K
107.	Weekly Voice	Ayush Ministry, Social Justice Dept to boost healthcare of elderly and fight soc...	43.8K
108.	Weekly Voice	Innovations in Unani medicine key to boost its global acceptability: President M...	43.8K
109.	Argus News	Innovations In Unani Medicine Key To Boost Its Global Acceptability: President M. ..	21.9K
110.	Indian Economic Observer	Thiru. MA. Subramanian, Minister for Health and Family Welfare, Government of Ta...	16.1K
111.	Insamachar	आयुष मंत्रालय और सामाजिक न्याय एवं अधिकारिता विभाग ने वृद्धावस्था स्वास्थ्य सेवा...	12K
112.	Tennews.in	Ayush Ministry, Social Justice Dept to boost healthcare of elderly and fight soc...	9.1K
113.	Tennews.in	Innovations in Unani medicine key to boost its global acceptability: President M...	9.1K
114.	Daily Prabhat	Thiru. MA. Subramanian, Minister for Health and Family Welfare, Government of Ta...	280
115.	E - PAO	Naturopathy Yoga camp held	N/A
116.	India Med Today	Ministry of Ayush sign MoU with Dept of Social Justice & Empowerment	N/A
117.	Today News 24	Adani Group, ITEES Singapore To Build India"s Largest "Skill and Employ" Initi...	N/A
118.	Nation Press	Ayush Ministry Boosts Elderly Healthcare : Ayush Ministry and Social Justice Dep. ..	N/A
119.	Millenium Post	SC orders removal of chairperson of National Commission for Homoeopathy	N/A
120.	Rk Tv News	आयुष मंत्रालय और सामाजिक न्याय एवं अधिकारिता विभाग ने वृद्धावस्था स्वास्थ्य सेवा...	N/A
121.	Tripurastar News	Ministry Of Ayush And Department Of Social Justice & Empowerment Sign A Me mo...	N/A
122.	OB News	Ayush Ministry, Social Justice Dept to boost healthcare of elderly and fight soc...	N/A
123.	The Mobi World	Ayush Ministry, Social Justice Dept to boost healthcare of elderly and fight soc...	N/A
124.	Odisha News Times	International Conference organised by Central Council for Research in Unani Med i...	N/A
125.	reporterstoday	Ayush ministry, Social Justice dept sign MoU to improve well-being of senior cit...	N/A
126.	Tender Detail	Tender For Supply Ncism Ayush Upkaran, bhopal-Madhya Pradesh	N/A

127.	International Business Times	Ayush Ministry, Social Justice Dept to boost healthcare of elderly and fight soc...	N/A
128.	शिवालिक पत्रिका	सूर्यनमस्कार से होने वाले फायदे जैसे फ्लेक्सीबिलिटी इम्प्रूवमेंट आॅफ इम्यूनिटी सिस...	N/A
129.	Daily World Hindi	वरिष्ठ नागरिकों के कल्याण के लिए आयुष मंत्रालय व सामाजिक न्याय विभाग के बीच समझौ...	N/A
130.	उद्योग का अनुमान	वरिष्ठ नागरिकों के कल्याण के लिए आयुष मंत्रालय व सामाजिक न्याय विभाग के बीच समझौ...	N/A
131.	BharatKi Baat	Allahabad HC affirms a sexual assault victim"s right to terminate her pregnancy...	N/A
132.	BharatKi Baat	The rebuilt RSS office features three 13-storey towers blending modern technolog ...	N/A
133.	BharatKi Baat	SC mandates removal of chairperson from the National Commission for Homoeop athy.	N/A
134.	Sakshi	Unani Medicine: న్ యూథోల్ లీల్ ల్ యునాన్ వైద్ యంపై అంతర్జాతీయ సదస్ సు	N/A
135.	Hind Morcha	आयुष विभाग की समीक्षा बैठक में जिलाधिकारी ने चिकित्सकों को दिये निर्देश	N/A
136.	Daily World	Ayush Ministry, Social Justice Dept to boost healthcare of elderly and fight soc...	N/A
137.	Jharkhand State News	133 Ambulances, including 7 River and 1 Air Ambulance, deployed for Pilgrims on ...	N/A
138.	Today News 24	Ministry of Ayush, DoSJE Sign MoU To Improve Well-Being of Senior Citizens, Ad dr...	N/A
139.	Awaaz Hindi	आयुष मंत्रालय, सामाजिक न्याय विभाग बुजुर्गों की स्वास्थ्य देखभाल को बढ़ावा देंगे...	N/A
140.	Newspoint	Ayush Ministry, Social Justice Dept to boost healthcare of elderly and fight soc...	N/A
141.	Thip Media	Ayush Ministry, Social Justice Dept to boost healthcare of elderly and fight soc...	N/A
142.	Newzfatafat	नशा मुक्त भारत के लिए आयुष और सामाजिक न्याय एवं अधिकारिता विभाग के बीच समझौता	N/A
143.	Tripura Times	Ayush Ministry, Social Justice Dept to boost healthcare of elderly and fight soc...	N/A
144.	The Hans India	Ayush Ministry, Social Justice Dept to boost healthcare of elderly and fight soc...	N/A
145.	India Online Mart	Ayush Ministry, Social Justice Dept to boost healthcare of elderly and fight soc...	N/A
146.	Healthcare Radius	Food adulteration crisis: How FSSAI is aggressively cracking down on unsafe foo d	N/A
147.	BharatKi Baat	Protesters perform 'Shavasana" to oppose Union Carbide waste disposal in Madh ya...	N/A
148.	Affairrs Cloud	विश्व यूनानी दिवस 2025- 11 फरवरी	N/A
149.	BharatKi Baat	Young man dies in Kerala elephant attack; Opposition claims government inaction .	N/A
150.	BharatKi Baat	Ayush Ministry and Social Justice Department sign MoU to enhance senior citizen S...	N/A



151.	Legal News	SC orders removal of chairperson of National Commission for Homoeopathy	N/A
152.	Bharat Express	सुप्रीम कोर्ट ने राष्ट्रीय होम्योपैथी आयोग के अध्यक्ष डॉ. अनिल खुराना की नियुक्त...	N/A
153.	Daily World	Innovations in Unani medicine key to boost its global acceptability: President M...	N/A
154.	The Mobi World	Innovations in Unani medicine key to boost its global acceptability: President M...	N/A
155.	The Indian Practitioner	Unani Day 2025: President Murmu Highlights Innovations in Traditional Medicine	N/A
156.	News4 Exchange	Thiru. MA. Subramanian, Hon"ble Minister for Health and Family Welfare, Govern m...	N/A
157.	General	Thiru. MA. Subramanian, Hon"ble Minister for Health and Family Welfare, Govern me...	N/A
158.	South India News	Thiru. MA. Subramanian, Minister for Health and Family Welfare, Government of Ta...	N/A
159.	International Business Times	Innovations in Unani medicine key to boost its global acceptability: President M...	N/A
160.	Asia Insurance Post	1.10 lakh hospital admissions worth over Rs 200 crore authorised for sr citizens...	N/A
161.	Health Econoictimes	Hospital admissions worth over Rs 200 crore authorised for senior citizens till ...	N/A
162.	Latest Laws in India	Supreme Court orders removal of Chairperson of National Commission for Homoe opat...	N/A
163.	OB News	Magh Purnima Safety: CM Yogi deploys 133 ambulances, 43 hospitals, and 2,000 med...	N/A
164.	Asia Insurance Post	Over 34 crore patients provided consultation through eSanjeevani platform	N/A
165.	The Mobi World	Magh Purnima Safety: CM Yogi deploys 133 ambulances, 43 hospitals, and 2,000 med...	N/A
166.	Gujarat Samachar	Thiru. MA. Subramanian, Minister for Health and Family Welfare, Government of Ta...	N/A
167.	Rajasthan Ki Khabar	Thiru. MA. Subramanian, Minister for Health and Family Welfare, Government of Ta...	N/A
168.	England News Portal	Thiru. MA. Subramanian, Minister for Health and Family Welfare, Government of Ta...	N/A
169.	BharatKi Baat	SC mandates removal of National Commission for Homoeopathy chairperson.	N/A
170.	Srilanka Island News	Thiru. MA. Subramanian, Minister for Health and Family Welfare, Government of Ta...	N/A
171.	Career India	Yoga National Conclave 2025 Highlights Modern Trends In Yoga And Integrated Medi...	N/A
172.	Buffalo Despatch	Thiru. MA. Subramanian, Minister for Health and Family Welfare, Government of Ta...	N/A



173.	Middle East Times	Thiru. MA. Subramanian, Minister for Health and Family Welfare, Government of Ta...	N/A
174.	Odisha Post	Thiru. MA. Subramanian, Minister for Health and Family Welfare, Government of Ta...	N/A
175.	US World Today	Thiru. MA. Subramanian, Minister for Health and Family Welfare, Government of Ta...	N/A
176.	Maldives Star Plus	Thiru. MA. Subramanian, Minister for Health and Family Welfare, Government of Ta...	N/A
177.	San Francisco Star	Thiru. MA. Subramanian, Minister for Health and Family Welfare, Government of Ta...	N/A
178.	France Network Times	Thiru. MA. Subramanian, Minister for Health and Family Welfare, Government of Ta...	N/A
179.	Punjab Live	Thiru. MA. Subramanian, Minister for Health and Family Welfare, Government of Ta...	N/A
180.	Karnataka Live	Thiru. MA. Subramanian, Minister for Health and Family Welfare, Government of Ta...	N/A
181.	Aaj Ki Khabar	माघ पूर्णिमा पर श्रद्धालुओं को महाकुम्भ पहुंचाने के लिए रोडवेज ने की अतिरिक्त ब्...	N/A
182.	Delhi live news	Thiru. MA. Subramanian, Minister for Health and Family Welfare, Government of Ta...	N/A
183.	Live Uttarakhand	माघ पूर्णिमा में श्रद्धालुओं की हिफाजत के लिए जल-थल-नभ में 133 एंबुलेंस तैनात	N/A
184.	Aaj Ki Khabar	माघ पूर्णिमा में श्रद्धालुओं की हिफाजत के लिए जल-थल-नभ में 133 एंबुलेंस तैनात	N/A
185.	Andhra Pradesh Mirror	Thiru. MA. Subramanian, Minister for Health and Family Welfare, Government of Ta...	N/A
186.	Bihar Times	Thiru. MA. Subramanian, Minister for Health and Family Welfare, Government of Ta...	N/A
187.	West Bengal Khabar	Thiru. MA. Subramanian, Minister for Health and Family Welfare, Government of Ta...	N/A
188.	Kashmir Breaking News	Thiru. MA. Subramanian, Minister for Health and Family Welfare, Government of Ta...	N/A
189.	Awaaz Hindi	यूनानी चिकित्सा पद्धति में नवाचार इसकी वैश्विक स्वीकार्यता बढ़ाने के लिए महत्वपू...	N/A
190.	World News Network	Thiru. MA. Subramanian, Minister for Health and Family Welfare, Government of Ta...	N/A
191.	Gujarat Varta	Thiru. MA. Subramanian, Minister for Health and Family Welfare, Government of Ta...	N/A
192.	Haryana Today	Thiru. MA. Subramanian, Minister for Health and Family Welfare, Government of Ta...	N/A
193.	Today India News	Innovations in Unani medicine key to boost its global acceptability: President M...	N/A



194.	Chhattisgarh Today	Thiru. MA. Subramanian, Minister for Health and Family Welfare, Government of Ta...	N/A
195.	Himachal Patrika	Thiru. MA. Subramanian, Minister for Health and Family Welfare, Government of Ta...	N/A
196.	Bihar 24x7	Thiru. MA. Subramanian, Minister for Health and Family Welfare, Government of Ta...	N/A
197.	Telangana Journal	Thiru. MA. Subramanian, Minister for Health and Family Welfare, Government of Ta...	N/A
198.	Kashmir Newsline	Thiru. MA. Subramanian, Minister for Health and Family Welfare, Government of Ta...	N/A
199.	Vanakkam Tamil Nadu	Thiru. MA. Subramanian, Minister for Health and Family Welfare, Government of Ta...	N/A
200.	North East Times	Thiru. MA. Subramanian, Minister for Health and Family Welfare, Government of Ta...	N/A
201.	Sakshi Post	Innovations in Unani medicine key to boost its global acceptability: President M...	N/A
202.	Newspoint	Innovations in Unani medicine key to boost its global acceptability: President M...	N/A
203.	Maharashtra Samachar	Thiru. MA. Subramanian, Minister for Health and Family Welfare, Government of Ta...	N/A
204.	India Online Mart	Innovations in Unani medicine key to boost its global acceptability: President M...	N/A
205.	Indian News Network	Thiru. MA. Subramanian, Minister for Health and Family Welfare, Government of Ta...	N/A
206.	The Hans India	Innovations in Unani medicine key to boost its global acceptability: President M...	N/A
207.	Pune News	Innovations in Unani medicine key to boost its global acceptability: President M...	N/A
208.	Sarkaritel	Innovations in Unani medicine key to boost its global acceptability: President M...	N/A
209.	Thefreedompress	Innovations in Unani medicine key to boost its global acceptability: President M...	N/A
210.	Suryaa	Innovations in Unani medicine key to boost its global acceptability: President M...	N/A
211.	Thip Media	Innovations in Unani medicine key to boost its global acceptability: President M...	N/A
212.	E - PAO	One-day Naturopathy-Yoga Camp conducted	N/A
213.	Affairrs Cloud	Current Affairs 12 February 2025	N/A
214.	Indian Conventions	Thiru. MA. Subramanian, Hon"ble Minister for Health and Family Welfare, Govern m...	N/A
215.	News	Thiru. MA. Subramanian, Hon"ble Minister for Health and Family Welfare, Govern m...	N/A
216.	Drishyamindia	लखनऊ में अमाइक्स एकेडमी का वार्षिक उत्सव मनाया:सर्वधर्म प्रार्थना से कार्यक्रम शु...	N/A

217.	Maverick News3	133 ambulances deployed on land, water and air for Magh Purnima devotees	N/A
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