

MINISTRY OF AYUSH COMPILED MEDIA REPORT 16 May, 2025 - 17 May, 2025

Media Tracker MOA 17th May

₹ Total Mention 111

₽ Print	Financial	Mainline	Regional	Periodical
9	N/A	8	1	N/A
	•) Online		

102





🖺 Print

No	Newspaper	Headline	Edition	Pg
1.	The Times of India	Ayurveda-allopathy combo treatment: NIA Pkl to prescribe to new approach	Chandigarh	1
2.	Hindustan Times	Ayurveda Day to be celebrated on September 23 every year	Noida + 2	21
3.	Hindustan Times	CM promises jobs for Mohalla Clinic staff in Arogya Mandirs	Delhi	6
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8.	The New Indian Express	HANUMANASANA FORWARD BEND (MONKEY POSE FORWARD BEND)	Bengaluru	2
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The Times of India • 17 May • Ministry of Ayush

Ayurveda-allopathy combo treatment: NIA Pkl to prescribe to new approach

1 • PG 394 • Sqcm 191286 • AVE 46.88K • Cir Bottom Center

Chandigarh

Ayurveda-allopathy combo treatment: NIA Pkl to prescribe to new approach

Shimona.Kanwar @timesofindia.com

Chandigarh: The National Institute of Ayurveda (NIA), Panchkula, is set to become the first govt institute in northern India to fully embrace an integrative medicine approach. Now, patients can consult allopathic doctors and ayurvedic specialists, sitting at one place, who would offer holistic healthcare. NIA Panchkula, an extension centre of the esteemed National Institute of Ayurveda, Jaipur, stands as one of only two such referral institutes under the ministry of AYUSH nationwi-

Dr Gaurav Kumar Garg, deputy medical superintendent of the hospital, said, "Recently, officials from the Command Hospital and Civil Hospital Sector 6 visited our institute, expressing keen

1ST BAMS BATCH STARTED IN NOV '24

The 21-acre campus boasts state-of-the-art healthcare and academic facilities, designed to address the demand for advanced ayurvedic treatment and education. The institute started its first BAMS batch in November 2024, with an intake



of 100 students through the all-India entrance National Eligibility Cum Entrance Test. The institute also has plans to introduce MD/MS courses within the next three years.

interest in our integrative approach." This strategy will ensure collaboration between allopathic and Ayurvedic specialists, ensuring that patients benefit from the combined strengths of both medical systems. He said, "Presently we have a radiologist, pathologist and anaesthetist. We will expand the intake where the allopathic doctors will visit

doctors in our OPDs and will work as a team."

The institute is in the advanced stages of procuring X-ray, ultrasound, and CT scan machines, complementing its existing biochemistry laboratory. Beyond conventional treatments, NIA Panchkula also provides free yoga classes, promoting the physical and mental well-being of both pa-

GMCH REVISES OPD TIMINGS

Chandigarh: Chandigarh will see a change in operational hours for the outpatient departments (OPDs) and blood collection centres at the Government Medical College & Hospital (GMCH), Sector-32, and its South Campus in Sector-48, effective from May 16 until July 23.

tients and the community.

The hospital features five modular OTs for gynaecological and general surgeries, separate male and female wards providing free patient meals, and a soon-to-be-completed two-story building that will house private wards. According to the deputy medical superintendent, the hospital is 80% completed and ready to

serve the community.

NIA Panchkula's 100-bedded hospital offers a spectrum of care, encompassing both outpatient (OPD) and inpatient (IPD) services. A dedicated team of expert consultants and specialised healthcare professionals delivers focused care across 14 speciality OPDs, including general medicine, Panchakarma, gynaecology & obstetrics, surgery, paediatrics, ENT & ophthalmology, preventive healthcare and lifestyle management, and toxicology and de-addic-

The hospital is also equipped with advanced emergency management facilities, providing round-the-clock care for critical conditions. The OPD serves over 350 patients daily, offering expert consultations, free medications, and access to a growing suite of advanced laboratory services.



Hindustan Times • 17 May • Ministry of Ayush Ayurveda Day to be celebrated on September 23 every year

21 • PG 24 • Sqcm 11553 • AVE 4.88M • Cir Middle Left

Noida • Delhi • Gurugram

Ayurveda Day to be celebrated on September 23 every year

The Government of India officially designated Sept 23 as the date for celebrating Ayurveda Day each year. This change, notified through a Gazette Notification dated Mar 23, marks a significant shift from the earlier practice of observing Ayurveda Day on Dhanteras, which follows a variable lunar calendar. Ayurveda Day was commemorated annually to promote Ayurveda as a scientific, evidence-based, and holistic system of medicine that plays a pivotal role in preventive healthcare and wellness.



Hindustan Times • 17 May • Ministry of Ayush CM promises jobs for Mohalla Clinic staff in Arogya Mandirs

6 • PG 546 • Sqcm 3231557 • AVE 3.43M • Cir Top Left

Delhi

CM promises jobs for Mohalla Clinic staff in Arogya Mandirs

Ridhima Gupta and Alok Mishra

NEW DELHI: Chief minister Rekha Gupta on Friday assured protesting Mohalla Clinic staff that they will be absorbed into the upcoming Ayushman Arogya Mandirs (AAM), even as the government begins phasing out clinics in areas where the new centres are being established. Her assurance came after scores of doctors, paramedics, and other clinic workers gathered outside her office on Friday, demanding clarity on their future and protesting delays in salary disbursal.

The protest, held during the CM's Janata Darbar, was triggered by the government's recent decision to withdraw Mohalla Clinics that overlap with the Ayushman Arogya Mandirs. "We will engage you on a priority basis in the new system that the government is creating," Gupta told the staff, adding that preference will be given to existing personnel once the transition begins.

On May 15, HT reported that the Delhi government intends to wind down existing Mohalla Clinics in areas where Ayush-man Arogya Mandirs are com-ing up, since both facilities proride primary healthcare. According to minutes from a meeting on the operationalisa-tion of Urban Ayushman Arogya Mandirs, Mohalla Clinic doctors and staff may be allowed to continue only for a year-or until new personnel are recruited to

run the Arogya Mandirs. Following this, on Friday, doz ens of clinic workers gathered around noon for the CM's Janata Darbar. "We have worked at the Mohalla Clinics for the past six years. Now why are we being asked to leave our jobs? What is our fault?" said one paramedic at the gathering, summing up the anxiety shared by hundreds of frontline workers.

Amid slogans and appeals, CM Gupta addressed the group: We will engage you on a priority basis in the new system. The government will absorb you in the Arogya Mandirs being set up



Delhi chief minister Rekha Gupta with cabinet minister Ashish Sood inspects fire service equipment at Delhi Secretariat in New Delhi on Friday.

across Delhi. There is no need to worry." She added that once the delegation submitted the full list of affected staff, they would be prioritised in the government's upcoming recruitment drives.

Staff complain of salary delays

While uncertainty over job security looms, another immediate concern for Mohalla Clinic workers is the non-payment of salaries. Several doctors and support staff told HT that they have not received payments for March and April.
"For two months, we've

received nothing. There's been no explanation. Many of us depend entirely on this job some are taking loans just to manage daily expenses," said a doctor at the protest.

Jitender, president, Mohalla Clinic Staff Union, said, "If we don't get paid by May 20, it'll be two full months without salary.

Despite repeated queries, the Delhi government did not give a reason for the salary delay.



The Pioneer • 17 May • Ministry of Ayush Haryana gears up for Yoga Day 2025 in Kurukshetra

5 • PG 185 • Sqcm 526161 • AVE 634.42K • Cir Top Right

Delhi

Haryana gears up for Yoga Day 2025 in Kurukshetra

MANOJ KUMAR Chandigarh

The Department of AYUSH, Government of Haryana, is all set and geared up for the preparations of the upcoming International Day of Yoga (IDY) to be celebrated on June 21. This will be the 11th edition of IDY, which was first established by the United Nations General Assembly in 2014 and celebrated for the first time on June 21, 2015.

This year, the theme of Yoga Day, 2025, is 'Yoga for One Earth, One Health,' which underscores the importance of integrating yoga into daily life. Haryana Chief Minister Nayab Singh Saini will be the chief guest at the state-level function of IDY to be held at Kurukshetra University campus in Kurukshetra, said an official.

The official said that the scale and reach of IDY celebrations have grown significantly in the State since its inception. The Department has aimed to bring yoga to every household in the State to promote health and well-being. Programmes on IDY will be organised in all district blocks of the State with great fervour and grandeur. The AYUSH Department is also planning various programmes to raise awareness about the Common Yoga Protocol (CYP) and the overall benefits of practicing yoga. "To promote yoga and wellness among people and Government employees, yoga sessions, seminars and workshops leading up to International Day of Yoga will be held at various places in the State. He added."

Talking to 'The Pioneer' over the phone, Sanjeev Verma, Director General, AYUSH Department, Haryana, said that preparations for International Day of Yoga, celebrated annually on June 21, are underway. Several programmes will also be organised to raise awareness statewide regarding the benefits of practising yoga and IDY celebrations. Regarding this issue, a high-level meeting involving senior state-level officers will be held within a couple of days. "We are working with utmost sincerity and commitment to ensure that IDY 2025 is a grand success in the State," he added.

Another AYUSH Department official said that the Department is preparing to organise a variety of programmes and activities to create awareness about the Common Yoga Protocol along with awareness about the benefits of practising Yoga to prepare for Yoga Day. The AYUSH Department will impart training to Physical Training Instructors (PTIs) of the Education Department to prepare them for the International Day of Yoga event. Following the training, pilot sessions will be conducted to rehearse the main event and ensure smooth coordination.

A yoga marathon is expected to be organised at the district level, involving schools, colleges, universities, and the general public. Yoga programmes are planned to be organised in all districts of Haryana on June 21 from 7 to 8 AM. "The department has appealed to the people of the State to ensure their active participation in the International Day of Yoga celebrations," the officer added.

He further said that every year on June 21, the world unites to celebrate International Yoga Day, a day dedicated to raising awareness about the ancient Indian practice of yoga and its manifold benefits for physical and mental well-being. For the year 2025, it marks the 11th celebration of this global event since its inception in 2015.



The Pioneer • 17 May • Ministry of Ayush AAP slams BJP alleging dismissal of staffers in Mohalla clinics

5 • PG 142 • Sqcm 48230 • AVE 275K • Cir Middle Left

Hyderabad



AAP slams BJP alleging dismissal of staffers in Mohalla clinics

PNS NEW DELHI

The Aam Aadmi Party (AAP) on Friday attacked the Delhi BJP government, alleging the dismissal of thousands of doctors, nurses, pharmacists and multi-tasking workers (MTWs) from the Mohalla clinics.

Responding to the allegations, Delhi Health Minister Pankaj Singh said the government will not do injustice to anyone and everyone eligible will be included.

"There will be a proper process to hire doctors and all eligible candidates can apply. There will be transparency in the selection as we aim to provide the best healthcare to our people.

"All good doctors and healthcare workers will be with us.

Everything will be done systematically," the minister told PTI.

Earlier, addressing a press conference, Delhi AAP chief Saurabh Bharadwaj alleged that the minutes of a meeting issued on May 7 indicated plans to shut down most Mohalla clinics in Delhi. The stated reason, he said, was that Ayushman Aarogya Mandirs would be established in their place and wherever an Aarogya Mandir is built, there would be no need for a nearby Mohalla Clinic.

According to him, the statement read that the clinics would remain operational only until the Aarogya Mandirs are constructed, after which both the clinics and their personnel would be removed.

"They've been trying to get a meeting with the chief minister since then. But when they got no response, they were left with no choice but to come in thousands to the CM's Janta Darbar," he said.

Bharadwaj accused the BJP of going back on its promise.

Before elections, the Prime Minister (Narendra Modi), (Union Health Minister) J P Nadda and every BJP MP and minister promised that no public welfare scheme run during the AAP government tenure -- be it free electricity, 20,000 litres of water or Mohalla clinics -- would be stopped.



The Pioneer • 17 May • Ministry of Ayush AYUSH Deptt in Haryana gears up for preparations of Intl Day of Yoga

3 • PG 485 • Sqcm 290755 • AVE 268.96K • Cir Middle Center

Chandigarh

AYUSH Deptt in Haryana gears up for preparations of Int'l Day of Yoga

MANOJ KUMAR | CHANDIGARH

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holistic approach to health and well-being, integrating physical, mental, and spiritual practices. Benefits include improved flexibility, strength, mental clarity, stress reduction, and overall wellness," the senior officer added.

The AYUSH Department officer further said that now this day has taken the shape of a grand festival of yoga. This is such a priceless gift to humanity, which is going to be very useful for future generations. A large number of youngsters are adopting yoga and Ayurveda as excellent mediums for wellness. The scale and the level of celebration of the IDY have been increasing every year since the recognition of June 21 as the "International Day of Yoga", the officer added.

It should be mentioned here that as a result of Prime Minister Narendra Modi's efforts, a resolution was passed in the United Nations General Assembly in 2014, granting international recognition to yoga. This resolution was supported by 177 countries and now 217 countries worldwide celebrate June 21 as International Yoga Day.



The Morning Standard • 16 May • Ministry of Ayush FIT BIT

2 • PG 599 • Sqcm 287680 • AVE 300K • Cir Middle Right

Delhi

FITBIT

UTTHITA VAJRASANA

(KNEELING POSE ARMS RAISED)

This is a beginner-level variation of the foundational pose, Kneeling Pose. It is a wonderful practice for working professionals, sportspersons, artists, and kids/teens to increase overall strength and establish mindfulness. It is a safe and gentle practice for senior citizens (provided they have healthy and strong knees), pregnant women, and visually impaired practitioners. For ease of access, it is considered that practitioners can keep a small gap between their legs or use yoga props like a blanket or pillow to soften the pressure at the knees. It gives a vertical stretch to the shoulder blades and fortifies them. At the same time, it acts as a support for the diaphragm and intercostal muscles.

STEPS

- Start in Dandasana, and have a few breaths. Every inhalation raises the body upwards and stretches the spine completely.
- Inhale, bring the right leg bent and the knee, placing the right foot close to the buttocks, and exhale. Again, take a big breath in and raise the buttocks off the floor to place the foot below the right buttock and sit on the right foot, exhaling completely.
- Repeat it with the left leg. Inhale and bring the left foot below the buttocks, with toes touching each other and heels apart. Sitting in Vajrasana with your hands on your thighs, take a few breaths here. Raise your spine and push your lower back onto the heels below you.
- Finally, inhale, come to stand on your knees while raising your body away from the heels and placing your back straight. Engage your core by pushing your navel to the spine. Roll down your shoulders. Don't till the pelvis. The knees, hips, and shoulders are in one line. The head is over the heart, and the heart is over the pelvis.
- Stand on your knees, nice and tall in Kneeling Pose for a breath or two.
- Inhale, and raise your arms. Lengthening them from the armpits and sides of your rib cage, taking them above your head. Keep the palms facing each other.
 Keep the upper arm away from the ears, long, and parallel.
- Stay here for about six

- soft-smooth-slow deep breaths or as per the body's comfort.
- On breathing, keep the stomach tucked in, core strength, and spine lengthened upwards. The chin is aligned with the chest and a bit tucked in. The fascial muscles are relaxed.
- Exhale, slowly back to Vajrasana and then return to Dandasana.
- Finally, release and relax in Balasana.

BENEFITS

- Stretches the deeper connective tissues of the arms, shoulders, chest, upper spine, and upper abdomen.
- Stimulates the heart and related organs.
- Key element to heart opening, ensuring deeper breathing.
- Beautiful addition to therapeutic sequences for asthma, cold or allergies, or other respiratory disorders.
- Prepares sadhaka for higher yogic practices, like Pranayama and Meditation
- Boosts prana (energy) flow throughout the body.
- Releases accumulated thoughts and negative emotions from the body.
- Included in the Vinyasa flow.
- Who have tight or tense shoulders can consider the inclusion of shoulder and arm rotation.
- Even a few rounds of Sun Salutation or Cat Cow Pose will work to lubricate the joints.
- Activates the chest cavity and is a quick fix for neck and shoulder tensions.

LIMITATIONS

- People with injury at knees, ankles, lower back, or legs, have undergone any recent abdominal surgery, weak knees or arthritis or knee pain, high blood pressure, vertigo, dizziness, balanding issues, or nervous ailments like epilepsy, trauma and anxiety, should avoid this
- Seniors and pregnant women should practise slowly under the guidance of a yoga expert,

 By N. Elumalai, PhD Scholar (Yoga Science) at Meenakshi Academy of Higher Education & Research, Chennai-78



The New Indian Express • 17 May • Ministry of Ayush HANUMANASANA FORWARD BEND (MONKEY POSE FORWARD BEND)

2 • PG 570 • Sqcm 570278 • AVE 177.8K • Cir Top Right City Express

Bengaluru



HANUMANASANA FORWARD BEND (MONKEY POSE FORWARD BEND)

This is a challenging forward bend that demands strength, stability, and flexibility of the core and hips, along with strength of the hip flexors, glutes, and quads. This is a variation of an advanced seated pose – Monkey Pose – where the forehead rests on or beyond the knee of the leg straightened in front, while the other leg extends straight behind.

STEPS

- Start in Ardha Hanumanasana. Take a few deep breaths here. Keep the left leg stretched in the front and the right leg bent behind.
- Inhale, place the hands on either side of your hips. Exhale, stretch your left leg with the toes pointing upwards.
- Slowly slide your right leg behind. Inhale, raise your arms, stretching the upper body in Splits Pose.
- Begin to hinge at your hips and fold your torso over your front leg (left).
- Stretch your spine, grounding the palms on both sides of the left foot. The head comes to rest on the front leg. Stay here for about six breaths or as per your body's capacity.
- Inhale, feel the stretch in your hamstrings and hips. Exhale, gently deepen the forward fold. Inhale, rise into Hanumanasana, bringing your hands back to the floor at the sides. Exhale, bring the left leg behind into Adho Mukha Svanasana. Stay here for a breath or two.
- Repeat the stretch on the other side following the above instructions.
- Release and return to Adho Mukha Svanasana. Finally, relax in Balasana.

BENEFITS

- This deep hip opener stretches the muscles of the hamstrings, thighs, groin, quadriceps, psoas, gluteus, and hip and knee joints.
- Provides a stretch to the spine and back.
- Improves the range of motion in the hip flexors and psoas muscles.
- Helps shift awareness to chest breathing.
- Encourages conscious expansion of the chest, side rib cage, upper back, and abdomen.
- Supports the functioning of the intercostal muscles, aiding the lungs.
- Improves overall balance and alignment while toning the legs.
- Increased blood flow to the head, legs, and hips helps to calm the nervous system.
- Promotes the outward flow of stagnant energy and supplies fresh energy throughout the system.
- Helps release unwanted stress and emotions.
- Stimulates digestive and reproductive organs.
- Is suitable for yoga routines for teenagers or children to foster interest in yoga.
- An excellent pose for runners, athletes, gymnasts, dancers, ice skaters, or climbers to build strength, endurance, flexibility, and agility around the hips and legs.

LIMITATIONS

- Those with recent injuries to the hips, tailbone, pelvis, knees, or ankles, or those with groin or hamstring injuries, chronic conditions, pregnancy, or severe lower back pain, should avoid this
- Keep the body warmed up with multiple rounds of Surya Namaskar or dynamic yoga flows.

By N Elumalai, PhD Scholar (Yoga Science) at Meenakshi Academy of Higher Education & Research, Chennai



Dainik Jagran • 16 May • Ministry of Ayush Jila Ayush Society ka registration jalad ho

3 • PG 340 • Sqcm 861123 • AVE 1.14M • Cir Middle Center

Delhi

जिला आयुष सोसायटी का पंजीकरण शीघ्र हो : उपायुक्त

जागरण संवाददाता, शिमला : जिला आयष सोसायटी के गठन को लेकर अनुपम उपायुक्त अध्यक्षता में बैठक हुई। उपायुक्त ने सोसायटी का पंजीकरण शीघ्र करने के निर्देश दिए। सोसायटी का कार्यालय जिला आयुष कार्यालय में स्थापित होगा। इस सोसायटी का उद्देश्य राष्ट्रीय आयुष मिशन को प्रभावी तरीके से लागू करना है। जिला आयुष सोसाइटी की और से आयुर्वेद विभाग में किए जाने वाले कार्यों भवन निर्माण, दवाइयां खरीदने व अन्य कार्यों की स्वीकृति प्रदान की जाएगी। इसके अलावा केंद्र सरकार से प्रायोजित योजनाओं का क्रियान्वयन करवाना है। इनमें मुख्य तौर पर नियुक्ति करना, केंद्र सरकार के विभिन्न प्रोजेक्टों की निगरानी करना, सोसायटी के बेहतर संचालन के लिए नियम तैयार करना और समय-समय पर उनमें बदलाव करना है।

गवर्निंग बाडी में उपायुक्त को चेयरमैन व अतिरिक्त उपायुक्त को सह चेयरमैन बनाया गया है। इसके अलावा उपनिदेशक आयुष विभाग, उपनिदेशक डीआरडीए, जिला कार्यक्रम अधिकारी महिला एवं बाल विकास, अधीक्षण अभियंता जलशक्ति विभाग, मुख्य चिकित्सा अधिकारी, सहायक नियंत्रक वित्त एवं अकाउंट सर्विस, नोडल अधिकारी राज्य मेडिसिनल प्लांट बोर्ड. जिला कार्यक्रम अधिकारी आयुष को सदस्य के तौर पर नियुक्त किया गया है। जिला आयुर्वेदिक अधिकारी को मुख्य कार्यकारी अधिकारी नियुक्त किया गया है। कार्यकारिणी में जिला आयुष अधिकारी को चेयरपर्सन नियुक्त किया है। सबसे वरिष्ठ सब डिविजनल आयुष मेडिकल आफिसर को सदस्य सचिव नियुक्त किया गया है। प्रतिनिधि मुख्य चिकित्सा अधिकारी कार्यालय, प्रतिनिधि जिला योजना कार्यालय, प्रतिनिधि उप निदेशक बागवानी विभाग, प्रतिनिधि जिला पंचायत कार्यालय, प्रतिनिधि मेडिसिनल प्लांट, प्रतिनिधि डीएफओ आयुर्वेदिक कार्यालय. कालेज प्रधानाचार्य कार्यालय से प्रतिनिधि और होम्योपैथिक वरिष्ठतम आफिसर को सदस्य बनाया गया है।



Online Coverage

No	Portal Name	Headline (Incorporated with URL)	Reach
1.	MSN Hindi	Retirement Age Latest News: अब इतने साल तक और नौकरी करेंगे सरकारी कर्मचारी! जल्द	733.9M
2.	ABP Live	उत्तराखंड के इन कर्मचारियों की स्थायी नौकरी पर आज फैसला? कैबिनेट बैठक के बाद मिल	85.9M
3.	Dainik Bhaskar	पारंपरिक चिकित्सकों को प्रशिक्षण और 4 को प्रमाण पत्र भी दिया गया	66.5M
4.	हिन्दुस्तान(Live Hindustan)	जिला कारागार में बंदियों ने सीखा आयुष का महत्व	64.8M
5.	The Times of India	NIA Panchkula to offer Ayurveda-allopathy combo treatment	64.4M
6.	अमर उजाला (Amar ujala)	Uttarakhand Cabinet: बैठक आज; उपनल कर्मियों के नियमितीकरण के मसले पर हो सकती है	63.8M
7.	अमर उजाला (Amar ujala)	World Hypertension Day : देश में हर चौथा व्यक्ति उच्च रक्तचाप से परेशान, आधे मरी	63.8M
8.	The Hindu	Visakhapatnam set to create a new record on International Yoga Day	35.9M
9.	Loksatta - Marathi Newspaper	आता आयुर्वेद दिन 'या" दिवशी साजरा होणार, कारण खगोलशास्त्र म्हणते	33.4M
10.	Dailyhunt	Adopt cleanliness, check mosquito breeding sites to combat dengue: JP Nadda	18.6M
11.	Dailyhunt	Andhra CM Naidu directs officials to organise record-breaking Yoga Day on June 2	18.6M
12.	Prokerala.com	With 2.5 lakh participants, Vizag Yoga Day event to create world record	13M
13.	Prokerala.com	Adopt cleanliness, check mosquito breeding sites to curb spread of dengue	13M
14.	ThePrint	Yoga Day 2025: Samyoga, Yoga Unplugged aim to redefine yoga practice	11.3M
15.	Latestly	India News Andhra CM Naidu Directs Officials to Organise Record-breaking Yog a	7.8M
16.	Mid-Day	National Dengue Day 2025 Adopt cleanliness, check mosquito breeding sites to c	7.5M
17.	IBC24 News	Retirement Age Latest News: अब इतने साल तक और नौकरी करेंगे सरकारी कर्मचारी! जल्द	7.3M
18.	IBC24 News	Samvida Employee regularization News: संविदा कर्मियों की खुलने वाली है किस्मत!	7.3M
19.	IBC24 News	मेघवाल ने युवाओं से स्वस्थ भविष्य के लिए प्राकृतिक चिकित्सा, योग अपनाने का आग्रह	7.3M
20.	Janta Se Rishta	डीसी बने चेयरमैन, बेहतर संचालन के बनेंगे नियम	3.8M
21.	Janta Se Rishta	Dehradun: घूसखोरी के आरोपों के बीच धामी क्लीन अप करप्शन ट्रेंड में, पांच गिरफ्ता	3.8M
22.	The Hans India	Vizag set to create record on Yoga Day	1.7M
23.	The Hans India	Naturopathy is India"s Gift to the World: Leaders Urge Youth to Embrace Holisti	1.7M
24.	Gnttv	Arthritis Treatment: 1 रुपए में गठिया का आयुर्वेदिक उपचार, वाराणसी में आयुष मंत्	1.5M
25.	Devdiscourse	Embracing Wellness: Naturopathy and Yoga's Role in India's Health Future	1.2M



26.	The Week	Union Minister Meghwal urges youth to embrace naturopathy yoga for healthier fut	888.3K
27.	The Pioneer	AYUSH Deptt in Haryana gears up for preparations of Int"l Day of Yoga	776.4K
28.	Divya Himachal	डीसी बने चेयरमैन, बेहतर संचालन के बनेंगे नियम	553.6K
29.	Divya Himachal	पीरन पंचायत में नई जीपीसीसी गठित	553.6K
30.	ThePrint	मेघवाल ने युवाओं से स्वस्थ भविष्य के लिए प्राकृतिक चिकित्सा, योग अपनाने का आग्रह	483.1K
31.	Social News XYZ	With 2.5 lakh participants, Vizag Yoga Day event to create world record	415.2K
32.	Social News XYZ	Adopt cleanliness, check mosquito breeding sites to curb spread of dengue	415.2K
33.	Editorji	Andhra CM Naidu orders massive Yoga Day on June 21	411.4K
34.	The Assam Tribune	Adopt cleanliness, check mosquito breeding sites to curb spread of dengue	288.3K
35.	Press Trust of India	Union Minister Meghwal urges youth to embrace naturopathy, yoga for healthier fu	200.1K
36.	Sakshipost EN	Adopt cleanliness, check mosquito breeding sites to curb spread of dengue	160.8K
37.	Sakshipost EN	With 2.5 lakh participants, Vizag Yoga Day event to create world record	160.8K
38.	News Drum	Union Minister Meghwal urges youth to embrace naturopathy, yoga for healthier fu	158.4K
39.	News Drum	Andhra CM Naidu directs officials to organise record-breaking Yoga Day on June 2	158.4K
40.	BizzBuzz	Adopt cleanliness, check mosquito breeding sites to curb spread of dengue	125.6K
41.	Punjab News Express	Adopt cleanliness, check mosquito breeding sites to curb spread of dengue	112.8K
42.	Lokmattimes.com	With 2.5 lakh participants, Vizag Yoga Day event to create world record	94.3K
43.	Lokmattimes.com	Adopt cleanliness, check mosquito breeding sites to curb spread of dengue	94.3K
44.	New Kerala	JP Nadda Stresses Cleanliness to Combat India"s Dengue Rise	72K
45.	Daily Chhattisgarh	नौरंगपुर समाधान शिविर में 212 आवेदनों का निराकरण	72K
46.	Edristi	प्रश्न – दूसरी एशियाई योगासन खेल चैंपियनशिप, 2025 के संदर्भ में निम्नलिखित में स	56.4K
47.	Edristi	योग महोत्सव-2025	56.4K
48.	Bhaskar Live	Adopt cleanliness, check mosquito breeding sites to curb spread of dengue	46.5K
49.	उत्तरा न्यूज	अल्मोड़ा::राजकीय जूनियर हाईस्कूल चनोली में आयोजित हुआ योग सत्र	17.6K
50.	Tennews.in	With 2.5 lakh participants, Vizag Yoga Day event to create world record	9.1K
51.	Tennews.in	Adopt cleanliness, check mosquito breeding sites to curb spread of dengue	9.1K
52.	Hi INDiA	Adopt cleanliness, check mosquito breeding sites to curb spread of dengue	2.4K



53.	Hi INDiA	With 2.5 lakh participants, Vizag Yoga Day event to create world record	2.4K
54.	Thip Media	Adopt cleanliness, check mosquito breeding sites to curb spread of dengue	N/A
55.	enewstime	Adopt cleanliness, check mosquito breeding sites to curb spread of dengue	N/A
56.	Tezas Amwad	Uttarakhand Cabinet: बैठक आज; उपनल कर्मियों के नियमितीकरण के मसले पर हो सकती है	N/A
57.	Indianapolis Post	"Samyoga" and "Yoga Unplugged" signal a bold new direction for International Yog	N/A
58.	Bharat Shikhar Times	Successful Blood Donation Drive "Operation Sindoor" Collects 85 Units at VMMC &a	N/A
59.	The Better Andhra	With 2.5 lakh participants, Vizag Yoga Day event to create world record	N/A
60.	रुबरु न्यूज़	आयुर्वेद पद्धति से 123 रोगियों का उपचार	N/A
61.	Sabkasandesh	Retirement Age Latest News: अब इतने साल तक और नौकरी करेंगे सरकारी कर्मचारी! जल्द	N/A
62.	origin.mid-day.com	National Dengue Day 2025 Adopt cleanliness, check mosquito breeding sites to c	N/A
63.	Times Of Taj	चार शादियों की अनुमति सशर्त: इलाहाबाद हाई कोर्ट की अहम टिप्पणी	N/A
64.	Vaartha	11वें अंतर्राष्ट्रीय योग दिवस में भाग लेंगे प्रधानमंत्री मोदीःचन्द्रबाबू नायुडू	N/A
65.	Daily World	With 2.5 lakh participants, Vizag Yoga Day event to create world record - Agencie	N/A
66.	Newspoint	Adopt cleanliness, check mosquito breeding sites to curb spread of dengue	N/A
67.	Vishva Times	Adopt cleanliness, check mosquito breeding sites to curb spread of dengue	N/A
68.	UNI	PM to participate in Yoga Day in AP, CM reviews arrangements	N/A
69.	Times Report	With 2.5 lakh participants, Vizag Yoga Day event to create world record	N/A
70.	Maharashtra Samachar	"Samyoga" and "Yoga Unplugged" signal a bold new direction for International Yog	N/A
71.	Punjab Live	"Samyoga" and "Yoga Unplugged" signal a bold new direction for International Yog	N/A
72.	Hindustan Global Times	उत्तराखंड आयुर्वेद विश्वविद्यालय: छात्रों के भविष्य पर लटकती तलवार या प्रशासनिक	N/A
73.	Thefreedompress	With 2.5 lakh participants, Vizag Yoga Day event to create world record	N/A
74.	Life And More	'Samyoga" and 'Yoga Unplugged" signal a bold new direction for this Intl Yoga	N/A
75.	Bharat Express	'Check, Clean, Cover": Health Ministry Stresses Vigilance On National Dengue Da	N/A
76.	Kolkata Sun	"Samyoga" and "Yoga Unplugged" signal a bold new direction for International Yog	N/A



77.	Calcutta News	"Samyoga" and "Yoga Unplugged" signal a bold new direction for International Yo	N/A
78.	India 360 Report	इस साप्ताहिक योग पॉडकास्ट का उद्देश्य समग्र कल्याण को बढ़ावा देना है	N/A
79.	enewstime	With 2.5 lakh participants, Vizag Yoga Day event to create world record	N/A
80.	Investment Guru India	Adopt cleanliness, check mosquito breeding sites to curb spread of dengue	N/A
81.	E Khabar Today	MP News: मध्यप्रदेश में इन सरकारी कर्मचारियों की हो गई मौज, सरकार बढ़ाएगी रिटायर	N/A
82.	Vande Bharat Live Tv News	शनिवार 17 मई25 की प्रमुख खबरें	N/A
83.	The Hans India	Vizag set to create record on Yoga Day	N/A
84.	उद्योग का अनुमान	मेघवाल ने युवाओं से स्वस्थ भविष्य के लिए प्राकृतिक चिकित्सा, योग अपनाने का आग्रह	N/A
85.	Daily World Hindi	मेघवाल ने युवाओं से स्वस्थ भविष्य के लिए प्राकृतिक चिकित्सा, योग अपनाने का आग्रह	N/A
86.	Rudraksh News	बैठक आज; उपनल कर्मियों के नियमितीकरण के मसले पर हो सकती है चर्चा, ये प्रस्ताव भी	N/A
87.	OB News	"Samyoga" and "Yoga Unplugged" signal a bold new direction for International Yog	N/A
88.	Dynamite News	PM to participate in Yoga Day in AP, CM reviews arrangements	N/A
89.	Tender Detail	Bids Are Invited For Quotation For Printing Services Index Register Good Quality	N/A
90.	Sabkasandesh	Samvida Employee regularization News: संविदा कर्मियों की खुलने वाली है किस्मत!	N/A
91.	Tosnews	Uttarakhand Cabinet: बैठक आज; उपनल कर्मियों के नियमितीकरण के मसले पर हो सकती है	N/A
92.	Next Khabar	'सृजन 2025" में एलएनसीटी, भोपाल को हेल्थ एंड लाइफ साइंस कैटेगरी में प्रथम पुरस्	N/A
93.	सबसे तेज प्रधान टाइम्स	माता सुरकंडा मंदिर प्रांगण में हरित योग शिविर आयोजित	N/A
94.	Sakshi Post	With 2.5 lakh participants, Vizag Yoga Day event to create world record	N/A
95.	Manastoday	'सृजन 2025" में एलएनसीटी, भोपाल को हेल्थ एंड लाइफ साइंस कैटेगरी में प्रथम पुरस्	N/A
96.	Thip Media	With 2.5 lakh participants, Vizag Yoga Day event to create world record	N/A
97.	Suryaa	Adopt cleanliness, check mosquito breeding sites to curb spread of dengue Health	N/A
98.	Newspoint	With 2.5 lakh participants, Vizag Yoga Day event to create world record	N/A
99.	Yes Punjab	With 2.5 lakh participants, Vizag Yoga Day event to create world record	N/A
100.	Health Economictimes	Union Minister Meghwal urges youth to embrace naturopathy, yoga for healthier fu	N/A
101.	Pune News	Adopt cleanliness, check mosquito breeding sites to curb spread of dengue	N/A
102.	UjjawalPrabhat	बैठक आज; उपनल कर्मियों के नियमितीकरण के मसले पर हो सकती है चर्चा, ये प्रस्ताव भी	N/A