

Ministry of Ayush

Brand

Prataprao Jadhav, Rajesh Kotecha

210 Mentions

mate Range : 21 May, 2025 - 22 May, 2025





Overview

Ministry of Ayush



Total Mention

Print Article Online Mention

32 🔡

169 🌐

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Rajesh Kotecha



Total Mention

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7 🏐

Total Reach

Online Reach

20.4M 🌐

Prataprao Jadhav



Total Mention



Total Reach

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Online Reach

11.3M 🏢



S.No	News_Paper	Date	Keyword	Title	Medium	Reach
1	The Times of India	May 22, 2025	Ministry of Ayush	AYUSH POLICY 2023: Holistic healing, sustainable tourism	PRINT	46.88K
2	The Economic Times	May 22, 2025	Ministry of Ayush	INFRA, ACCESSIBILITY & HEALTH SERVICES BOOST TOURISM DEVELOPMENT	PRINT	61.91K
3	The New Indian Express	May 22, 2025	Ministry of Ayush	JIVABALASANA	PRINT	246.4K
4	The Pioneer	May 22, 2025	Ministry of Ayush	Yoga is a way to unite body, mind and soul	PRINT	634.42K
5	Mint	May 22, 2025	Ministry of Ayush	AYUSH SHOWCASES INDIA'S HOLISTIC HEALTH POWER AT OSAKA EXPO IN JAPAN	PRINT	375K
6	The Economic Times	May 22, 2025	Ministry of Ayush	INFRA, ACCESSIBILITY & HEALTH SERVICES BOOST TOURISM DEVELOPMENT	PRINT	33.32K
7	The Economic Times	May 22, 2025	Ministry of Ayush	Destination Uttarakhand	PRINT	420.14K
8	The Times of India	May 22, 2025	Ministry of Ayush	AYUSH POLICY 2023: Holistic healing, sustainable tourism	PRINT	1.27M
9	The New Indian Express	May 22, 2025	Ministry of Ayush	JIVABALASANA	PRINT	177.8K
10	Mint	May 22, 2025	Ministry of Ayush	AYUSH SHOWCASES INDIA'S HOLISTIC HEALTH POWER AT OSAKA EXPO IN JAPAN	PRINT	375K
11	Silicon India	May 22, 2025	Ministry of Ayush	THE HEALTHCARE REVOLUTION: WHAT 2025 MEANS FOR PATIENTS & PROVIDERS	PRINT	1.35M
12	Mint	May 22, 2025	Ministry of Ayush	CORPORATE BUZZ	PRINT	45K
13	Mint	May 22, 2025	Ministry of Ayush	Ayush showcases India's holistic health power at Osaka Expo in Japan	PRINT	375K
14	The Times of India	May 22, 2025	Ministry of Ayush	Destination Uttarakhand	PRINT	4.69M
15	Mint	May 22, 2025	Ministry of Ayush	Corporate buzz	PRINT	55K
16	The Times of India	May 22, 2025	Ministry of Ayush	AYUSH POLICY 2023: Holistic healing, sustainable tourism	PRINT	248.64K
17	Mint	May 22, 2025	Ministry of Ayush	AYUSH SHOWCASES INDIA'S HOLISTIC HEALTH POWER AT OSAKA EXPO IN JAPAN	PRINT	75K
18	The Pioneer	May 22, 2025	Ministry of Ayush	India reaffirms commitment to global health at WHA	PRINT	275K



The Times of India • Chandigarh • 22 May, 2025

AYUSH POLICY 2023: Holistic healing, sustainable tourism

Page noLanguageArticle DimensionSupplementPositionAVECirculation4English186N/ABottom Center9043546.88K

AYUSH POLICY 2023: Holistic healing, sustainable tourism

Aligned with PM Narendra Modi's mission, AYUSH Policy 2023 aims to position Uttarakhand as a centre for holistic wellness

ttarakhand, with its spiritual importance and immaculate Himalayan terrains, already enjoys international acclaim as a hub for yoga and natural healing. The AYUSH Policy 2023 builds on this heritage, facilitating the state as a holistic wellness destination by fostering the building of AYUSH wellness centres, retreats, and therapy hubs in both rural and urban locations.

A fundamental objective of the policy is to build a strong infrastructure for AYUSH-based healthcare services aligned with international benchmarks. This includes setting up integrated AYUSH hospitals and specialised Panchakarma centres, particularly in tourism hotspots. Also, the policy facilitates Public-Private Partnerships (PPP) to develop and manage wellness tourism facilities, assuring quality, scalability, and sustainability.

The state government seeks to train local youth as AYUSH therapists, yoga instructors, and wellness guides, creating job prospects while improving the visitor experience. The policy supports research

and standardisation in AYUSH practices, striving to build trust in global clientele.

The state intends to encourage AYUSH tourism through strategic marketing campaigns and collaborations with travel agencies, wellness resorts, and interna-



tional wellness organisations. The inclusion of AYUSH services in health insurance and digital platforms is also proposed to improve accessibility and ease of booking wellness packages. The AYUSH Policy 2023 showcases the notion of transforming Uttarakhand into an epicentre for holistic healing and sustainable tourism. It positions the state not only as a sanctuary for natural wellness but also as a standard for combining conventional learning with contemporary tourism practices, thus promoting financial expansion.



The Economic Times • Chandigarh • 22 May, 2025

INFRA, ACCESSIBILITY & HEALTH SERVICES BOOST TOURISM DEVELOPMENT

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EMERGING SPIRITUAL AND WELLNESS CAPITAL OF INDIA



"Under the visionary guidance of PM Narendra Modi, Uttarakhand is evolving as a holistic tourism destination—spiritually uplifting, economically empowering, and globally inspiring. Our AYUSH Policy 2023, enhanced pilgrimage services, and schemes like the Deen Dayal Upadhyaya Homestay Yojana reflect our commitment to inclusive growth, cultural pride, and sustainable development. We welcome the world to experience the healing, heritage, and hospitality of Uttarakhand."

-Pushkar Singh Dhami, Chief Minister



PROMOTING TOURISM. **EMPOWERING RESIDENTS THROUGH**

The Deen Dayal Upadhyaya Homestay Scheme transforms ordinary homes into tourism assets, thus offering tourists an experience while creating livelihood opportunities for the locals



INFRA, ACCESSIBILITY & HEALTH SERVICES B

Under the able leadership of Prime Minister Narendra Modi, Uttarakhand Chief Minister Pushkar Singh Dhami is actively promoting AYUSH Policy 2023, which envisions transforming Uttarakhand into a hub of health and wellness tourism

ften referred to as Devbhoomi or the Land of the Gods, Uttarakhand is home to some of the most revered pilgrimage places in India, notably the Chardham—Kedarnath, Badrinath, Gangotri, and Yamunotri—and Hemkund Sahib. These revered destinations draw lakhs of devotees every year, pursuing spiritual solace amidst the majestic Himalayas.

SPIRITUAL ESSENCE

The Chardham Yatra holds tremendous spiritual significance for Hindus. Kedarnath, devoted to Lord Shiva, and Badrinath, devoted to Lord Vishnu, are among the most holy temples in India. Gangotri and Yamunotri are the origins of the Ganges and Yamuna rivers respectively, and are associated with deity worship. Hemkund Sahib, located at a height of 4,572 metres in Chamoli district, is a revered Sikh pilgrimage

site. It is believed that Guru Gobind Singh, the tenth Sikh Guru, meditated at this tranquil area encircled by seven snow-capped peaks and a glacial lake.

HEALTHCARE SUPPORT FOR PILGRIMS

Recognising the challenges posed by high altitudes and rough landscapes, the Uttarakhand government has greatly improved healthcare facilities for pilgrims. For the 2025 Chardham Yatra, new hospitals with 17 and 45 beds have been established in Kedarnath and

To address altitude-related health issues, 20 medical relief posts and 31 health check-up centres have been set up. The state has also increased the number of ambulances to 154, including 17 advanced life-support units. Helicopter ambulances operated by AIIMS Rishikesh and boat ambulances at Tehri

advancements include the upgraded e-Health Dham portal with a 'Get Help' button for immediate assistance. 'Point of Care Testing Devices' assess 28 critical health parameters on the spot. Compulsory health declarations help determine high-risk pilgrims before the journey.

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To enhance accessibility, the Uttarakhand government has concentrated on improving infrastructure along the pilgrimage routes. Helicopter services have been facilitated, with the government encouraging pilgrims to book tickets only through the official IRCTC website to prevent scams. Bo parking facilities for 1,495 vehicles have been arranged at 20 locations along the yatra route

PILGRIMAGE TO HEMKUND SAHIB

The trek to Hemkund Sahib is difficult, involving a vertical 6 km climb from Ghangaria. To aid pilgrims.



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Longratulate the Uttarakhand government

on the remarkable progress achieved in the last few years. This has been made possible by sustained policy push and focus on key sectors such as tourism and renewable energy Alongside, the state has made significant strides in infrastructure development, setting new benchmarks for sustainable growth. Uttarakhand's commitment to harnessing its natural resources and promoting tourism has not only bolstered its economy but also showcased its potential on the global stage. I applaud the state's dedication to inclusive development and look forward to its continued success in the years ahead."

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pilgrims experience acute mountain sickness. To control this, augmented awareness drives and medical facilities are being emphasised.

DHAMI GOVT ENHANCING CONNECTIVITY, BOOSTING ECONOMIC GROWTH

RISHIKESH-KARNAPRAYAG RAIL

PROJECT: The 125 km broad-gauge railway line between Rishikesh and Kamaprayag stands as an example in the evolution of the state's transportation infrastructure. Endorsed by the Ministry of Railways in 2010-11, the undertaking strives to enable comfortable entry to pilgrimage sites, link new business centres, and promote the evolution centres, and promote the evolution of backward regions. Traversing Dehradun, Tehri Garhwal, Pauri Garhwal, Rudraprayag, and Chamoli, the railway line will connect major towns like Devprayag, Srinagar, Rudraprayag, Gauchar, and Karnaprayag.

DELHI-DEHRADUN

EXPRESSWAY: The 210 km expressway will lessen the travel duration between Delhi and Dehradun from the present 5 hours to just 2.5 hours. This six-lane highway, with the possibility for expansion to eight lanes, will not only ease traffic congestion but also promote residential and retail expansion along its course A remarkable element of the Delhi-Dehradun Expressway is its wildlife corridor, which is a 12 km elevated flyover developed to save the local fauna.

AIR CONNECTIVITY: The Dehradun-Pithoragarh flight service ventured under the UDAN Regional Connectivity Scheme, has significantly cut the travel period between the two cities from 12-15 hours by road to just 60 minutes by air. This service improves connectivity between the Kumaon and between the Rumaon and Garhwal regions, promoting tourism and financial activities. Further, new flights from Dehradun to Ayodhya, Varanasi, and Amritsar have boosted the state's network.

he Deen Dayal Upadhyaya Homestay Scheme officially known as the Deen Dayal Upadhyaya Griha Awaas Vikas Yojana, is a flagship endeavou by the government of Uttarakhand aimed at transforming tourism and empowering local residents. The scheme facilitates homestay accommodations across the state, enabling both domestic and global travellers to explore not only famous destinations but also isolated, lesser-known regions of Uttarakhand.

The main purpose of the scheme is to offer tourists

hygienic, inexpensive, and culturally immersive accommodation prospects while simultaneously generating livelihood options for local citizens. Homestays allow visitors to experience the authentic culture, customs, and food of Uttarakhand, encouraging significant associations with their hosts and the surrounding communities.

The scheme offers significant monetary aid to home owners desiring to transform part of their houses into homestays. In hilly areas, the government provides a capital subsidy of 33% of the project cost or up to Rs 10 lakh, whichever is lower. Further, there is a 50% interest subsidy on loans (up to Rs 1.5 lakh per year) for the first five years. In plain areas, the capital subsidy is 25% or Rs 7.5 lakh (whichever is lower), along with an interest subsidy of up to Rs 1 lakh annually for five years.

Apart from monetary support, the scheme highlights capacity building. The government organises training programmes to help homestay owners develop hospitality and management skills, assuring quality service for visitors and sustainable business practices for hosts.

To simplify the procedure and improve visibility, the Uttarakhand Tourism Department has established an online platform that links travellers with registered homestays. This portal furnishes a free listing service for homestay operators and a convenient, trusted booking option for visitors



CM Pushkar Singh Dhami visiting a homestay

UTTARASTAYS: UTTARAKHAND'S OFFICIAL HOMESTAY BOOKING PORTAL

Uttarastays is a dedicated homestay booking portal established by the Uttarakhand Tourism Development Board to facilitate and promote homestay tourism in the state. As India's first state-sponsored homestay booking platform, Uttarastays strives to provide a user-friendly and transparent experience for both travellers and homestay owners.

The portal lets visitors search and book verified

homestays across Uttarakhand with ease, offering thorough information about conveniences, locations and pricing. It also features user-generated reviews and ratings, allowing guests to make informed choices while giving owners valuable feedback.

Uttarastays charges no listing fees or commissions, making it a cost-effective promotional tool. It assures greater visibility, real-time feedback, and direct bookings-

at no cost. Uttarastavs is a step toward sustainable and inclusive tourism, linking tourists with authentic local experiences and empowering communities across Uttarakhand.



Uncharted territories: Exploring offbeat pilgrimage routes

Uttarakhand, a region steeped in spiritual heritage, is unveiling its lesser-known gems, attracting pilgrims, trekkers, and seekers alike with their natural beauty, cultural richness, and profound significance. Read on...



ttarakhand, famous for its spiritual heritage, is now seeing the rise of several lesser-known yet culturally rich destinations that are attracting pilgrims, trekkers, and spiritual seekers alike. Among them are Kartik Swami Temple, Jagannath Temple (Devprayag), Triyuginarayan Temple, Tungnath, Kashi Vishwanath Temple (Uttarkashi), and Haat Kalika Temple, each delivering a special spiritual and cultural experience.

KARTIK SWAMI TEMPI F LORD MURUGAN

Located in the Rudraprayag district Kartik Swami Temple is devoted to Lord Kartikeya, also known as Lord Murugan the son of Lord Shiva and Parvati. While Kartikeya is primarily revered in South India, this hilltop temple is one of the rare shrines in North India where devotees can offer prayers to him. Situated at a height of about 3,000 metres, the temple offers a panoramic view of the snowcapped Himalayas, making it a spiritual haven for nature lovers and trekkers. The legend associated with this temple tells the cosmic contest between Kartikeya and Ganesha, emphasising themes of

JAGANNATH TEMPLE LITTARKASHI: Located just six km from Uttarkashi, the surroundings of Sald village, nestled



to Lord Jagannath, an incarnation of Lord Vishnu. Built in the traditional hill-style architecture of Uttarakhand, the temple offers breathtaking views from its elevated location

among dense deodar forests. Though 2.047

km away from the famous Jagannath Temple in Puri (Odisha), this shrine shares a deep

spiritual connection. Situated in Uttarakhand's

of the Alaknanda and Bhagirathi rivers in

TRIYUGINARAYAN TEMPLE: A HALLOWED WEDDING DESTINATION Located near Kedarnath, the Triyuginarayan

Temple is considered to be the place where Lord Shiva and Parvati were married, with Lord Vishnu himself acting as the divine witness. The eternal flame burning at the temple is said to have been lit during their divine wedding. In recent years, it

destination for couples desiring spiritual blessings and a striking Himalayan backdrop.

TUNGNATH: THE HIGHEST SHIVA TEMPLE IN THE WORLD Tungnath is part of the Panch Kedar



temple globally, situated at a height of 3.680 meters in the Garhwal Himalayas. Its accessibility and spectacular surroundings make it famous among both pilgrims and trekkers.

KASHI VISHWANATH TEMPLE UTTARKASHI & HAAT KALIKA TEMPLE, GANGOLIHAT

The Kashi Vishwanath Temple in Uttarkashi mirrors the renowned one in Varanasi and is a venerated site along the route to Gangotri. The Haat Kalika Temple in Gangolihat, holds military and cultural importance and is

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UTTARAKHAND PITCHES SERENE HILLS AS WEDDING DESTINA

With a unique appeal from Prime Minister Narendra Modi under the 'Wed in India' campaign, the spotlight has shifted to Uttarakhand's stunning venues. Read on...

arakhand is fast emerging as one of India's most sought-after wedding destinations. Endowed with tranqui terrains, snow-capped mountains, riverside retreats, and religious temples, the state offers couples an ideal combination of tradition. nature, and tranquillity.

TRIJUGINARAYAN TEMPLE – A

hallowed wedding beneath divine blessings: One of the most sacred wedding sites is the Trijuginarayan Temple in the Rudraprayag district. Soaked in mythology, this temple is considered to be the site of Lord Shiva and Goddess Parvati's divine wedding. Couples from across the nation are attracted here to tie the knot in a spiritually substantial and historical background.

TEHRI – A dreamy lakeside affair in the Himalayas: Tehri, overlooking the emerald waters of Tehri Lake, offers a surreal lakeside wedding experience



amidst the Garhwal Himalayas. RISHIKESH – Spiritual serenity meets riverside romance: Rishikesh, the yoga capital of the world, is another favourite. With the Ganges flowing gently and the Himalayas as the backdrop, this town offers spiritual and calm wedding vibes. Luxury resorts, riverbanks, and heritage ghats offer diverse backgrounds for a remarkable wedding. NAINITAL - A fairytale wedding amidst lakes and hills: In the Kumaon region, Nainital delights couples with its misty hills, colonial architecture, and picturesque lakeside venues. A wedding in this romantic hill town feels like a fairytale come true. CORBETT - Into the wild with a touch of grace: For wildlife and nature lovers, Jim Corbett National Park presents a special destination wedding experience. Resorts nea the forest allow couples to marry in the lap of nature, encircled by dense greenery and the calls of the wild.

MUSSOORIF - Colonial charm for a regal celebration: Mussoorie, the Queen of Hills, is an all-time favourite for its colonial charisma. vistas, and cool weather. From luxury hotels to heritage structures, Mussoorie adds elegance and romance to wedding celebrations

Text by Taresh Dutta

READER ENGAGEMENT INITIATIVE



The New Indian Express • Chennai • 22 May, 2025

JIVABALASANA

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JIVABALASANA

This is a beginner-level standing yoga pose that involves balance and stretthing. Similar to Utkatasana, it demands active and strong knees, hence strengthening them. It also strengthens the joints of the hands and feet. It cures rheumatism of the joints. It can be added to Therapeutic Yoga sequences. It activates the twelve secondary chakras within the joints of the hands and feet. These chakras are situated at the ankles, knees, thighbones, wrists, elbows, and shoulders and serve as channels for the vital essence of life force.

STEPS

- Stand in Mountain Pose Variation Feet Hip Wide, shoulder-width apart.
- Inhale, lift your arms, and stretch them parallely in front at shoulder level. The palms are relaxed and facing up, elbows are stretched
- Exhaling, slightly bend your knees, forming an L-shape. The angle between the thighs and shins is approximately 90 degrees. The back and head are in a straight line.
- Stay here in for about six breaths or as per the body's capacity. Keep your core engaged. Make sure the weight is evenly distributed between the feet. Keep your chest lifted and gaze straight ahead. Maintain steady breaths.
- Yoga teachers can encourage students to cultivate sensitivity and perceive the flow of tellurian energy through the feet that flow upward through the body, nourishing and grounding within.
- To release, straighten your legs as you inhale. Exhale, lower the arms to the sides, and return to Tadasana Variation Feet Hip Wide.
- Finally, relax in Three Part Breath Mountain Pose.
- Tip: Students who find it difficult to balance can follow the same seated on a chair or hovering above a chair.

BENEFITS

- Reduces symptoms related to cold extremities, numbness or tingling and cramping.
- Helps heal wounds, reduces the risk of cardiovascular disease.
- Boosts calorie burn, increases bone density, and improves balance and posture.
- Enhances peripheral circulation and the heart's activity.
- Develops strong hips, knees, and ankles joints.
- · Targets quadriceps, hamstrings, and gluteus.
- Enhances athletic performance and functional movements like sitting, standing, walking, climbing stairs, bending, and carrying heavy
- Incorporated into Power Yoga, and Sculpt Yoga, as Jivabalasana targets the leg muscles, contributing to toning and shaping the thighs and glutes.
- Developing core muscle strength increases workout effectiveness and reduces injury risk.
- Increases your lung capacity.
- Strengthens the torso and lower back while stretching the upper back.
- Regular practise will tone and stabilize your knee and ankle joints.
- Gives a good stretch to the hips, spine, and chest muscles.
- Massages the abdominal organs and stimulates the diaphragm and heart.
- Strengthens immune system and helps to relieve joint pains and back pains.



By N Elumalai, PhD Scholar (Yoga Science) at Meenakshi Academy of Higher Education & Research, Chennai



The Pioneer • Delhi • 22 May, 2025

Yoga is a way to unite body, mind and soul

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'Yoga is a way to unite body, mind and soul'

GIRISH SHARMA Bhopal

midst the serene 250-acre green expanse of Swarn Jayanti Park, which boasts a scenic 10-kilometer walking trail, a quiet wellness revolution has been quietly flourishing since October 2010.

Every morning from 6.30 to 8.30 am, yoga guru and naturopathy expert Rajesh Shrivastava leads two free batches of yoga training, drawing hundreds of participants seeking holistic health.

A diploma holder in yoga and naturopathy and post-graduate in yoga and human medical science, Shrivastava has dedicated his life to promoting yoga as a comprehensive path to physical, mental, and spiritual well-being. "Yoga is not merely a practice; it is a way to unite body, mind and soul," he explains.

Under his stewardship, the Yoga Dharam Sadhana Kendra in Swarn Jayanti Park has become a sanctuary for wellness seekers of all ages. "Our sessions have empowered thousands, helping students unlock their potential, cultivate discipline, and enhance both mental and physical health," Shrivastava said.

During the COVID-19 pandemic, when in-person gatherings were restrict-



ed, Shrivastava swiftly transitioned to online sessions, ensuring continuity in service and community engagement. His commitment remained steadfast despite the challenges.

Shrivastava is particularly focused on stress management, especially for students facing board and competitive examinations. He conducts special summer sessions annually for the students, with this year's scheduled from June 1 to June 15.

His expertise spans Patanjali's Ashtanga Yoga, Yoga Nidra, Vipassana Dhyana, Pranayama, Kriya Yoga, as well as techniques for weight loss and lifestyle disease management. Many participants have reported significant improvements in conditions such as diabetes, hypertension, thyroid disorders and migraines through yoga and diet alone. "Yoga empowers, nourishes, and heals. My mission is to make this ancient gift accessible to everyone," Shrivastava emphasized. Each morning, approximately 80 participants join each of the two one-hour batches.

Recognising the growing community, the Capital Project Administration (CPA), which developed the park, has constructed a dedicated platform and a protective shed for practitioners.



Mint • Delhi • 22 May, 2025

AYUSH SHOWCASES INDIA'S HOLISTIC HEALTH POWER AT OSAKA EXPO IN JAPAN

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AYUSH SHOWCASES INDIA'S HOLISTIC HEALTH POWER AT OSAKA EXPO IN JAPAN



The Ministry of Ayush's vibrant and impactful participation at the ongoing World Expo 2025 in Osaka, Japan, is receiving widespread appreciation for showcasing India's holistic approach to health and well-being. Yoga has emerged as a major global attraction, drawing participants to daily sessions be-

ing held at the iconic India Pavilion, Bharat. Under the aegis of the Ministry of Ayush, in collaboration with the India Trade Promotion Organisation, Embassy of India in Tokyo, Consulate General of India in Osaka-Kobe, and the Heartfulness Institute, daily yoga sessions are being conducted from May 2.



The Economic Times • Jaipur • 22 May, 2025

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The main purpose of the scheme is to offer tourists hygienic, inexpensive, and culturally immersive accommodation prospects while simultaneously generating livelihood options for local citizens. Homestays allow visitors to experience the authentic culture, customs, and food of Uttarakhand, encouraging significant associations with their hosts and the surrounding communities.

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Apart from monetary support, the scheme highlights capacity building. The government organises training programmes to help homestay owners develop hospitality and management skills, assuring quality service for visitors and sustainable business practices for hosts.

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at no cost. Uttarastavs is a step toward sustainable and inclusive tourism, linking tourists with authentic local experiences and empowering communities across Uttarakhand.



Uncharted territories: Exploring offbeat pilgrimage routes

Uttarakhand, a region steeped in spiritual heritage, is unveiling its lesser-known gems, attracting pilgrims, trekkers, and seekers alike with their natural beauty, cultural richness, and profound significance. Read on...



ttarakhand, famous for its spiritual heritage, is now seeing the rise of several lesser-known yet culturally rich destinations that are attracting pilgrims, trekkers, and spiritual seekers alike. Among them are Kartik Swami Temple, Jagannath Temple (Devprayag), Triyuginarayan Temple, Tungnath, Kashi Vishwanath Temple (Uttarkashi), and Haat Kalika Temple, each delivering a special spiritual and cultural experience.

KARTIK SWAMI TEMPI F LORD MURUGAN

Located in the Rudraprayag district Kartik Swami Temple is devoted to Lord Kartikeya, also known as Lord Murugan the son of Lord Shiva and Parvati. While Kartikeya is primarily revered in South India, this hilltop temple is one of the rare shrines in North India where devotees can offer prayers to him. Situated at a height of about 3,000 metres, the temple offers a panoramic view of the snowcapped Himalayas, making it a spiritual haven for nature lovers and trekkers. The legend associated with this temple tells the cosmic contest between Kartikeya and Ganesha, emphasising themes of

JAGANNATH TEMPLE LITTARKASHI: Located just six km from Uttarkashi, the surroundings of Sald village, nestled



spiritual connection. Situated in Uttarakhand's of the Alaknanda and Bhagirathi rivers in Devprayag, this ancient temple is dedicated

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TUNGNATH: THE HIGHEST SHIVA TEMPLE IN THE WORLD Tungnath is part of the Panch Kedar



to Lord Jagannath, an incarnation of Lord Vishnu. Built in the traditional hill-style architecture of Uttarakhand, the temple offers breathtaking views from its elevated location

TRIYUGINARAYAN TEMPLE: A HALLOWED WEDDING DESTINATION

Located near Kedarnath, the Triyuginarayan Temple is considered to be the place where Lord Shiva and Parvati were married, with Lord Vishnu himself acting as the divine witness. The eternal flame burning at the temple is said to have been lit during their divine wedding. In recent years, it

temple globally, situated at a height of 3.680 meters in the Garhwal Himalayas. Its accessibility and spectacular surroundings make it famous among both pilgrims and trekkers.

KASHI VISHWANATH TEMPLE UTTARKASHI & HAAT KALIKA TEMPLE, GANGOLIHAT

The Kashi Vishwanath Temple in Uttarkashi mirrors the renowned one in Varanasi and is a venerated site along the route to Gangotri. The Haat Kalika Temple in Gangolihat, holds military and cultural importance and is

AYUSH POLICY 2023: Holistic healing, sustainable tourism

Aligned with PM Narendra Modi's mission, AYUSH Policy 2023 aims to position Uttarakhand as a centre for holistic wellness

ttarakhand, with its spiritual importance and immaculate Himalayan terrains, already enjoys internation al acclaim as a hub for yoga and natural healing. The AYUSH Policy 2023 builds on this heritage, facilitating the state as a holistic wellness destination by fostering the building of AYUSH wellness centres, retreats, and therapy hubs in both rural and urban locations.

A fundamental objective of the policy is

to build a strong infrastructure for AYUSH-based healthcare services aligned with international benchmarks. This includes setting up integrated AYUSH hospitals and specialised Panchakarma centres, particularly in tourism hotspots. Also, the policy facilitates Public-Private Partnerships (PPP) to develop and manage wellness tourism facilities, assuring quality, scal ability, and sustainability.

The state government seeks to train local youth as AYUSH therapists, yoga instructors, and wellness guides, creating job prospects while improving the visitor experience. The policy supports research

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UTTARAKHAND PITCHES SERENE HILLS AS WEDDING DESTINATION

With a unique appeal from Prime Minister Narendra Modi under the 'Wed in India' campaign, the spotlight has shifted to Uttarakhand's stunning venues. Read on...

arakhand is fast emerging as one of India's most sought-after wedding destinations. Endowed with tranqui terrains, snow-capped mountains, riverside retreats, and religious temples, the state offers couples an ideal combination of tradition. nature, and tranquillity.

TRIJUGINARAYAN TEMPLE – A

hallowed wedding beneath divine blessings: One of the most sacred wedding sites is the Trijuginarayan Temple in the Rudraprayag district. Soaked in mythology, this temple is considered to be the site of Lord Shiva and Goddess Parvati's divine wedding. Couples from across the nation are attracted here to tie the knot in a spiritually substantial and historical background.

TEHRI – A dreamy lakeside affair in the Himalayas: Tehri, overlooking the emerald waters of Tehri Lake, offers a surreal lakeside wedding experience



amidst the Garhwal Himalayas. RISHIKESH – Spiritual serenity meets riverside romance: Rishikesh, the yoga capital of the world, is another favourite. With the Ganges flowing gently and the Himalayas as the backdrop, this town offers spiritual and calm wedding vibes. Luxury resorts, riverbanks, and heritage ghats offer diverse backgrounds for a remarkable wedding. NAINITAL - A fairytale wedding amidst lakes and hills: In the Kumaon region, Nainital delights couples with its misty hills, colonial architecture, and picturesque lakeside venues. A wedding in this romantic hill town feels like a fairytale come true. CORBETT - Into the wild with a touch of grace: For wildlife and nature lovers, Jim Corbett National Park presents a special destination wedding experience. Resorts nea the forest allow couples to marry in the lap of nature, encircled by dense greenery and the calls of the wild.

MUSSOORIF - Colonial charm for a regal celebration: Mussoorie, the Queen of Hills, is an all-time favourite for its colonial charisma. vistas, and cool weather. From luxury hotels to heritage structures, Mussoorie adds elegance and romance to wedding celebrations

Text by Taresh Dutta

READER ENGAGEMENT INITIATIVE



The Economic Times • Delhi • 22 May, 2025

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EMERGING SPIRITUAL AND WELLNESS CAPITAL OF INDIA



"Under the visionary guidance of PM Narendra Modi, Uttarakhand is evolving as a holistic tourism destination—spiritually uplifting, economically empowering, and globally inspiring. Our AYUSH Policy 2023, enhanced pilgrimage services, and schemes like the Deen Dayal Upadhyaya Homestay Yojana reflect our commitment to inclusive growth, cultural pride, and sustainable development. We welcome the world to experience the healing, heritage, and hospitality of Uttarakhand."

-Pushkar Singh Dhami, Chief Minister



PROMOTING TOURISM. **EMPOWERING RESIDENTS THROUGH**

The Deen Dayal Upadhyaya Homestay Scheme transforms ordinary homes into tourism assets, thus offering tourists an experience while creating livelihood opportunities for the locals



INFRA, ACCESSIBILITY & HEALTH SERVICES B

Under the able leadership of Prime Minister Narendra Modi, Uttarakhand Chief Minister Pushkar Singh Dhami is actively promoting AYUSH Policy 2023, which envisions transforming Uttarakhand into a hub of health and wellness tourism

ften referred to as Devbhoomi or the Land of the Gods, Uttarakhand is home to some of the most revered pilgrimage places in India, notably the Chardham—Kedarnath, Badrinath, Gangotri, and Yamunotri—and Hemkund Sahib. These revered destinations draw lakhs of devotees every year, pursuing spiritual solace amidst the majestic Himalayas.

SPIRITUAL ESSENCE

The Chardham Yatra holds tremendous spiritual significance for Hindus. Kedarnath, devoted to Lord Shiva, and Badrinath, devoted to Lord Vishnu, are among the most holy temples in India. Gangotri and Yamunotri are the origins of the Ganges and Yamuna rivers respectively, and are associated with deity worship. Hemkund Sahib, located at a height of 4,572 metres in Chamoli district, is a revered Sikh pilgrimage

site. It is believed that Guru Gobind Singh, the tenth Sikh Guru, meditated at this tranquil area encircled by seven snow-capped peaks and a glacial lake.

HEALTHCARE SUPPORT FOR PILGRIMS

Recognising the challenges posed by high altitudes and rough landscapes, the Uttarakhand government has greatly improved healthcare facilities for pilgrims. For the 2025 Chardham Yatra, new hospitals with 17 and 45 beds have been established in Kedarnath and

To address altitude-related health issues, 20 medical relief posts and 31 health check-up centres have been set up. The state has also increased the number of ambulances to 154, including 17 advanced life-support units. Helicopter ambulances operated by AIIMS Rishikesh and boat ambulances at Tehri

advancements include the upgraded e-Health Dham portal with a 'Get Help' button for immediate assistance. 'Point of Care Testing Devices' assess 28 critical health parameters on the spot. Compulsory health declarations help determine high-risk pilgrims before the journey.

INFRASTRUCTURE AND HELI SERVICES

To enhance accessibility, the Uttarakhand government has concentrated on improving infrastructure along the pilgrimage routes. Helicopter services have been facilitated, with the government encouraging pilgrims to book tickets only through the official IRCTC website to prevent scams. Be parking facilities for 1,495 vehicles have been arranged at 20 locations along the yatra route

PILGRIMAGE TO HEMKUND SAHIB

The trek to Hemkund Sahib is difficult, involving a vertical 6 km climb from Ghangaria. To aid pilgrims.



helicopter services between Govindghat and Ghangaria have been introduced, reducing travel time immensely. Given the high altitude, about one-third of

Longratulate the Uttarakhand government on the remarkable progress achieved in the last few years. This has been made possible by sustained policy push and focus on key sectors such as tourism and renewable energy Alongside, the state has made significant strides in infrastructure development, setting new benchmarks for sustainable growth. Uttarakhand's commitment to harnessing its natural resources and promoting tourism has not only bolstered its economy but also showcased its potential on the global stage. I applaud the state's dedication to inclusive development and look forward to its continued success in the years ahead."

-Narendra Modi, Prime Minister

pilgrims experience acute mountain sickness. To control this, augmented awareness drives and medical facilities are being emphasised.

DHAMI GOVT ENHANCING CONNECTIVITY, BOOSTING ECONOMIC GROWTH

RISHIKESH-KARNAPRAYAG RAIL

PROJECT: The 125 km broad-gauge railway line between Rishikesh and Karnaprayag stands as an example in the evolution of the state's transportation infrastructure. Endorsed by the Ministry of Railways in 2010-11, the undertaking strives to enable comfortable entry to pilgrimage sites, link new business centres, and promote the evolution centres, and promote the evolution of backward regions. Traversing Dehradun, Tehri Garhwal, Pauri Garhwal, Rudraprayag, and Chamoli, the railway line will connect major towns like Devprayag, Srinagar, Rudraprayag, Gauchar, and Karnaprayag.

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Text by Taresh Dutta

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The New Indian Express • Bengaluru • 22 May, 2025

JIVABALASANA

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FITBIT

JIVABALASANA

This is a beginner-level standing yoga pose that involves balance and stretching. Similar to Utkatasana, it demands active and strong knees, hence strengthening them. It also strengthens the joints of the hands and feet. It cures rheumatism of the joints. It can be added to Therapeutic Yoga sequences. It activates the twelve secondary chakras within the joints of the hands and feet. These chakras are situated at the ankles, knees, thighbones, wrists, elbows, and shoulders and serve as channels for the vital essence of life force.

STEPS

- Stand in Mountain Pose Variation Feet Hip Wide, shoulder-width apart.
- Inhale, lift your arms, and stretch them parallely in front at shoulder level. The palms are relaxed and facing up, elbows are stretched.
- Exhaling, slightly bend your knees, forming an L-shape. The angle between the thighs and shins is approximately 90 degrees. The back and head are in a straight line.
- Stay here in for about six breaths or as per the body's capacity. Keep your core engaged. Make sure the weight is evenly distributed between the feet. Keep your chest lifted and gaze straight ahead. Maintain steady breaths.
- Yoga teachers can encourage students to cultivate sensitivity and perceive the flow of tellurian energy through the feet that flow upward through the body, nourishing and grounding within.
- To release, straighten your legs as you inhale. Exhale, lower the arms to the sides, and return to Tadasana Variation Feet Hip Wide.
- Finally, relax in Three Part Breath Mountain Pose.
- Tip: Students who find it difficult to balance can follow the same seated on a chair or hovering above a chair.

BENEFITS

- Reduces symptoms related to cold extremities, numbness or tingling and cramping.
- Helps heal wounds, reduces the risk of cardiovascular disease.
- Boosts calorie burn, increases bone density, and improves balance and posture.
- Enhances peripheral circulation and the heart's activity
- Develops strong hips, knees, and ankles joints.
- Targets quadriceps, hamstrings, and gluteus.
- Enhances athletic performance and functional movements like sitting, standing, walking, climbing stairs, bending, and carrying heavy loads
- Incorporated into Power Yoga, and Sculpt Yoga, as Jivabalasana targets the leg muscles, contributing to toning and shaping the thighs and glutes.
- Developing core muscle strength increases workout effectiveness and reduces injury risk.
- Increases your lung capacity.
- Strengthens the torso and lower back while stretching the upper back.
- Regular practice will tone and stabilise your knee and ankle joints.
- Gives a good stretch to the hips, spine, and chest muscles.
- Massages the abdominal organs and stimulates the diaphragm and heart.
- Strengthens immune system and helps to relieve joint pains and back pains.



By N Elumalai, PhD Scholar (Yoga Science) at Meenakshi Academy of Higher Education & Research, Chennai



Mint • Chandigarh • 22 May, 2025

AYUSH SHOWCASES INDIA'S HOLISTIC HEALTH POWER AT OSAKA EXPO IN JAPAN

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AYUSH SHOWCASES INDIA'S HOLISTIC HEALTH POWER AT OSAKA EXPO IN JAPAN



The Ministry of Ayush's vibrant and impactful participation at the ongoing World Expo 2025 in Osaka, Japan, is receiving widespread appreciation for showcasing India's holistic approach to health and well-being. Yoga has emerged as a major global attraction, drawing participants to daily sessions be-

ing held at the iconic India Pavilion, Bharat. Under the aegis of the Ministry of Ayush, in collaboration with the India Trade Promotion Organisation, Embassy of India in Tokyo, Consulate General of India in Osaka-Kobe, and the Heartfulness Institute, daily yoga sessions are being conducted from May 2.



Silicon India • National • 22 May, 2025

THE HEALTHCARE REVOLUTION: WHAT 2025 MEANS FOR PATIENTS & PROVIDERS

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IN MY OPINION

THE HEALTHCARE REVOLUTION: WHAT 2025 MEANS FOR PATIENTS & PROVIDERS

Karan Bhargava, Founder & CEO, Homoeo Amigo

Karan specializes in personalized homeopathy solutions and is passionate about holistic wellness. His expertise spans various sectors like healthcare technology, holistic medicine, digital health solutions, and entrepreneurship to enhance patient outcomes and transform healthcare experiences.



s we approach 2025, the healthcare landscape is undergoing a remarkable transformation, driven by technological advancements that promise to enhance patient care, streamline operations, and make medical services more accessible. Let's delve into these developments and understand their implications for both patients and healthcare providers.

Telemedicine Becomes Mainstream

Telemedicine has been gaining traction over the past few years, and it's expected to become a standard component of healthcare. The convenience of consulting with healthcare professionals from the comfort of one's home has been a game-changer, especially for individuals in remote areas or those with mobility challenges. This shift not only enhances access to care but also reduces the strain on physical healthcare facilities.

Personalized Medicine Takes Center Stage

Advancements in genomics and biotechnology are paving the way for personalized medicine. This approach tailors medical treatment to the individual characteristics of each patient, considering factors like genetics, environment, and lifestyle. In 2025, we can expect more treatments and preventive strategies designed specifically for individual needs, leading to more effective healthcare outcomes.

Artificial Intelligence (AI) Enhances Diagnostics

Al is set to play a pivotal role in healthcare in 2025. From analyzing medical images to predicting patient outcomes, Al algorithms can process vast amounts of data quickly and accurately. This capability assists healthcare providers in making informed decisions, potentially leading to earlier diagnoses and more effective treatments.

16 MAY 2025



Wearable Technology Monitors Health in Real-Time

Wearable devices that monitor health metrics in real time are becoming increasingly sophisticated. These gadgets will provide continuous health monitoring, alerting users and healthcare providers to potential issues before they become serious. This proactive approach to health management empowers individuals to take charge of their well-being and facilitates timely medical interventions.

Integrated Health Records Improve Continuity of Care

The move towards integrated electronic health records (EHRs) is set to streamline the sharing of patient information among healthcare providers. seamless access to comprehensive patient histories will enhance coordination among different healthcare professionals, reducing errors and improving patient outcomes.

Focus on Mental Health & Holistic Well-being

There's a growing recognition of the importance of mental health in overall well-being. In 2025, healthcare systems are expected to adopt a more holistic approach, integrating mental health services with physical health care. This comprehensive perspective ensures that patients receive support for all aspects of their health.

Patient Empowerment & Health Literacy

With the abundance of health information available online, patients are becoming more informed and engaged in their healthcare decisions. This trend towards patient empowerment is expected to continue, with healthcare providers placing greater emphasis on health literacy. Ensuring patients understand their health conditions and treatment options leads to more collaborative and effective care.

Emphasis on Preventive Care

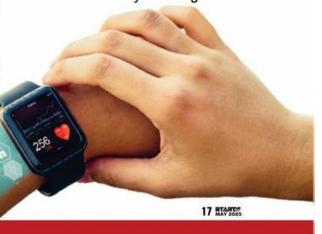
Preventive care is gaining prominence as a strategy to reduce the incidence of chronic diseases and manage healthcare costs. There will be a stronger focus on early detection and lifestyle interventions to prevent health issues before they arise. This shift not only improves individual health outcomes but also alleviates the burden on healthcare systems.

Addressing Language Barriers in Healthcare

Effective communication is crucial in healthcare, yet language barriers can impede patient-provider interactions, leading to misunderstandings and compromised care.

- Professional Medical Interpreters: Utilizing qualified interpreters has been shown to improve patient outcomes and satisfaction. These professionals facilitate accurate communication, ensuring that patients with limited proficiency in the primary language receive appropriate care.
- Translation Technologies: Advancements in medical translation apps are making it easier for healthcare providers to communicate with patients in different languages. These tools offer real-time translation, aiding in the delivery of timely and accurate care.
- Cultural Competency Training: Healthcare providers are increasingly receiving training to understand and respect cultural differences. This education helps in building trust and improving interactions with patients from diverse backgrounds.

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The Role of Data Analytics in Healthcare

Data analytics is transforming healthcare by providing insights that drive decision-making and policy formulation. In 2025, the integration of data analytics into healthcare is expected to:

- Predict Health Trends: Analyzing health data can help predict outbreaks and identify emerging health trends, enabling proactive measures.
- Personalize Treatment Plans: Data-driven insights allow for the customization of treatment plans to suit individual patient needs, enhancing effectiveness.
- Improve Operational Efficiency: Healthcare facilities can utilize data analytics to streamline operations, reduce wait times, and enhance patient experiences.



18 STARTE

Challenges & Considerations

While these advancements hold great promise, they also present challenges that need to be addressed:

Data Privacy & Security: With increased digitization comes the need to protect patient information from breaches and unauthorized access.

Equitable Access: Ensuring that all individuals, regardless of socioeconomic status, have access to

these technological advancements is crucial to prevent widening health disparities.

Training & Adaptation: Healthcare providers will require ongoing training to effectively utilize new technologies and adapt to evolving healthcare delivery models.



2025 is a year of productivity, transforming healthcare with technology and innovation to empower patients, improve care, and help build a healthy future

In a nutshell, the year 2025 is poised to usher in new advancements in healthcare, characterized by technological innovation, personalized care, and enhanced patient engagement. By embracing these changes and addressing the associated challenges, both patients and providers can look forward to a more efficient, effective, and patient-centered healthcare system.



Mint • Hyderabad • 22 May, 2025

CORPORATE BUZZ

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CORPORATE BUZZ

Mint Media Marketing Initiative

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Mint • Mumbai • 22 May, 2025

Ayush showcases India's holistic health power at Osaka Expo in Japan

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The Times of India • Delhi • 22 May, 2025

Destination Uttarakhand

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"Under the visionary guidance of PM Narendra Modi, Uttarakhand is evolving as a holistic tourism destination-spiritually uplifting, economically empowering, and globally inspiring. Our AYUSH Policy 2023, enhanced pilgrimage services, and schemes like the Deen Dayal Upadhyaya Homestay Yojana reflect our commitment to inclusive growth, cultural pride, and sustainable development. We welcome the world to experience the healing, heritage, and hospitality of Uttarakhand.

-Pushkar Singh Dhami, Chief Minister



PROMOTING TOURISM. **EMPOWERING** RESIDENTS THROUGH

The Deen Dayal Upadhyaya Homestay Scheme transforms ordinary homes into tourism assets, thus offering tourists an experience while creating livelihood opportunities for the locals

he Deen Dayal Upadhyaya Homestay Scheme, officially known as the Deen Daval Upadhyaya Griha Awaas Vikas Yojana, is a flagship endeavour by the government of Uttarakhand aimed at trans-forming tourism and empowering local residents. The scheme facilitates homestay accommodations across the state, enabling both domestic and global travellers



INFRA, ACCESSIBIL **HEALTH SERVICES B**

Under the able leadership of Prime Minister Narendra Modi, Uttarakhand Chief Minister Pushkar Singh Dhami is actively promoting AYUSH Policy 2023, which envisions transforming Uttarakhand into a hub of health and wellness tourism

ften referred to as Devbhoomi or the Land of the Gods, Uttarakhand is home to some of the most revered pilgrimage places in India, notably the Chardham-Kedarnath, Badrinath, Gangotri, and Yamunotri—and Hemkund Sahib. These revered destinations draw lakhs of devotees every year, pursuing spiritual solace amidst the majestic Himalayas

SPIRITUAL ESSENCE

The Chardham Yatra holds tremendous spiritua significance for Hindus. Kedarnath, devoted to Lord Shiva, and Badrinath, devoted to Lord Vishnu, are among the most holy temples in India. Gangotri and Yamunotri are the origins of the Ganges and Yamuna rivers respectively, and are associated with deity worship. Hemkund Sahib, located at a height of 4,572 metres in Chamoli district, is a revered Sikh pilgrimage

site. It is believed that Guru Gobind Singh, the tenth Sikh Guru, meditated at this tranquil area encircled by seven snow-capped peaks and a glacial lake.

HEALTHCARE SUPPORT FOR PILGRIMS

Recognising the challenges posed by high altitudes and rough landscapes, the Uttarakhand government has greatly improved healthcare facilities for pilgrims. For the 2025 Chardham Yatra, new hospitals with 17 and 45 beds have been established in Kedarnath and Badrinath, respectively. Further, 25 specialist doctors

are deployed along the yatra route.

To address altitude-related health issues, 20 medical relief posts and 31 health check-up centres have been set up. The state has also increased the number of ambulances to 154, including 17 advanced life-support units. Helicopter ambulances operated by AllMS Rishikesh and boat ambulances at Tehri

Lake are available for emergencies. Technological advancements include the upgraded e-Health Dham portal with a 'Get Help' button for immediate assistance. 'Point of Care Testing Devices' assess 28 critical health parameters on the spot. Compulsory health declarations help determine high-risk pilgrims before the journey.

INFRASTRUCTURE AND HELL SERVICES

To enhance accessibility, the Uttarakhand government has concentrated on improving infrastructure along the pilgrimage routes. Helicopter services have been facilitated, with the government encouraging pilgrims to book tickets only through the official IRCTC website to prevent scams. Besides parking facilities for 1.495 vehicles have heer arranged at 20 locations along the yatra route

PILGRIMAGE TO HEMKUND SAHIB The trek to Hemkund Sahib is difficult, involving a vertical 6 km climb from Ghangaria. To aid pilgrims



helicopter services between Govindghat and Ghangaria have been introduced reducing travel time

I congratulate the Uttarakhand government on the remarkable progress achieved in the last few years. This has been made possible by sustained policy push and focus on key sectors such as tourism and renewable energy. Alongside, the state has made significant strides in infrastructure development, setting new benchmarks for sustainable growth. Uttarakhand's commitment to harnessing its natural resources and promoting tourism has not only bolstered its economy but also showcased its potential on the global stage I applaud the state's dedication to inclusive development and look forward to its continued success in the years ahead."

-Narendra Modi, Prime Minister

pilgrims experience acute mountain sickness. To control are being emphasised.

DHAMI GOVT ENHANCING CONNECTIVITY, BOOSTING ECONOMIC GROWTH

RISHIKESH-KARNAPRAYAG RAIL PROJECT: The 125 km broad-gauge

railway line between Rishikesh and Karnaprayag stands as an example in the evolution of the state's transportation infrastructure. Endorsed by the Ministry of Railways in 2010-11, the undertaking strives to enable comfortable entry to pilgrimage sites, link new busines pilgrimage sites, link new business centres, and promote the evolution of backward regions. Traversing Dehradun, Tehri Gartiwal, Pauri Gartiwal, Rudraprayag, and Chamoli, the railway line will connect major towns like Devprayag, Sringagr, Rudraprayag, Gauchar, and Karnaprayag, Gauchar, and Karnaprayag. DELHI-DEHRADUN EXPRESSWAY: The 210 km expressway will lessen the travel duration between Delhi and Dehradun from the present 5 hours to just 2.5 hours. This six hours to just 2.5 hours. This six-lane highway with the possibility for expansion to eight lanes, will not only ease traffic congestion but also promote residential and retail expansion along its course, A remarkable element of the Delhi-Dehradun Expressway is its wikilfer corridor, which is a 12 km elevated flyver developed to save the local fauna. AIR CONNECTIVITY: The Dehradun-Pithoragarh flight service ventured under the **UDAN Regional Connectivity** Scheme, has significantly cut the travel period between the two cities from 12-15 hours by road to just 60 minutes by air. This between the Kumaon and between the Kumaon and Garhwal regions, promoting tourism and financial activities. Further, new flights from Dehradun to Ayodhya, Varanasi, and Amritsar have boosted the state's network.

Uncharted territories: Exploring offbeat pilgrimage routes

mong dense deodar forests. Though 2,047 km away from the famous Jagannath Temple in Puri (Odisha), this shrine shares a deep spiritual connection. Situated in Uttarakhand's Tehri Garhwal district, near the confluence of the Alaknanda and Bhagirathi rivers in Devprayag, this ancient temple is dedicated

destination for couples desiring spiritual blessings and a striking Himalayan backdrop.

TUNGNATH: THE HIGHEST SHIVA TEMPLE IN THE WORLD Tungnath is part of the Panch Kedar

pilgrimage and stands as the highest Shiva

to explore not only famous destinations but also isolated, lesser-known regions of Uttarakhand.
The main purpose of the scheme is to offer tourists

hygienic, inexpensive, and culturally immersive accom modation prospects while simultaneously generating livelihood options for local citizens. Homestays allow visitors to experience the authentic culture, customs, and food of Uttarakhand, encouraging significant associations

with their hosts and the surrounding communities.

The scheme offers significant monetary aid to homowners desiring to transform part of their houses into homestays. In hilly areas, the government provides a capital subsidy of 33% of the project cost or up to Rs 10 lakh, whichever is lower. Further, there is a 50% interest subsidy on loans (up to Rs 1.5 lakh per year) for the first five years. In plain areas, the capital subsidy is 25% or Rs 7.5 lakh (whichever is lower), along with an interest subsidy of up to Rs 1 lakh annually for five years.

Apart from monetary support, the scheme highlights capacity building. The government organises training programmes to help homestay owners develop hospita ity and management skills, assuring quality service for visitors and sustainable business practices for hosts.

To simplify the procedure and improve visibility, the Uttarakhand Tourism Department has established an online platform that links travellers with registered homestays. This portal furnishes a free listing service for homestay operators and a convenient, trusted booking option for visitors.



CM Pushkar Singh Dhami visiting a homestay

UTTARASTAYS: UTTARAKHAND'S OFFICIAL HOMESTAY BOOKING PORTAL

established by the Uttarakhand Tourism Development Board to facilitate and promote homestay tourism in the state. As India's first state-sponsored homestay booking platform, Uttarastays strives to provide a user-friendly and transparent experience for both travellers and homestay owners

The portal lets visitors search and book verified homestays across Uttarakhand with ease, offering thorough information about conveniences, locations, and pricing. It also features user-generated reviews and ratings, allowing guests to make informed choices while giving owners valuable feedback.

Uttarastavs charges no listing fees or commissions making it a cost-effective promotional tool. It assures greater visibility, real-time feed-

#ExploreUttarakhano back, and direct bookings-all at no cost

Uttarastays is a step toward sustainable and inclusive tourism, linking tourists with authentic local experiences and empowering communities across Uttarakhand.



Uttarakhand, a region steeped in spiritual heritage, is unveiling its lesser-known gems, attracting pilgrims, trekkers, and seekers alike with their natural beauty, cultural richness, and profound significance. Read on...



ttarakhand, famous for its spiritual heritage, is now seeing the rise of several lesser-knowly yet culturally rich destinations that are attracting pilgrims, trekkers, and spiritual seekers alike. Among them are Kartik Swami Temple, Jagannati Temple (Devprayag), Triyuginarayan Temple, Tungnath, Kashi Vishwanath Temple (Uttarkashi), and Haat Kalika Temple, each delivering a special spiritual and cultural experience.

KARTIK SWAMI TEMPLE: A NORTHERN ABODE OF LORD MURUGAN

Located in the Rudraprayag district, Kartik Swami Temple is devoted to Lord Kartikeya, also known as Lord Murugan, the son of Lord Shiva and Parvati. While Kartikeva is primarily revered in South India, this hilltop temple is one of the rare shrines in North India where devotees can offer prayers to him. Situated at a height of about 3,000 metres, the temple

offers a panoramic view of the snowcapped Himalayas, making it a spiritual haven for nature lovers and trekkers. The legend associated with this temple tells the cosmic contest between Kartikeya and Ganesha, emphasising themes of sacrifice and holiness

JAGANNATH TEMPLE, UTTARKASHI: A HOLY CONNECT WITH PURI

Located just six km from Uttarkashi, the surroundings of Sald village, nestled



to Lord Jagannath, an incarnation of Lord Vishnu. Built in the traditional hill-style

breathtaking views from its elevated location.

TRIVUGINARAYAN TEMPLE: A

HALLOWED WEDDING DESTINATION Located near Kedarnath, the Trivuginarayan Temple is considered to be the place where Lord Shiva and Parvati were married, with Lord Vishnu himself acting as the divine witness. The eternal flame burning at the temple is said to have been lit during their divine wedding. In recent years, it has emerged as a sought-after wedding

temple globally, situated at a height of 3,680 meters in the Garhwal Himalayas Its accessibility and spectacular surroundings make it famous among both pilgrims and trekkers.

JAGANNATH TEMPLE

KASHI VISHWANATH TEMPLE, UTTARKASHI & HAAT KALIKA TEMPLE GANGOLIHAT

The Kashi Vishwanath Temple in Uttarkashi mirrors the renowned one in Varanasi and is a venerated site along the route to Gangotri. The Haat Kalika Temple in Gangolihat, holds military and cultural importance and is revered by soldiers and civilians alike.

AYUSH POLICY 2023: Holistic healing, sustainable tourism

Aligned with PM Narendra Modi's mission, AYUSH Policy 2023 aims to position Uttarakhand as a centre for holistic wellness

ttarakhand, with its spiritual importance and immaculate Himalayan terrains, already enjoys internation-al acclaim as a hub for yoga and natural healing. The AYUSH Policy 2023 builds on this heritage, facilitating very state as a holistic wellness destination by fostering the building of AYUSH wellness centres, retreats, and therapy hubs in both rural and urban locations

A fundamental objective of the policy is to build a strong infrastructure for AYUSHbased healthcare services aligned with international benchmarks. This includes setting up integrated AYUSH hospitals and specialised Panchakarma centres, particularly in tourism hotspots. Also, the policy ates Public-Private Partnerships (PPP) to develop and manage wellness tourism facilities, assuring quality, scalability, and sustainability

The state government seeks to train local youth as AYUSH therapists, yoga instructors, and wellness guides, creating job prospects while improving the visitor experience. The policy supports research

and standardisation in AYUSH practices, striving to build trust in global clientele. The state intends to encourage AYUSH tourism through strategic marketing campaigns and collaborations with travel agencies, wellness resorts, and interna-



tional wellness organisations. The inclusion of AYUSH services in health insurance and digital platforms is also proposed to improve accessibility and ease of booking wellness packages. The AYUSH Policy 2023 showcases the notion of transforming Uttarakhand into an epicentre for holistic healing and sustainable tourism. It positions the state not only as a sanctuary for natural wellness but also as a standard for combining conventional learning with contemporary tourism practices, thus promoting financial expansion.

UTTARAKHAND PITCHES SERENE HILLS AS WEDDING DESTINAT

With a unique appeal from Prime Minister Narendra Modi under the 'Wed in India' campaign, the spotlight has shifted to Uttarakhand's stunning venues. Read on...

ttarakhand is fast emerging as one of India's most sought-after wedding destinations, Endowed with tranquil terrains snow-canned mountains riverside retreats, and religious temples, the state offers couples an ideal combination of tradition. nature, and tranquillity.

TRIJUGINARAYAN TEMPLE – A
hallowed wedding beneath divine

blessings: One of the most sacred wedding sites is the Trijuginarayan Temple in the Rudraprayag district. Soaked in mythology, this temple is considered to be the site of Lord Shiva and Goddess Parvati's divine wedding. Couples from across the nation are attracted here to tie the knot in a spiritually substantial and historical background.

TEHRI - A dreamy lakeside affair in the Himalayas: Tehri, overlooking the emerald waters of Tehri Lake, offers surreal lakeside wedding experience



amidst the Garhwal Himalayas riverside romance: Rishikesh, the yoga capital of the world, is another favourite. With the Ganges flowing gently and the Himalayas as the backdrop, this town offers spiritual and calm wedding vibes. Luxury resorts, riverbanks, and heritage ghats offer diverse backgrounds for a remarkable wedding. ANITAL - A fairytale wedding amidst lakes and hills: In the Kumaon region Nainital delights couples with its misty hills, colonial architecture, and picturesque lakeside venues. A wedding in this romantic hill town feels like a fairytale come true.

CORBETT – Into the wild with a touch of grace: For wildlife and nature lovers, Jim Corbett National Park presents a special destination wedding experience. Resorts near the forest allow couples to marry in the lap of nature, encircled by dense greenery and the calls of the wild.

MUSSOORIE – Colonial charm for a regal

celebration: Mussoorie, the Queen of Hills, is an all-time favourite for its colonial charisma scenic vistas, and cool weather. From luxury hotels to heritage structures, Mussoorie adds elegance and romance to wedding celebrations

Text by Taresh Dutta

READER ENGAGEMENT INITIATIVE



Mint • Kolkata • 22 May, 2025

Corporate buzz

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CORPORATE BUZZ

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AYUSH POLICY 2023: Holistic healing, sustainable tourism

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The Pioneer • Hyderabad • 22 May, 2025 India reaffirms commitment to global health at WHA

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India reaffirms commitment to global health at WHA

PNS NEW DELHI

India addressed the plenary session of the 78th World Health Assembly on Wednesday, reaffirming its commitment to global health equity under the theme "One World for Health".

Representing the Indian delegation, Union Health Secretary Punya Salila Srivastava congratulated the newly elected committee chairs and welcomed the opportunity for meaningful international dialogue and collaboration.

Speaking on India's commitment to inclusive and universal health, Srivastava underlined the transformative strides made under flagship initiatives like Ayushman Bharat, which has "dramatically expanded" access to comprehensive healthcare. She said, "The programme

She said, "The programme has expanded access to comprehensive healthcare, improved infrastructure, provided financial protection for advanced treatments and accelerated digital health adoption -- paving the way toward Universal Health Coverage."

Srivastava highlighted that India's efforts in maternal health, family planning,



"The programme has expanded access to comprehensive healthcare, improved infrastructure, provided financial protection for advanced treatments and accelerated digital health adoption -- paving the way toward Universal Health Coverage."

childhood mortality and stillbirths' reduction have been acknowledged by global bodies, including the United Nations Population Fund and the UN Inter-Agency Group.

"India was recently certified as Trachoma-Free by WHO, and the nation is committed to eliminating diseases such as TB, Leprosy, Lymphatic Filariasis, Measles, Rubella, and Kala-azar," she



S.No	Portal_Name	Date	Keyword	Title	Medium	Reach
1	Khabarwani	May 22, 2025	Ministry of Ayush	आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध् यम बन	ONLINE	N/A
2	The Bharat Now	May 22, 2025	Ministry of Ayush	आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध् यम बन	ONLINE	N/A
3	Ayush India News	May 22, 2025	Ministry of Ayush	आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध् यम बन	ONLINE	N/A
4	Vishleshan	May 22, 2025	Ministry of Ayush	आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध् यम बन	ONLINE	N/A
5	Samachar Pradesh Hindi News Portal	May 22, 2025	Ministry of Ayush	आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध् यम बन	ONLINE	N/A
6	Redalertnews.in	May 22, 2025	Ministry of Ayush	आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध् यम बन	ONLINE	N/A
7	Satyaexpress	May 22, 2025	Ministry of Ayush	आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध् यम बन	ONLINE	N/A
8	Indian Public mail	May 22, 2025	Ministry of Ayush	आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध् यम बन	ONLINE	N/A
9	Mplive24	May 22, 2025	Ministry of Ayush	आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध् यम बन	ONLINE	N/A
10	Khulasa	May 22, 2025	Ministry of Ayush	आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध् यम बन	ONLINE	N/A
11	Moomal Art News	May 22, 2025	Ministry of Ayush		ONLINE	N/A
12	Samay Jagat	May 22, 2025	Ministry of Ayush	आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध् यम बन	ONLINE	N/A
13	Sameera	May 22, 2025	Ministry of Ayush	आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध् यम बन	ONLINE	N/A
14	Statebreaking	May 22, 2025	Ministry of Ayush	आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध् यम बन	ONLINE	N/A
15	Sattasudhar	May 22, 2025	Ministry of Ayush		ONLINE	N/A
16	Imnb	May 22, 2025	Ministry of Ayush	वयोवृद्ध देखभाल कार्यक्रम के अंतर्गत सियान सदन में वृहद स्वास्थ्य शिविर का आयो जन	ONLINE	N/A
17	छत्तीसगढ़ वाच	May 22, 2025	Ministry of Ayush	म लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध्य म बन र	ONLINE	N/A
18	Unique 24 News	May 22, 2025	Ministry of Ayush	आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध् यम बन	ONLINE	N/A
19	Careers360	May 22, 2025	Ministry of Ayush	AIAPGET 2025 exam on July 4; NTA to close registration process f or PG AYUSH cour	ONLINE	ЗМ
20	India Saga	May 22, 2025	Ministry of Ayush	FHRAI, Ethiopian Embassy Host "Coffee & Harit Yoga" Ahead of ID Y 2025	ONLINE	N/A
21	MSN Hindi	May 22, 2025	Ministry of Ayush	Sattu chaas: गर्मियों में रोजाना पिए सत्तू छाछ, मिलते हैं ये सभी फायदे	ONLINE	733.9M
22	Imnb	May 22, 2025	Ministry of Ayush	आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्तमाध् यम बन र	ONLINE	N/A
23	Patrika	May 22, 2025	Ministry of Ayush	<u>खुशखबरीयूपी के हंडिया में एक रुपये में हो रहा है गठिया का इलाज</u>	ONLINE	14M
24	City Hot News	May 22, 2025	Ministry of Ayush	<u>रायपुर : आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का स</u> शक्त म	ONLINE	N/A
25	Daily Hindi Milap	May 22, 2025	Ministry of Ayush	ऑपरेशन सिंदूर के बाद भारत पर साइबर हमलों की बाढ़!	ONLINE	N/A
26	Travel World Online	May 22, 2025	Ministry of Ayush	FHRAI Collaborates with Ethiopian Embassy and AYUSH Ministry to Host 'Coffee and	ONLINE	N/A
27	Journalist	May 22, 2025	Ministry of Ayush	आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध् यम बन	ONLINE	N/A
28	Hindustan Abtak	May 22, 2025	Ministry of Ayush	अंतरराष्ट्रीय योग दिवस की तैयारी हेतु अभ्यास सत्र का हुआ शुभारंभ	ONLINE	N/A
29	Media Passion	May 22, 2025	Ministry of Ayush	आम लोगों की समस्याओं के निराकरण का सशक्त माध्यम बन रहा है सुशासन तिहार <u>- उद्योग</u>	ONLINE	N/A



		May 22,	Ministry of	आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माधु		
30	Daily24writer	2025	Ayush	<u>чн ан</u>	ONLINE	N/A
31	Aaj Tak News	May 22, 2025	Ministry of Ayush	Sattu chaas: गर्मियों में रोजाना पिए सत्तू छाछ, मिलते हैं ये सभी फायदे	ONLINE	571.7M
32	Travelmail	May 22, 2025	Ministry of Ayush	Air India to shift Tokyo operations to	ONLINE	30.8K
33	Janta Se Rishta	May 22, 2025	Ministry of Ayush	Andhra: योग से मानसिक शांति और संपूर्ण स्वास्थ्य मिलता है: गीतांजलि शर्मा 19. 32	ONLINE	3.8M
34	ThePrint	May 22, 2025	Ministry of Ayush	Demonising palm oil won't improve public health. Better focus on fo od literacy,	ONLINE	11.3M
35	हिन्दुस्तान(Live Hindustan)	May 22, 2025	Ministry of Ayush	हंडिया में एक रुपये में हो रहा गठिया का इलाज	ONLINE	64.8M
36	The Indian Practitioner	May 22, 2025	Ministry of Ayush	Centre Extends Ayush Secretary Rajesh Kotecha's Tenure Till June 2026	ONLINE	N/A
37	PIB	May 22, 2025	Ministry of Ayush	Text of the Vice-President's address at the unveiling of the statues of Sushruta	ONLINE	5.4M
38	Janta Se Rishta	May 22, 2025	Ministry of Ayush	Assam: स्वास्थ्य मंत्री ने अंतर्राष्ट्रीय योग दिवस की तैयारियों की समीक्षा की	ONLINE	3.8M
39	Kalikumaun khabar	May 22, 2025	Ministry of Ayush	रिपोर्ट: लक्ष्मण बिष्ट : चंपावत:पाटी में आयुर्वेदिक एवं यूनानी विभाग ने विशाल कॉ	ONLINE	N/A
40	Jhutha Sach	May 22, 2025	Ministry of Ayush	आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध् यम बन	ONLINE	N/A
41	Samarth Chhattisgarh	May 22, 2025	Ministry of Ayush	आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध् यम बन	ONLINE	N/A
42	Vaartha Bharathi	May 22, 2025	Ministry of Ayush	ದೇರಳಕಟ್ಟೆ: ಮೇ 24ರಂದು ಯೆನಪೊಯ ಪ್ರಕೃತಿ ಚಿಕಿತ್ಸೆ ಮತ್ತು ಯೋಗ ವಿಜ್ಞಾನ ಕಾಲೇಜು ಮತ್ತು ಆಸ್ಪ	ONLINE	N/A
43	Jagganews	May 22, 2025	Ministry of Ayush	आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध् यम बन	ONLINE	N/A
44	Poorab Times	May 22, 2025	Ministry of Ayush	आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध् यम बन	ONLINE	N/A
45	Janta Se Rishta	May 22, 2025	Ministry of Ayush	Assam अंतर्राष्ट्रीय योग दिवस के लिए तैयार, बड़े पैमाने पर पहुंच और वैश्विक भा गी	ONLINE	3.8M
46	Sanj Samachar	May 22, 2025	Ministry of Ayush	30 હજાર જેટલા સફળ ઓપરેશન કરવા બદલ પ્રોસ્ટોલોજીસ્ટ ડો. એમ.વી વેકરીયાનું કર્મવીર એ	ONLINE	401.5K
47	छत्तीसगढ़ राज्य	May 22, 2025	Ministry of Ayush	आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध् यम बन	ONLINE	N/A
48	Rashtrabodh	May 22, 2025	Ministry of Ayush	आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध् यम बन	ONLINE	N/A
49	रीडर फर्स्ट	May 22, 2025	Ministry of Ayush	आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध् यम बन	ONLINE	N/A
50	New Kerala	May 22, 2025	Ministry of Ayush	Assam Health Minister Ashok Singhal Reviews Yoga Day 2025 Plan <u>s</u>	ONLINE	72K
51	GLIBS	May 22, 2025	Ministry of Ayush	आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध् यम बन	ONLINE	12.4K
52	Janpatra News	May 22, 2025	Ministry of Ayush	आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध् यम बन	ONLINE	N/A
53	Kadwaghut	May 22, 2025	Ministry of Ayush	CG : आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सश क्त माध्य	ONLINE	N/A
54	Aajkadin News	May 22, 2025	Ministry of Ayush	रायपुर : आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का स शक्त म	ONLINE	N/A
55	Skgnews	May 22, 2025	Ministry of Ayush	हरिद्वार में योग सत्र की लाइव स्ट्रीमिंग दूसरे दिन भी रही आकर्षण का केंद्र, सैक	ONLINE	N/A
56	Janta Se Rishta	May 22, 2025	Ministry of Ayush	योग से मानसिक शांति और संपूर्ण स्वास्थ्य मिलता है: गीतांजलि शर्मा	ONLINE	3.8M
57	मारुति वाणी	May 22, 2025	Ministry of Ayush	आयुष विभाग द्वारा देवरण्य योजना अन्तर्गत अश्वगंधा की खेती का दिया गया प्रशिक्ष <u>ण</u>	ONLINE	N/A
58	News18	May 22, 2025	Ministry of Ayush	योग, कॉफी और संस्कृतिइथियोपिया दूतावास में हुआ 'हरित योग' का जादू, जानिए क्यो	ONLINE	43.6M
59	The Hans India	May 22, 2025	Ministry of Ayush	Yoga brings mental peace, complete health: Geetanjali Sharma	ONLINE	N/A



60	The Hans India	May 22, 2025	Ministry of Ayush	Yoga brings mental peace, complete health: Geetanjali Sharma	ONLINE	1.7M
61	हिन्दुस्तान(Live Hindustan)	May 22, 2025	Ministry of Ayush	गाड़ी में 'एक पृथ्वी एक स्वास्थ्य' विषय पर योग प्रतियोगिता	ONLINE	64.8M
62	Patrika	May 22, 2025	Ministry of Ayush	<u>जेल में 500 से ज्यादा बंदी कर रहे योग</u>	ONLINE	14M
63	IndiBlogHub	May 22, 2025	Ministry of Ayush	Exploring Emerging Medical Courses in India Beyond MBBS – A Sm art Guide for NEET	ONLINE	N/A
64	Devdiscourse	May 22, 2025	Ministry of Ayush	Assam Gears Up for International Day of Yoga 2025 with Grand Cel ebrations	ONLINE	1.2M
65	World News Network	May 22, 2025	Ministry of Ayush	Assam: Health Minister reviews preparedness for International Day of Yoga – Worl	ONLINE	N/A
66	Kashmir Breaking News	May 22, 2025	Ministry of Ayush	Assam: Health Minister reviews preparedness for International Day of Yoga	ONLINE	N/A
67	Palgharnews	May 22, 2025	Ministry of Ayush	Assam: Health Minister reviews preparedness for International Day of Yoga – Worl	ONLINE	N/A
68	Odisha Post	May 22, 2025	Ministry of Ayush	Assam: Health Minister reviews preparedness for International Day of Yoga	ONLINE	N/A
69	India's News	May 22, 2025	Ministry of Ayush	Assam: Health Minister reviews preparedness for International Day of Yoga	ONLINE	N/A
70	Haryana Today	May 22, 2025	Ministry of Ayush	Assam: Health Minister reviews preparedness for International Day of Yoga	ONLINE	N/A
71	Bihar 24x7	May 22, 2025	Ministry of Ayush	Assam: Health Minister reviews preparedness for International Day of Yoga	ONLINE	N/A
72	Gujarat Samachar	May 22, 2025	Ministry of Ayush	Assam: Health Minister reviews preparedness for International Day of Yoga	ONLINE	N/A
73	Kashmir Newsline	May 22, 2025	Ministry of Ayush	Assam: Health Minister reviews preparedness for International Day of Yoga	ONLINE	N/A
74	Andhra Pradesh Mirror	May 22, 2025	Ministry of Ayush	Assam: Health Minister reviews preparedness for International Day of Yoga	ONLINE	N/A
75	WebIndia123	May 22, 2025	Ministry of Ayush	Assam: Health Minister reviews preparedness for International Day of Yoga	ONLINE	61.9K
76	Indian Economic Observer	May 22, 2025	Ministry of Ayush	Assam: Health Minister reviews preparedness for International Day of Yoga	ONLINE	16.1K
77	Chhattisgarh Today	May 22, 2025	Ministry of Ayush	Assam: Health Minister reviews preparedness for International Day of Yoga	ONLINE	N/A
78	Indianapolis Post	May 22, 2025	Ministry of Ayush	Assam: Health Minister reviews preparedness for International Day of Yoga	ONLINE	N/A
79	Bihar Times	May 22, 2025	Ministry of Ayush	Assam: Health Minister reviews preparedness for International Day of Yoga	ONLINE	N/A
80	Gujarat Varta	May 22, 2025	Ministry of Ayush	Assam: Health Minister reviews preparedness for International Day of Yoga	ONLINE	N/A
81	New Delhi News	May 22, 2025	Ministry of Ayush	Assam: Health Minister reviews preparedness for International Day of Yoga	ONLINE	N/A
82	Punjab Live	May 22, 2025	Ministry of Ayush	Assam: Health Minister reviews preparedness for International Day of Yoga	ONLINE	N/A
83	Dailyhunt	May 22, 2025	Ministry of Ayush	Assam: Health Minister reviews preparedness for International Day of Yoga	ONLINE	18.6M
84	Telangana Journal	May 22, 2025	Ministry of Ayush	Assam: Health Minister reviews preparedness for International Day of Yoga	ONLINE	N/A
85	The Asia News	May 22, 2025	Ministry of Ayush	Assam: Health Minister reviews preparedness for International Day of Yoga ANI 22	ONLINE	N/A
86	Vanakkam Tamil Nadu	May 22, 2025	Ministry of Ayush	Assam: Health Minister reviews preparedness for International Day of Yoga	ONLINE	N/A
87	Mumbai News	May 22, 2025	Ministry of Ayush	Assam: Health Minister reviews preparedness for International Day of Yoga	ONLINE	N/A
88	Jharkhandtimes	May 22, 2025	Ministry of Ayush	Assam: Health Minister reviews preparedness for International Day of Yoga	ONLINE	N/A
89	Newspoint	May 22, 2025	Ministry of Ayush	Assam: Health Minister reviews preparedness for International Day of Yoga	ONLINE	N/A



90	West Bengal Khabar	May 22, 2025	Ministry of Ayush	Assam: Health Minister reviews preparedness for International Day of Yoga	ONLINE	N/A
91	Delhi live news	May 22, 2025	Ministry of Ayush	Assam: Health Minister reviews preparedness for International Day of Yoga	ONLINE	N/A
92	Janta Se Rishta	May 22, 2025	Ministry of Ayush	Assam: स्वास्थ्य मंत्री ने अंतर्राष्ट्रीय योग दिवस की तैयारियों की समीक्षा की kr	ONLINE	3.8M
93	Karnataka Live	May 22, 2025	Ministry of Ayush	Assam: Health Minister reviews preparedness for International Day of Yoga	ONLINE	N/A
94	Latestly	May 22, 2025	Ministry of Ayush	India News Assam: Health Minister Reviews Preparedness for International Day o	ONLINE	7.8M
95	Daily Prabhat	May 22, 2025	Ministry of Ayush	Assam: Health Minister reviews preparedness for International Day of Yoga	ONLINE	280
96	South India News	May 22, 2025	Ministry of Ayush	Assam: Health Minister reviews preparedness for International Day of Yoga	ONLINE	N/A
97	North East Times	May 22, 2025	Ministry of Ayush	Assam: Health Minister reviews preparedness for International Day of Yoga	ONLINE	N/A
98	Himachal Patrika	May 22, 2025	Ministry of Ayush	Assam: Health Minister reviews preparedness for International Day of Yoga	ONLINE	N/A
99	The News Mill	May 22, 2025	Ministry of Ayush	Assam: Health Minister reviews preparedness for International Day of Yoga	ONLINE	85.1K
100	Indian News Network	May 22, 2025	Ministry of Ayush	Assam: Health Minister reviews preparedness for International Day of Yoga	ONLINE	N/A
101	Ani News	May 22, 2025	Ministry of Ayush	Assam: Health Minister reviews preparedness for International Day of Yoga	ONLINE	1.9M
102	First Piper	May 22, 2025	Ministry of Ayush	Officials told to take measures to achieve 15% growth rate in allied agricultura	ONLINE	N/A
103	The Hindu	May 22, 2025	Ministry of Ayush	Officials told to take measures to achieve 15% growth rate in allied agricultura	ONLINE	35.9M
104	हिन्दुस्तान(Live Hindustan)	May 21, 2025	Ministry of Ayush	मानव जीवन के लिए योग व संयमित दिनचर्या आवश्यक:डा. विद्यार्थी	ONLINE	64.8M
105	Dainik Jayant	May 21, 2025	Ministry of Ayush	राजकीय इण्टर कॉलेज बसेड़ी में छात्र छात्राओं व कॉलेज स्टाफ ने किया योग	ONLINE	N/A
106	Asianet News Hindi	May 21, 2025	Ministry of Ayush	उत्तराखंड में आयुर्वेद का नया अध्याय, क्या है सरकार की योजना?	ONLINE	8.1M
107	Foodtechnetwork	May 21, 2025	Ministry of Ayush	Freshers, Production Supervisor – Greenspace	ONLINE	N/A
108	The Top Ten News	May 21, 2025	Ministry of Ayush	<u>11वें अंतरराष्ट्रीय योग शिविर के अवसर पर आओ हम सब योग करें अभियान का प्रो</u> प्र <u>वीण</u>	ONLINE	N/A
109	Dainik Jayant	May 21, 2025	Ministry of Ayush	ब्लॉक स्तरीय योग दिवस 28 मई को	ONLINE	N/A
110	छत्तीसगढ़ वाच	May 21, 2025	Ministry of Ayush	सुशासन तिहार समाधान शिविर" के तहत आज नगर पंचायत पाटन में समाधान शि विर आयोजित की	ONLINE	N/A
111	Dainik Bhaskar	May 21, 2025	Ministry of Ayush	सोनीपत के सिविल हॉस्पिटल में लिफ्ट में फंसे दो मरीज: गर्मी में हालत बिगड़ी; स्टा -	ONLINE	66.5M
112	PIB	May 21, 2025	Ministry of Ayush	एम्स भोपाल के अध्ययन से खुलासा – योगिक श्वसन अभ्यास 'प्राणायाम' हृदय स्वास्थ् य क	ONLINE	5.4M
113	અગ્રેસર ઓનલાઇન ગુજરાતી ન્યુઝ પોર્ટલ (Leading Gujarati news portal)	May 21, 2025	Ministry of Ayush	<u>આયુષ સચિવ વૈદ્ય રાજેશ કોટેચાને વધુ એક વર્ષનું એક્સટેન્શન : જૂન 2026 સુધી પદભાર સ</u> 	ONLINE	633.8K
114	अमर उजाला (Amar ujala)	May 21, 2025	Ministry of Ayush	Fact Check: भारत के आयुर्वेदिक डॉक्टरों को मिली नासा के साथ अंतरिक्ष यात्रा क रने	ONLINE	63.8M
115	Tender Detail	May 21, 2025	Ministry of Ayush	Bids Are Invited For Cell Pack Sysmax Cell Pack 20 Litre , Stromato lyser 500 MI	ONLINE	N/A
116	सबसे तेज प्रधान टाइम्स	May 21, 2025	Ministry of Ayush	हरिद्वार में योग सत्र की लाइव स्ट्रीमिंग दूसरे दिन भी रही आकर्षण का केंद्र	ONLINE	N/A
117	City Hot News	May 21, 2025	Ministry of Ayush	जनमानस की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध् यम बन रह	ONLINE	N/A
118	Janta Se Rishta	May 21, 2025	Ministry of Ayush	योग हर किसी के जीवन का हिस्सा बनना चाहिए: कलेक्टर रंजीत बाशा kr 20.84	ONLINE	3.8M
119	Investment Guru India	May 21, 2025	Ministry of Ayush	IDY 2025: Ayush Ministry invites citizens, institutions to be part of Y oga Sanga	ONLINE	N/A



120	Narmadasamay	May 21, 2025	Ministry of Ayush	आयुष विभाग द्वारा देवरण्य योजना अन्तर्गत अश्वगंधा की खेती का प्रशिक्षण दिया ग् या,	ONLINE	N/A
121	Ujjwalpradesh	May 21, 2025	Ministry of Ayush	था MP News: नवनियुक्त कर्मचारियों का हुआ सम्मान, मध्यप्रदेश राज्य कर्मचारी संघ की आ	ONLINE	139.8K
122	हिन्दुस्तान(Live Hindustan)	May 21, 2025	Ministry of Ayush	28 मई को किलकिलेश्वर में योग दिवस	ONLINE	64.8M
123	ThePrint	May 21, 2025	Ministry of Ayush	Only 1 of Mumbai's 24 wards gets round-the-clock water supply— Praja Foundation r	ONLINE	11.3M
124	DeshWale	May 21, 2025	Ministry of	ाबुब roundation हिमालय से कन्याकुमारी तक गूंजेगा 'योग संगम', 1000+ संस्थाओं ने IDY 2025 के लिए क	ONLINE	N/A
125	The Assam Tribune	May 21, 2025	Ayush Ministry of	IDY 2025: Ayush Ministry invites citizens, institutions to be part of Y oga Sanga	ONLINE	288.3K
126	Business of Travel Trade	May 21, 2025	Ayush Ministry of	BOTT SHOTS Midday – May 21, 2025	ONLINE	20.1K
127	Medgate Today Magazine	May 21,	Ayush Ministry of	FHRAI in collaboration with embassy of Ethiopia supported by minis	ONLINE	N/A
128	India Outbound	2025 May 21,	Ayush Ministry of	try of ayush a India and Ethiopia celebrate yoga, coffee and sustainable friendship	ONLINE	N/A
129	Janta Se Rishta	2025 May 21,	Ayush Ministry of	पहलगाम आतंकी हमले पर इथियोपियाई राजदूत ने कहा, "पाकिस्तानी भारत में सम	ONLINE	3.8M
130	Travel jingles	2025 May 21, 2025	Ayush Ministry of	स्या पैदा Ethiopia Celebrates the Harit Yoga program	ONLINE	N/A
131	Janta Se Rishta	May 21,	Ayush Ministry of	योग हर किसी के जीवन का हिस्सा बनना चाहिए: कलेक्टर रंजीत बाशा 20.51	ONLINE	3.8M
132	Orissa Diary	2025 May 21,	Ayush Ministry of	From Himalayas to Kanyakumari: Over 1,000 Entities Register on Y	ONLINE	100.9K
133	BW Hotelier	2025 May 21,	Ayush Ministry of	oga Sangam Porta FHRAI and Ethiopian Embassy blend wellness with Harit Yoga even	ONLINE	N/A
134	Public Tv	2025 May 21,	Ayush Ministry of	Pakistanis came to India to create problem': Ethiopian Ambassador	ONLINE	N/A
135	Life And More	2025 May 21,	Ayush Ministry of	on Pahalgam t NOT ALL FATS ARE BAD, CHOSE WISELY	ONLINE	N/A
136	PSU Connect	2025 May 21,	Ayush Ministry of	Centre approves major official appointments and recommendations	ONLINE	62.7K
137	Health Economictimes	2025 May 21, 2025	Ayush Ministry of	Ayush Secretary Vaidya Rajesh Kotecha gets fourth extension	ONLINE	N/A
138	DANIK KHABAR	May 21, 2025	Ayush Ministry of	योग दिवस पर होने वाला कार्यक्रम भारत का सबसे बड़ा स्वास्थ्य (वेलनेस) समारोह बनने	ONLINE	N/A
139	DANIK KHABAR	May 21, 2025	Ayush Ministry of Ayush	<u>अायुष ने ओसाका एक्सपो में भारत की समग्र स्वास्थ्य शक्ति प्रदर्शित की</u>	ONLINE	N/A
140	Itdc News	May 21, 2025	Ministry of Ayush	<u>प्राणायाम से हृदय स्वस्थ, तनाव में राहत: एम्स अध्ययन</u>	ONLINE	N/A
141	ITDC India	May 21, 2025	Ministry of Ayush	Pranayama Boosts Heart Health, Relieves Stress: AIIMS Study	ONLINE	N/A
142	Indian Grapevine	May 21, 2025	Ministry of Ayush	Tenure of Vaidya Rajesh Kotecha as Secretary, AYUSH prolonged	ONLINE	N/A
143	ET Government	May 21, 2025	Ministry of Ayush	Over 1000 Entities Register on Yoga Sangam Portal Ahead of IDY 2 025: India Gears	ONLINE	5K
144	Vishva Times	May 21, 2025	Ministry of Ayush	IDY 2025: Ayush Ministry invites citizens, institutions to be part of Y oga Sanga	ONLINE	N/A
145	Gurgaon Mail	May 21, 2025	Ministry of Ayush	भोपालः कलेक्टर की अध्यक्षता में जिला स्वास्थ्य समिति की बैठक आज	ONLINE	N/A
146	Janta Se Rishta	May 21, 2025	Ministry of Ayush	Pahalgam attack पर इथियोपियाई राजदूत: "पाकिस्तानी भारत में समस्या फैला ने आए थे"	ONLINE	3.8M
147	Doonited India	May 21, 2025	Ministry of Ayush	<u>मुख</u> ्य सचिव : उत्तराखण्ड आयुर्वेद की दृष्टि से अत्यंत महत्वपूर्ण है	ONLINE	N/A
148	Mpe News	May 21, 2025	Ministry of Ayush	ओसाका एक्सपो में भारत की समग्र स्वास्थ्य शक्ति प्रदर्शित	ONLINE	N/A
149	Udaipur Kiran	May 21, 2025	Ministry of Ayush	भोपालः कलेक्टर की अध्यक्षता में जिला स्वास्थ्य समिति की बैठक आज	ONLINE	N/A



151 Mid-Day May 21, Ministry of 2025 Ayush Ministry of 2025							
151 Mid-Day 2025 Ayush Ministry of 2	150	origin.mid-day.com		-	Mumbai water quality improves in 2024, but diarrhoea and cholera c ases continue	ONLINE	N/A
152 Dainik Tribune 2025 Ayush Ministry of 2025 Ayush Ministry of 2025 Ayush Ministry of	151	Mid-Day		,		ONLINE	7.5M
153 Jharkhand State News 2025	152	Dainik Tribune	May 21,	Ministry of		ONLINE	110.2K
154 Dailyhunt May 21, 2025 Ayush 155 India Education Diary May 21, 2025 Ayush 156 India Education Diary May 21, 2025 Ayush 157 Dainik Bhaskar May 21, 2025 Ayush 158 Dainik Bhaskar May 21, 2025 Ayush 159 Tezzbuzz May 21, 2025 Ayush 160 Forever News May 21, 2025 Ayush 161 News X May 21, 2025 Ayush 162 Forever News May 21, 2025 Ayush 162 Forever News May 21, 2025 Ayush 163 Dinakaran May 21, 2025 Ayush 163 Dinakaran May 21, 2025 Ayush 164 Newspoint May 21, 2025 Ayush 165 Ht Syndication May 21, 2025 Ayush 166 Register of Ministry of 2025	153	Jharkhand State News	May 21,	Ministry of		ONLINE	N/A
155 India Education Diary May 21, 2025 Ayush Ministry of 202	154	Dailyhunt	May 21,	Ministry of		ONLINE	18.6M
156 India Education Diary May 21, 2025 Ayush May 21, 2025 Ayush May 21, 2025 Ayush May 21, 2025 Ayush Ministry of 2025 Ayush Mini	155	India Education Diary	May 21,	Ministry of		ONLINE	247.3K
157 Dainik Bhaskar May 21, 2025 Ayush Ministry of 2025 Ayush May 21, 2025 Ayush Ministry of 2025 Ayush Min	156	India Education Diary	May 21,	Ministry of	From Himalayas to Kanyakumari: Over 1,000 Entities Register on Y	ONLINE	247.3K
158 Dainik Bhaskar May 21, Ministry of 2025 Ayush Ministry of	157	Dainik Bhaskar	May 21,	Ministry of		ONLINE	66.5M
Tezzbuzz May 21, 2025 Ayush Ministry of Ayush Ministry	158	Dainik Bhaskar	May 21,	Ministry of	प्रदेश में 18 नए वेलनेस सेंटर बनेंगे आयुर्वेद इलाज की सुविधा मिलेगी	ONLINE	66.5M
May 21, 2025 Ayush Ministry of Ayush May 21, 2025 Ayush May 21, 2025 Ayush Ministry of Ayush May 21, 2025 Ayush Ministry of Ayush May 21, 2025 Ayush Ministry of A	159	Tezzbuzz	May 21,	Ministry of		ONLINE	N/A
News X May 21, 2025 Ayush Ministry of Ayush Ministry o	160	Forever News	May 21,	Ministry of	India Showcases Holistic Health Leadership at Osaka Expo 2025 Th	ONLINE	N/A
May 21, Ayush India Gears Up for Historic Yoga Sangam as Over 1,000 Organizati ons Register for ONLINE N/A	161	News X	May 21,	Ministry of	Pahalgam Terror Attack: Ethiopian Ambassador Points Finger at Pa	ONLINE	38.5K
Dinakaran Di	162	Forever News	May 21,	Ministry of	India Gears Up for Historic Yoga Sangam as Over 1,000 Organizati	ONLINE	N/A
May 21, Ayush Ministry of Ayush May 21, Ministry of Ayush May 21, Ministry of Ayush May 21, Ministry of Ayush	163	Dinakaran	May 21,	Ministry of	சிபிஐ தலைவரை தொடர்ந்து உளவுத்துறை தலைவருக்கு 2வது மு	ONLINE	1.1M
May 21, 2025 Ayush 22, 2025 Ayush 21, 2025 Ayush 22, 2025 Ayush 21, 2025 Ayush 22, 2025 Ayush 22, 2025 Ayush 22, 2025 Ayush 22, 2025 Ayush 23, 2025 Ayush 24, 2025 Ayush 24, 2025 Ayush 24, 2025 Ayush 25, 2025 Ayush 26, 2025 Ayush 27, 2025 Ayush	164	Newspoint	May 21,	Ministry of	IDY 2025: Ayush Ministry invites citizens, institutions to be part of Y	ONLINE	N/A
166हिन्दुस्तान(Live Hindustan)May 21, 2025Ministry of Ayushयोगोत्सव में योगासन व प्राणायाम का कराया गया अभ्यासONLINE64.8M167Indore MirrorMay 21, 2025Ministry of Ayushसमय रहते प्रोस्टेट कैंसर को हिड्डियों में फैलने से रोका जा सकता है- डॉ द्विवेदीONLINEN/A168The PioneerMay 21, 2025Ministry of AyushAll stretched along the northern bordersONLINE776.4K	165	Ht Syndication	May 21,	Ministry of		ONLINE	119.8K
167 Indore Mirror May 21, 2025 Ministry of Ayush समय रहते प्रोस्टेट कैंसर को हड्डियों में फैलने से रोका जा सकता है- डॉ द्विवेदी ONLINE N/A 168 The Pioneer May 21, 2025 Ministry of Ayush All stretched along the northern borders ONLINE 776.4K May 21, 2025 May 21, 2025 Ministry of Ayush Ministry of Ayush All stretched along the northern borders ONLINE 776.4K	166	हिन्दुस्तान(Live Hindustan)	May 21,	Ministry of	योगोत्सव में योगासन व प्राणायाम का कराया गया अभ्यास	ONLINE	64.8M
168 The Pioneer May 21, Ministry of 2025 Ayush All stretched along the northern borders ONLINE 776.4K	167		May 21,	Ministry of	समय रहते प्रोस्टेट कैंसर को हड्डियों में फैलने से रोका जा सकता है- डॉ द्विवेदी	ONLINE	N/A
May 21 Ministry of गाम के अंतिम व्यक्तिों की समस्याओं का समाधान करने शासन-प्रशासन पहुंचा दरस्थ	168	The Pioneer	May 21,	Ministry of	All stretched along the northern borders	ONLINE	776.4K
Asian News Service 2025 Ayush 3	169	Asian News Service	May 21,	Ministry of		ONLINE	N/A





आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध्यम बन ...

Khabarwani • Ministry of Ayush • 11:37 PM 22 May, 2025 • N/A Reach • 10K Ad Value

एवं उनकी मांगों को पूरा करने का एक सशक्त माध्यम बन रहा है। उन्हेने कहा कि देश के प्रधानमंत्री नरेन्द्र मोदी की मंशा है कि देश का हर नागरिक खुशहाल हो,.



आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध्यम बन ...

The Bharat Now • Ministry of Ayush • 11:30 PM 22 May, 2025 • N/A Reach • 10K Ad Value

इस आशय के व्यक्त करते हुए उद्योग मंत्री देवांगन ने नगर पालिक निगम कोरबा द्वारा अपने बालको जोन कार्यालय में सुशासन तिहार- 2025 के तहत आयोजित समाधान शि...



आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध्यम बन ...

Ayush India News • Ministry of Ayush • 11:20 PM 22 May, 2025 • N/A Reach • 10K Ad Value

में विगत डेढ़ माह से संचालित सुशासन तिहार आम जनमानस की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का एक सशक्त माध्यम बन रहा है। उन्हे ने कहा कि द...



आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध्यम बन ...

Vishleshan • Ministry of Ayush • 11:20 PM 22 May, 2025 • N/A Reach • 10K Ad Value

इस आशय के व्यक्त करते हुए उद्योग मंत्री देवांगन ने नगर पालिक निगम कोरबा द्वारा अपने बालको जोन कार्यालय में सुशासन तिहार- 2025 के तहत आयोजित समाधान शि...



आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध्यम बन ...

Samachar Pradesh Hindi News Portal • Ministry of Ayush • 11:18 PM 22 May, 2025 • N/A Reach • 10K Ad Value

में विगत डेढ़ माह से संचालित सुशासन तिहार आम जनमानस की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का एक सशक्त माध्यम बन रहा है। उन्हे ने कहा कि द...



आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध्यम बन ...

Redalertnews.in • Ministry of Ayush • 11:18 PM 22 May, 2025 • N/A Reach • 10K Ad Value

में विगत डेढ़ माह से संचालित सुशासन तिहार आम जनमानस की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का एक सशक्त माध्यम बन रहा है। उन्हे ने कहा कि द...





आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध्यम बन ...

Satyaexpress • Ministry of Ayush • 11:17 PM 22 May, 2025 • N/A Reach • 10K Ad Value

में विगत डेढ़ माह से संचालित सुशासन तिहार आम जनमानस की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का एक सशक्त माध्यम बन रहा है। उन्हे ने कहा कि द...



आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध्यम बन ...

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में विगत डेढ़ माह से संचालित सुशासन तिहार आम जनमानस की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का एक सशक्त माध्यम बन रहा है। उन्हें ने कहा कि द...



आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध्यम बन ...

Mplive24 • Ministry of Ayush • 11:17 PM 22 May, 2025 • N/A Reach • 10K Ad Value

में विगत डेढ़ माह से संचालित सुशासन तिहार आम जनमानस की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का एक सशक्त माध्यम बन रहा है। उन्हे ने कहा कि द...



आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध्यम बन ...

Khulasa • Ministry of Ayush • 11:17 PM 22 May, 2025 • N/A Reach • 10K Ad Value

में विगत डेढ़ माह से संचालित सुशासन तिहार आम जनमानस की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का एक सशक्त माध्यम बन रहा है। उन्हे ने कहा कि द...



आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध्यम बन ...

Moomal Art News • Ministry of Ayush • 11:17 PM 22 May, 2025 • N/A Reach • 10K Ad Value

में विगत डेढ़ माह से संचालित सुशासन तिहार आम जनमानस की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का एक सशक्त माध्यम बन रहा है। उन्हे ने कहा कि द...



आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध्यम बन ...

Samay Jagat • Ministry of Ayush • 11:16 PM 22 May, 2025 • N/A Reach • 10K Ad Value

एवं उनकी मांगों को पूरा करने का एक सशक्त माध्यम बन रहा है। उन्हेने कहा कि देश के प्रधानमंत्री नरेन्द्र मोदी की मंशा है कि देश का हर नागरिक खुशहाल हो,.

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आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध्यम बन ...

Sameera • Ministry of Ayush • 11:15 PM 22 May, 2025 • N/A Reach • 10K Ad Value

में विगत डेढ़ माह से संचालित सुशासन तिहार आम जनमानस की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का एक सशक्त माध्यम बन रहा है। उन्हें ने कहा कि द...



आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध्यम बन ...

Statebreaking • Ministry of Ayush • 11:15 PM 22 May, 2025 • N/A Reach • 10K Ad Value

सुशासन तिहार आम जनमानस की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का एक सशक्त माध्यम बन रहा है। उन्हेने कहा कि देश के प्रधानमंत्री न रेन्द्र ...



आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध्यम बन ...

Sattasudhar • Ministry of Ayush • 11:15 PM 22 May, 2025 • N/A Reach • 10K Ad Value

में विगत डेढ़ माह से संचालित सुशासन तिहार आम जनमानस की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का एक सशक्त माध्यम बन रहा है। उन्हे ने कहा कि द...



वयोवृद्ध देखभाल कार्यक्रम के अंतर्गत सियान सदन में वृहद स्वास्थ्य शिविर का आयोजन...

Imnb • Ministry of Ayush • 09:36 PM 22 May, 2025 • N/A Reach • 10K Ad Value

विभाग, समाज कल्याण विभाग, तथा आयुष विभाग के सहयोग से जिले के शहरी तथा ग्रामीण सामुदायिक स्वास्थ्य केंद्र, प्राथमिक स्वास्थ्य केंद्रों में विभिन्न तिथिय ...



म लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध्यम बन र...

छत्तीसगढ़ वाच • Ministry of Ayush • 09:17 PM 22 May, 2025 • N/A Reach • 10K Ad Value

जनमानस की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का एक सशक्त माध्यम बन रहा है। उन्हेने कहा कि देश के प्रधानमंत्री नरेन्द्र मोदी की मंशा है ...



आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध्यम बन ...

Unique 24 News • Ministry of Ayush • 08:01 PM 22 May, 2025 • N/A Reach • 10K Ad Value

इस आशय के व्यक्त करते हुए उद्योग मंत्री श्री देवांगन ने नगर पालिक निगम कोरबा द्वारा अपने बालको जोन कार्यालय में सुशासन तिहार- 2025 के तहत आयोजि त समाध...



brand-logo AIAPGET 2025 exam on July 4; NTA to close registration process for PG AYUSH cour..

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Careers360 • Ministry of Ayush • 07:37 PM 22 May, 2025 • 3M Reach • 80K Ad Value

The National Testing Agency (NTA) has started the All India Ayush Post Graduate Entrance Test (AIAPGET 2025) application process for admission to pos...



FHRAI, Ethiopian Embassy Host "Coffee & Harit Yoga" Ahead of IDY 2025

India Saga • Ministry of Ayush • 07:01 PM 22 May, 2025 • N/A Reach • 10K Ad Value

with support from the Ministry of AYUSH, organised a special edition of Harit Yoga at the Ethiopian Embassy in New Delhi. Title d Coffee and Harit Yog...



Sattu chaas: गर्मियों में रोजाना पिए सत्तु छाछ, मिलते हैं ये सभी फायदे

MSN Hindi • Ministry of Ayush • 06:56 PM 22 May, 2025 • 733.9M Reach • 80K Ad Value

का सेवन करना सेहत के लिए फायदेमंद माना जाता है. सत्तू में भुने हुए बेसन,छाछ और मसालों का इस्तेमाल किया जाता है. सत्तू छाछ न केवल प्यास बुझाने वा ली दे...



आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्तमाध्यम बन र...

Imnb • Ministry of Ayush • 06:42 PM 22 May, 2025 • N/A Reach • 10K Ad Value

रायपुर, 22 मई 2025/प्रदेश के उद्योग, वाणिज्य एवं श्रम मंत्री श्री लखनलाल देवांगन ने कहा कि प्रदेश में विगत डेढ़ माह से संचालित सुशासन तिहार आम जन मानस ...

brand-logo खुशखबरी...यूपी के हंडिया में एक रुपये में हो रहा है गठिया का इलाज

Patrika • Ministry of Ayush • 06:35 PM 22 May, 2025 • 14M Reach • 80K Ad Value

आज की भागदौड़ की जिंदगी में आर्थराइटिस यानी गठिया जैसी बीमारी से सिर्फ बुजुर्ग ही नहीं बल्कि युवा भी इसकी जद में आ रहे हैं। राजकीय आयुर्वेदिक कॉलेज ह...



रायपुर : आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त म...

City Hot News • Ministry of Ayush • 06:28 PM 22 May, 2025 • N/A Reach • 10K Ad Value

प्रदेश के उद्योग, वाणिज्य एवं श्रम मंत्री श्री लखनलाल देवांगन ने कहा कि प्रदेश में विगत डेढ़ माह से संचालित सुशासन तिहार आम जनमानस की समस्याओं के निर...





ऑपरेशन सिंदूर के बाद भारत पर साइबर हमलों की बाढ़!

Daily Hindi Milap • Ministry of Ayush • 06:26 PM 22 May, 2025 • N/A Reach • 10K Ad Value

सैनिकों के फर्जी कबूलनामें और भारतीय हवाई जहाजों के फर्जी मार गिराए जाने के दृश्य दिखाए गए। दरअसल पाकिस्तान की खुफिया एजेंसी यह देखकर हैरान र ह गई कि ...



FHRAI Collaborates with Ethiopian Embassy and AYUSH Ministry to Host 'Coffee and...

Travel World Online • Ministry of Ayush • 05:43 PM 22 May, 2025 • N/A Reach • 10K Ad Value

with the Embassy of Ethiopia and with support from the Ministry of AYUSH and MDNIY, hosted a special edition of Harit Yoga at the Ethiopian Embassy i...



आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध्यम बन ...

Journalist • Ministry of Ayush • 05:29 PM 22 May, 2025 • N/A Reach • 10K Ad Value

शिविर का किया निरीक्षण, आमजन से भेंट कर जाना उनका कुशल-क्षेम, शिविर में अधिकारियों का किया मार्गदर्शन रायपुर, प्रदेश के उद्योग, वाणिज्य एवं श्रम मं त्...



अंतरराष्ट्रीय योग दिवस की तैयारी हेतु अभ्यास सत्र का हुआ शुभारंभ

Hindustan Abtak • Ministry of Ayush • 05:26 PM 22 May, 2025 • N/A Reach • 10K Ad Value

इस अभ्यास सत्र में जिला शिक्षा विभाग से जुड़े पीटीआई/डीपीई शिक्षक भाग ले रहे हैं, जिन्हें योग का प्रशिक्षण दिया जा रहा है ताकि वे आगामी योग दिवस कार्.



आम लोगों की समस्याओं के निराकरण का सशक्त माध्यम बन रहा है सुशासन तिहार – उद्योग ...

Media Passion • Ministry of Ayush • 05:26 PM 22 May, 2025 • N/A Reach • 10K Ad Value

इस आशय के व्यक्त करते हुए उद्योग मंत्री श्री देवांगन ने नगर पालिक निगम कोरबा द्वारा अपने बालको जोन कार्यालय में सुशासन तिहार- 2025 के तहत आयोजि त समाध...



आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध्यम बन ...

Daily24writer • Ministry of Ayush • 05:19 PM 22 May, 2025 • N/A Reach • 10K Ad Value

इस आशय के व्यक्त करते हुए उद्योग मंत्री श्री देवांगन ने नगर पालिक निगम कोरबा द्वारा अपने बालको जोन कार्यालय में सुशासन तिहार- 2025 के तहत आयोजि त समाध...



Sattu chaas: गर्मियों में रोजाना पिए सत्तु छाछ, मिलते हैं ये सभी फायदे

Aaj Tak News • Ministry of Ayush • 05:09 PM 22 May, 2025 • 571.7M Reach • 80K Ad Value

आजतक लाइफस्टाइल डेस्क नई दिल्ली, 22 मई 2025, (अपडेटेड 22 मई 2025, 4:32 PM IST) पूरे भारत में बढ़ते हुए तापमान को देखते हुए कुछ होममेड ट्रे डिशनल ड्रिं...



Air India to shift Tokyo operations to...

Travelmail • Ministry of Ayush • 05:01 PM 22 May, 2025 • 30.8K Reach • 10K Ad Value

H.E. Ambassador Fesseha Shawel, Ambassador of Ethiopia to India , welcomed guests with a heartfelt message about peace a nd shared well-being. "Yoga i...

brand-logo

Andhra: योग से मानसिक शांति और संपूर्ण स्वास्थ्य मिलता है: गीतांजलि शर्मा 19.32

Janta Se Rishta • Ministry of Ayush • 04:59 PM 22 May, 2025 • 3.8M Reach • 80K Ad Value

शांति और पूर्ण स्वास्थ्य प्राप्त करने का आग्रह किया। उन्होंने सभी नागरिकों से योग कार्यक्रमों में भाग लेने और स्वस्थ बनने का आह्वान किया। बुधवार की स...



Demonising palm oil won't improve public health. Better focus on food literacy, ...

ThePrint • Ministry of Ayush • 04:30 PM 22 May, 2025 • 11.3M Reach • 80K Ad Value

Follow Us: A recent opinion article in ThePrint, titled Oil is making India obese and import-hungry. Modi wants to change that, goes beyond merely...

brand-logo हंडिया में एक रुपये में हो रहा गठिया का इलाज

हिन्दुस्तान(Live Hindustan) • Ministry of Ayush • 04:28 PM 22 May, 2025 • 64.8M Reach • 80K Ad Value

आर्थराइटिस यानी गठिया जैसी बीमारी से सिर्फ बुजुर्ग ही नहीं बल्कि युवा भी इसकी जद में आ रहे हैं। राजकीय आयुर्वेदिक कॉलेज में गठिया उपचार केन्द्र एवं ए..



Centre Extends Ayush Secretary Rajesh Kotecha's Tenure Till June 2026

The Indian Practitioner • Ministry of Ayush • 04:15 PM 22 May, 2025 • N/A Reach • 10K Ad Value

This marks his fourth extension in the role. The Appointments Committee of the Cabinet approved the extension on a contractua I basis, maintaining the...



brand-logo Text of the Vice-President's address at the unveiling of the statues of Sushruta...

PIB • Ministry of Ayush • 03:38 PM 22 May, 2025 • 5.4M Reach • 80K Ad Value

So, that's an additional reason. Hon'ble Governor Shri P.S. Sreedharan Pillai Ji, Hon'ble Chief Minister Dr. Pramod Sawant Ji, Fi rst Lady of the Stat...

brand-logo

Assam: स्वास्थ्य मंत्री ने अंतर्राष्ट्रीय योग दिवस की तैयारियों की समीक्षा की

Janta Se Rishta • Ministry of Ayush • 03:35 PM 22 May, 2025 • 3.8M Reach • 80K Ad Value

उनकी तैयारी का आकलन करने के लिए बुधवार को सभी जिला आयुक्तों और सह-जिला आयुक्तों के साथ एक वर्चुअल बैठक की। बैठक में स्वास्थ्य एवं परिवार कल् याण विभाग...



रिपोर्ट: लक्ष्मण बिष्ट : चंपावत:पाटी में आयुर्वेदिक एवं यूनानी विभाग ने विशाल कॉ...

Kalikumaun khabar • Ministry of Ayush • 03:25 PM 22 May, 2025 • N/A Reach • 10K Ad Value

गुरुवार को चंपावत जिले के पाटी के ब्लॉक सभागार में कॉमन योगा प्रोटोकॉल का अभ्यास कराया गया। कार्यक्रम जिला आयुर्वेदिक एवं यूनानी विभाग चंपावत द्वा रा ...



आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध्यम बन ...

Jhutha Sach • Ministry of Ayush • 03:22 PM 22 May, 2025 • N/A Reach • 10K Ad Value

प्रदेश के उद्योग, वाणिज्य एवं श्रम मंत्री श्री लखनलाल देवांगन ने कहा कि प्रदेश में विगत डेढ़ माह से संचालित सुशासन तिहार आम जनमानस की समस्याओं के निरा...



आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध्यम बन ...

Samarth Chhattisgarh • Ministry of Ayush • 03:20 PM 22 May, 2025 • N/A Reach • 10K Ad Value

रायपुर : प्रदेश के उद्योग, वाणिज्य एवं श्रम मंत्री श्री लखनलाल देवांगन ने कहा कि प्रदेश में विगत डेढ़ माह से संचालित सुशासन तिहार आम जनमानस की समस् याओ...



ದೇರಳಕಟ್ಟೆ: ಮೇ 24ರಂದು ಯೆನಪೊಯ ಪ್ರಕೃತಿ ಚಿಕಿತ್ಸೆ ಮತ್ತು ಯೋಗ ವಿಜ್ಞಾನ ಕಾಲೇಜು ಮತ್ತು ಆಸ್ಪ...

Vaartha Bharathi • Ministry of Ayush • 03:18 PM 22 May, 2025 • N/A Reach • 10K Ad Value

ಯೋಗ ದಿನ ಆಚರಿಸಲು ಅವಕಾಶ ದೊರೆತಿದೆ. ಆ ಪ್ರಯುಕ್ತ ಅಂತಾರಾಷ್ಟ್ರೀಯ ಯೋಗ ದಿನಕ್ಕೆ 100 ದಿನಗಳ ಗಣನೆಯನ್ನು ಸೂಚಿಸಲು 'ಯೋಗ ಮಹೋತ್ಸವ-2025'ನ್ನು ದೇರಳಕ ಟ್ಟೆ ಯೆನೆಪೊಯ ಕ್ಯಾಂಪಸ್ ನ ...





आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध्यम बन ...

Jagganews • Ministry of Ayush • 02:38 PM 22 May, 2025 • N/A Reach • 10K Ad Value

इस आशय के व्यक्त करते हुए उद्योग मंत्री श्री देवांगन ने नगर पालिक निगम कोरबा द्वारा अपने बालको जोन कार्यालय में सुशासन तिहार- 2025 के तहत आयोजि त समाध...



आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध्यम बन ...

Poorab Times • Ministry of Ayush • 02:37 PM 22 May, 2025 • N/A Reach • 10K Ad Value

एवं उनकी मांगों को पूरा करने का एक सशक्त माध्यम बन रहा है। उन्हेने कहा कि देश के प्रधानमंत्री नरेन्द्र मोदी की मंशा है कि देश का हर नागरिक खुशहाल हो,.

brand-logo

Assam अंतर्राष्ट्रीय योग दिवस के लिए तैयार, बड़े पैमाने पर पहुंच और वैश्विक भागी...

Janta Se Rishta • Ministry of Ayush • 02:32 PM 22 May, 2025 • 3.8M Reach • 80K Ad Value

प्रयासों के साथ तैयारियों में तेजी ला रहा है, जैसा कि स्वास्थ्य मंत्री अशोक सिंघल की अध्यक्षता में एक उच्च-स्तरीय वर्चुअल बैठक में पृष्टि की गई है। इ...

સાંત

30 હજાર જેટલા સફળ ઓપરેશન કરવા બદલ પ્રોસ્ટોલોજીસ્ટ ડો. એમ.વી વેકરીયાનું કર્મવીર એ...

Sanj Samachar • Ministry of Ayush • 02:23 PM 22 May, 2025 • 401.5K Reach • 25K Ad Value રાજકોટ, તા.22 તાજેતર રાજકોટ ખાતે યોજાયેલ કર્મવીર સન્માન સમારોહમાં ડો. વેકરીયાને 'કર્મવીર એવોર્ડથી સન્માનીત કરવામાં આવેલ આ આ કર્મવીર સન્માન સમારોહ રાજ. ..



आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध्यम बन ...

छत्तीसगढ़ राज्य • Ministry of Ayush • 02:14 PM 22 May, 2025 • N/A Reach • 10K Ad Value

इस आशय के व्यक्त करते हुए उद्योग मंत्री श्री देवांगन ने नगर पालिक निगम कोरबा द्वारा अपने बालको जोन कार्यालय में सुशासन तिहार- 2025 के तहत आयोजि त समाध...



आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध्यम बन ...

Rashtrabodh • Ministry of Ayush • 01:57 PM 22 May, 2025 • N/A Reach • 10K Ad Value

प्रदेश के उद्योग, वाणिज्य एवं श्रम मंत्री श्री लखनलाल देवांगन ने कहा कि प्रदेश में विगत डेढ़ माह से संचालित सुशासन तिहार आम जनमानस की समस्याओं के निरा...





आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध्यम बन ...

रीडर फर्स्ट • Ministry of Ayush • 01:53 PM 22 May, 2025 • N/A Reach • 10K Ad Value

शिविर का किया निरीक्षण, आमजन से भेंट कर जाना उनका कुशल-क्षेम, शिविर में अधिकारियों का किया मार्गदर्शन रायपुर / प्रदेश के उद्योग, वाणिज्य एवं श्रम मं त...



Assam Health Minister Ashok Singhal Reviews Yoga Day 2025 Plans

New Kerala • Ministry of Ayush • 01:40 PM 22 May, 2025 • 72K Reach • 10K Ad Value

Dispur May 22: Assam Health Minister Ashok Singhal conducted a virtual meeting with all District Commissioners and Co-District Commissioners on Wedne...

brand-logo <u>आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध्यम बन ...</u>

GLIBS • Ministry of Ayush • 01:32 PM 22 May, 2025 • 12.4K Reach • 10K Ad Value

कोरबा। प्रदेश के उद्योग, वाणिज्य एवं श्रम मंत्री श्री लखनलाल देवांगन ने कहा कि प्रदेश में विगत डेढ़ माह से संचालित सुशासन तिहार आम जनमानस की समस् याओं...



आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध्यम बन ...

Janpatra News • Ministry of Ayush • 01:31 PM 22 May, 2025 • N/A Reach • 10K Ad Value

कोरबा। प्रदेश के उद्योग, वाणिज्य एवं श्रम मंत्री श्री लखनलाल देवांगन ने कहा कि प्रदेश में विगत डेढ़ माह से संचालित सुशासन तिहार आम जनमानस की समस् याओं...



CG : आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध्य...

Kadwaghut • Ministry of Ayush • 01:31 PM 22 May, 2025 • N/A Reach • 10K Ad Value

से संचालित सुशासन तिहार आम जनमानस की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का एक सशक्त माध्यम बन रहा है। उन्हेने कहा कि देश के प्रधानमंत्र...



रायपुर : आम लोगों की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त म...

Aajkadin News • Ministry of Ayush • 01:29 PM 22 May, 2025 • N/A Reach • 10K Ad Value

प्रदेश के उद्योग, वाणिज्य एवं श्रम मंत्री श्री लखनलाल देवांगन ने कहा कि प्रदेश में विगत डेढ़ माह से संचालित सुशासन तिहार आम जनमानस की समस्याओं के निरा...





हरिद्वार में योग सत्र की लाइव स्ट्रीमिंग दूसरे दिन भी रही आकर्षण का केंद्र, सैक...

Skgnews • Ministry of Ayush • 01:29 PM 22 May, 2025 • N/A Reach • 10K Ad Value

कार्यक्रम का शुभारंभ महंत प्रभाकर मंजूनाथ महाराज, जिला आयुर्वेदिक एवं यूनानी अधिकारी डॉ. स्वास्तिक सुरेश, डॉ. घनेन्द्र विशष्ट एवं डॉ. भास्कर आनंद कि...

brand-logo <u>योग से मानसिक शांति और संपूर्ण स्वास्थ्य मिलता है: गीतांजलि शर्मा</u>

Janta Se Rishta • Ministry of Ayush • 01:18 PM 22 May, 2025 • 3.8M Reach • 80K Ad Value

Andhra Pradesh आंध्र प्रदेश: कृष्णा जिले की प्रभारी कलेक्टर गीतांजिल शर्मा ने सभी से योग के अभ्यास से मानसिक शांति और संपूर्ण स्वास्थ्य प्राप्त करने ...



आयुष विभाग द्वारा देवरण्य योजना अन्तर्गत अश्वगंधा की खेती का दिया गया प्रशिक्षण

मारुति वाणी • Ministry of Ayush • 12:52 PM 22 May, 2025 • N/A Reach • 10K Ad Value

जिला आयुष अधिकारी नर्मदापुरम डॉक्टर विमला गढ़वाल के निर्देशन में आज दिनांक 21/05/2025 को ब्लॉक केसला के ग्राम पंचायत भवन में ब्लॉक नोडल अधि कारी डॉ जय...



योग, कॉफी और संस्कृति...इथियोपिया दूतावास में हुआ 'हरित योग' का जादू, जानिए क्यो...

News18 • Ministry of Ayush • 12:10 PM 22 May, 2025 • 43.6M Reach • 80K Ad Value

नई दिल्ली के इथियोपियाई दूतावास में एक खास योग सत्र का आयोजन किया गया, जिसमें भारत और इथियोपिया की सांस्कृतिक साझेदारी की खूबसूरत झलक दे खने को मिली. ...



Yoga brings mental peace, complete health: Geetanjali Sharma

The Hans India • Ministry of Ayush • 12:02 PM 22 May, 2025 • N/A Reach • 10K Ad Value

The programmes will be organised by the AYUSH Department in collaboration with various yoga associations People urged to p articipate in these yoga pr...

brand-logo

Yoga brings mental peace, complete health: Geetanjali Sharma

The Hans India • Ministry of Ayush • 12:01 PM 22 May, 2025 • 1.7M Reach • 80K Ad Value

The programmes will be organised by the AYUSH Department in collaboration with various yoga associations People urged to p articipate in these yoga pr...



brand-logo गाड़ी में 'एक पृथ्वी एक स्वास्थ्य' विषय पर योग प्रतियोगिता

हिन्दुस्तान(Live Hindustan) • Ministry of Ayush • 11:44 AM 22 May, 2025 • 64.8M Reach • 80K Ad Value

रानीखेत। राजकीय जुनियर हाइस्कुल गाड़ी में 11 वें अंतरराष्ट्रीय योग दिवस के उपलक्ष्य में कार्यक्रम जारी हैं। आयुर्वेदिक एवं युनानी सेवाएं अल्मोड़ा की ...

brand-logo जेल में 500 से ज्यादा बंदी कर रहे योग

Patrika • Ministry of Ayush • 11:37 AM 22 May, 2025 • 14M Reach • 80K Ad Value

.हर ि स ि ं हग ौरव ि व ि क े य ो गश ि क ्ष ा व ि भ ा गन े अग ा म ी अ ं तरर ा ष ्ट ्र ी यय ो गद ि व स क ी त ै य ा र ी श ुर ु क रद ी ह ...



Exploring Emerging Medical Courses in India Beyond MBBS – A Smart Guide for NEET...

IndiBlogHub • Ministry of Ayush • 11:06 AM 22 May, 2025 • N/A Reach • 10K Ad Value

However, with the growing demand for healthcare professionals and specialization in alternative medicine, there are many rewar ding courses beyond MBB...

brand-logo Assam Gears Up for International Day of Yoga 2025 with Grand Celebrations

Devdiscourse • Ministry of Ayush • 10:13 AM 22 May, 2025 • 1.2M Reach • 50K Ad Value

Assam Health Minister Ashok Singhal held a virtual meeting with all District Commissioners on Wednesday to evaluate preparations for International Da...



Assam: Health Minister reviews preparedness for International Day of Yoga – Worl...

World News Network • Ministry of Ayush • 09:49 AM 22 May, 2025 • N/A Reach • 10K Ad Value

Commissioners on Wednesday to assess their readiness for the upcoming International Day of Yoga. Dr. P. Ashok Babu, Commissioner and Secretary, Healt...



Assam: Health Minister reviews preparedness for International Day of Yoga

Kashmir Breaking News • Ministry of Ayush • 09:37 AM 22 May, 2025 • N/A Reach • 10K Ad Value

Commissioners on Wednesday to assess their readiness for the upcoming International Day of Yoga. Dr. P. Ashok Babu, Commissioner and Secretary, Healt...





Assam: Health Minister reviews preparedness for International Day of Yoga – Worl...

Palgharnews • Ministry of Ayush • 09:32 AM 22 May, 2025 • N/A Reach • 10K Ad Value

Commissioners on Wednesday to assess their readiness for the upcoming International Day of Yoga. Dr. P. Ashok Babu, Commissioner and Secretary, Healt...



Assam: Health Minister reviews preparedness for International Day of Yoga

Odisha Post • Ministry of Ayush • 09:31 AM 22 May, 2025 • N/A Reach • 10K Ad Value

Commissioners on Wednesday to assess their readiness for the upcoming International Day of Yoga. Dr. P. Ashok Babu, Commissioner and Secretary, Healt...



Assam: Health Minister reviews preparedness for International Day of Yoga

India's News • Ministry of Ayush • 09:31 AM 22 May, 2025 • N/A Reach • 10K Ad Value

Commissioners on Wednesday to assess their readiness for the upcoming International Day of Yoga. Dr. P. Ashok Babu, Commissioner and Secretary, Healt...



Assam: Health Minister reviews preparedness for International Day of Yoga

Haryana Today • Ministry of Ayush • 09:30 AM 22 May, 2025 • N/A Reach • 10K Ad Value

Commissioners on Wednesday to assess their readiness for the upcoming International Day of Yoga. Dr. P. Ashok Babu, Commissioner and Secretary, Healt...



Assam: Health Minister reviews preparedness for International Day of Yoga

Bihar 24x7 • Ministry of Ayush • 09:30 AM 22 May, 2025 • N/A Reach • 10K Ad Value

Dispur (Assam) [India] May 22: Assam Health Minister Ashok Singhal conducted a virtual meeting with all District Commissioner s and Co-District Commi...



Assam: Health Minister reviews preparedness for International Day of Yoga

Gujarat Samachar • Ministry of Ayush • 09:27 AM 22 May, 2025 • N/A Reach • 10K Ad Value

Commissioners on Wednesday to assess their readiness for the upcoming International Day of Yoga. Dr. P. Ashok Babu, Commissioner and Secretary, Healt...





Assam: Health Minister reviews preparedness for International Day of Yoga

Kashmir Newsline • Ministry of Ayush • 09:27 AM 22 May, 2025 • N/A Reach • 10K Ad Value

Commissioners on Wednesday to assess their readiness for the upcoming International Day of Yoga. Dr. P. Ashok Babu, Commissioner and Secretary, Healt...



Assam: Health Minister reviews preparedness for International Day of Yoga

Andhra Pradesh Mirror • Ministry of Ayush • 09:26 AM 22 May, 2025 • N/A Reach • 10K Ad Value

Commissioners on Wednesday to assess their readiness for the upcoming International Day of Yoga. Dr. P. Ashok Babu, Commissioner and Secretary, Healt...

brand-logo Assam: He

Assam: Health Minister reviews preparedness for International Day of Yoga

WebIndia123 • Ministry of Ayush • 09:26 AM 22 May, 2025 • 61.9K Reach • 10K Ad Value

Dr. P. Ashok Babu, Commissioner and Secretary, Health and Family Welfare Department, and Ms. Indranoshi Das, Director, AY USH, Assam, attended the mee...

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Assam: Health Minister reviews preparedness for International Day of Yoga

Indian Economic Observer • Ministry of Ayush • 09:24 AM 22 May, 2025 • 16.1K Reach • 10K Ad Value

Commissioners on Wednesday to assess their readiness for the upcoming International Day of Yoga. Dr. P. Ashok Babu, Commissioner and Secretary, Healt...



Assam: Health Minister reviews preparedness for International Day of Yoga

Chhattisgarh Today • Ministry of Ayush • 09:20 AM 22 May, 2025 • N/A Reach • 10K Ad Value

Commissioners on Wednesday to assess their readiness for the upcoming International Day of Yoga. Dr. P. Ashok Babu, Commissioner and Secretary, Healt...



Assam: Health Minister reviews preparedness for International Day of Yoga

Indianapolis Post • Ministry of Ayush • 09:18 AM 22 May, 2025 • N/A Reach • 10K Ad Value

with all District Commissioners and Co-District Commissioners on Wednesday to assess their readiness for the upcoming International Day of Yoga. Dr. ...





Assam: Health Minister reviews preparedness for International Day of Yoga

Bihar Times • Ministry of Ayush • 09:17 AM 22 May, 2025 • N/A Reach • 10K Ad Value

Commissioners on Wednesday to assess their readiness for the upcoming International Day of Yoga. Dr. P. Ashok Babu, Commissioner and Secretary, Healt...



Assam: Health Minister reviews preparedness for International Day of Yoga

Gujarat Varta • Ministry of Ayush • 09:17 AM 22 May, 2025 • N/A Reach • 10K Ad Value

Commissioners on Wednesday to assess their readiness for the upcoming International Day of Yoga. Dr. P. Ashok Babu, Commissioner and Secretary, Healt...



Assam: Health Minister reviews preparedness for International Day of Yoga

New Delhi News • Ministry of Ayush • 09:13 AM 22 May, 2025 • N/A Reach • 10K Ad Value

Commissioners on Wednesday to assess their readiness for the upcoming International Day of Yoga. Dr. P. Ashok Babu, Commissioner and Secretary, Healt...



Assam: Health Minister reviews preparedness for International Day of Yoga

Punjab Live • Ministry of Ayush • 09:13 AM 22 May, 2025 • N/A Reach • 10K Ad Value

Dispur (Assam) [India] May 22: Assam Health Minister Ashok Singhal conducted a virtual meeting with all District Commissioner s and Co-District Commi...

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Assam: Health Minister reviews preparedness for International Day of Yoga

Dailyhunt • Ministry of Ayush • 09:12 AM 22 May, 2025 • 18.6M Reach • 80K Ad Value

Commissioners on Wednesday to assess their readiness for the upcoming International Day of Yoga. Dr. P. Ashok Babu, Commissioner and Secretary, Healt...



Assam: Health Minister reviews preparedness for International Day of Yoga

Telangana Journal • Ministry of Ayush • 09:10 AM 22 May, 2025 • N/A Reach • 10K Ad Value

and Co-District Commissioners on Wednesday to assess their readiness for the upcoming International Day of Yoga. Dr. P. Ash ok Babu, Commissioner and ...





Assam: Health Minister reviews preparedness for International Day of Yoga ANI 22...

The Asia News • Ministry of Ayush • 09:09 AM 22 May, 2025 • N/A Reach • 10K Ad Value

Commissioners on Wednesday to assess their readiness for the upcoming International Day of Yoga. Dr. P. Ashok Babu, Commissioner and Secretary, Healt...



Assam: Health Minister reviews preparedness for International Day of Yoga

Vanakkam Tamil Nadu • Ministry of Ayush • 09:07 AM 22 May, 2025 • N/A Reach • 10K Ad Value

Dispur (Assam) [India] May 22: Assam Health Minister Ashok Singhal conducted a virtual meeting with all District Commissioner s and Co-District Commi...



Assam: Health Minister reviews preparedness for International Day of Yoga

Mumbai News • Ministry of Ayush • 09:06 AM 22 May, 2025 • N/A Reach • 10K Ad Value

Commissioners on Wednesday to assess their readiness for the upcoming International Day of Yoga. Dr. P. Ashok Babu, Commissioner and Secretary, Healt...



Assam: Health Minister reviews preparedness for International Day of Yoga

Jharkhandtimes • Ministry of Ayush • 09:06 AM 22 May, 2025 • N/A Reach • 10K Ad Value

Commissioners on Wednesday to assess their readiness for the upcoming International Day of Yoga. Dr. P. Ashok Babu, Commissioner and Secretary, Healt...



Assam: Health Minister reviews preparedness for International Day of Yoga

Newspoint • Ministry of Ayush • 09:00 AM 22 May, 2025 • N/A Reach • 10K Ad Value

Commissioners on Wednesday to assess their readiness for the upcoming International Day of Yoga. Dr. P. Ashok Babu, Commissioner and Secretary, Healt...



Assam: Health Minister reviews preparedness for International Day of Yoga

West Bengal Khabar • Ministry of Ayush • 08:57 AM 22 May, 2025 • N/A Reach • 10K Ad Value

Commissioners on Wednesday to assess their readiness for the upcoming International Day of Yoga. Dr. P. Ashok Babu, Commissioner and Secretary, Healt...





Assam: Health Minister reviews preparedness for International Day of Yoga

Delhi live news • Ministry of Ayush • 08:55 AM 22 May, 2025 • N/A Reach • 10K Ad Value

and Co-District Commissioners on Wednesday to assess their readiness for the upcoming International Day of Yoga. Dr. P. Ash ok Babu, Commissioner and ...

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Assam: स्वास्थ्य मंत्री ने अंतर्राष्ट्रीय योग दिवस की तैयारियों की समीक्षा की kr...

Janta Se Rishta • Ministry of Ayush • 08:54 AM 22 May, 2025 • 3.8M Reach • 80K Ad Value

उनकी तैयारियों का आकलन करने के लिए बुधवार को सभी जिला आयुक्तों और सह-जिला आयुक्तों के साथ एक वर्चुअल बैठक की। इस बैठक में स्वास्थ्य एवं परि वार कल्याण...



Assam: Health Minister reviews preparedness for International Day of Yoga

Karnataka Live • Ministry of Ayush • 08:53 AM 22 May, 2025 • N/A Reach • 10K Ad Value

Commissioners on Wednesday to assess their readiness for the upcoming International Day of Yoga. Dr. P. Ashok Babu, Commissioner and Secretary, Healt...

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India News | Assam: Health Minister Reviews Preparedness for International Day o...

Latestly • Ministry of Ayush • 08:53 AM 22 May, 2025 • 7.8M Reach • 80K Ad Value

Commissioners and Co-District Commissioners to review the preparedness for the upcoming International Day of Yoga. Dispur (Assam) [India] May 22 (ANI...



Assam: Health Minister reviews preparedness for International Day of Yoga

Daily Prabhat • Ministry of Ayush • 08:52 AM 22 May, 2025 • 280 Reach • 10K Ad Value

Commissioners on Wednesday to assess their readiness for the upcoming International Day of Yoga. Dr. P. Ashok Babu, Commissioner and Secretary, Healt...



Assam: Health Minister reviews preparedness for International Day of Yoga

South India News • Ministry of Ayush • 08:50 AM 22 May, 2025 • N/A Reach • 10K Ad Value

Co-District Commissioners on Wednesday to assess their readiness for the upcoming International Day of Yoga. Dr. P. Ashok B abu. Commissioner and Secr...





Assam: Health Minister reviews preparedness for International Day of Yoga

North East Times • Ministry of Ayush • 08:47 AM 22 May, 2025 • N/A Reach • 10K Ad Value

Commissioners on Wednesday to assess their readiness for the upcoming International Day of Yoga. Dr. P. Ashok Babu, Commissioner and Secretary, Healt...



Assam: Health Minister reviews preparedness for International Day of Yoga

Himachal Patrika • Ministry of Ayush • 08:46 AM 22 May, 2025 • N/A Reach • 10K Ad Value

Commissioners on Wednesday to assess their readiness for the upcoming International Day of Yoga. Dr. P. Ashok Babu, Commissioner and Secretary, Healt...

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Assam: Health Minister reviews preparedness for International Day of Yoga

The News Mill • Ministry of Ayush • 08:44 AM 22 May, 2025 • 85.1K Reach • 10K Ad Value

Dr. P. Ashok Babu, Commissioner and Secretary, Health and Family Welfare Department, and Ms. Indranoshi Das, Director, AY USH, Assam, attended the mee...



Assam: Health Minister reviews preparedness for International Day of Yoga

Indian News Network • Ministry of Ayush • 08:41 AM 22 May, 2025 • N/A Reach • 10K Ad Value

Dispur (Assam) [India] May 22: Assam Health Minister Ashok Singhal conducted a virtual meeting with all District Commissioner s and Co-District Commi...

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Assam: Health Minister reviews preparedness for International Day of Yoga

Ani News • Ministry of Ayush • 08:39 AM 22 May, 2025 • 1.9M Reach • 80K Ad Value

Commissioners on Wednesday to assess their readiness for the upcoming International Day of Yoga. Dr. P. Ashok Babu, Commissioner and Secretary, Healt...



Officials told to take measures to achieve 15% growth rate in allied agricultura...

First Piper • Ministry of Ayush • 07:01 AM 22 May, 2025 • N/A Reach • 10K Ad Value

He aims for a 15% growth rate in allied agricultural sectors through the introduction of new technologies, AI, and expanded mark eting facilities. He ...



Officials told to take measures to achieve 15% growth rate in allied agricultura...

The Hindu • Ministry of Ayush • 06:29 AM 22 May, 2025 • 35.9M Reach • 80K Ad Value

Andhra Pradesh Minister for Agriculture, Cooperation, Marketing, Animal Husbandry, and Fisheries Kinjarapu Atchannaidu has a sked the officials of agr...

brand-logo

मानव जीवन के लिए योग व संयमित दिनचर्या आवश्यक:डा. विद्यार्थी

हिन्दुस्तान(Live Hindustan) • Ministry of Ayush • 10:29 PM 21 May, 2025 • 64.8M Reach • 80K Ad Value

साहिबगंज। सम्पूर्ण मानव को स्वस्थ रहने के लिए संतुलित खानपान , संयमित दिनचर्या एवं नियमित योगाभ्यास बहुत ही आवश्यक हैं। उक्त बातें मोरारजी देसाई राष...



राजकीय इण्टर कॉलेज बसेड़ी में छात्र छात्राओं व कॉलेज स्टाफ ने किया योग

Dainik Jayant • Ministry of Ayush • 10:05 PM 21 May, 2025 • N/A Reach • 10K Ad Value

कराया जा रहा है। विभिन्न गतिविधियों के तहत, प्रकृति को योग के साथ जोड़ा जाना उक्त गतिविधि के तहत स्कूली बच्चों, जनसामान्य हेतु योग को दिनचर्या में शा

brand-logo

उत्तराखंड में आयुर्वेद का नया अध्याय, क्या है सरकार की योजना?

Asianet News Hindi • Ministry of Ayush • 09:12 PM 21 May, 2025 • 8.1M Reach • 80K Ad Value

देहरादून(सू. ब्यूरो)* मुख्य सचिव श्री आनन्द बर्द्धन ने सोमवार को सचिवालय में आयुष विभाग की समीक्षा की। मुख्य सचिव ने कहा कि उत्तराखण्ड आयुर्वेद की दृ.



Freshers, Production Supervisor - Greenspace

Foodtechnetwork • Ministry of Ayush • 09:05 PM 21 May, 2025 • N/A Reach • 10K Ad Value

Production Supervisor (Freshers Welcome!) Lakkenahalli, Bangalore Greenspace | Herbal Extracts & Natural Wellness Products Are you a B.Sc. Food/N...



11वें अंतरराष्ट्रीय योग शिविर के अवसर पर आओ हम सब योग करें अभियान का प्रो प्रवीण...

The Top Ten News • Ministry of Ayush • 08:48 PM 21 May, 2025 • N/A Reach • 10K Ad Value

इस अवसर पर भारी बारिश में भी विश्वविद्यालय के योग प्रशिक्षक गिरीश अधिकारी ने समस्त अतिथियों को आयुष मंत्रालय द्वारा जारी सामान्य योग अभ्यासक्रम का अभ...





ब्लॉक स्तरीय योग दिवस 28 मई को

Dainik Jayant • Ministry of Ayush • 08:03 PM 21 May, 2025 • N/A Reach • 10K Ad Value

योग दिवस का आयोजन होगा। योग प्रशिक्षण कार्यक्रम के नोडल अधिकारी वैद्य सुशांत मिश्र ने बताया कि आयुष विभाग, स्थानीय प्रशासन और गढ़वाल विवि के योग विभाग...



सुशासन तिहार समाधान शिविर" के तहत आज नगर पंचायत पाटन में समाधान शिविर आयोजित की ...

छत्तीसगढ़ वाच • Ministry of Ayush • 07:59 PM 21 May, 2025 • N/A Reach • 10K Ad Value

आयोजित की गई जिसमें नगरवासी अपनी जन समस्या , मांग, शिकायत हेतु आवेदन किए एवं संबंधित विभाग द्वारा त्वरित समाधान भी किया गया, राशन कार्ड, ड्राइविंग ला...

brand-logo

सोनीपत के सिविल हॉस्पिटल में लिफ्ट में फंसे दो मरीज: गर्मी में हालत बिगड़ी; स्टा...

Dainik Bhaskar • Ministry of Ayush • 07:54 PM 21 May, 2025 • 66.5M Reach • 80K Ad Value

में बिजली की वैकल्पिक व्यवस्था न होने के चलते यह समस्या सामने आई। गनीमत रही कि समय रहते अस्पताल कर्मियों लिफ्ट में फंसे मरीज, 10 मिनट तक मां गी मदद ब्...

brand-logo

एम्स भोपाल के अध्ययन से खुलासा – योगिक श्वसन अभ्यास 'प्राणायाम' हृदय स्वास्थ्य क...

PIB • Ministry of Ayush • 07:50 PM 21 May, 2025 • 5.4M Reach • 80K Ad Value

दिवसीय अभियान प्रारंभ कर रहा है। यह पहल समुदाय में नियमित योग अभ्यास के अनेक स्वास्थ्य लाभों को बढ़ावा देने का लक्ष्य रखती है।आयुष विभाग द्वारा सं चाल...



<u>આયુષ સચિવ વૈદ્ય રાજેશ કોટેચાને વધુ એક વર્ષનું એક્સટેન્શન : જૂન 2026 સુધી પદભાર સ...</u>

અગ્રેસર ઓનલાઇન ગુજરાતી ન્યુઝ પોર્ટલ (Leading Gujarati news portal) • Ministry of Ayush • 07:47 PM 21 May, 2025 • 633.8K Reach • 50K Ad Value

પદભાર સંભાળ્યા પછી આ તેમની ચોથી મુદત લંબાવવામાં આવી છે. કર્મચારી, જાહેર ફરિયાદ અને પેન્શન મંત્રાલય દ્વારા મંગળવારે આ જાહેરાત કરવામાં આવી હતી. વૈદ્ય ર…

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Fact Check: भारत के आयुर्वेदिक डॉक्टरों को मिली नासा के साथ अंतरिक्ष यात्रा करने...

अमर उजाला (Amar ujala) • Ministry of Ayush • 07:21 PM 21 May, 2025 • 63.8M Reach • 80K Ad Value

सोशल मीडिया में एक अखबार में प्रकाशित एक रिपोर्ट की कटिंग वायरल हो रही है। अखबार की इस कथित वायरल कटिंग में लिखा है कि नेशनल एरोनॉटिक्स और स्पेस एडमि...





Bids Are Invited For Cell Pack Sysmax Cell Pack 20 Litre, Stromatolyser 500 Ml...

Tender Detail • Ministry of Ayush • 07:15 PM 21 May, 2025 • N/A Reach • 10K Ad Value

MI, Eight Check Qc, Direct Hdl XI System Pack, Thermal Paper Roll, Timer Clock, Haematology Analyzer Reagents Total Qu antity: 29. Submission Da...



हरिद्वार में योग सत्र की लाइव स्ट्रीमिंग दूसरे दिन भी रही आकर्षण का केंद्र

सबसे तेज प्रधान टाइम्स • Ministry of Ayush • 07:01 PM 21 May, 2025 • N/A Reach • 10K Ad Value

हरिद्वार। अंतर्राष्ट्रीय योग दिवस 2025 के पूर्व कार्यक्रमों की श्रृंखला में जिला आयुष विभाग हरिद्वार द्वारा आयोजित योग सत्र की लाइव स्ट्रीमिंग का का...



जनमानस की समस्याओं के निराकरण एवं उनकी मांगों को पूरा करने का सशक्त माध्यम बन रह...

City Hot News • Ministry of Ayush • 06:37 PM 21 May, 2025 • N/A Reach • 10K Ad Value

उक्त बातें उद्योग मंत्री श्री देवांगन ने नगर पालिक निगम कोरबा द्वारा अपने बालको जोन कार्यालय में सुशासन तिहार- 2025 के तहत आयोजित समाधान शिविर में कह...

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योग हर किसी के जीवन का हिस्सा बनना चाहिए: कलेक्टर रंजीत बाशा kr 20.84

Janta Se Rishta • Ministry of Ayush • 05:38 PM 21 May, 2025 • 3.8M Reach • 80K Ad Value

का अभिन्न अंग बन जाना चाहिए। उन्होंने बुधवार को शहर के इंडोर स्टेडियम में 'योगांध्र' अभियान के उद्घाटन कार्यक्रम का उद्घाटन किया, जो 21 जून को अंतर्र...

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IDY 2025: Ayush Ministry invites citizens, institutions to be part of Yoga Sanga...

Investment Guru India • Ministry of Ayush • 05:36 PM 21 May, 2025 • N/A Reach • 10K Ad Value

To date, more than 1,000 organisations have registered their proposals under the flagship Yoga Sangam initiative -- setting the t one for what is pois...



आयुष विभाग द्वारा देवरण्य योजना अन्तर्गत अश्वगंधा की खेती का प्रशिक्षण दिया गया,...

Narmadasamay • Ministry of Ayush • 05:24 PM 21 May, 2025 • N/A Reach • 10K Ad Value

दिनांक 21/05/2025 को ब्लॉक केसला के ग्राम पंचायत भवन में ब्लॉक नोडल अधिकारी डॉ. जयश्री बारस्कर के मार्गदर्शन में एक दिवसीय महिला स्व. सहायता समूहों क...



MP News: नवनियुक्त कर्मचारियों का हुआ सम्मान, मध्यप्रदेश राज्य कर्मचारी संघ की आ...

Ujjwalpradesh • Ministry of Ayush • 04:38 PM 21 May, 2025 • 139.8K Reach • 25K Ad Value

MP News: उज्जवल प्रदेश, भोपाल. मध्यप्रदेश राज्य कर्मचारी संघ के आयुष विभाग ने 20 मई 2025 मंगलवार को पं. खुशीलाल शर्मा आयुर्वेद संस्थान परिसर के सभागा...

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28 मई को किलकिलेश्वर में योग दिवस

हिन्दुस्तान(Live Hindustan) • Ministry of Ayush • 04:29 PM 21 May, 2025 • 64.8M Reach • 80K Ad Value

योग के प्रति जागरूकता बढ़ाने के उद्देश्य से राजकीय इंटर कॉलेज किलकिलेश्वर में 28 मई को एक दिवसीय ब्लॉक स्तरीय योग दिवस का आयोजन होगा। योग प्र शिक्षण का...



Only 1 of Mumbai's 24 wards gets round-the-clock water supply—Praja Foundation r...

ThePrint • Ministry of Ayush • 04:25 PM 21 May, 2025 • 11.3M Reach • 80K Ad Value

Mumbai faced a 15 percent water shortage in 2024—the supply was 3,975 MLD, as against the total demand of 4,664 MLD. Whi le non-slum areas received 13...



हिमालय से कन्याकुमारी तक गूंजेगा 'योग संगम', 1000+ संस्थाओं ने IDY 2025 के लिए क...

DeshWale • Ministry of Ayush • 04:16 PM 21 May, 2025 • N/A Reach • 10K Ad Value

में रंगने को तैयार है। आयुष मंत्रालय के मुताबिक, देशभर की 1000 से अधिक संस्थाओं ने योग संगम पोर्टल पर पंजीकरण कर अपनी भागीदारी सुनिश्चित कर ली है। शि...

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IDY 2025: Ayush Ministry invites citizens, institutions to be part of Yoga Sanga...

The Assam Tribune • Ministry of Ayush • 03:44 PM 21 May, 2025 • 288.3K Reach • 25K Ad Value

To date, more than 1,000 organisations have registered their proposals under the flagship Yoga Sangam initiative -- setting the t one for what is pois...





BOTT SHOTS Midday - May 21, 2025

Business of Travel Trade • Ministry of Ayush • 03:41 PM 21 May, 2025 • 20.1K Reach • 10K Ad Value

QUICK SHOTS Mountains or Beaches? Both Favourite Destination: Paris Best Travel Hack: Always carry a neck pillow on long f lights Window or Aisle? Win...



FHRAI in collaboration with embassy of Ethiopia supported by ministry of ayush a...

Medgate Today Magazine • Ministry of Ayush • 03:28 PM 21 May, 2025 • N/A Reach • 10K Ad Value

The Federation of Hotel and Restaurant Associations of India (FHRAI), in collaboration with the Embassy of Ethiopia and with su pport from the Ministr...



India and Ethiopia celebrate yoga, coffee and sustainable friendship

India Outbound • Ministry of Ayush • 03:02 PM 21 May, 2025 • N/A Reach • 10K Ad Value

Rate this post The Federation of Hotel and Restaurant Associations of India (FHRAI), in collaboration with the Embassy of Ethio pia and with support f...

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पहलगाम आतंकी हमले पर इथियोपियाई राजदूत ने कहा, "पाकिस्तानी भारत में समस्या पैदा ...

Janta Se Rishta • Ministry of Ayush • 03:00 PM 21 May, 2025 • 3.8M Reach • 80K Ad Value

आतंकवादी हमले की कड़ी निंदा की , और इस हिंसा के लिए सीधे तौर पर पाकिस्तान को दोषी ठहराया जिसमें 26 नागरिक मारे गए, जबकि इस मामले पर भार त की प्रतिक्रि...



Ethiopia Celebrates the Harit Yoga program

Travel jingles • Ministry of Ayush • 02:17 PM 21 May, 2025 • N/A Reach • 10K Ad Value

support from the Ministry of AYUSH, organised a special edition of Harit Yoga at the Ethiopian Embassy in New Delhi. Titled 'Exploring Ethiopian and ...



योग हर किसी के जीवन का हिस्सा बनना चाहिए: कलेक्टर रंजीत बाशा 20.51

Janta Se Rishta • Ministry of Ayush • 02:17 PM 21 May, 2025 • 3.8M Reach • 80K Ad Value

कुरनूल के जिला कलेक्टर पी रंजीत बाशा ने इस बात पर जोर दिया कि योग हर किसी के जीवन का अभिन्न अंग बनना चाहिए। उन्होंने बुधवार को शहर के इंडोर स्टेडियम ...

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From Himalayas to Kanyakumari: Over 1,000 Entities Register on Yoga Sangam Porta..

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Orissa Diary • Ministry of Ayush • 02:13 PM 21 May, 2025 • 100.9K Reach • 25K Ad Value

organizations have already registered their proposals under the flagship Yoga Sangam initiative — setting the tone for what is p oised to become India...



FHRAI and Ethiopian Embassy blend wellness with Harit Yoga event

BW Hotelier • Ministry of Ayush • 01:07 PM 21 May, 2025 • N/A Reach • 10K Ad Value

In a unique convergence of wellness, sustainability, and cultural diplomacy, the Federation of Hotel and Restaurant Associations of India (FHRAI), in...



'Pakistanis came to India to create problem': Ethiopian Ambassador on Pahalgam t...

Public Tv • Ministry of Ayush • 12:32 PM 21 May, 2025 • N/A Reach • 10K Ad Value

The Ambassador praised India's "responsible" response and highlighted the shared fight against terrorism between Ethiopia and India, noting that a de...



NOT ALL FATS ARE BAD, CHOSE WISELY

Life And More • Ministry of Ayush • 12:31 PM 21 May, 2025 • N/A Reach • 10K Ad Value

By Dr Dharini Krishnan Prime Minister Narendra Modi's recent advice to reduce edible oil consumption by 10 per cent has brought dietary fats into th...

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Centre approves major official appointments and recommendations

PSU Connect • Ministry of Ayush • 12:18 PM 21 May, 2025 • 62.7K Reach • 10K Ad Value

New Delhi, 21 May 2025: The Appointments Committee of the Cabinet has approved the extension of tenure of Shri Vaidya Raje sh Kotecha, Secretary, Mini...





Ayush Secretary Vaidya Rajesh Kotecha gets fourth extension

Health Economictimes • Ministry of Ayush • 12:08 PM 21 May, 2025 • N/A Reach • 10K Ad Value

New Delhi: The Centre on Tuesday extended the tenure of Ayush Secretary Vaidya Rajesh Kotecha by a year till June 28, 2026. This will be his fourth e...



योग दिवस पर होने वाला कार्यक्रम भारत का सबसे बड़ा स्वास्थ्य (वेलनेस) समारोह बनने...

DANIK KHABAR • Ministry of Ayush • 12:02 PM 21 May, 2025 • N/A Reach • 10K Ad Value

योग संगम पहल के तहत अपने प्रस्ताव पंजीकृत करा दिए हैं। योग दिवस पर होने वाला कार्यक्रम भारत का सबसे बड़ा स्वास्थ्य (वेलनेस) समारोह बनने के लिए तै यार ...



आयुष ने ओसाका एक्सपो में भारत की समग्र स्वास्थ्य शक्ति प्रदर्शित की

DANIK KHABAR • Ministry of Ayush • 12:02 PM 21 May, 2025 • N/A Reach • 10K Ad Value

विभिन्न विषयगत प्रस्तुतियों के बीच, योग एक प्रमुख वैश्विक आकर्षण के रूप में उभरा है, जो प्रतिष्ठित इंडिया पैवेलियन-भारत में आयोजित दैनिक सत्रों में प...



प्राणायाम से हृदय स्वस्थ, तनाव में राहत: एम्स अध्ययन

Itdc News • Ministry of Ayush • 12:00 PM 21 May, 2025 • N/A Reach • 10K Ad Value

के कार्यपालक निदेशक अजय सिंह के मार्गदर्शन में संस्थान 11वें अंतर्राष्ट्रीय योग दिवस के उपलक्ष्य में "योग रखे निरोग" नामक 30 दिवसीय अभियान प्रारंभ कर...



Pranayama Boosts Heart Health, Relieves Stress: AIIMS Study

ITDC India • Ministry of Ayush • 11:29 AM 21 May, 2025 • N/A Reach • 10K Ad Value

Under the guidance of Executive Director Prof. Ajay Singh, AIIMS Bhopal is launching a 30-day campaign titled "Yoga Rakhe Nir og" (Yoga Keeps You Heal...



Tenure of Vaidya Rajesh Kotecha as Secretary, AYUSH prolonged

Indian Grapevine • Ministry of Ayush • 11:20 AM 21 May, 2025 • N/A Reach • 10K Ad Value

The tenure of Vaidya Rajesh Kotechaas Secretary, Ministry of AYUSH has been prolonged on ...





Over 1000 Entities Register on Yoga Sangam Portal Ahead of IDY 2025: India Gears...

ET Government • Ministry of Ayush • 11:14 AM 21 May, 2025 • 5K Reach • 10K Ad Value

NEW DELHI: With just a month to go for the 10th International Day of Yoga (IDY), India is witnessing an overwhelming nationwi de response to the Minis...



IDY 2025: Ayush Ministry invites citizens, institutions to be part of Yoga Sanga...

Vishva Times • Ministry of Ayush • 10:49 AM 21 May, 2025 • N/A Reach • 10K Ad Value

To date, more than 1,000 organisations have registered their proposals under the flagship Yoga Sangam initiative -- setting the t one for what is pois...



भोपालः कलेक्टर की अध्यक्षता में जिला स्वास्थ्य समिति की बैठक आज

Gurgaon Mail • Ministry of Ayush • 10:23 AM 21 May, 2025 • N/A Reach • 10K Ad Value

मुख्य चिकित्सा एवं स्वास्थ्य अधिकारी डॉ. प्रभाकर तिवारी ने बताया कि बैठक में स्वास्थ्य कार्यक्रमों की समीक्षा एवं संचालित अभियानों पर चर्चा की जाएगी।...

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Pahalgam attack पर इथियोपियाई राजदूत: "पाकिस्तानी भारत में समस्या फैलाने आए थे"

Janta Se Rishta • Ministry of Ayush • 09:55 AM 21 May, 2025 • 3.8M Reach • 80K Ad Value

अप्रैल को पहलगाम में हुए आतंकवादी हमले की कड़ी निंदा की, जिसमें 26 नागरिकों की मौत हो गई, साथ ही उन्होंने इस मामले में भारत की प्रतिक्रिया की सराह ना ...



मुख्य सचिव : उत्तराखण्ड आयुर्वेद की दृष्टि से अत्यंत महत्वपूर्ण है

Doonited India • Ministry of Ayush • 09:15 AM 21 May, 2025 • N/A Reach • 10K Ad Value

महत्वपूर्ण है। उन्होंने कहा कि आयुर्वेद के क्षेत्र में अधिक लोगों को कैसे जोड़ा जाए, इसमें अधिक शोध और अनुसंधान को कैसे बढ़ावा मिले तथा आयुष चिकित्सा...



ओसाका एक्सपो में भारत की समग्र स्वास्थ्य शक्ति प्रदर्शित

Mpe News • Ministry of Ayush • 09:01 AM 21 May, 2025 • N/A Reach • 10K Ad Value

केंद्रीय आयुष मंत्रालय मंगलवार को यहां बताया कि ओसाका में चल रहे विश्व एक्सपो 2025 में लगाए गए भारतीय मंडप में योग एक प्रमुख वैश्विक आकर्षण के रूप मे...





भोपालः कलेक्टर की अध्यक्षता में जिला स्वास्थ्य समिति की बैठक आज

Udaipur Kiran • Ministry of Ayush • 08:45 AM 21 May, 2025 • N/A Reach • 10K Ad Value

है. कलेक्टर कौशलेंद्र विक्रम सिंह की अध्यक्षता में आयोजित बैठक में विभिन्न स्वास्थ्य कार्यक्रमों एवं योजनाओं की समीक्षा की जाएगी. बैठक में सभी कार्यक...



Mumbai water quality improves in 2024, but diarrhoea and cholera cases continue ...

origin.mid-day.com • Ministry of Ayush • 08:04 AM 21 May, 2025 • N/A Reach • 10K Ad Value

Water quality in the city has shown improvement in 2024 compared to 2020 according to a recent report released by Praja Foun dation on Mumbai's civic ...

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Mumbai water quality improves in 2024, but diarrhoea and cholera cases continue ...

Mid-Day • Ministry of Ayush • 08:03 AM 21 May, 2025 • 7.5M Reach • 80K Ad Value

Mumbai's water supply system suffers from significant disparities in distribution. Representation pic/istock Water quality in the cit y has shown impr...

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विधायक हरदीप सिंह बावा ने किया स्वास्थ्य केंद्र के भवन का उद्घाटन

Dainik Tribune • Ministry of Ayush • 08:02 AM 21 May, 2025 • 110.2K Reach • 25K Ad Value

के आयुर्वेदिक स्वास्थ्य केंद्र के भवन का उद्घाटन किया। विधायक ने पढ़वाह गांव के लिए जाने वाली सड़क का उदघाटन भी किया। इस दौरान विधायक ने लोगों की समस...



From Himalayas to Kanyakumari: Over 1,000 Entities Register on Yoga Sangam Porta...

Jharkhand State News • Ministry of Ayush • 07:21 AM 21 May, 2025 • N/A Reach • 10K Ad Value

The enthusiastic response comes from a diverse mix of organisations and institutions, including schools, colleges, corporates, N GOs, Resident Welfare...

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Ayush Secy gets 4th extension

Dailyhunt • Ministry of Ayush • 06:38 AM 21 May, 2025 • 18.6M Reach • 80K Ad Value

The Appointments Committee of the Cabinet has approved the extension in the tenure of Kotecha, Secretary, Ministry of Ayush, on contract basis for a ...



Stretching Across Borders: Ayush Showcases India's Holistic Health Power at Osak...

India Education Diary • Ministry of Ayush • 05:27 AM 21 May, 2025 • 247.3K Reach • 25K Ad Value

for showcasing India's holistic approach to health and wellbeing. Among various thematic offerings, Yoga has emerged as a maj or global attraction, dr...

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From Himalayas to Kanyakumari: Over 1,000 Entities Register on Yoga Sangam Porta..

Δ

India Education Diary • Ministry of Ayush • 05:27 AM 21 May, 2025 • 247.3K Reach • 25K Ad Value

organizations have already registered their proposals under the flagship Yoga Sangam initiative — setting the tone for what is poised to become India...

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हर गुरुवार बुजुर्ग देखभाल कार्यक्रम अप्रैल महीने में 8682 की स्क्रीनिंग

Dainik Bhaskar • Ministry of Ayush • 04:19 AM 21 May, 2025 • 66.5M Reach • 80K Ad Value

में चल रहा है। इसका उद्देश्य 60 साल या इससे अधिक आयु के बुजुर्गों की नियमित स्वास्थ्य जांच और इलाज की जा रही है। यह जिले के सभी सीएचसी, पीएच सी में चल...

brand-logo

प्रदेश में 18 नए वेलनेस सेंटर बनेंगे आयुर्वेद इलाज की सुविधा मिलेगी

Dainik Bhaskar • Ministry of Ayush • 04:09 AM 21 May, 2025 • 66.5M Reach • 80K Ad Value

विभाग मिलकर प्रदेश को आयुष डेस्टिनेशन के रूप में विकसित कर रहे हैं। इन केंद्रों में आयुष मंत्रालय से प्र महेश्वर, सीहोर, इंदौर, अमरकंटक, पन्ना, बालाघ...



Pahalgam Terror Attack: Ethiopian Ambassador Points Finger at Pakistanis

Tezzbuzz • Ministry of Ayush • 04:00 AM 21 May, 2025 • N/A Reach • 10K Ad Value

"It Was Pakistanis Who Came to India": Ethiopian Envoy Speaking to ANI, Ambassador Gebre emphasized the need for global s olidarity in combating terro...





India Showcases Holistic Health Leadership at Osaka Expo 2025 Through Daily Yoga...

Forever News • Ministry of Ayush • 03:51 AM 21 May, 2025 • N/A Reach • 10K Ad Value

The sessions, running from May 2 to October 13, 2025, are a collaborative effort between the Ministry of Ayush, the India Trade Promotion Organisatio...

brand-logo Pahalgam Terror Attack: Ethiopian Ambassador Points Finger at Pakistanis

News X • Ministry of Ayush • 03:17 AM 21 May, 2025 • 38.5K Reach • 10K Ad Value

Ethiopian Ambassador to India, Fesseha Shawel Gebre, has come down hard on Pakistan in the aftermath of the April 22 Pahal gam terror attack that left...



India Gears Up for Historic Yoga Sangam as Over 1,000 Organizations Register for...

Forever News • Ministry of Ayush • 02:28 AM 21 May, 2025 • N/A Reach • 10K Ad Value

Spanning the length and breadth of India, the registrations include a diverse mix of schools, colleges, corporate institutions, gov ernment agencies, ...

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சிபிஐ தலைவரை தொடர்ந்து உளவுத்துறை தலைவருக்கு 2வது முறை பதவி நீட்டிப்பு: ஆ யுஷ் செ...

Dinakaran • Ministry of Ayush • 02:25 AM 21 May, 2025 • 1.1M Reach • 50K Ad Value

அரசு உத்தரவிட்டது. அதே போல் உளவுத்துறை தலைவர் தபன் குமார் தேகாவுக்கு அடுத்த ஆண்டு ஜூன் வரை கூடுதலாக ஒரு வரு ட பதவிநீட்டிப்பு வழங்கி ஒன்றிய அரசு உத்தரவ...



IDY 2025: Ayush Ministry invites citizens, institutions to be part of Yoga Sanga...

Newspoint • Ministry of Ayush • 02:12 AM 21 May, 2025 • N/A Reach • 10K Ad Value

To date, more than 1,000 organisations have registered their proposals under the flagship Yoga Sangam initiative -- setting the tone for what is pois...

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All stretched along the northern borders

Ht Syndication • Ministry of Ayush • 01:56 AM 21 May, 2025 • 119.8K Reach • 25K Ad Value

The children and the aged alike are practicing yoga in the high altitude region, where Gangotri and Yamunotri are situated and which has a border wit...



योगोत्सव में योगासन व प्राणायाम का कराया गया अभ्यास

हिन्दुस्तान(Live Hindustan) • Ministry of Ayush • 01:50 AM 21 May, 2025 • 64.8M Reach • 80K Ad Value

साहिबगंज। नई दिल्ली स्थित मोरारजी देसाई राष्ट्रीय योग संस्थान (आयुष मंत्रालय) के सौजन्य से मैटी अल्टरनेटिव मेडिकल काउंसिल की ओर से अंतर्राष्ट्रीय योग..



समय रहते प्रोस्टेट कैंसर को हड्डियों में फैलने से रोका जा सकता है- डॉ द्विवेदी

Indore Mirror • Ministry of Ayush • 01:30 AM 21 May, 2025 • N/A Reach • 10K Ad Value

डॉ. द्विवेदी ने हाल ही में समाचार माध्यमों में प्रकाशित उस रिपोर्ट का हवाला दिया जिसमें यह जानकारी सामने आई थी कि अमेरिका के पूर्व राष्ट्रपति जो बाइड...

brand-logo Al

All stretched along the northern borders

The Pioneer • Ministry of Ayush • 12:13 AM 21 May, 2025 • 776.4K Reach • 50K Ad Value

Uttarkashi is a border district with a history of trade with Tibet and currently shares a border with China. The Central and State Governments are fo...



ग्राम के अंतिम व्यक्तिों की समस्याओं का समाधान करने शासन-प्रशासन पहुंचा दूरस्थ व...

Asian News Service • Ministry of Ayush • 12:11 AM 21 May, 2025 • N/A Reach • 10K Ad Value

राजनांदगांव 19 मई 2025। राज्य शासन की मंशा के अनुसार आज डोंगरगढ़ विकासखंड के वनांचल ग्राम बोरतलाब में सुशासन तिहार के अंतर्गत समाधान शिवि र का आयोजन क...



S.No	Portal_Name	Date	Keyword	Title	Medium	Reach
1	The Indian Practitioner	May 22, 2025	Rajesh Kotecha	Centre Extends Ayush Secretary Rajesh Kotecha's Tenure Till June 2026	ONLINE	N/A
2	અગ્રેસર ઓનલાઇન ગુજરાતી ન્યુઝ પોર્ટલ (Leading Gujarati news portal)	May 21, 2025	Rajesh Kotecha	આયુષ સચિવ વૈદ્ય રાજેશ કોટેચાને વધુ એક વર્ષનું એક્સટેન્શન : જૂન 2026 સુધી પદભાર સ 	ONLINE	633.8K
3	PSU Connect	May 21, 2025	Rajesh Kotecha	Centre approves major official appointments and recommendations	ONLINE	62.7K
4	Health Economictimes	May 21, 2025	Rajesh Kotecha	Ayush Secretary Vaidya Rajesh Kotecha gets fourth extension	ONLINE	N/A
5	Indian Grapevine	May 21, 2025	Rajesh Kotecha	Tenure of Vaidya Rajesh Kotecha as Secretary, AYUSH prolonged	ONLINE	N/A
6	Dailyhunt	May 21, 2025	Rajesh Kotecha	Ayush Secy gets 4th extension	ONLINE	18.6M
7	Dinakaran	May 21, 2025	Rajesh Kotecha	சிபிஐ தலைவரை தொடர்ந்து உளவுத்துறை தலைவருக்கு 2வது மு றை பதவி நீட்டிப்பு: ஆயுஷ் செ	ONLINE	1.1M





Centre Extends Ayush Secretary Rajesh Kotecha's Tenure Till June 2026

The Indian Practitioner • Rajesh Kotecha • 04:15 PM 22 May, 2025 • N/A Reach • 10K Ad Value

This marks his fourth extension in the role. The Appointments Committee of the Cabinet approved the extension on a contractual basis, maintaining the...



આયુષ સચિવ વૈદ્ય રાજેશ કોટેચાને વધુ એક વર્ષનું એક્સટેન્શન : જૂન 2026 સુધી પદભાર સ...

અગ્રેસર ઓનલાઇન ગુજરાતી ન્યુઝ પોર્ટલ (Leading Gujarati news portal) • Rajesh Kotecha • 07:47 PM 21 May, 2025 • 633.8K Reach • 50K Ad Value

પદભાર સંભાળ્યા પછી આ તેમની ચોથી મુદત લંબાવવામાં આવી છે. કર્મચારી, જાહેર ફરિયાદ અને પેન્શન મંત્રાલય દ્વારા મંગળવારે આ જાહેરાત કરવામાં આવી હતી. વૈદ્ય ર...

brand-logo Centre approves major official appointments and recommendations

PSU Connect • Rajesh Kotecha • 12:18 PM 21 May, 2025 • 62.7K Reach • 10K Ad Value

New Delhi, 21 May 2025: The Appointments Committee of the Cabinet has approved the extension of tenure of Shri Vaidya Raje sh Kotecha, Secretary, Mini...



Ayush Secretary Vaidya Rajesh Kotecha gets fourth extension

Health Economictimes • Rajesh Kotecha • 12:08 PM 21 May, 2025 • N/A Reach • 10K Ad Value

New Delhi: The Centre on Tuesday extended the tenure of Ayush Secretary Vaidya Rajesh Kotecha by a year till June 28, 2026. This will be his fourth e...



Tenure of Vaidya Rajesh Kotecha as Secretary, AYUSH prolonged

Indian Grapevine • Rajesh Kotecha • 11:20 AM 21 May, 2025 • N/A Reach • 10K Ad Value

The tenure of Vaidya Rajesh Kotechaas Secretary, Ministry of AYUSH has been prolonged on ...

brand-logo Ayush Secy gets 4th extension

Dailyhunt • Rajesh Kotecha • 06:38 AM 21 May, 2025 • 18.6M Reach • 80K Ad Value

The Appointments Committee of the Cabinet has approved the extension in the tenure of Kotecha, Secretary, Ministry of Ayush, on contract basis for a ...



சிபிஐ தலைவரை தொடர்ந்து உளவுத்துறை தலைவருக்கு 2வது முறை பதவி நீட்டிப்பு: ஆ யுஷ் செ...

Dinakaran • Rajesh Kotecha • 02:25 AM 21 May, 2025 • 1.1M Reach • 50K Ad Value

அரசு உத்தரவிட்டது. அதே போல் உளவுத்துறை தலைவர் தபன் குமார் தேகாவுக்கு அடுத்த ஆண்டு ஜூன் வரை கூடுதலாக ஒரு வரு ட பதவிநீட்டிப்பு வழங்கி ஒன்றிய அரசு உத்தரவ...



S.No	Portal_Name	Date	Keyword	Title	Medium	Reach
1	ThePrint	May 22, 2025	Prataprao Jadhav	Demonising palm oil won't improve public health. Better focus on fo od literacy,	ONLINE	11.3M
2	Life And More	May 21, 2025	Prataprao Jadhav	NOT ALL FATS ARE BAD, CHOSE WISELY	ONLINE	N/A





Demonising palm oil won't improve public health. Better focus on food literacy, ...

ThePrint • Prataprao Jadhav • 04:30 PM 22 May, 2025 • 11.3M Reach • 80K Ad Value

Follow Us: A recent opinion article in ThePrint, titled Oil is making India obese and import-hungry. Modi wants to change that, goes beyond merely...



NOT ALL FATS ARE BAD, CHOSE WISELY

Life And More • Prataprao Jadhav • 12:31 PM 21 May, 2025 • N/A Reach • 10K Ad Value

By Dr Dharini Krishnan Prime Minister Narendra Modi's recent advice to reduce edible oil consumption by 10 per cent has brought dietary fats into th...