Government of India
Ministry of Ayush
सत्यमेव जयते

MINISTRY OF AYUSH COMPILED MEDIA REPORT
26 May, 2025 - 27 May, 2025

Total Mention 209

Print	Financial	Mainline	Regional	Periodical
14	N/A	10	4	N/A

Online
195

Print

No	Newspaper	Headline	Edition	Pg
1.	The Times of India	Chair yoga: Traditional yoga poses reimagined for the elderly	Chennai	3
2.	The New Indian Express	PASCHIMOTTANASANA (SEATED FORWARD BEND POSE A)	Bengaluru	2
3.	The New Indian Express	FITBIT	Chennai	2
4.	The New Indian Express	Free yoga class	Chennai	2
5.	The Pioneer	Hry CM to attend Yoga Mahotsav in Panchkula today	Chandigarh	3
6.	The Pioneer	Bhopal: Free daily yoga sessions to enhance physical, mental health	Delhi	5
7.	The Goan	Yoga Day no longer optional, now mandatory for govt staff	Goa	1,5
8.	The Morning Standard	Fit Bit	Delhi	2
9.	The Daily Guardian	Three-day yoga training camp begins ahead of International Yoga Day 2025	Chandigarh	14
10.	The Daily Guardian	FIBER MATTERS: THE SECRET TO BETTER DIGESTION, HEART HEALTH, AND MORE	Delhi	14
11.	Pioneer Hindi	Ayush Vibhag mein 4,350 rikt pado par hogi bharti	Delhi	7
12.	Rashtriya Sahara	Recruitment process started for 4350 vacant posts in AYUSH department	Delhi	7
13.	Dainik Savera	Ayush bibhag Haryana yog aayog ke sehyog se karega yog mahotsab ka aayojan	Chandigarh	5
14.	Virat Vaibhav	Process to fill 4,350 vacant posts in AYUSH department started	Delhi	9

The Times of India • 27 May • Ministry of Ayush

Chair yoga: Traditional yoga poses reimagined for the elderly

3 • PG | 188 • Sqcm | 205313 • AVE | 1.21M • Cir | Bottom Center | Chennai Times

Chennai

Chair yoga: Traditional yoga poses reimagined for the elderly

Marian Rivman is pushing 80. Harriet Luria is a proud 83. In this trio, Carol Leister is the baby at 62. Together, they have decades of experience with yoga. Only now, it involves a chair. Chair yoga adapts traditional yoga poses for older people and others with physical challenges. As older adults have become more active, chair yoga has grown in popularity.

"You're stretching your whole body," Rivman said, adding, "What you can do in the chair is a little more forgiving on the knees and hips. So as you age, it allows you to get into positions you were doing before without hurting yourself."

Desk workers can also squeeze in 15 minutes of chair yoga. Many companies offer it as a way to cut down on stress. "The very first time in a yoga class that I brought in the chair, all of my students said, 'I don't want geriatric yoga. I'm not an old person,'" said Whitney Chapman, the instructor. AP

The New Indian Express • 27 May • Ministry of Ayush

PASCHIMOTTANASANA (SEATED FORWARD BEND POSE A)

2 • PG | 794 • Sqcm | 793739 • AVE | 177.8K • Cir | Top Right | City Express

Bengaluru

FITBIT

PASCHIMOTTANASANA
(SEATED FORWARD BEND POSE A)

This is a seated forward fold variation of Seated Forward Fold Pose (Paschimottanasana) wherein, the upper body is folded forward over the outstretched legs with the hands holding the big toes. It is included in Ashtanga Primary Series, holding the toe by the thumb, index and middle fingers and the pulling action of the head towards the knees has a deeper effect on the hamstrings and the lower back. Hence, this symmetrical pose gives the back of your body a good stretch, from the calves to the hamstrings to the spine. It is one of the most important asanas in Hatha Yoga, which along with physical strength and flexibility helps improve overall well-being.

STEPS

- Start in Dandasana (Staff Pose), place the palms on the floor by the side of the hips and take a few deep breaths.
- Ensure your thighs are squeezed so that the back of the legs at the knee joints rests firmly on the ground. In the initial stages, the knees will be lifted off the floor.
- Now, with your toes spread apart, sit nice and tall with your spine erect and the belly pulled in.
- Inhale, extend your arms up. Exhale, bring your hands down,and move a bit forward to hold your big toes, if not place the hands on the floor, outside the legs, in line with the shin.
- Inhale, lift your head to look up, and exhale, bend forwards, bending the elbows. Using them as levers, pull the trunk forward to make it horizontal.
- Ensure the back is flat. It is encouraged to bend right from the pelvic region of the back and extend the arms and shoulders. The hump will then disappear and the back will become flat.
- Stay here for about six slow and deep breaths with your chin aligned with the chest, hanging in the air. You can close your eyes and use your breath to release any stiffness or tightness in any part of the body. Finally, settle in the pose, maintaining slow and mindful breaths.
- With each exhalation, lift and lengthen your front torso just slightly; with each exhalation, release a little more fully into the forward bend.
- Keep neck muscles soft and the head passive. Don't cave in the chest. Extend the sides of the trunk to bend further.
- Slowly release the pose and relax in Dandasana Hands Back.
- You can even follow a few rounds of Seated Cat Cow Pose after this.

BENEFITS

- Holding the big toes will help the spine to lengthen a little deeper in a forward bend.
- Joints of the hips, knees, and ankles are active.
- Stretches hamstrings, quads, gluteus, and calves.
- Brings nice stretch to the shoulders and arms, making them strong.
- This is a powerful pose that strengthens the muscles of the legs.
- Activates the joints from the shoulders, elbows, and wrists to the hips, knees, feet, and ankles.
- Holding the toes with the fingers is an acupuncture point, according to traditional Chinese Medicine, that stimulates the foot nerve meridians.
- Included in Vinyasa and Peak Pose yoga sequences, preparing the body for Paschimottanasana and its variations.
- It focuses mainly on the lower back and legs.
- Effective for runners, athletes or teens who are very active in sports.
- This variation requires strong and flexible spinal muscles and hamstrings to bring the elbows down.
- Helps calm the mind, strengthening the sense of surrender, dedication, and commitment.
- As part of daily yoga, this can also be added in desk yoga, as a quick reliever from a stiff back, hips, and gluteus.

LIMITATIONS

- Students with an injury at the knees, hips, pelvis, shoulders, elbows, fingers, rib cage, spine, neck, feet, or toes, have undergone any recent hips or abdominal or heart surgery, recovering from wear and tear in the hamstrings, calves, ankles, shoulders, or any other part of the ligaments or tissues, have slipped disc, sciatica, SI-joint instability, or advanced cervical and lumbar spondylitis, hernia, diarrhoea, ulcer, or hypertension, are heart patients, and women during pregnancy should avoid this pose.
- While seniors can do it slowly, beginners can do it with the support of cushions or folded blankets or blocks beneath the hips.
- Women during menstruation can follow this with the support of a pillow/bolster under their belly.

By N Elumalai, PhD Scholar (Yoga Science) at
Meenakshi Academy of Higher Education & Research, Chennai

The New Indian Express • 27 May • Ministry of Ayush

FITBIT

2 • PG | 762 • Sqcm | 1006184 • AVE | 246.4K • Cir | Top Right

Chennai

FITBIT

PASCHIMOTTANASANA A
(SEATED FORWARD BEND POSE A)

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- While seniors can do it slowly, beginners can do it with the support of cushions or folded blankets or blocks beneath the hips.
- Women during menstruation can follow this with the support of a pillow/bolster under their belly.

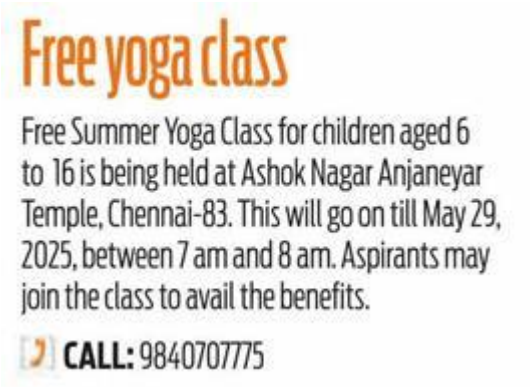
By N Elumalai, PhD Scholar (Yoga Science) at
Meenakshi Academy of Higher Education & Research, Chennai

The New Indian Express • 27 May • Ministry of Ayush

Free yoga class

2 • PG | 36 • Sqcm | 47073 • AVE | 246.4K • Cir | Middle Left

Chennai



Free yoga class

Free Summer Yoga Class for children aged 6 to 16 is being held at Ashok Nagar Anjaneyar Temple, Chennai-83. This will go on till May 29, 2025, between 7 am and 8 am. Aspirants may join the class to avail the benefits.

CALL: 9840707775

The Pioneer • 27 May • Ministry of Ayush

Hry CM to attend Yoga Mahotsav in Panchkula today

3 • PG | 51 • Sqcm | 30752 • AVE | 268.96K • Cir | Middle Right

Chandigarh

Hry CM to attend Yoga Mahotsav in Panchkula today

Chandigarh: The Department of AYUSH, in collaboration with the Haryana Yog Aayog, is all set to host a grand Yoga Mahotsav on May 27 (Tuesday), marking the countdown to International Yoga Day-2025. The event, to be held at the Indradhanush Auditorium, Sector-5, Panchkula, from 10 AM to 12 PM, promises to be a vibrant celebration of yoga and wellness. Haryana Chief Minister Nayab Singh Saini will be the Chief Guest at the event while Health and Family Welfare Minister Arti Singh Rao will preside over the celebrations. The festival will also witness the Felicitation Ceremony of Surya Namaskar-2025 Champions, honouring participants who have excelled in the recent Surya Namaskar competition.

The Pioneer • 27 May • Ministry of Ayush

Bhopal: Free daily yoga sessions to enhance physical, mental health

5 • PG | 277 • Sqcm | 788653 • AVE | 634.42K • Cir | Middle Right

Delhi

Bhopal: Free daily yoga sessions to enhance physical, mental health

SANJAY GUPTA ■ Jabalpur

Under the guidance of renowned Yoga masters Ramakant Palha and Anuj Tiwari, the Ath Shri Yatharth Foundation is offering free daily yoga sessions aimed at enhancing physical and mental well-being. The foundation's yoga program, which is being conducted at two prominent centers — Vishal Shiv Park in Vijaynagar and Anmol Vatika in Karmeta — has become a beacon of hope for over 200 practitioners every day, from diverse age groups and backgrounds.

The initiative's most compelling feature is its commitment to making yoga accessible to all by offering it completely free of charge. In a time when fitness programs often come with a price tag, this project has proven to be a game-changer for those who could otherwise not afford regular health care. The yoga sessions have not only been a source of physical exercise but have also shown immense positive effects on participants' health, addressing issues such as chronic conditions, stress, and mental health concerns.

Yoga master Ramakant Palha, who leads the sessions with a focus on balance and mindfulness, believes that yoga is far more than physical exercise. "Yoga is a holistic lifestyle that integrates the mind, body and soul," he emphasises. His colleague, Yoga Master Anuj Tiwari, echoes these sentiments, adding that the mission of the foundation is to spread health awareness and well-being through yoga to as many people as possible, encouraging a life of vitality and peace.

Participants have been sharing inspiring stories of how yoga has significantly improved their health. Kanta Deshmukh, a regular participant from Anmol Vatika, describes how her life has changed since joining the yoga sessions. "Before joining, I struggled with cervical issues, hand stiffness during winters, and frequent headaches. "My routine consisted only of bathing and solitary meditation, which wasn't enough to ease my discomfort. Since I began practicing yoga regularly, my health has transformed completely. I feel more vibrant and joyful and I sincerely hope everyone stays healthy and continues yoga for their own well-being," she added.

Another touching story comes from Krishna Kumar Dahiya, who has been practicing yoga with the Yatharth Foundation for two years. Before yoga, Krishna had suffered fractures in both of his hands, which left his fingers stiff and unmovable. "After just a few days of yoga, my fingers began to move, and my hands healed rapidly. Meditation and pranayama helped me overcome negativity, and I also found relief from the pain I felt when walking," he shares. Krishna's experience highlights the profound, almost miraculous impact yoga can have on physical healing and mental clarity.

The success of this initiative has not gone unnoticed, and the Ath Shri Yatharth Foundation is already planning to expand these free yoga sessions to more areas of Bhopal.

Their ultimate goal is to make yoga and wellness accessible to the entire community, helping to improve lives and create a culture of health and well-being.

The foundation's commitment to providing free yoga to the public, especially in a time when wellness programs are becoming increasingly commercialised, is setting a powerful example of how traditional practices can still be a crucial part of modern-day health management.

The Goan • 27 May • Ministry of Ayush

Yoga Day no longer optional, now mandatory for govt staff

1,5 • PG | 379 • Sqcm | 56781 • AVE | 200K • Cir | Middle Center,Middle Left

Goa

Yoga Day no longer optional, now mandatory for govt staff

THE GOAN I NETWORK

PANAJI

The Goa government has made participation in June 21 events to mark International Yoga Day "compulsory" for all employees of government, semi-government and corporations. Until now, participation in Yoga Day was a "voluntary" affair.

At the same time, the government has asked its employees to immediately register on the iGOT Karmayogi portal, a key platform under Mission Karmayogi aimed at enhancing public service delivery.

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After chairing a crucial meeting to plan month-long Yoga workshops ahead of International Yoga Day, Chief Minister Pramod Sawant said that from June 1, yoga sessions would be conducted across all the government and semi-government departments, with 100 per cent participation.

"It is compulsory for the government employees to participate in the International Yoga Day, to be celebrated on June 21. If they are not able to come to the office or the government event, then they should look out for a common place either temple or school in their villages and participate. A picture will have to be sent to the Head of the Department, confirming the participation," Sawant said.

›Continued on P5

Yoga Day no longer optional, now mandatory for govt staff

He also appealed to all the employees to immediately get registered on iGOT Karmayogi portal under Mission Karmayogi for Yoga at Workplace certificate course. "This will not only help in physical health but increase work efficiency too," Sawant said.

As the schools are set to reopen for the new academic year from June 4, Chief Minister said that yoga classes would be held right from day one across all government and higher secondary schools.

Sawant said that International Yoga Day will be celebrated across 30 locations.

The Morning Standard • 27 May • Ministry of Ayush

Fit Bit

2 • PG | 619 • Sqcm | 297321 • AVE | 300K • Cir | Middle Right

Delhi

FITBIT

PASCHIMOTTANASANA A
(SEATED FORWARD BEND POSE A)

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STEPS

- Start in Dandasana, place the palms on the floor by the side of the hips, and take a few breaths.
- Squeeze your thighs so that the back of the legs at the knee joints rest on the ground. In the initial stages, the knees will be lifted off the floor.
- Sit nice and tall with your spine erect and the belly pulled in. Inhale and extend your arms up. Exhale, bring your hands down, and move a bit forward to hold your toes, or if not, place the hands on the floor, outside the legs.
- Inhale, lift your head to look up, and exhale. Bend forward, kneeling the elbows. Using them as levers, pull the trunk forward to make it horizontal.
- Ensure the back is flat. It is encouraged to bend right from the pelvic region of the back and extend the arms and shoulders. The hump will disappear and the back will become flat.
- Stay here for six breaths with your chin aligned with the chest, hanging in the air. Close your eyes and use the breath to release any stiffness. Finally, settle in the pose.
- With each exhalation, lift and lengthen your front torso just slightly. With each exhalation, release fully into the forward bend. Keep neck muscles soft and the head passive. Don't cave in the chest. Extend the sides of the trunk to bend further.
- Slowly release the pose and relax in Dandasana Hands Back.

BENEFITS

- Holding the toes will help the spine to lengthen a little deeper in a forward bend.
- Stretches hamstrings, quads, glutes, and calves.
- Brings nice stretch to the shoulders and arms, making them strong.
- This is a powerful pose that strengthens the muscles of the legs.
- Activates the joints from the shoulders, elbows, and wrists to the hips, knees, feet, and ankles.
- Holding the toes with the fingers is an acupuncture point, according to traditional Chinese medicine, that stimulates the foot nerve meridians.
- Effective for runners, athletes, or teens who are very active in sports.

LIMITATIONS

- People with an injury at the knees, hips, pelvis, shoulders, elbows, fingers, rib cage, spine, neck, feet, or toes, have undergone any recent hips or abdominal or heart surgery, recovering from wear and tear in the hamstrings, calves, ankles, shoulders, or any other part of the ligaments or tissues, have slipped disc, sciatica, SI-joint instability, or advanced cervical and lumbar spondylitis, hernia, diarrhoea, ulcer, or hypertension, are heart patients, and women during pregnancy should avoid this pose.
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By N Elumalai, PhD Scholar (Yoga Science) at
Meenakshi Academy of Higher Education & Research, Chennai

The Daily Guardian • 27 May • Ministry of Ayush

Three-day yoga training camp begins ahead of International Yoga Day 2025

14 • PG | 126 • Sqcm | 12565 • AVE | N/A • Cir | Middle Right

Chandigarh

Three-day yoga training camp begins ahead of International Yoga Day 2025

TDG NETWORK
PANCHKULA

On the occasion of the 11th International Yoga Day-2025, as per the instructions of Director General, AYUSH Department Haryana, Shri Sanjeev Verma, IAS, the 11th International Yoga Day is being celebrated on 21 June 2025 by the District Administration Panchkula and AYUSH Department.

On this occasion, the Yoga Protocol was practiced by Physical Education Lecturers, PTI and DPE from more than 250 schools at Tau Devi Lal Stadium, Sector-3 today.

Under the chairmanship of Dr. Dilip Kumar Mishra, District Ayurvedic Officer, Panchkula, under the three-day training camp on the occasion of 11th International Yoga Day-2025, yoga training will be given to the spokespersons of Physical Education, PTI and DPI of the schools by the yoga experts of the AYUSH Department and Yoga instructors of the Sports Department from 6 am to 7:30 am till May 28.

The training camp was started with the chanting of prayer mantra, after which the benefits of these yogic exercises were practiced by practicing Yoga Kriyas like Tadasana, Vrikshasana, Padahasta, Ardhachakrasana, Vajrasana, Uttanamanduka, Ustrasana, Vakrasana, Makrasana, Shalabhasana, Setubandha, Uttanapadasana, Pawanmukt, Ardhahalasana, Anulom Vilom, Kapalbhati, Bhramari. Information was also given. Yoga expert of Ayush department Ritu Mittal was present in this yoga camp.

The Daily Guardian • 27 May • Ministry of Ayush

FIBER MATTERS: THE SECRET TO BETTER DIGESTION, HEART HEALTH, AND MORE

14 • PG | 306 • Sqcm | 30567 • AVE | N/A • Cir | Middle Left

Delhi

FIBER MATTERS: THE SECRET TO BETTER DIGESTION, HEART HEALTH, AND MORE

FOOD IS MEDICINE

DR ANISH DESAI

Beyond Digestion: Exploring the Wide-Ranging Benefits of Dietary Fiber

From Gut Health to Heart Health: The Incredible Benefits of Fiber

In the quest for optimal health and wellness, dietary fiber stands out as a vital yet often overlooked hero. More than just a digestive aid, fiber-rich foods offer a multitude of benefits that extend far beyond the gut.

Dietary fiber, found in plant-based foods like fruits, vegetables, legumes, and whole grains, is the indigestible part of these foods. Unlike fats, proteins, or carbohydrates that our bodies break down and absorb, fiber passes relatively intact through the digestive system. It is classified into two types soluble and insoluble. Soluble fiber dissolves in water and helps lower blood glucose and cholesterol. Insoluble fiber adds bulk to the stool and aids in regular bowel movements.

HEALTH BENEFITS OF FIBER-RICH DIETS

Improved Digestive Health: Fiber increases stool bulk and supports regular bowel movements. It is a natural remedy for both constipation and diarrhoea and reduces the risk of conditions like haemorrhoids, diverticulosis, and even colorectal cancer.

Heart Health: Soluble fiber binds to cholesterol-rich bile acids, removing them from the body and thereby lowering LDL (bad) cholesterol levels. Studies show that people with high cereal fiber intake have a significantly reduced risk of cardiovascular disease.

Blood Sugar Regulation: Soluble fiber slows the absorption of sugar, making it beneficial for people with diabetes. It helps maintain steady blood glucose levels and may reduce the risk of type 2 diabetes.

Weight Management: High-fiber foods are more filling and less energy-dense, helping with appetite control and long-term weight management.

Cancer Prevention: Increased fiber intake, particularly from cereals and fruits, has been linked to a reduced risk of colorectal and breast cancers.

BEST SOURCES OF FIBER

Whole grains (like oats, barley, and brown rice), legumes, nuts, seeds, fruits (especially those with skins), and vegetables are excellent fiber sources. Processed foods often have reduced fiber content due to the removal of the bran layer.

Recommended Dietary Allowance (RDA) for fiber varies by age and gender, but generally, adults need between 25 and 38 grams of fiber per day. Women typically require 21-25 grams, while men need 30-38 grams Unfortunately, most people fall short of this target. Incorporating fiber-rich foods gradually and increasing water intake can help ease the transition.

In conclusion, fiber is more than just roughage it is a potent nutraceutical with far-reaching benefits. Whether your goal is better digestion, disease prevention, or improved longevity, prioritizing dietary fiber can be one of the simplest yet most effective health choices you make.

Pioneer Hindi • 27 May • Ministry of Ayush

Ayush Vibhag mein 4,350 rikt pado par hogi bharti

7 • PG	57 • Sqcm	88282 • AVE	375K • Cir	Middle Left

Delhi

आयुष विभाग में 4,350 रिक्त पदों पर होगी भर्ती

लखनऊ। योगी सरकार प्रदेश के युवाओं को बड़ी सौगात देने जा रही है। योगी सरकार ने हाल ही में आयुष विभाग की बैठक में विभिन्न रिक्त पदों को जल्द से जल्द भरने के निर्देश दिये हैं। ऐसे में सीएम योगी के निर्देश के बाद आयुष विभाग ने आयुर्वेद, यूनानी और होम्योपैथिक विभाग में रिक्त कुल 4,350 पदों के लिए भर्ती प्रक्रिया शुरू कर दी गयी है। इसमें से कुछ पद पदोन्नति, सीधी भर्ती, लेखा व वित्तीय संगर्व, पीएसएस संवर्ग के माध्यम से भरे जाएंगे। वहीं कुछ पदों के लिए अधियाचन भेजा जा चुका है। प्रमुख सचिव आयुष रंजन कुमार ने बताया कि मुख्यमंत्री योगी आदित्यनाथ ने बैठक में आयुष चिकित्सा सेवाओं को और अधिक प्रभावशाली बनाने के उद्देश्य से रिक्त पदों पर भर्ती प्रक्रिया प्राथमिकता के आधार पर शुरू करने के निर्देश दिये थे। मुख्यमंत्री ने स्पष्ट निर्देश दिये कि प्रदेश में पारंपरिक चिकित्सा पद्धतियों को सुदृढ़ करने के लिए पर्याप्त मानव संसाधन होना चाहिए। इसी क्रम में निदेशक, उप निदेशक, प्राचार्य, प्रोफेसर, लेक्चरर, चिकित्साधिकारी, स्टाफ नर्स, फार्मासिस्ट, मैट्रन, रीडर जैसे महत्वपूर्ण पदों को भरने की तैयारी शुरू कर दी गयी है।

Rashtriya Sahara • 27 May • Ministry of Ayush

Recruitment process started for 4350 vacant posts in AYUSH department

7 • PG	72 • Sqcm	104996 • AVE	390K • Cir	Middle Right

Delhi

आयुष विभाग में 4350 रिक्त पदों के लिए भर्ती प्रक्रिया शुरू

लखनऊ (एसएनबी)। उत्तर प्रदेश सरकार ने हाल ही में आयुष विभाग की बैठक में विभिन्न रिक्त पदों को जल्द से जल्द भरने के निर्देश दिये हैं, जिसके बाद आयुर्वेद, यूनानी और होम्योपैथिक विभाग में रिक्त कुल 4,350 पदों के लिए भर्ती प्रक्रिया शुरू कर दी गयी है। इसमें से कुछ पद पदोन्नति, सीधी भर्ती, लेखा व वित्तीय संवर्ग, पीएसएस संवर्ग के माध्यम से भरे जाएंगे। वहीं कुछ पदों के लिए अधियाचन भेजा जा चुका है।

प्रमुख सचिव आयुष रंजन कुमार ने बताया कि मुख्यमंत्री योगी आदित्यनाथ ने बैठक में आयुष चिकित्सा सेवाओं को और अधिक प्रभावशाली बनाने के उद्देश्य से रिक्त पदों पर भर्ती प्रक्रिया प्राथमिकता के आधार पर शुरू करने के निर्देश दिये थे। मुख्यमंत्री ने स्पष्ट निर्देश दिये कि प्रदेश में पारंपरिक चिकित्सा पद्धतियों को सुदृढ़ करने के लिए पर्याप्त मानव संसाधन होना चाहिए। इसी क्रम में निदेशक, उप निदेशक, प्राचार्य, प्रोफेसर, लेक्चरर, चिकित्साधिकारी, स्टाफ नर्स, फार्मासिस्ट, मैट्रन, रीडर जैसे महत्वपूर्ण पदों को भरने की तैयारी शुरू कर दी गयी है।

उन्होंने बताया कि वर्तमान में आयुर्वेद चिकित्सा सेवाओं में कुल 7,233 स्वीकृत पदों में से 4,208 पद भरे हुए हैं, जबकि 3,025 पद रिक्त हैं।

Dainik Savera • 27 May • Ministry of Ayush

Ayush bibhag Haryana yog aayog ke sehyog se karega yog mahotsab ka aayojan

5 • PG | 254 • Sqcm | 60944 • AVE | 40.03K • Cir | Middle Center
Chandigarh

आयुष विभाग हरियाणा योग आयोग के सहयोग से करेगा योग महोत्सव का आयोजन

सवेरा ब्यूरो

चंडीगढ़, 26 मई : आयुष विभाग हरियाणा योग आयोग के सहयोग से 27 मई को भव्य योग महोत्सव का आयोजन करने जा रहा है, जो अंतर्राष्ट्रीय योग दिवस का प्रतीक है। पंचकूला सेक्टर-5 स्थित इंद्रधनुष ऑडिटोरियम में सुबह 10 बजे से दोपहर 12 बजे तक आयोजित होने वाला कार्यक्रम योग और स्वास्थ्य पर आधारित होगा। हरियाणा के मुख्यमंत्री नायब सिंह सैनी कार्यक्रम में मुख्य अतिथि होंगे जबकि स्वास्थ्य मंत्री कुमारी आरती सिंह राव समारोह की अध्यक्षता करेंगी। स्वास्थ्य मंत्री ने राज्य में योग और स्वास्थ्य को बढ़ावा देने में महत्वपूर्ण भूमिका निभाई है। इस महोत्सव में सूर्य नमस्कार चैंपियन का सम्मान समारोह भी होगा। जिसमें हाल ही में सूर्य नमस्कार प्रतियोगिता में उत्कृष्ट प्रदर्शन करने वाले प्रतिभागियों को सम्मानित किया जाएगा। कार्यक्रम में योग के प्रति उत्साही, स्वास्थ्य चिकित्सक और आम जनता भी हिस्सा लेंगी।

स्वास्थ्य मंत्री ने योग महोत्सव जैसे अभिनव कार्यक्रमों की संकल्पना और क्रियान्वयन में महत्वपूर्ण भूमिका निभाई है, जो एक स्वस्थ हरियाणा के लिए उनके दृष्टिकोण को दर्शाता है।

Virat Vaibhav • 27 May • Ministry of Ayush

Process to fill 4,350 vacant posts in AYUSH department started

9 • PG	147 • Sqcm	176237 • AVE	625K • Cir	Middle Left

Delhi

आयुष विभाग में 4,350 रिक्त पदों को भरने की प्रक्रिया शुरू

वैभव न्यूज ■लखनऊ

उत्तर प्रदेश में योगी आदित्यनाथ के नेतृत्व की सरकार ने आयुष विभाग में 4,350 रिक्त पदों को भरने की प्रक्रिया शुरू कर दी है। सोमवार को एक आधिकारिक बयान में यह जानकारी दी गई। बयान के अनुसार, मुख्यमंत्री योगी आदित्यनाथ ने हाल ही में आयुष विभाग की बैठक में विभिन्न रिक्त पदों को जल्द से जल्द भरने के निर्देश दिए हैं। योगी के निर्देश के बाद आयुष विभाग ने आयुर्वेद, यूनानी और होम्योपैथिक विभाग में रिक्त कुल 4,350 पदों के लिए भर्ती प्रक्रिया शुरू कर दी है। इसमें से कुछ पद पदोन्नति, सीधी भर्ती, लेखा व वित्तीय संवर्ग, पीएसएस संवर्ग के माध्यम से भरे जाएंगे। आयुष विभाग के प्रमुख सचिव रंजन कुमार के हवाले से जारी बयान में कहा गया है कि मुख्यमंत्री योगी आदित्यनाथ ने बैठक में आयुष चिकित्सा सेवाओं को और अधिक प्रभावशाली बनाने के उद्देश्य से रिक्त पदों पर भर्ती प्रक्रिया प्राथमिकता के आधार पर शुरू करने के निर्देश दिए थे। बयान के अनुसार, मुख्यमंत्री ने स्पष्ट निर्देश दिए कि प्रदेश में पारंपरिक चिकित्सा पद्धतियों को सुदृढ़ करने के लिए पर्याप्त मानव संसाधन होना चाहिए। इसी क्रम में निदेशक, उप निदेशक, प्राचार्य, प्रोफेसर, लेक्चरर, चिकित्साधिकारी, स्टाफ नर्स, फार्मासिस्ट, मैट्रन, रीडर जैसे महत्वपूर्ण पदों को भरने की तैयारी शुरू कर दी गई है। कुमार ने बताया कि वर्तमान में आयुर्वेद चिकित्सा सेवाओं में कुल 7,233 स्वीकृत पदों में से 4,208 पद भरे हुए हैं, जबकि 3,025 पद रिक्त हैं। इसी तरह यूनानी चिकित्सा सेवाओं में कुल 462 स्वीकृत पदों में से 301 भरे हुए हैं जबकि 161 पद खाली हैं। होम्योपैथिक चिकित्सा सेवाओं में कुल 3,818 स्वीकृत पदों में से 2,654 भरे हुए हैं, जबकि।,164 पद रिक्त हैं। इन पदों में से कई पर प्रोन्नति, सीधी भर्ती, लेखा व वित्तीय संगर्व, पीएसएस संवर्ग आदि के माध्यम से नियुक्ति की जाएगी।

Online Coverage

No	Portal Name	Headline (Incorporated with URL)	Reach
1.	MSN Hindi	योगी सरकार ने आयुष विभाग में भर्तियों का किया ऐलान, युवाओं को मिलेगा बड़ा मौका	733.9M
2.	MSN Hindi	यूपी में बंपर सरकारी नौकरियां, आयुष विभाग में 4,350 पदों पर होगी भर्ती	733.9M
3.	Msn India	Maoism, Yoga Day, Operation Sindoor: What PM Modi talked about in Mann Ki Baat	733.9M
4.	ABP Live	कोरोना के नए मामलों पर कानपुर IIT के निदेशक बोले- सतर्कता जरूरी, घबराने की जरूरत...	85.9M
5.	ABP Live	योगी सरकार ने आयुष विभाग में भर्तियों का किया ऐलान, युवाओं को मिलेगा बड़ा मौका	85.9M
6.	Dainik Bhaskar	खुशियों का मेडल, 1824 स्टूडेंट्स को डिग्री और 18 को मिला गोल्ड	66.5M
7.	Dainik Bhaskar	अंतरराष्ट्रीय योग दिवस से पूर्व गेटोलाव धाम पर साधकों ने किया योगाभ्यास	66.5M
8.	Dainik Bhaskar	समाधान शिविर: 57 ग्रामीणों को मिला योजनाओं का लाभ	66.5M
9.	Dainik Bhaskar	किन्नौर में राजस्व मंत्री ने सुनी समस्याएं: सरकार गांव के द्वार कार्यक्रम, 44 मे...	66.5M
10.	Dainik Bhaskar	कैथल के राजौंद में योग प्रशिक्षण शिविर: अंतर्राष्ट्रीय योग दिवस की तैयारी, स्कूल...	66.5M
11.	Dainik Bhaskar	यूपी में हर विधानसभा में होगा मुख्यमंत्री कंपोजिट विद्यालय: सीएम योगी बोले– हर स...	66.5M
12.	हिन्दुस्तान(Live Hindustan)	शिविर में 109 लोगों की स्वास्थ्य जांच	64.8M
13.	हिन्दुस्तान(Live Hindustan)	योग प्रशिक्षकों को दिया योग प्रोटोकॉल का प्रशिक्षण	64.8M
14.	हिन्दुस्तान(Live Hindustan)	पायलट रिहर्सल और योग मैराथन 19 जून को होगी	64.8M
15.	हिन्दुस्तान(Live Hindustan)	अलावलपुर स्कूल में छात्रों को मिला करियर गाइडेंस	64.8M
16.	हिन्दुस्तान(Live Hindustan)	नूंह में योग दिवस को लेकर तीन दिवसीय प्रशिक्षण शुरू	64.8M
17.	हिन्दुस्तान(Live Hindustan)	आयुष विभाग में 4,350 पद भरने के लिए प्रक्रिया तेज, अधियाचन भेजा गया	64.8M
18.	हिन्दुस्तान(Live Hindustan)	बेसिक शिक्षा राष्ट्र निर्माण की नींव, हर विद्यालय में शिक्षक-छात्र अनुपात ठीक कर...	64.8M
19.	हिन्दुस्तान(Live Hindustan)	International Yoga Day Countdown Rangoli Competition Organized by Ayush Departme...	64.8M
20.	हिन्दुस्तान(Live Hindustan)	चित्रकला में अक्षिता ने मारी बाजी	64.8M
21.	हिन्दुस्तान(Live Hindustan)	सीएम योगी ने 487 करोड़ सीधे अभिभावकों के खाते में भेजे, 66 अभ्युदय विद्यालयों का...	64.8M
22.	The Times of India	4,350 Ayush posts to be filled on priority: Govt	64.4M
23.	The Times of India	Teachers must play a proactive role in nurturing new gen: CM	64.4M
24.	The Times of India	Governor stresses on genetic counselling, medication to eradicate sickle cell by...	64.4M
25.	अमर उजाला (Amar ujala)	समाधान शिविर में शिकायतों का प्राथमिकता पर निपटारा करें अधिकारी : उपायुक्त	63.8M
26.	अमर उजाला (Amar ujala)	योग को दिनचर्या को हिस्सा बनाएं : डॉ. कृष्ण	63.8M

27.	अमर उजाला (Amar ujala)	Chandigarh-Haryana News: आज पंचकूला में आयोजित होगा योग महोत्सव	63.8M
28.	अमर उजाला (Amar ujala)	Rampur Bushahar News: सांगला में मंत्री ने सुनीं ग्रामीणों की समस्याएं	63.8M
29.	अमर उजाला (Amar ujala)	यूपी: आयुष विभाग में नौकरी का मौका, प्रवक्ता, नर्स सहित इन पदों पर होगी सीधी भर्...	63.8M
30.	अमर उजाला (Amar ujala)	इलेक्ट्रोपैथी चिकित्सा पद्धति: डॉ. जसविंदर की केंद्र से अपील, लोगों को मिलेंगी स...	63.8M
31.	अमर उजाला (Amar ujala)	Chamoli News: चित्रकला में अक्षिता, निबंध में अंशु प्रथम	63.8M
32.	अमर उजाला (Amar ujala)	Una News: ओयल प्राकृतिक चिकित्सा केंद्र में गंभीर बीमारियों का हो रहा निदान	63.8M
33.	News18	यूपी में बंपर सरकारी नौकरियां, आयुष विभाग में 4,350 पदों पर होगी भर्ती, लेक्चरर,...	43.6M
34.	Dainik Jagran	आयुष विभाग में अब नहीं रहेगी चिकित्सकों सहित अन्य कर्मियों की कमी, जल्द होगी रिक...	40.5M
35.	The Hindu	Consider initial appointment date of AYUSH doctors for processing pension plans: ...	35.9M
36.	Prabhat Khabar	शिविर में 109 लोगों की हुई स्वास्थ्य जांच	22.9M
37.	India TV News	खुशखबरी! उत्तर प्रदेश में खुला नौकरियों का पिटारा, 4 हजार से अधिक पदों को भरने क...	17.4M
38.	Medical Dialogues	Yoga will change the way you live your life, says PM Modi	16M
39.	Medical Dialogues	Dr Milind Babarao named member of Advisory Council for Indian Systems of Medi cin...	16M
40.	Medical Dialogues	AYUSH goes Global: India Partners with WHO on Traditional Medicine Initiatives	16M
41.	Patrika	UP School Uniform Scheme: सीएम योगी ने भेजी सौगात: परिषदीय छात्रों को यूनिफॉर्म ...	14M
42.	Dinamalar	சித்த மருத்துவ சிகிச்சை: உலக சுகாதார அமைப்புடன் மத்திய அரசு ஒப்பந்தம்	11.9M
43.	ThePrint	India partners with WHO to mainstream Ayush globally through agreement on trad it...	11.3M
44.	Times Now Hindi	UP Ayush Department Recruitment 2025: यूपी आयुष विभाग में 4,350 पदों पर होगी भर्.. .	8.6M
45.	Asianet News Hindi	बेसिक शिक्षा राष्ट्र निर्माण की नींव, हर विद्यालय में शिक्षक-छात्र अनुपात होगा स...	8.1M
46.	IBC24 News	उप्र सरकार ने आयुष विभाग में 4,350 रिक्त पदों को भरने की प्रक्रिया शुरू की	7.3M
47.	The Tribune India	‘Sarkar Gaon ke Dwar" brings services to remote Kinnaur	7M
48.	New Indian Express	NTR Collector highlights role of yoga in stress relief, better decision making	6.7M
49.	PIB	ଅନ୍ତର୍ଜାତୀୟ ଯୋଗ ଦିବସ ୨୦୨୫ରେ ବ୍ୟାପକ ଅଂଶଗ୍ରହଣ ପାଇଁ ଆହ୍ୱାନ କରିଛନ୍ତି ପ୍ରଧାନମନ୍ତ୍ରୀ ଶ୍ରୀ ନ...	5.4M
50.	PIB	“Together, Let Us Strengthen India"s Leadership in Ayush-Based Medical Value T r...	5.4M
51.	PIB	पारंपरिक औषध उपचार पद्धतीवरील एका ऐतिहासिक करारादारे आयुषला जागतिक स्तरावर मुख...	5.4M
52.	The Hindu Business Line	India partners with WHO to mainstream Ayush globally through agreement on trad it...	5M

53.	Janta Se Rishta	Lucknow: हर विधानसभा क्षेत्र में एक मुख्यमंत्री कंपोजिट विद्यालय स्थापित किया जा...	3.8M
54.	Janta Se Rishta	Lucknow: आयुष विभाग में भर्ती का बिगुल, प्रोफेसर और स्टाफ नर्स के पदों पर वैकेंस...	3.8M
55.	Janta Se Rishta	योग से तनाव मुक्त रहें, कलेक्टर ने कर्मचारियों से कहा	3.8M
56.	Deccan Chronicle	Andhra Pradesh Government to Revitalise AYUSH Healthcare Sector	2M
57.	The Statesman	Basic education is key to nation-building; teacher-student ratio to be ensured i...	1.7M
58.	The Hans India	Stay stress-free with yoga, Collector tells staff	1.7M
59.	The Statesman	India and WHO collaborate to include traditional medicine in International Class...	1.7M
60.	Amrit Vichar	UP : आयुष विभाग में 4350 रिक्त पदों पर भर्ती प्रक्रिया शुरू, प्रोफेसर-लेक्चरर, स...	1.4M
61.	Devdiscourse	South Summit in Chennai Pushes India's Ayush Wellness Tourism Global Ambitions	1.2M
62.	Sentinel Assam	New global health agreement to take Ayush to the world: Government	1.2M
63.	Ahmedabad Mirror	Op Sindoor a reflection of changing India: PM Modi	990.1K
64.	Royal Bulletin	उत्तर प्रदेश में आयुष विभाग के 4,350 रिक्त पदों पर होगी भर्ती, योगी सरकार ने दिए...	922.5K
65.	Lokmatnews	उत्तर प्रदेशः जल्दी कीजिए, आयुष विभाग में 4350 पदों पर नौकरी?, जानें प्रोसेस और ...	830.7K
66.	Newstrack	Sarkari Naukari: यूपी में सरकारी नौकरियों कि भरमार,इन पदों पर हो रहीं हैं बम्पर ...	809.7K
67.	Newstrack	Lucknow News: सीएम योगी के निर्देश पर कुल 4,350 रिक्त पदों के लिए तेज की गई भर्त...	809.7K
68.	Newstrack	Lucknow News: मुख्यमंत्री ने 139 उच्चीकृत कस्तूरबा गांधी बालिका विद्यालयों के नव...	809.7K
69.	The Pioneer	Adityanath launches projects worth Rs 3,300 crore, lauds progress in school educ...	776.4K
70.	The Pioneer	India, WHO to mainstream Ayush globally, boosting traditional medicines	776.4K
71.	અગ્રેસર ઓનલાઈન ગુજરાતી ન્યુઝ પોર્ટલ (Leading Gujarati news portal)	ભારતની પરંપરાગત તબીબી પ્રણાલીઓને વૈશ્વિક સ્તરે લાવવા કેન્દ્ર સરકારની ઐતિહાસિક પહ...	633.8K
72.	Live Vns	उत्तर प्रदेश आयुष विभाग में जल्द की जाएंगी 4,350 पदों पर भर्तियां	382.1K
73.	Punjabkesari	खुशखबरी! आयुष विभाग में 4,350 रिक्त पदों के लिए भर्ती प्रक्रिया शुरु, इस माध्यम ...	314.1K
74.	India Education Diary	Prime Minister Narendra Modi Calls for Mass Participation in International Day o...	247.3K
75.	Samachar Nama	आईआईटी दिल्ली जल्द ही डीपीआर प्रस्तुत करेगा, बाढ़ सुरक्षा के लिए रिंग बंड बनाया ...	195.8K
76.	Hindusthan Samachar	उत्तर प्रदेश आयुष विभाग में जल्द की जाएंगी 4,350 पदों पर भर्तियां	161.2K
77.	News Drum	Adityanath launches projects worth Rs 3,300 crore, lauds progress in school educ...	158.4K
78.	BizzBuzz	Scientific Validation Of Traditional Medicine Crucial: Ayush Secretary	125.6K

79.	5 Dariya News	One-day seminar on promotion, cultivation & conservation of medicinal plants...	120.5K
80.	Ht Syndication	India, WHO to mainstream Ayush globally, boosting traditional medicines	119.8K
81.	Dainik Tribune	तीन दिवसीय योग प्रोटोकॉल प्रशिक्षण शिविर शुरू	110.2K
82.	Bio Spectrum	India partners with WHO to mainstream Ayush globally	108.7K
83.	Naya India	दिल्ली सरकार के सौ दिन पूरे होने पर रिपोर्ट कार्ड पेश करेंगे: रेखा गुप्ता	68.6K
84.	Technologyforyou.org	India Partners with WHO to Mainstream Ayush Globally through a Landmark Agreemen...	60.2K
85.	T3 Travel Trends Today	FHRAI & Embassy of Ethiopia organises Coffee and Harit Yoga	51.7K
86.	Visionnewsservice	महुआ पेड़ के नीचे बैठकर विधायक भईया लाल रजवाड़े ने ग्रामीणों से की चर्चा आज बैकुण्...	36.8K
87.	The News Strike	South Regional Summit on Ayush Medical Value Travel Advances India"s Vision as ...	28.3K
88.	Tennews.in	New global health agreement to take Ayush to world in scientific way: PM Modi	9.1K
89.	Maverick News3	Recruitment process for 4,350 vacant posts in the dept being fast-tracked on CM'...	N/A
90.	Bigtv Live	Annadata Sukhibhava Scheme: అన్నదాత సుఖీభవకు ఈ కార్డు లేకపోతే.. రూ. 20 వేలు కట్!	N/A
91.	Health Economictimes	4,350 Ayush posts to be filled on priority: Govt	N/A
92.	Affairrs Cloud	Current Affairs 27 May 2025	N/A
93.	Pune Media	India and WHO sign agreement on traditional medicine module Pune Media On May 26...	N/A
94.	Ghatati Ghatna	घटती-घटना – Ghatati-Ghatna – Online Hindi News Ambikapur घटती-घटना – Ghatati-Gha...	N/A
95.	Newzfatafat	अंतर्राष्ट्रीय योग दिवस की तैयारी: डीसी अभिषेक मीणा ने अधिकारियों को दिए निर्देश	N/A
96.	Forever News	India Strengthens Global Leadership in Ayush-Based Medical Value Travel	N/A
97.	Haryana Archives Hindi Samachar	Rewari News : डीसी अभिषेक मीणा ने योग प्रशिक्षकों द्वारा दिए जा रहे प्रशिक्षण शि...	N/A
98.	Punjabkesari	खुशखबरी! आयुष विभाग में 4,350 रिक्त पदों के लिए भर्ती प्रक्रिया शुरू, इस माध्यम ...	N/A
99.	Chennai Glitz	“Together, Let Us Strengthen India"s Leadership in Ayush-Based Medical Value Tr...	N/A
100.	Nishpakshdastak	आयुष विभाग में रिक्त पदों की होगी भर्ती	N/A
101.	Maverick News3	India Aims to Lead in Ayush Medical Tourism: Prataprao Jadhav	N/A
102.	CMG Times	बेसिक शिक्षा राष्ट्र निर्माण की नींव, हर विद्यालय में शिक्षक-छात्र अनुपात होगा स...	N/A
103.	CMG Times	आयुष विभाग:सीएम योगी के निर्देश पर कुल 4,350 रिक्त पदों के लिए तेज की गई भर्ती प...	N/A

104.	Bw Health Care World	Insurance & Homeopathy: The Case For Including Homeopathy In Health Insuran c...	N/A
105.	Firstpage News	जेनेटिक काउंसलिंग पर विशेष ध्यान दिया जाये-राज्यपाल श्री पटेल	N/A
106.	TV 13 Gujarati News	ભારતની પરંપરાગત ચિકિત્સાને વૈશ્વિક સ્તરે લાવવા માટે પહેલ, WHO સાથે MOU પર હસ્તાક...	N/A
107.	Imnb	सुशासन तिहार अंतर्गत डोंगरगांव विकासखंड के ग्राम करमतरा में समाधान शिविर का हुआ ...	N/A
108.	First Bihar	पटना में 32वाँ राष्ट्रीय एक्युप्रेशर/एक्युपंक्चर सम्मेलन का आयोजन, नंद किशोर याद...	N/A
109.	Tarunmitra	बेसिक शिक्षा राष्ट्र निर्माण की नींव: योगी	N/A
110.	Raksha Rajniti	बेसिक शिक्षा राष्ट्र निर्माण की नींव, हर विद्यालय में शिक्षक-छात्र अनुपात होगा स...	N/A
111.	Raksha Rajniti	आयुष विभाग में रिक्त पदों को भरने के लिए योगी सरकार ने कसी कमर	N/A
112.	Hamara Mahanagar	Education: नहीं होने देंगे शिक्षकों की कमी, हर विद्यालय में तय होगा शिक्षक-छात्र...	N/A
113.	Indore Samachar	जेनेटिक काउंसलिंग पर विशेष ध्यान दिया जाये : राज्यपाल पटेल	N/A
114.	Tender Detail	Tender For Providing Of Consultancy Services For Upgradation Of The Infrastruct u...	N/A
115.	Digitpatrox	Got Hard Water? Here"s What to Know About Water Softeners	N/A
116.	Swatantra Bharat News	भारत ने पारंपरिक चिकित्सा हस्तक्षेप पर एक ऐतिहासिक समझौते के माध्यम से आयुष को व...	N/A
117.	Hindi khabar	UP News :	N/A
118.	Tarunmitra	आयुष विभाग में जल्द की जाएंगी 4,350 पदों पर भर्तियां	N/A
119.	Dainandini	महुआ पेड़ के नीचे बैठकर विधायक भईया लाल रजवाड़े ने ग्रामीणों से की चर्चा	N/A
120.	BharatKi Baat	Adityanath announces Rs 3,300 crore projects, praises advancements in UP"s sc ho...	N/A
121.	North East News	India signs MoU with World Health Organization to promote traditional medicine	N/A
122.	Vande Bharat Live Tv News	*महुआ पेड़ के नीचे बैठकर विधायक भईया लाल राजवाड़े ग्रामीणों से की मुलाकात लोगों की...	N/A
123.	Expressnews Asia	Government to Launch Comprehensive Digital Portal for Medical Value Travel: Pr at...	N/A
124.	Breaking News Express	यूपी बना भूजल संरक्षण का मॉडल स्टेट, योगी सरकार की नई जल नीति से 566 विकासखंडों ...	N/A
125.	Breaking News Express	LUCKNOW :बेसिक शिक्षा राष्ट्र निर्माण की नींव, हर विद्यालय में शिक्षक-छात्र अनुप...	N/A
126.	Only My Health	India"s Ayush Set for Global Stage: PM Modi Unveils Scientific Outreach Plan	N/A
127.	Spicy IP	Operationalising India’s Biopiracy Watch List: A Strategic Proposal for Inclusiv...	N/A
128.	Tarunmitra	आईवाईए ने कराया योगाभ्यास, हंस हंस कर लोट पोट हुए बच्चे	N/A
129.	Udaipur Kiran	योग विषय पर आयोजित हुई चित्रकला व निबंध प्रतियोगिता	N/A

130.	UNI	Teacher-student ratio to be ensured in every school: Yogi	N/A
131.	UNI	Teacher-student ratio to be ensured in every school: Yogi	N/A
132.	Khabreelal	UP में नौकरियों की बहार! योगी सरकार ने आयुष विभाग में खोले 4,350 पद, युवाओं के ल...	N/A
133.	Sandhyakal	मुख्यमंत्री डॉ. मोहन यादव की अध्यक्षता में मंत्रि-परिषद की बैठक गुरूवार को मंत्र...	N/A
134.	Vistaar News	Corona Virus से बचाव के लिए घर पर बनाएं ये 5 आयुर्वेदिक काढ़ा, बढ़ेगी इम्यूनिटी	N/A
135.	EHealth Magazine	India and WHO Forge Historic Agreement to Globalise Ayush Through Scientific Cla...	N/A
136.	Manastoday	जेनेटिक काउंसलिंग पर विशेष ध्यान दिया जाये-राज्यपाल पटेल	N/A
137.	Gurgaon Mail	बेसिक शिक्षा राष्ट्र निर्माण की नींव, हर विद्यालय में शिक्षक-छात्र अनुपात होगा स...	N/A
138.	Bharat Prakash News	शिक्षा राष्ट्र निर्माण की आधारशिला – सीएम योगी	N/A
139.	Young Bharat News	Good news : आयुष विभाग में 4,350 रिक्त पदों के लिए तेज की गई भर्ती प्रक्रिया	N/A
140.	Udaipur Kiran	बेसिक शिक्षा राष्ट्र निर्माण की नींव, हर विद्यालय में शिक्षक-छात्र अनुपात होगा स...	N/A
141.	Yugwarta	उत्तर प्रदेश आयुष विभाग में जल्द की जाएंगी 4,350 पदों पर भर्तियां	N/A
142.	Youth India News	सीएम योगी ने बेसिक शिक्षा परिषद के विभिन्न कार्यक्रमों व परियोजनाओं का किया शुभा...	N/A
143.	Udaipur Kiran	उत्तर प्रदेश आयुष विभाग में जल्द की जाएंगी 4,350 पदों पर भर्तियां	N/A
144.	PardaPhash	बेसिक शिक्षा राष्ट्र निर्माण की नींव, हर विद्यालय में शिक्षक-छात्र अनुपात होगा स...	N/A
145.	PTC News	बेसिक शिक्षा राष्ट्र निर्माण की नींव, हर विद्यालय में शिक्षक-छात्र अनुपात होगा स...	N/A
146.	Garima Times	Ayush Department Recruitment: आयुष विभाग में 4350 रिक्त पदों के लिए तेज की गई भर...	N/A
147.	United News Of India	योगी शिक्षा दो अंतिम लखनऊ	N/A
148.	Rashtriya Sagar	उत्तर प्रदेश आयुष विभाग में जल्द की जाएंगी 4,350 पदों पर भर्तियां	N/A
149.	UNI	Recruitment for 4,350 vacant posts in AYUSH dept being fast-tracked	N/A
150.	उद्योग का अनुमान	उप्र सरकार ने आयुष विभाग में 4,350 रिक्त पदों को भरने की प्रक्रिया शुरू की	N/A
151.	Daily World Hindi	उप्र सरकार ने आयुष विभाग में 4,350 रिक्त पदों को भरने की प्रक्रिया शुरू की	N/A
152.	Bharat Express	योगी सरकार का बड़ा कदम, आयुष विभाग में 4,350 पदों पर भर्ती प्रक्रिया तेज	N/A
153.	United News Of India	आयुष विभाग में 4350 रिक्त पदों के लिए भर्ती प्रक्रिया शुरु	N/A
154.	Mokokchung Times	AYUSH and WHO strike deal to globalize traditional medicine — but will it delive...	N/A
155.	Breaking News Express	LUCKNOW :आयुष विभाग में रिक्त पदों को भरने के लिए योगी सरकार ने कसी कमर*	N/A
156.	Jharkhand State News	India Partners with WHO to Mainstream Ayush Globally	N/A
157.	Justdial.com	Ayush ministry and WHO sign to create module for traditional medicine	N/A

158.	Daily 24x7 News	Daily 24x7 News - News Website	N/A
159.	Ballia Vocals	भारत की पारंपरिक चिकित्सा को वैश्विक स्तर पर लाने की बढ़ी पहल, विश्व स्वास्थ्य स...	N/A
160.	Vishva Times	New global health agreement to take Ayush to world in scientific way: PM Narendr ...	N/A
161.	Gwalior Vocals	भारत की पारंपरिक चिकित्सा को वैश्विक स्तर पर लाने की बढ़ी पहल, विश्व स्वास्थ्य स...	N/A
162.	DANIK KHABAR	भारत ने समझौते के माध्यम से आयुष को वैश्विक स्तर पर मुख्यधारा में लाने के लिए डब...	N/A
163.	OB News	Collector advises employees to do yoga to reduce stress	N/A
164.	The Mobi World	Collector advises employees to do yoga to reduce stress	N/A
165.	Ilouge Media	Ministry of Ayush, WHO Agreement Paves Way for Global Recognition of Traditio nal...	N/A
166.	Observer Voice	India Collaborates with WHO to Promote Ayush on a Global Scale	N/A
167.	The Hans India	Stay stress-free with yoga, Collector tells staff	N/A
168.	Ujjain Vocals	भारत की पारंपरिक चिकित्सा को वैश्विक स्तर पर लाने की बढ़ी पहल, विश्व स्वास्थ्य स...	N/A
169.	Nagpur Vocals	भारत की पारंपरिक चिकित्सा को वैश्विक स्तर पर लाने की बढ़ी पहल, विश्व स्वास्थ्य स...	N/A
170.	Jaipur Vocals	You may also like !	N/A
171.	Bhopal Vocals	भारत की पारंपरिक चिकित्सा को वैश्विक स्तर पर लाने की बढ़ी पहल, विश्व स्वास्थ्य स...	N/A
172.	Moradabad Vocals	भारत की पारंपरिक चिकित्सा को वैश्विक स्तर पर लाने की बढ़ी पहल, विश्व स्वास्थ्य स...	N/A
173.	Prayagraj Vocals	भारत की पारंपरिक चिकित्सा को वैश्विक स्तर पर लाने की बढ़ी पहल, विश्व स्वास्थ्य स...	N/A
174.	बरैली वोकल्स	भारत की पारंपरिक चिकित्सा को वैश्विक स्तर पर लाने की बढ़ी पहल, विश्व स्वास्थ्य स...	N/A
175.	Sansad Tv	Sansad TV Special: हमारी विरासत, हमारी पहचान। HVPI on Knowledge System of Ind ia ...	N/A
176.	Namma Kudla English	PM Calls for Worldwide Engagement in Yoga Day, Emphasizes Innovative and In clusi...	N/A
177.	India Med Today	India and WHO Team Up to Bring Ayush to the World Stage	N/A
178.	Odisha Sambad	ଭାରତର ପ୍ରାଚୀନ ଚିକିତ୍ସା ପଦ୍ଧତିକୁ ବିଶ୍ୱ ସ୍ତରୀୟମାନ୍ୟତା: WHO ସହ ଆୟୁଷ ମନ୍ତ୍ରଣାଳୟର ଐତି...	N/A
179.	Apac News Network	India, WHO begin work on global classification of Ayush treatments under health . ..	N/A
180.	Chhattisgarh Vishesh	स्वस्थ जीवन की ओर एक कदम: दुर्ग में लाइफस्टाइल क्लीनिक रोगों की रोकथाम और समग्र ...	N/A
181.	Pharmabiz.com	Ayush and herbal products exports grew 5.9 per cent in FY25	N/A
182.	Health Economictimes	Ahead of International Yoga Day, PM Modi invites people to embrace yoga for vib r...	N/A

183.	Tezzbuzz	How to increase weight without side effects? Sehat Plus is giving 100% Ayurvedic ...	N/A
184.	Tripurastar News	Prime Minister Narendra Modi Calls For Mass Participation In International Day O. ..	N/A
185.	Tezzbuzz	India partners with WHO to mainstream Ayush globally through agreement on trad it...	N/A
186.	Forever News	India-WHO Agreement to Expand Global Reach of Ayurveda, Yoga, and Tradition al Me...	N/A
187.	Palgharnews	India partners with WHO to mainstream Ayush globally through agreement on trad it...	N/A
188.	Rising Kashmir	Yoga Day: Zeal, enthusiasm among people all over world amply visible: PM Modi	N/A
189.	Calcutta News	India partners with WHO to mainstream Ayush globally through agreement on trad it...	N/A
190.	World News Network	“This time too, zeal and enthusiasm among people all over world with regard to Y. ..	N/A
191.	Palgharnews	“This time too, zeal and enthusiasm among people all over world with regard to Y. ..	N/A
192.	Hindustan Global Times	मंत्रालय (आयुर्वेद, योग, यूनानी, सिद्ध और होम्योपैथी) और विश्व स्वास्थ्य संगठन (...	N/A
193.	Keekli	PM Modi Urges Mass Participation in Yoga Day 2025, to Join Celebrations in Visa k...	N/A
194.	Bharat24 News	भारत की पारंपरिक चिकित्सा को मिलेगी अंतरराष्ट्रीय उड़ान, WHO के साथ हुआ ऐतिहासिक...	N/A
195.	Sambad	ଯୋଗ ଦିବସକୁ ଏକ ଅଭିନବ ଉପାୟରେ ପାଳନ କରିବାକୁ ବିଚାର କରନ୍ତୁ : ପ୍ରଧାନମନ୍ତ୍ରୀ	N/A