



MINISTRY OF AYUSH COMPILED MEDIA REPORT
29 May, 2025 – 30 May, 2025

 **Total Mention 229**

|  Print | Financial | Mainline | Regional | Periodical |
|---|------------------|-----------------|-----------------|-------------------|
| 9 | 1 | 8 | N/A | N/A |
|  Online | | | | |

220


 Print

| No | Newspaper | Headline | Edition | Pg |
|----|---------------------------|--|------------|----|
| 1. | Business Standard (Hindi) | Covid ne nipatane ke liye bima vyavstha mein badlav ho | Chandigarh | 5 |
| 2. | Hindustan Times | Puducherry witnessed a wave of..... | Noida | 4 |
| 3. | Hindustan Times | Yoga institutions and Ministries to hold Global Wellness Movement | Noida + 1 | 4 |
| 4. | Hindustan Times | Puducherry witnessed a wave of wellness as over 6,000 Yoga enthusiasts gathered... | Delhi | 4 |
| 5. | The Pioneer | Industry can play role in bringing innovation to preventive healthcare | Hyderabad | 5 |
| 6. | The Morning Standard | Fit Bit | Delhi | 2 |
| 7. | The Goan | Is aerial yoga really healthy | Goa | 12 |
| 8. | The New Indian Express | around the city | Chennai | 4 |
| 9. | Punjab Express | 11th International Yoga Day: Grand celebration in Kurukshetra on June 21 | Chandigarh | 8 |

Business Standard (Hindi) • 30 May • Ministry of Ayush
Covid ne nipatane ke liye bima vyavstha mein badlav ho

5 • PG

437 • Sqcm

45926 • AVE

15.51K • Cir

Bottom Left

Chandigarh

कोविड से निपटने के लिए बीमा व्यवस्था में बदलाव हो इस समाचार में प्रकाशित रिपोर्ट 'क्या कोविड से निपटने को तैयार हैं आपकी स्वास्थ्य बीमा पॉलिसी?' बहुत महत्वपूर्ण विषय पर चर्चा करता है जो सामान्य जनमानस और जन-जीवन को प्रभावित करता है। स्वास्थ्य बीमा पॉलिसियां बीमारियों के मामले में इतनी शर्तें लगाती हैं कि रोगी के पास कुछ विशेष बीमारियों के ही विकल्प हैं और उनके साइड इफेक्ट वाली बीमारियां बीमा से कवर नहीं होती। कोविड महामारी के इतने वेरिएंट और शरीर पर इतने साइड इफेक्ट हैं कि उनको समझना और बीमा पॉलिसी में सम्मिलित करना कठिन है। तो क्या बीमा पॉलिसियां स्वयं बीमार हैं और क्या यह लोगों की विवशता पर लाभ अर्जित करने वाले व्यापारिक उपक्रम हैं? बीमा पॉलिसियों को जनहित में व्यापक करने के लिए भारतीय बीमा नियामक और विकास प्राधिकरण को बड़े सुधार करने चाहिए। बेहतर है कि राज्य और केंद्र सरकारें



कोविड महामारी के इतने वेरिएंट और साइड इफेक्ट हैं कि उनको समझना और बीमा पॉलिसी में सम्मिलित करना कठिन है

आयुष्मान बीमा योजना को अधिक व्यापक करें भले ही 70 वर्ष से कम आयु की जनता को कुछ अधिक प्रीमियम देना पड़े। दूसरा विकल्प यह है कि सभी निजी अस्पताल अपने नियमित व्यापक पैकेज

बनाने के लिए बाध्य हों जो बीमा पॉलिसियों से मुक्त हों और सभी बीमारियों पर लागू हों, जिससे रोगी को अपने सामर्थ्य और आर्थिक सीमा का पता हो। हर व्यक्ति बीमा पॉलिसी नहीं ले सकता क्योंकि

उसके पास इतनी आर्थिक सामर्थ्य नहीं होती और ग्रामीण क्षेत्रों में यह संभव भी नहीं है। बीमा क्षेत्र बड़े सुधारों की बाट जोह रहा है।
विनोद जौहरी, दिल्ली

Hindustan Times • 30 May • Ministry of Ayush
Puducherry witnessed a wave of.....

4 • PG

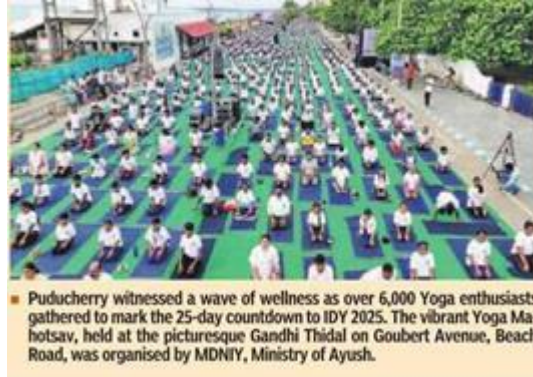
36 • Sqcm

16964 • AVE

4.88M • Cir

Middle Center

Noida



■ Puducherry witnessed a wave of wellness as over 6,000 Yoga enthusiasts gathered to mark the 25-day countdown to IDY 2025. The vibrant Yoga Mahotsav, held at the picturesque Gandhi Thidal on Goubert Avenue, Beach Road, was organised by MDNIY, Ministry of Ayush.

Noida • Delhi

[illegible]

Hindustan Times • 30 May • Ministry of Ayush
Puducherry witnessed a wave of wellness as over 6,000 Yoga enthusiasts gathered...

4 • PG

36 • Sqcm

211428 • AVE

3.43M • Cir

Middle Center

Delhi



■ Puducherry witnessed a wave of wellness as over 6,000 Yoga enthusiasts gathered to mark the 25-day countdown to IDY 2025. The vibrant Yoga Mahotsav, held at the picturesque Gandhi Thidal on Goubert Avenue, Beach Road, was organised by MDNIY, Ministry of Ayush.

The Pioneer • 30 May • Ministry of Ayush

Industry can play role in bringing innovation to preventive healthcare

5 • PG

139 • Sqcm

47118 • AVE

275K • Cir

Middle Center

Hyderabad

‘Industry can play role in bringing innovation to preventive healthcare’

PNS ■ NEW DELHI

Health Minister J P Nadda on Thursday called upon the industry to play a role in bringing innovation in the field of health screening, as he listed the efforts made by the Modi government in the sector over the last decade.

Speaking at the CII Annual Business Summit 2025, Nadda said the BJP government in 2017 came out with a comprehensive health policy and preventive healthcare was emphasized on for the first



time, along with curative, rehabilitative and geriatric care. "So far, we used to think in silos. There was no holistic approach. In 2017, we came with a policy which was comprehensive. For the preventive part, we now have 1,77,000 Ayushman Arogya Mandirs. This is the first contact point of citizens with healthcare facilities," he said.

Nadda emphasized

the theme 'Building Trust- India First' and called for a unified national effort to strengthen healthcare systems aligned with India's 2047 development roadmap. "Now we have got a very ambitious plan that is going to reduce the health burden. In 1,75,000 healthcare centres, we have community health officers.

"We have a tele-medicine system attached with the specialist... So a villager would not have to go to a health institution if not required," he said.

The Morning Standard • 30 May • Ministry of Ayush

Fit Bit

2 • PG

603 • Sqcm

289533 • AVE

300K • Cir

Middle Right

Delhi

FITBIT

DANDYAMA BHARMANASANA JANU BLOCK

(BALANCING TABLE TOP POSE KNEE BLOCK)

This variation is an asymmetrical yoga pose typically practised in the tabletop position, with one arm and the opposite leg extended. This balancing pose, using a yoga prop block, engages the core, pelvic, abdominal muscles, and leg muscles. It can be included in a starting dynamic warm-up sequence for a yoga class. For those with limited ankle flexibility who struggle to point the toes back, keeping the toes curled under is a supportive option. It reduces strain on the ankles, provides greater stability, and allows practitioners to ease into the pose more comfortably.

STEPS

- Keep a yoga block nearby and start in Table Top Pose (Bharmanasana).
- Spread your fingers wide and press evenly through both hands, keeping your spine neutral. Gently bring your attention to the natural rhythm of your breath, cultivating a mindful connection between body and breath.
- Place a block underneath your right knee, using the lowest height to start. Ensure the block is stable and placed directly under the centre of your kneecap for comfort and alignment. Keep your right toes curled in.
- Gently engage your abdominal muscles by drawing the navel in toward the spine. This can create stability and protect your lower back as you move into the balance.
- Inhale deeply, extend your left leg straight back behind you, parallel to the floor, with toes pointing down. Simultaneously, reach your right arm forward, palm facing inward, bringing the right upper arm close to the ear. Keep your hips and shoulders squared to the mat, maintaining a straight line from your fingertips to your lifted heel.
- Keep the extended arm and leg fully engaged and the spine elongated. Gaze gently on the mat beside your left palm to help maintain balance and focus.
- Remain in this position for five deep breaths, or as long as it feels steady and comfortable. Continue to breathe naturally and evenly. Regular practice can aim to gradually increase the duration of the hold to build strength and concentration.

- To release, gently come back to Bharmanasana by reversing the movement.
- Repeat the pose on the other side following the above instructions.
- Finally, return to Bharmanasana and relax in Balasana, allowing your breath to soften and the body to rest.
- Feel the stretch and blood flow towards your lower back and glutes in this restorative pose.
- Tips: If the block under the knee is uncomfortable, you can use a folded blanket.

BENEFITS

- Reduces patellar pressure and redistributes weight into the tibia.
- Maintains alignment and coordination.
- Block helps lift the hips of the supporting leg, subtly encouraging evenness in the pelvis.
- Corrects habitual tilts or collapses in the hips that often go unnoticed.
- Block introduces a micro-instability that requires mindful activation of the abdominal muscles, pelvic muscles, and glutes.
- Alters your alignment with gravity, enhancing focus, spatial awareness, and neuromuscular coordination.
- Stretches arms, shoulders, and elbows.

LIMITATIONS

- People who are injured or have undergone recent surgery to the knees, wrists, shoulders, elbows, hips, and spine, suffering from weak knees, ankles, wrist joints, carpal syndrome, arthritis of the shoulders, hips, and knees, should avoid practising this asana.
- People with acute arthritis, knee pain, or osteoporosis must avoid using blocks.



— By N. Elumalai, PhD Scholar (Yoga Science) at Meenakshi Academy of Higher Education & Research, Chennai-78

The Goan • 30 May • Ministry of Ayush
Is aerial yoga really healthy

12 • PG

466 • Sqcm

69880 • AVE

200K • Cir

Middle Center

Goa

Anwasha Barari

After Pilates and power yoga, the mantra to fitness is a special type of yoga called Aerial Yoga. This type of yoga is a combination of the principles of the Indian Yoga asanas with the aerial arts (like the trapeze games in circuses). The basic premise of Aerial yoga is to be suspended from the air and do all your exercises against gravity. But is this type of yoga a really effective way to improve your fitness or is it just another passing fad? That is the dilemma we are discussing here.

The Hammock:

We have all used the hammock to laze around on a lazy vacation just to relax and read books. In aerial yoga, the main equipment for workout is a hammock. You remain suspended from a hammock like cloth hanging and perform your anti-gravity exercises. So the basic difference between normal yoga & aerial yoga is the use of hammock.



Is aerial yoga really healthy?

Are there any health benefits?

■ Doesn't going against gravity make the blood rush to your brain? At least that is what we have studied in school. However, this rush of blood may not be such a bad thing. In fact anti-gravity exercise helps to improve blood circulation in the body and re-energises your brain.

■ When people are paralysed and bed-ridden for months, they are sometimes made to hand upside down from chairs to make the blood circulate. The logic behind aerial yoga is exactly the same.

■ Experts like fitness guru Mickey Mehta believe that this kind of yoga provides a greater scope to stretch your body. As a result it improves the flexibility of your muscles.

■ Another major benefit of this unique yoga style is that it doesn't strain your back. Being suspended in the air keeps pressure off the spinal cord. Chronic lower back pain is now widespread, especially among office workers with desk jobs. Aerial yoga is a true blessing for them.

■ On a lighter note, this unconventional workout also beats boredom. Picture yourself swinging in a hammock instead of doing the same old treadmill runs or push-ups!

Word Of Caution:

Never attempt aerial yoga alone at home. It should always be done under the guidance of a trained instructor. The strength and reliability of the hammock are crucial—if it fails or you slip, it could lead to a serious, lifelong spinal injury.

The New Indian Express • 30 May • Ministry of Ayush
around the city

4 • PG

510 • Sqcm

509876 • AVE

246.4K • Cir

Bottom Center

Indulge

Chennai

around the city



Clay escape

On till June 28 | Kilpauk

Unleash your inner artist at Clay Play Day, a hands-on pottery experience where you shape, mould, and create with complete freedom. Perfect for all age groups, this unguided session provides all materials and tools—just bring your imagination and enjoy an hour of pure, tactile creativity. ₹899. At 3 pm. At Dices And Drama.



Cookie magic

May 31 | ECR

Let your little bakers dive into a fun, hands-on cookie masterclass where they'll mix, shape, and decorate their own delicious treats. This class combines creativity and confidence-building with a sprinkle of sweetness—plus, everyone takes home a box of their masterpieces! ₹1,299. From 11 am to 12.30 pm. At Hibiscus Cafe.



Laugh lines ahead

May 30 | Alwarpet

Anshu Mor returns with *Spoiler Alert*, a heartfelt and hilarious solo act that dives into fatherhood, failed dreams, and awkward friendships. With his trademark wit and charm, this two-hour show promises laughs, relatability, and a generous dose of feels. ₹799. 7 pm. At Medai - The Stage.

Paws & poses

June 1 | Anna Nagar

Stretch, breathe, and de-stress as playful shelter puppies scamper around you in this beginner-friendly yoga session by Pawga. With dogs from Blue Cross of India joining in, this feel-good fitness class helps you unwind while supporting a noble cause—funds raised go directly to animal welfare. ₹799. 11 am to 12 pm. At Fitsio Max.



Beats of resistance

May 31 | Kodambakam

Experience the pulse of Tamil Nadu's folk heritage at this immersive Paraiyattam workshop mentored by veteran folk artiste Sathya Sharath. Learn to play the parai drum, master basic dance movements, and explore the cultural roots of this powerful art form that blends rhythm, identity, and community. ₹999. From 10 am to 1 pm. At IDAM - The Art & Cultural Space.



Punjab Express • 30 May • Ministry of Ayush

11th International Yoga Day: Grand celebration in Kurukshetra on June 21

8 • PG

397 • Sqcm

79401 • AVE

348.98K • Cir

Middle Left

Chandigarh

11th International Yoga Day: Grand celebration in Kurukshetra on June 21

RAJENDRA KHATRY
PUNJAB EXPRESS BUREAU
Chandigarh, May 29

Haryana Chief Minister Nayab Singh Saini said that a grand state-level event will be organised in Kurukshetra on June 21 to mark the 11th International Yoga Day. Approximately one lakh people will participate in the celebrations. Yoga Guru Baba Ramdev will also be present. The theme for this year's International Yoga Day is "Yoga for One Earth, One Health."

Addressing a press conference shortly after a meeting held to finalise preparations for the 11th

International Yoga Day celebrations, along with officials from the AYUSH Department and other concerned departments, the CM said that with the efforts of Prime Minister Narendra Modi, International Yoga Day has been celebrated globally on June 21 each year since 2015. The Prime Minister's proposal at the United Nations was supported by 177 countries and today the entire world has embraced yoga.

The final preparations for the 11th International Yoga Day function were reviewed and finalised during the meeting yesterday. "Yoga is an ancient tradition of our country. It is

not just a form of physical exercise, but a holistic way of life. It has given us a path to health awareness," he said. He also encouraged everyone to incorporate yoga into their daily routine and contribute to building a 'Healthy India.'

In addition to the state-level function, district-level events will be organised across all districts. Furthermore, block-level programmes will be conducted in all 121 blocks of the state. The AYUSH department has prepared a detailed blueprint for these events.

Nayab Singh Saini said that in the lead-up to International Yoga Day, various

programmes including Yoga Marathons and the Yoga Jagran Yatra will be conducted alongside dedicated training sessions. These initiatives aim to engage all sections of society from schoolchildren to the general public. The Swachhata programme will also be integrated into the yoga activities.

Three-day yoga training programmes will be organised in all schools, colleges, and universities across the state. Similar training sessions will also be held for ministers, MPs, MLAs, officers, government employees, and other public representatives.

The CM said that on the occasion of International

Yoga Day, the state will launch the initiative "Yoga Yukt Haryana – Nasha Mukta Haryana", in alignment with the vision of Swasth Bharat – Swasth Haryana. The campaign aims to eliminate drug addiction from society through the positive influence of yoga.

As part of the celebrations, 10 lakh saplings will be planted across the state, reinforcing a commitment to environmental protection through the concept of "Green Yoga." He also informed that a dedicated portal has been launched for registration, with a target to engage 10 lakh people in the event.

Online Coverage

| No | Portal Name | Headline (Incorporated with URL) | Reach |
|-----|---------------------------------|--|--------|
| 1. | MSN Hindi | पीएम मोदी के आह्वान के बाद 10 हजार से अधिक संगठनों ने योग संगम के लिए कराया पंजी... | 733.9M |
| 2. | MSN Hindi | पर्यावरण दिवस और गंगा दशहरा के आयोजन का निर्णय | 733.9M |
| 3. | Hindustan Times | Int'l Yoga Day event at K'shetra on June 21 | 124.6M |
| 4. | हिन्दुस्तान(Live Hindustan) | वन अर्थ, वन हेल्थ थीम पर दिया योग प्रशिक्षण | 64.8M |
| 5. | हिन्दुस्तान(Live Hindustan) | कार्यशाला में व्यावहारिक प्रशिक्षण दिया | 64.8M |
| 6. | हिन्दुस्तान(Live Hindustan) | वरदानी पार्क में आमजन ने किया योगासन | 64.8M |
| 7. | अमर उजाला (Amar ujala) | Moradabad News: आयुष अस्पताल बनवाने के लिए संघर्ष का संकल्प | 63.8M |
| 8. | अमर उजाला (Amar ujala) | एकाग्र शक्ति को बढ़ाता है योग : डॉ. जाटियान | 63.8M |
| 9. | अमर उजाला (Amar ujala) | Panchkula News: अंतरराष्ट्रीय योग दिवस के लिए विभाग तैयारियां पूरी करें - डीसी | 63.8M |
| 10. | अमर उजाला (Amar ujala) | Chandigarh-Haryana News: योग दिवस पर योग युक्त हरियाणा-नशा मुक्त हरियाणा का होगा... | 63.8M |
| 11. | अमर उजाला (Amar ujala) | Hamirpur (Himachal) News: तीन माह तक काढ़ा पीने वाले मरीजों का बनाया जाएगा रिकार... | 63.8M |
| 12. | अमर उजाला (Amar ujala) | जीवन की प्रगति को अच्छा बनाने के लिए योग जरूरी : डॉ. शकुंतला | 63.8M |
| 13. | Navbharat Times - NBT Education | UP Medical Bharti 2025: यूपी में निकलेंगी स्टाफ नर्स, फार्मासिस्ट समेत ढेरों मेड... | 57.6M |
| 14. | Prabhat Khabar | आयुष शिविर 160 लोगों की हुई निशुल्क स्वास्थ्य जांच | 22.9M |
| 15. | Medical Dialogues | Health Bulletin 29/May/2025 - Video | 16M |
| 16. | Medical Dialogues | Puducherry hosts 25-day countdown to International Day of Yoga 2025 | 16M |
| 17. | ThePrint | Inter-ministerial committee meeting held to strategise preparations for Internat... | 11.3M |
| 18. | Etvbharat | Dhami Cabinet Approves Yoga Policy To Make Uttarakhand Global Wellness Capi tal | 11.2M |
| 19. | Latestly | India News Yoga Institutions, Ministries Collaborate for 11th International Da... | 7.8M |
| 20. | Latestly | Business News India Crowned World No. 1 at the 1st Commonwealth Yogasana Sport... | 7.8M |
| 21. | The Tribune India | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | 7M |
| 22. | PIB | കേരളത്തിലെ 100 ആയുഷ് സമാപനങ്ങളെക്കുറിച്ച് കൂടി എന്എബിഎഫ്എം അംഗീകാരം | 5.4M |
| 23. | PIB | योग संस्थान वैश्विक कल्याण आंदोलन को आगे बढ़ाने के लिए मंत्रालयों के साथ एकजुट ह... | 5.4M |
| 24. | PIB | Yoga Institutions Unite with Ministries to Orchestrate Global Wellness Movement | 5.4M |

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|-----|-----------------------|--|--------|
| 25. | Kerala Kaumudi Online | നാരകകാകാനം ഗവ. മാതൃക ഹോമിയോ ഡിസ്പെൻസറിക്ക് എ.എ.ബി.എച്ച്.എ. ട്രി ലെവൽ ട്രിഫിക്... | 4.4M |
| 26. | Janta Se Rishta | 11वें अंतर्राष्ट्रीय योग दिवस के लिए योग संस्थानों और मंत्रालयों ने मिलकर किया क... | 3.8M |
| 27. | Janta Se Rishta | Haryana सरकार ने 8 विभागों के लिंक अधिकारी नियुक्त किए 22.38 | 3.8M |
| 28. | Deccan Chronicle | Celebrating Yoga: 3,000 To Take Part In Surya Namaskar | 2M |
| 29. | Deccan Chronicle | Theme Yogandhra to Create Awareness In 100 Tourist Areas in Andhra Pradesh | 2M |
| 30. | The Statesman | IDY 2025 to be a 'Whole-of-Nation" movement, says Ministry of Ayush | 1.7M |
| 31. | Organiser | Yoga for One Earth, One Health: Ministries unite for global wellness movement ah ... | 1.2M |
| 32. | Devdiscourse | India Strategizes for Groundbreaking 11th International Day of Yoga in 2025 | 1.2M |
| 33. | The Pioneer | One lakh people to attend State-level event on Int'l Yoga Day on June 21: CM Sa ... | 776.4K |
| 34. | Indian Bureaucracy | Alarmelmangai D IAS appointed as Joint Secretary- Ministry of AYUSH | 460.8K |
| 35. | Indian Bureaucracy | Indian Bureaucracy Appointment News 41 Joint Secretary Level Appointments C lea... | 460.8K |
| 36. | Sach Kahoon | Yoga Mahotsav 2025: सिरसा के गांव नाथूसरी कलां के कपिल कुलडिया हुए सीएम से सम्मा... | 347.8K |
| 37. | News on AIR | Ayush Ministry gears up for 11th International Day of Yoga with over 1 lakh even.. | 314.3K |
| 38. | Newsd | Nation's first Integrated MBBS-Ayurveda course at JIPMER | 237.7K |
| 39. | 5 Dariya News | 11th International Yoga Day: A Grand State-Level Celebration to be organized in .. | 120.5K |
| 40. | 5 Dariya News | AYUSH Kulgam, KVK Pombay organize day-long seminar | 120.5K |
| 41. | Ht Syndication | from June 15: GB Nagar gears up for week-long Int'l Yoga Day | 119.8K |
| 42. | Ht Syndication | Yoga institutions, ministries collaborate for 11th International Day of Yoga, PM... | 119.8K |
| 43. | Ht Syndication | Int'l Yoga Day event at K"shetra on June 21 | 119.8K |
| 44. | Ht Syndication | One lakh people to attend State-level event on Int'l Yoga Day on June 21: CM Sa ... | 119.8K |
| 45. | Dainik Tribune | योग महोत्सव में योग विशेषज्ञ व आयुष योग सहायक सम्मानित | 110.2K |
| 46. | Dainik Tribune | डॉ. कुकरेजा की योग पर आधारित वीडियो का विमोचन | 110.2K |
| 47. | Dainik Tribune | सूर्य नमस्कार में बेहतर प्रदर्शन पर गुर्जर कन्या विद्या मंदिर सम्मानित | 110.2K |
| 48. | Lokmattimes.com | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | 94.3K |
| 49. | The News Mill | Yoga institutions, ministries collaborate for 11th International Day of Yoga, PM... | 85.1K |

| | | | |
|-----|--------------------------|--|-------|
| 50. | Media nama | Offshore Betting Ads Dominate ASCI Violations Amid LinkedIn Influencers" Trans p... | 79.3K |
| 51. | Daily Chhattisgarh | समाधान शिविर में महापौर ने हितग्राहियों को किया लाभान्वित | 72K |
| 52. | WebIndia123 | Yoga institutions, ministries collaborate for 11th International Day of Yoga, PM... | 61.9K |
| 53. | WebIndia123 | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | 61.9K |
| 54. | Sangri Today | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | 58.5K |
| 55. | UP18 news | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | 35.1K |
| 56. | The Indian Awaaz | Ayush Ministry gears up for 11th International Day of Yoga with over 1 lakh even.. | 25.2K |
| 57. | Indian Economic Observer | Yoga institutions, ministries collaborate for 11th International Day of Yoga, PM... | 16.1K |
| 58. | Indian Economic Observer | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | 16.1K |
| 59. | Greno News | शारदा विश्वविद्यालय में सेल इमेजिंग और सॉर्टिंग पर दो दिवसीय राष्ट्रीय कार्यशाला... | 14K |
| 60. | Daily Prabhat | Yoga institutions, ministries collaborate for 11th International Day of Yoga, PM... | 280 |
| 61. | Daily Prabhat | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | 280 |
| 62. | India headline | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | N/A |
| 63. | Konni Vartha | ആഗോള വെലിനെസ് പ്ലാസ്മാനത്തിന് യോഗ സമാപനങ്ങളും മന്ത്രാലയങ് ളളും കൈകോർക്കുന്നു | N/A |
| 64. | Tripurastar News | Yoga Institutions Unite With Ministries To Orchestrate Global Wellness Movement | N/A |
| 65. | OB News | A mysterious place where gallstones disappear without operation ★★★☆☆ | N/A |
| 66. | The Mobi World | A mysterious place where gallstones disappear without operation | N/A |
| 67. | Tezzbuzz | A mysterious place where gallstones disappear without operation | N/A |
| 68. | Pynr | CS: "YogaAndhra" steering State towards Swarnandhra vision" | N/A |
| 69. | Ghatati Ghatna | रायपुर@छत्तीसगढ़ कैडर के दो आईएस सेंट्रल डेपुटेशन पर | N/A |
| 70. | Keekli | Ministries and Yoga Institutions Collaborate for International Day of Yoga 2025 | N/A |
| 71. | OB News | India Gears Up for 11th International Yoga Day 2025 ★★★★★ | N/A |
| 72. | The Mobi World | India Gears Up for 11th International Yoga Day 2025 | N/A |

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| 73. | The Lucknow Tribune | Expert Lecture on Yoga Organised at BBD University under “Yoga Month” Initiative | N/A |
| 74. | Tezzbuzz | India Gears Up for 11th International Yoga Day 2025 | N/A |
| 75. | Daily Uttarakhand | नकली आयुर्वेदिक दवा फैक्ट्री का भंडाफोड़, भारी मात्रा में नकली दवाइयां बरामद | N/A |
| 76. | Mirzapur News | मीरजापुर जनपद में कुल 25 सरकारी होम्योपैथ के अस्पताल संचालित हैं | N/A |
| 77. | नेशनल फ्रंटियर | नकली आयुर्वेदिक दवा फैक्ट्री का भंडाफोड़ | N/A |
| 78. | The prime India | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Championship –... | N/A |
| 79. | Udaipur Kiran | अंतर्राष्ट्रीय योग दिवस 2025 से पहले जीडीसी कटुआ में योग सत्र आयोजित | N/A |
| 80. | Tennews.in | शारदा विश्वविद्यालय में सेल इमेजिंग और सॉफ्टिंग पर दो दिवसीय राष्ट्रीय कार्यशाला... | N/A |
| 81. | MyNation | Devrishi Introduces Sonic Philosophy: India's Ancient Sound Wisdom Reimagined f... | N/A |
| 82. | Tender Detail | Bids Are Invited For Smart Phone And Accessories Smart Phon , Wireless Mic , T ri... | N/A |
| 83. | Tender Detail | Bids Are Invited For Emrs Project Demand Lancet , Swab , Cuvettes , Cotton , Ca r... | N/A |
| 84. | Tender Detail | Tender For Procurement And Supply Of 1 Lakh T-Shirt And 1 Lakh Yoga Mat On The O... | N/A |
| 85. | न्यायधानी | CG IAS News:- छत्तीसगढ़ कैडर के बैचमेट आईएएस दंपति को मिली केंद्र में अहम जिम्... | N/A |
| 86. | Atulya Hindustan | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Championship –... | N/A |
| 87. | UNI | Working to bring Yoga closer to people: AP CS | N/A |
| 88. | Tennews.in | गौतमबुद्ध नगर में 11वें अंतरराष्ट्रीय योग दिवस पर क्या होगा खास? | N/A |
| 89. | Rajasthan Express | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Championship –... | N/A |
| 90. | Abhitak News | मुख्यमंत्री ने अंतर्राष्ट्रीय योग दिवस की तैयारियों को लेकर सभी उपायुक्तों को दि... | N/A |
| 91. | Observer Voice | Yoga Institutions Collaborate with Ministries to Promote Global Wellness | N/A |
| 92. | The Uttarakhandtribune | Haridwar में पावर बढ़ाने की नकली आयुर्वेदिक दवा फैक्ट्री का भंडाफोड़ | N/A |
| 93. | हिंदी सामना | ठाणे शहर पुलिस आयुक्तालय एवं सप्तध्यान फाउंडेशन की तरफ से आयोजित शिविर का 150 पु... | N/A |
| 94. | Arihant Samachar | नकली आयुर्वेदिक दवा फैक्ट्री का भंडाफोड़, भारी मात्रा में नकली दवाइयां बरामद | N/A |
| 95. | Mass Media | नकली आयुर्वेदिक दवा फैक्ट्री का भंडाफोड़, भारी मात्रा में नकली दवाइयां बरामद | N/A |
| 96. | Bhaskar Newsline | शालू मेहता को पंचकूला में आयोजित योग महोत्सव में सम्मानित किया | N/A |
| 97. | न्यूज़ पोर्टल | हरिद्वार में पावर बढ़ाने की नकली आयुर्वेदिक दवा फैक्ट्री का भंडाफोड़ | N/A |

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| 98. | Bhaskar Newslne | अंतरराष्ट्रीय योग दिवस की तैयारियों के तहत योग प्रोटोकॉल का किया अभ्यास | N/A |
| 99. | Maverick News3 | Yoga Institutions Unite with Ministries to Orchestrate Global Wellness Movement | N/A |
| 100. | Dhriti News | हरिद्वार में पावर बढ़ाने की नकली आयुर्वेदिक दवा फैक्ट्री का भंडाफोड़ | N/A |
| 101. | पर्वतांचल | नकली आयुर्वेदिक दवा फैक्ट्री का भंडाफोड़, भारी मात्रा में नकली दवाइयां बरामद | N/A |
| 102. | Maharashtra Samachar | Yoga institutions, ministries collaborate for 11th International Day of Yoga, PM... | N/A |
| 103. | South India News | Yoga institutions, ministries collaborate for 11th International Day of Yoga, PM... | N/A |
| 104. | Punjab Live | Yoga institutions, ministries collaborate for 11th International Day of Yoga, PM... | N/A |
| 105. | Odisha Post | Yoga institutions, ministries collaborate for 11th International Day of Yoga, PM... | N/A |
| 106. | West Bengal Khabar | Yoga institutions, ministries collaborate for 11th International Day of Yoga, PM... | N/A |
| 107. | Street news | Yoga Institutions Join Hands with Ministries to Advance the Global Welfare Move m... | N/A |
| 108. | News Harpal | योग संस्थान वैश्विक कल्याण आंदोलन को आगे बढ़ाने के लिए मंत्रालयों के साथ एकजुट ह... | N/A |
| 109. | Bihar 24x7 | Yoga institutions, ministries collaborate for 11th International Day of Yoga, PM... | N/A |
| 110. | Business Point | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship —... | N/A |
| 111. | Gujarat Samachar | Yoga institutions, ministries collaborate for 11th International Day of Yoga, PM... | N/A |
| 112. | Andhra Pradesh Mirror | Yoga institutions, ministries collaborate for 11th International Day of Yoga, PM... | N/A |
| 113. | Himachal Patrika | Yoga institutions, ministries collaborate for 11th International Day of Yoga, PM... | N/A |
| 114. | Jharkhandtimes | Yoga institutions, ministries collaborate for 11th International Day of Yoga, PM... | N/A |
| 115. | Bihar Times | Yoga institutions, ministries collaborate for 11th International Day of Yoga, PM... | N/A |
| 116. | Kashmir Newslne | Yoga institutions, ministries collaborate for 11th International Day of Yoga, PM... | N/A |
| 117. | Kashmir Breaking News | Yoga institutions, ministries collaborate for 11th International Day of Yoga, PM... | N/A |
| 118. | Delhi live news | Yoga institutions, ministries collaborate for 11th International Day of Yoga, PM... | N/A |
| 119. | Telangana Journal | Yoga institutions, ministries collaborate for 11th International Day of Yoga, PM... | N/A |
| 120. | Rajasthan Ki Khabar | Yoga institutions, ministries collaborate for 11th International Day of Yoga, PM... | N/A |
| 121. | Haryana Today | Yoga institutions, ministries collaborate for 11th International Day of Yoga, PM... | N/A |
| 122. | Karnataka Live | Yoga institutions, ministries collaborate for 11th International Day of Yoga, PM... | N/A |
| 123. | North East Times | Yoga institutions, ministries collaborate for 11th International Day of Yoga, PM... | N/A |
| 124. | Vanakkam Tamil Nadu | Yoga institutions, ministries collaborate for 11th International Day of Yoga, PM... | N/A |
| 125. | Gujarat Varta | Yoga institutions, ministries collaborate for 11th International Day of Yoga, PM... | N/A |

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| 126. | Indian News Network | Yoga institutions, ministries collaborate for 11th International Day of Yoga, PM... | N/A |
| 127. | Nashik 24 | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | N/A |
| 128. | Wow Entrepreneurs | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | N/A |
| 129. | Goatv24 | India Gears Up for 11th International Yoga Day with Grand National Movement | N/A |
| 130. | World News Network | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | N/A |
| 131. | Tripuranet | Ayush Ministry gears up for 11th International Day of Yoga with over 1 lakh even.. | N/A |
| 132. | Chhattisgarh Today | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | N/A |
| 133. | Primex News Network | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | N/A |
| 134. | Palgharnews | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | N/A |
| 135. | Gujarat Samachar | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | N/A |
| 136. | Allahabad Post | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | N/A |
| 137. | Nagpur News Today | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | N/A |
| 138. | Bizz Sight | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | N/A |
| 139. | Buffalo Despatch | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | N/A |
| 140. | East Asiaall News Portal | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | N/A |
| 141. | The Capital News | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | N/A |
| 142. | Srilanka Island News | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | N/A |
| 143. | Deccan Express | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | N/A |
| 144. | Udaipur Dispatch | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | N/A |
| 145. | Dainik Vishwa Pariwar | पीएम मोदी की पहली सिक्किम यात्रा रद्द, वर्चुअली किया लोगों को संबोधित; बोले- 'पह... | N/A |

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| 146. | US World Today | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | N/A |
| 147. | Maldives Star Plus | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | N/A |
| 148. | France Network Times | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | N/A |
| 149. | Birminghamall News Network | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | N/A |
| 150. | San Francisco Star | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | N/A |
| 151. | Sahitya Hindustan | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | N/A |
| 152. | National Insight | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | N/A |
| 153. | Middle East Times | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | N/A |
| 154. | Jharkhandtimes | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | N/A |
| 155. | The Evening Post | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | N/A |
| 156. | Delhi live news | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | N/A |
| 157. | Telangana Journal | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | N/A |
| 158. | Your Bangalore | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | N/A |
| 159. | Maharashtra 24x7 | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | N/A |
| 160. | Kashmir Breaking News | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | N/A |
| 161. | Live Story Time | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | N/A |
| 162. | Madhya Pradesh Mirror | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | N/A |
| 163. | Live Jabalpur | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | N/A |
| 164. | Khamma Ghani Rajasthan | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | N/A |
| 165. | Thip Media | International Day of Yoga 2025 to be Led by PM in Visakhapatnam | N/A |

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| 166. | Rajasthan Mirror | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship –... | N/A |
| 167. | Sangritimes | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship –... | N/A |
| 168. | MP News Line | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship –... | N/A |
| 169. | Egov Eletsonline | In a significant administrative overhaul, the | N/A |
| 170. | MP Guardian | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship –... | N/A |
| 171. | Prakhar Jagran | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship –... | N/A |
| 172. | Imnb | योग संस्थान वैश्विक कल्याण आंदोलन को आगे बढ़ाने के लिए मंत्रालयों के साथ एकजुट ह... | N/A |
| 173. | Dainik Vishwa Pariwar | छत्तीसगढ़ कैडर के तीन आईएस केंद्रीय प्रतिनियुक्ति पर | N/A |
| 174. | Up Patrika | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship –... | N/A |
| 175. | Delhi News Now | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship –... | N/A |
| 176. | Daily 24x7 News | A Grand State-Level Celebration to be organized in Kurukshetra on June 21 | N/A |
| 177. | Kashmir Newsline | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | N/A |
| 178. | Haryana Today | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | N/A |
| 179. | Karnataka Live | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | N/A |
| 180. | Rajasthan Journal | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship –... | N/A |
| 181. | Young Bharat News | UP Medical Vacancy 2025: मेडीकल डिपार्टमेंट में होंगी बम्पर भर्ती, आयुष विभाग न... | N/A |
| 182. | Rajasthan Ki Khabar | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | N/A |
| 183. | Gujarat Varta | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | N/A |
| 184. | Vanakkam Tamil Nadu | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | N/A |
| 185. | Daily aawaz | अंतरराष्ट्रीय योग दिवस के आयोजन की तैयारियों की समीक्षा के लिए अंतर-आयुक्त समित... | N/A |
| 186. | Satta Express | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship –... | N/A |

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| 187. | Odisha Post | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | N/A |
| 188. | Jodhpur Reporter | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | N/A |
| 189. | Punjab Live | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | N/A |
| 190. | Mumbai Times | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | N/A |
| 191. | Delhi News Watch | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | N/A |
| 192. | North East Times | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | N/A |
| 193. | Andhra Pradesh Mirror | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | N/A |
| 194. | Jhutha Sach | छत्तीसगढ़ के 10 जिलों में आयुष विभाग की अनूठी पहल | N/A |
| 195. | Himachal Patrika | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | N/A |
| 196. | Refersms | India Gears Up for 11th International Yoga Day 2025 | N/A |
| 197. | Bihar Times | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | N/A |
| 198. | Bihar 24x7 | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | N/A |
| 199. | West Bengal Khabar | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | N/A |
| 200. | Indian News Network | India Crowned World No. 1 at the 1st Commonwealth Yogasana Sports Champion ship -... | N/A |
| 201. | Daily 24x7 News | AYUSH Kulgam, KVK Pombay organize day-long seminar | N/A |
| 202. | FnBnews | MoFPI advocates tech-driven nutrition tracking, urges NIFTEM-K to lead innovatio ... | N/A |
| 203. | FnBnews | MoFPI advocates tech-driven nutrition tracking, urges NIFTEM-K to lead innovatio ... | N/A |
| 204. | The Impressive Times | Yoga Institutions Unite with Ministries to Orchestrate Global Wellness Movement | N/A |
| 205. | Ink Quest | बड़ी खबर: CG कैडर के इन IAS अफसरों को केंद्र में मिली बड़ी जिम्मेदारी, देखें आदेश | N/A |
| 206. | Jantantrakiawaz | अंतर्राष्ट्रीय योग दिवस के उपलक्ष में योगाभ्यास कार्यक्रम | N/A |
| 207. | रीडर फर्स्ट | छत्तीसगढ़ के 10 जिलों में आयुष विभाग की अनूठी पहल, ग्रामीणों को मिल रही निःशुल्क... | N/A |
| 208. | Kadwaghut | CG : छत्तीसगढ़ के 10 जिलों में आयुष विभाग की अनूठी पहल, ग्रामीणों को मिल रही निः... | N/A |

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| 209. | Uttam Hindu | PM मोदी की पहली सिक्किम यात्रा रद्द, वर्चुअली किया लोगों को संबोधित; बोले- 'पहलगाम... | N/A |
| 210. | Ekhabri Com | छत्तीसगढ़ कैडर के दो IAS सेंट्रल डेपुटेशन पर, अन्वलयन और अलरमेलमंगई को मिली ये ज... | N/A |
| 211. | News Plus 21 | Chhattisgarh Cadre IAS Central Deputation: छत्तीसगढ़ कैडर के दो IAS सेंट्रल डेपु... | N/A |
| 212. | Rashtrabodh | CG : छत्तीसगढ़ के 10 जिलों में आयुष विभाग की अनूठी पहल, ग्रामीणों को मिल रही नि:... | N/A |
| 213. | Npg News | CG IAS News: केंद्रीय प्रतिनियुक्ति पर जाएंगे छत्तीसगढ़ कैडर के IAS दंपति, दोन... | N/A |
| 214. | Chhattisgarh Vishesh | छत्तीसगढ़ के 10 जिलों में आयुष विभाग की अनूठी पहल, ग्रामीणों को मिल रही नि:शुल्क... | N/A |
| 215. | Muslimnow.net -मुस्लिम नाउ | जामिया और एएमयू में योग की नई चेतना: अंतरराष्ट्रीय योग दिवस 2025 के बहाने स्वस्थ... | N/A |
| 216. | NxtPix Media | "Together, Let Us Strengthen India"s Leadership in Ayush-Based Medical Value T r... | N/A |
| 217. | TaxGuru | Understanding CSR (Corporate Social Responsibility) under Companies Act, 2013 | N/A |
| 218. | The Kashmir Horizon | AYUSH Kulgam, KVK Pombay organize day-long seminar, DC Kulgam inaugurate s, presi... | N/A |
| 219. | The Bharat Now | छत्तीसगढ़ के 10 जिलों में आयुष विभाग की अनूठी पहल, ग्रामीणों को मिल रही नि:शुल्क... | N/A |
| 220. | Khabarwani | छत्तीसगढ़ के 10 जिलों में आयुष विभाग की अनूठी पहल, ग्रामीणों को मिल रही नि:शुल्क... | N/A |